

Vision

Disabled people and their families are able to lead the lives they desire.

Core Value

Respecting and supporting choice

Mission

To empower disabled people and their families through leading social change.

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SEMINARS/TRAINING

Trusts & Welfare Guardianship seminars – March/April – Auckland Wide

The Parent & Family Resource Centre is hosting another round of popular Trusts & Welfare Guardianship seminars at venues in north, south and central Auckland over March and early April. The attendance fee of \$30 includes a comprehensive resource pack with a CD of all relevant sample documents and other useful information. A light supper is served halfway through the evening presentation, and tea & coffee and biscuits are available before the daytime presentation. [Click here](#) for the dates/venues. To book or for more information please contact Niharika at PFRC on 636-0351 or niharika@pfrc.org.nz

IF including Respite Seminars – Auckland Wide

This seminar will be presented by Karen Smith of the Ministry of Health, and hosted by Parent & Family Resource Centre. The workshops will be held in central, north, west and east Auckland. [Click here](#) for the seminar dates and locations and for more information about seminar content. **RSVP is essential.** Phone Niharika 636-0351 or email niharika@pfrc.org.nz to book your place!

Tilting the Seesaw – Autism NZ pilot programme for education staff

This is a programme that focuses on strength based practical strategies to support children with Autism in Primary School, specifically aimed towards **Teacher Aides, Teachers and SENCOs**. If you have a child with Autism and you want them to be included more fully in everyday activities, encourage your child's teacher to attend! The programme is split into 6x 2 hour sessions from 12:30-2:30pm. Sessions begin on Monday 24th February until Monday the 31st of March. The programme will be held at the Autism NZ office, 642 New North Road, Mount Albert, Auckland. For the programme flier, [click here](#), and for the registration form, [click here](#). To register, please contact Pat Gluck on 04 803 3501 or email pat.gluck@autismnz.org.nz

Parent to Parent Course – Central Auckland

Parent to Parent Auckland are running a one day course for families and whanau of people with disabilities. This is a free one-day course that will be held on the 12th of April 2014 from 10am-4pm at 15 Erson Ave, Royal Oak. [Click here](#) for more information and to register.

Down Syndrome Success in School Course

Auckland Down Syndrome Association has revamped their "Down Syndrome – Success in School" course and are very pleased to announce this is now a 2-day course with a variety of speakers. The course is planned for Monday 24th February 2014 (day 1) and Monday 3rd March (day 2) and is for SENCO's, teachers, teacher aides, specialist staff, occupational therapists and parent educators. These are two full day courses from 9:00am to 3:30pm. The cost of the programme is \$350 (GST inclusive) per person. Morning tea and lunch will be provided. [Click here](#) for the course programme, or contact Christel van Baalen on clo@adsa.org.nz or 09 636 0351 to book your place.

Boccia Leader Award Courses

Boccia New Zealand are currently seeking Expressions of Interest for their free Professional Development Course. This has been designed to provide participants wishing to get involved in the sport with the skills and knowledge to be able to run your own Boccia group/club. For more information please visit <http://boccia.org.nz/pages/courses.html>.

Fragile X Workshop – North

Fragile X New Zealand invites families and professionals working with people affected by Fragile X syndrome to a workshop with international fragile X expert Dr Jonathan Cohen. Thursday 6th March 2014. Contact Andrea Lee at nationalcoordinator@fragilex.org.nz for more information. To view the workshop flier, [click here](#).

Mind over Manner Workshop – Central Auckland

Mind Over Manner is a programme that aims to improve the communication skills and support for families / people working with high functioning young people with cognitive diversity – Asperger's, ADHD, Autism, Dyslexia, OCD, Dyspraxia etc. The workshop will be held on Tuesday the 25th of February from 7-9pm at TAPAC, 100 Motions Road, Western Springs. [Click here](#) for more information about this event.

UPCOMING EVENTS

Rotary Club Camp 2014

This camp is for students with visual impairments and will be held on the weekend of the 21st – 23rd of March 2014. To apply, the student must meet the following selection criteria:

- Must be a member of RNZFB
- Must be age 09-16 years
- Must be in good physical health and condition
- Must be independent with self-care, and keen to try outdoor activities
- Must be able to understand instructions and carry them out quickly
- If having epilepsy, it must be well controlled

If students are interested in attending this camp, then all they need to do is to complete the [application form](#), and return it to Jon Scott on jscott@blindfoundation.org.nz, with their cheque payment for \$25.00 (made payable to Remuera Rotary Club), or cash payment by 21st February 2014. [Click here](#) for the payment form, and [here](#) for the camp programme. You can also view a list of things to bring [here](#).

Super Saturday – North

Special Kids Care are running a cupcake making class for children on Saturday the 22nd of February. For more information, [click here](#). Classes cost one carer support day or \$76. To book, please contact Diana on 021 382 000 or email specialkidscare1@xtra.co.nz.

