

Vision

Disabled people and their families are able to lead the lives they desire.

Core Value

Respecting and supporting choice

Mission

To empower disabled people and their families through leading social change.

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We want to know about all Leisure, Recreation and Respite providers for people with a disability in Auckland:

PFRC is currently collating material for our April 2014 Networker magazine. Our topic will be Leisure, Recreation and Respite Providers including new access pathways using Respite under Individualised Funding. If you are a respite, leisure or recreation provider (including holiday programme providers, after school programmes, etc.) please email Niharika on niharika@pfrc.org.nz or phone 636-0351 with your organisation name and website. If you are a family member please feel free to notify us of your leisure, recreation or respite provider. We will be collating a list of such providers to include in this April edition of our magazine. This is not advertising as such (no need to send us advertising material) – we simply want to create an alphabetical list of possible providers of respite, leisure and recreation for people with a disability.

SEMINARS/TRAINING

Trusts & Welfare Guardianship seminars – March/April – Albany & Henderson

The Parent & Family Resource Centre has two remaining Trusts & Welfare Guardianship seminars as per the schedule below:

North Auckland

Wednesday 26th March – 7-9pm

YES Disability Resource Centre, 3 William Laurie Place, Albany

West Auckland

Wednesday 2nd April – 7-9pm

Integrated Neurological Rehabilitation Foundation, 2 Claude Brookes Drive (off Edmonton Road), Henderson

The attendance fee of \$30 includes a comprehensive resource pack with a CD of all relevant sample documents and other useful information. A light supper is served halfway through the evening presentation. [Click here](#) for the dates/venues. To book or for more information please contact Niharika at PFRC on 636-0351 or niharika@pfrc.org.nz

NEW!!! Legal Clinics at PFRC in Onehunga – May 2014

In addition to our regular Trusts and Welfare Guardianship Seminars, PFRC and Nan Jensen from Quinlaw Solicitors are now bringing you legal clinics. [Click here](#) for more information. These private confidential legal clinics offer the opportunity for families to

- 1) have their completed Trusts & Welfare legal documents checked over by a solicitor prior to lodging at the family court or:
- 2) consult with a solicitor regarding a more in-depth or ongoing legal issue related to disability.

There is a small cost for these consultations – bookings and prepayment for your consultation are essential.

IF including Respite Seminars – West & South

This seminar will be presented by Karen Smith of the Ministry of Health, and hosted by Parent & Family Resource Centre. There are only two workshops left! [Click here](#) for the seminar dates and locations and for more information about seminar content. Phone Niharika 636-0351 or email niharika@pfrc.org.nz to book your place!

Working Together to Keep Children Safe Seminar- Auckland wide

This is a free one-day seminar designed for professionals working with children and young people and will be held at multiple Auckland venues and dates. It will be held 27th March in Onehunga from 9:30am-2:30pm - for more information on the Onehunga seminar [click here](#), or contact Kate on 07 838 3370. To enrol on any of the multiple Auckland seminars follow this link <http://www.childmatters.org.nz/208/cyf-seminar-registration>

Transition Expo 2014

The progression from school to community life. Hosted by Parent & Family Resource Centre (PFRC) and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19th of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9am-2:30pm. For more information, [click here](#).

Parent to Parent Course – Central Auckland

Parent to Parent Auckland are running a one day course for families and whanau of people with disabilities. This is a free one-day course that will be held on the 12th of April 2014 from 10am-4pm at 14 Erson Ave, Royal Oak. [Click here](#) for more information and to register.

Results Based Accountability Workshop – North

This workshop is an excellent opportunity to learn about an increasingly popular framework for measuring the difference professionals from the not-for-profit and disability sector make in the communities they serve. The workshop will be held on Tuesday the 1st of April at Marist North Harbour Rugby and Sports Club, Stadium Drive, Albany, from 10am-2:30pm. The cost of the workshop is \$50, including lunch. [Click here](#) for the workshop flier. To register, contact Miriama on 441 8989 or email miriama@raeburnhouse.org.nz.

Disability & Treaty of Waitangi Workshop – Hamilton

An insightful workshop on the Treaty of Waitangi and its influences on the disability sector today, with a focus on developing a wider cultural understanding. The training is designed for frontline staff and managers who provide support for disabled people in the disability sector. It will be held on the 14th of May, 10am to 3pm at CCS Disability Action Group, 17 Claudelands Road, Hamilton. For more information, [click here](#). Alternatively please contact Stephen Keyte on 09 250 4346 ext 711.

Working Together to Keep Kids Safe – Onehunga

Professionals working with children and families are invited to this one-day workshop. The workshop will be held on the 27th of March from 9:30am-2:30pm at 146 Selwyn Street, Onehunga. To view the flier, [click here](#). Registrations have closed but late registrations may still be available. Please contact Kate on 07 838 3370 for more information.

Sexuality Education Workshop - North

The workshop will be facilitated by Annette Milligan, a sexual health nurse and educator who has developed a series of resources for helping people with intellectual disabilities to better understand sexual health related changes and issues. The workshop will be held on Tuesday the 1st of April from 10-11:30am at YES Disability Resource Centre, 3 William Laurie Place, Albany. The workshop is ideal for parents, teachers, caregivers, teacher aides or anyone else who is interested in the development of people with intellectual disabilities. For the workshop flier, [click here](#). To register, please email info@healthclick.co.nz by Monday the 30th of March 2014.