Paediatric Disability Update workshop – West Auckland

This workshop focuses on a multi-disciplinary approach to nutritional issues, positioning solutions and medication management. The workshop will be held on Monday the 31st of March 2014 (please note that there is an error on the flier) at 3:30pm in the Awhina Conference Room, Ground Floor, Snelgar Building, Waitakere Hospital, 55 Lincoln Rd, Henderson. Early bird registrations cost \$52 (before 21st February), and normal registrations cost \$64 (registrations close 14th March). [Click here](#) for the registration form.

Janet McVeagh Recreation

[Click here](#) for more information on what's on offer from JMR for Term 1 2014. For more information about the Waihi weekend coming up on the 28th of February – 2nd of March, [click here](#). Send your [registration forms](#) to Kerrie O'Hara on jm.recreation@ihug.co.nz.

DADS of Auckland – Remuera

You are invited for a drink or two with DADS of Auckland at the Commerce Club in Remuera on the 1st of March from 1pm onwards. [Click here](#) for more information. Contact Mike on mikerudkins76@gmail.com to RSVP.

The Great Auckland Bed Race

The Great Auckland Bed Race 2014 is an awesome annual family fun day held to raise funds for New Zealand charitable organisations like StarJam. Highlights include a themed fancy dress parade, plus the most competitive bed race in the southern hemisphere! The theme for 2014 is 'Under the Covers – Cuddle Buddies' so let your imagination run wild. Held at the beautiful Auckland Domain on Sunday 13th April 2014, discounted Earlybird team registrations are available NOW. Get in quick. Check out <http://greataucklandbedrace.co.nz/> for more details, or [click here](#) for the event flier.

Wheelchair Tennis for Children – North

The programme for Term 1 starts on the 25th of February at the Forrest Hill Tennis Centre. The focus of the programme is on teaching ball tracking, mobility – pushing, turning, and positioning, and strokes – forehand, backhand, and serving. The course will run every Tuesday from 5-6pm. Halberg Trust Activity fund is available as a potential subsidy. To find out more or to register, please contact Kevin Woolcott on 021782854 or email him on kevwoolcott@gmail.com.

Hope and Possibility Fun Run & Walk

Join in on this 5km walk, run or wheel on the 23rd of February at North Harbour Stadium from 11am. This is an opportunity for people of all abilities to compete together. You can sign up online at www.achillesnewzealand.org. [Click here](#) for the event flier for more information.

Raeburn House Courses for 2014

Raeburn House has an exciting new programme to start the year! [Click here](#) to view the range of programmes available from January to June 2014, and [here](#) for the course start dates. Please email learning@raeburnhouse.org.nz if you have any queries.

Legal Clinics

In addition to our regular Trusts and Welfare Guardianship Seminars, PFRC and Nan Jensen from Quinlaw Solicitors are now bringing you legal clinics. [Click here](#) for more information.

Mothers' Retreat – North

There is still some room available on Recreate's Mothers' Retreat weekend on the 28th-30th of March, to be held in Long Bay. To book, please email bookings@recreate.org.nz. More information will be on your way soon!

INRF Open Day – West

You are invited to the Integrated Neurological Rehabilitation Foundation's Open Day on Wednesday the 5th of March from 9:30am-3:00pm at 2 Claude Brookes Drive, Henderson. [Click here](#) for the event flier.

Music and Fun Play Group

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30-11am in the school term at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson nzmargaret@gmail.com or Marjorie Blakeley Blakeley.m@xtra.co.nz.

Blind Cricket Day 2014

What: Blind Cricket Day
Year Levels: Year 1 – 13 (Up to the age of 21 years)
For Who: Students with a vision impairment
When: Thursday 27th February, all day
Venue: Parnell Cricket Club (32 Shore Rd, Remuera)

For more information, please contact Maia Lewis from Halberg Disability Sport Foundation on 579 9931 or email maia@halberg.co.nz

Inaugural Beach Haven Fun Run/Walk

This event will be held on Sunday the 23rd of March at Sheperds Park at 10am. For more information about the day's schedule and how to register, [click here](#).

NOTICES

Grief Centre Support Groups

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email info@griefcentre.org.nz

Halberg AllSports Update

[Click here](#) for the first update from the Auckland Halberg AllSports team for 2014.

Renaissance Group Newsletter

To view the latest update from Renaissance, [click here](#).

Attitude Live: Hunter's Graduation

[Click here](#) to view the video of Hunter and his mother, Roi, talking about Hunter's amazing journey through Media Design School.

Call for Feedback on Mobility Parks

Barrier Free Advisor Vivian Naylor at CCS Disability Action is seeking feedback from any mobility permit holders who have parked, or wish to park near the Ferry Building on Queen's Wharf in Auckland.

Vivian is lobbying to reinstate two mobility parks that were temporarily located near the Ferry Building during the Rugby World Cup. Without them, the nearest mobility parks are in the Downtown Car Park or the Coopers Parking Building at the back of Britomart Place. Both are a considerable distance away, and would be too far for many people to negotiate.

Would you like to see the return of these parks? If so, or if you'd like any more detailed information, please email Vivian.Naylor@ccsDisabilityAction.org.nz. She intends to use any public support gathered to boost her case to those responsible for the car parks.

Parent to Parent Newsletter

[Click here](#) for the updated newsletter for February/March 2014.

Auckland Disability Law Newsletter

To read the February 2014 newsletter, [click here](#).

Job Vacancy – North Shore

[Click here](#) for more information regarding a job opportunity at the North Shore office of the Nationwide Health and Disability Advocacy Service. Please direct any enquiries to adnet@xtra.co.nz

Sochi 2014 Paralympic Games

Attitude Pictures has secured the broadcast rights for the Sochi 2014 Paralympic Winter Games in March. They will be live streaming 44 hours of content on the [Attitude Live website](#) over the week which is the most Paralympic coverage Kiwis will have seen. The games will be held from the 7th to the 14th of March, and Attitude Pictures will have their team there for the duration of the games.

YouthLaw Update

[Click here](#) to view the latest Legal Education update from YouthLaw.

Renaissance Group – Call for papers

To read more about upcoming national conference called “Supporting Change, Moving Forward – *The Next Generation of Disability Supports*” and how you can get involved, [click here](#).

Access 2020 Disability Strategy

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission’s website www.elections.org.nz/resources-learning/voters-disability. *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission’s priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

Children’s Autism Foundation Update

[Click here](#) for the news and updates for February 2014.

ARMS Reach Newsletter (Auckland Regional Migrant Services)

[Click here](#) for the first edition of the newsletter for 2014.

Looking for a Flatmate

A 21-year old young woman with an intellectual disability is looking for a female flatmate to move in with her in her 3-bedroom home. [Click here](#) for more information. If you are interested, please contact Sandy on 021 152 4851.

Support Worker Wanted

We are seeking to employ a highly motivated, experienced person to work alongside Stephen, his family and his coordinator to further develop his future living arrangements and assist him with putting this in place. A support worker is needed who is highly skilled and motivated to walk alongside Stephen, his family, and coordinator to further develop his future living arrangements and assist him with putting this in place. For more information, [click here](#), or contact Lois Ford on 021745150. To apply, please email your resume to loisfordnz@hotmail.com.

Imagine Better - ‘Partners’ in Lifestyle Development

Imagine Better Partners with disabled people and their families to invest in lifestyle development that enables and empowers people to be active citizens.

Partners can support you and your family by providing:

- Assistance with vision building and lifestyle planning
- Assistance with staff recruitment
- Staff training and development
- Mentoring and supervision of staff
- Development of social roles, including micro-business
- Development and sustaining social networks and circles of support
- Long-term safeguarding of the support arrangement

If you would like to know more about Partners please contact: Katherine Frame, Partners Advisor, Imagine Better - katherine@imaginebetter.co.nz phone (09) 5511563 or cell: 0274934609

Notice from Ministry of Health

[Click here](#) for the latest NGO update from the MOH.

Deaf Aotearoa Updates

[Click here](#) for the weekly newsletter for week beginning 14 February 2014.

Open for Better Care

[Click here](#) to read issue 6 (6 January – 16 February) of the E-update.

Wilson Home Trust Newsletter

To view the latest newsletter, [click here](#).

Sands Expressions Magazine

[Click here](#) for the 2013-2014 Summer edition of the Auckland Central Expressions magazine.

Updates from Recreate

[Click here](#) for the latest newsletter from Recreate. Please note that as this is a large file, it may take a few seconds to download.

Recreate staff members will be attempting to scale the **5 highest volcanoes in the North Island, and in 5 days!** This takes place 14th – 19th March and is a fundraiser for a new van for Recreate – and runs in conjunction with Brent's Kilimanjaro climb later this year. [Click here](#) for more information on how you can support the Recreate team.

Epilepsy Awareness

Purple Day is coming! [Click here](#) to see how you can help to raise awareness of epilepsy in your community.

Spark Centre Artists Need Your Help!

[Click here](#) to read more about the good work that Spark Centre have been doing, and information on how you can support them by becoming a friend.

Skylight Resources Sale

For the month of February, Skylight Resources are giving 20% off all resources! [Click here](#) to view the catalogue (please note that this may take a few seconds to download due to its size). You can purchase resources by calling 0800 299 100 or by emailing support@skylight-trust.org.nz. You can also visit the online shop on <http://skylight.org.nz/shop>

Film on Autism

[Click here](#) to watch the short film *Unlimited Potential*, which details Stephen Shore's journey through the world of Autism.

Buddy Walk Update – ADSA

[Click here](#) to read the latest update from ADSA about the 2014 Buddy Walk.

NZDSN Update

[Click here](#) to read the NZDSN Auckland Network Newsletter for the week beginning February 5th 2014. For the National update, [click here](#).

From the PFRC Team

Lisa, Virginia and Niharika

www.pfrc.org.nz

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