UPCOMING EVENTS

Level 1 Horticultural Course at MIT – Otara Campus

This course is another study option for young adults with special needs. The first intake will be commencing on the 24th of March 2014. The programme will run for 12 weeks, for 5 mornings per week from 9:00am - 12:30pm. The fees for a domestic student are approximately \$1,900. However, the course is free for students up to the age of 25 years old. There is no upper age limit. [Click here](#) for more information on this course. Alternatively, you can contact info@manukau.ac.nz or call 0800 62 62 52 to find out more.

'The Collective' Showcase Day – North

YES Disability Resource Centre and The Cube are looking to work together with 6 organisations that support people with invisible disabilities such as Autism, ADHD, Asperger's, and Dyspraxia to establish a way of working together that supports collaboration and partnership between providers. The event will be held on Saturday the 22nd of March, from 10am, at the PHAB office, 8 Auburn Street, Takapuna. [Click here](#) for more information. To RSVP, please email info@thecube.org.nz

Surf's Up – Ruakaka

Surf's Up are holding a "SurfAbility Day" for people with disabilities, at Ruakaka Beach on Saturday 22nd March from 10am – 2pm. This is a great opportunity to have a go – no experience necessary! [Click here](#) for the event flier and [here](#) for the registration form. Please contact Gary Butt on 0274 907 607 or email tokeraubeachboys@gmail.com or Peter Furze 021 2141 487 or email kohaday@gmail.com for more information.

Renaissance Group Conference – Auckland

The aim of this 2-day conference will be on Supporting Change, Moving Forward: The Next Generation of Disability Supports. The conference will be held on the 4th and 5th of June 2014 at the Waipuna Hotel. For more information on what will be discussed and to register for this exciting event, read the latest from the Renaissance Group [here](#).

Rotary Club Camp 2014

This camp is for students with visual impairments and will be held on the weekend of the 21st – 23rd of March 2014. To apply, the student must meet the following selection criteria:

- Must be a member of RNZFB
- Must be age 09-16 years
- Must be in good physical health and condition
- Must be independent with self-care, and keen to try outdoor activities
- Must be able to understand instructions and carry them out quickly
- If having epilepsy, it must be well controlled

If students are interested in attending this camp, then all they need to do is to complete the [application form](#), and return it to Jon Scott on jscott@blindfoundation.org.nz, with their cheque payment for \$25.00 (made payable to Remuera Rotary Club), or cash payment by 21st February 2014. [Click here](#) for the payment form, and [here](#) for the camp programme. You can also view a list of things to bring [here](#).

TANI Annual Asian Forum – Three Kings

The Asian Network Inc. cordially invites you to the 12th Annual Asian Forum on Tuesday the 1st of April 2014, from 9am-3pm at the Fickling Centre, 3 Kings. [Click here](#) for more information on what will be presented on the day. Please complete [registration forms](#) and send to Samuel Cho at Samuel.cho@asiannetwork.org.nz or post it to PO Box 27550, Mt Roskill, Auckland.

AUT Research Project

Wanted women with a physical disability between the ages of 20-69 to interview regarding the barriers faced when attempting to undergo cervical screening. [Click here](#) to view the invitation, and [here](#) for the participant information sheet. Alternatively, you can contact Erin Hanlon on 09 921 9999 ext. 7406

Paediatric Disability Update workshop – West Auckland

This workshop focuses on a multi-disciplinary approach to nutritional issues, positioning solutions and medication management. The workshop will be held on Monday the 31st of March 2014 (please note that there is an error on the flier) at 3:30pm in the Awhina Conference Room, Ground Floor, Snelgar Building, Waitakere Hospital, 55 Lincoln Rd, Henderson. Early bird registrations cost \$52 (before 21st February), and normal registrations cost \$64 (registrations close 14th March). [Click here](#) for the registration form.

Know Your Rights! – Manurewa

Come along to an exciting workshop to learn about human rights, being held on Thursday the 27th of March from 10am-5pm at the Weymouth Cosmopolitan Sports Club, 151 Sykes Road, Manurewa. For the workshop flier, [click here](#), or contact Sarah on sarahp@hrc.co.nz or call 09 306 2665 to register. Registrations close on the 20th of March.

The Great Auckland Bed Race

The Great Auckland Bed Race 2014 is an awesome annual family fun day held to raise funds for New Zealand charitable organisations like StarJam. Highlights include a themed fancy dress parade, plus the most competitive bed race in the southern hemisphere! The theme for 2014 is 'Under the Covers – Cuddle Buddies' so let your imagination run wild. Held at the beautiful Auckland Domain on Sunday 13th April 2014, discounted Earlybird team registrations are available NOW. Get in quick. Check out <http://greataucklandbedrace.co.nz/> for more details, or [click here](#) for the event flier.

Unitec Information Morning

Supported Learning, Department of Community & Health Services, will soon be offering an Information Morning. This is an event designed for students, their families, support people and teachers to come and find out about our programmes which cater to students who have special learning needs. [Click here](#) to view the upcoming dates for the information morning, and [here](#) for the registration form. Please contact Pat Ball Lecturer, Department of Community & Health Services, 815 4321 ext 8312, pball@unitec.ac.nz if you have any questions.

Legal Lunchbox Series

[Click here](#) for more information on the free legal education programmes being offered by Community Legal Services South Trust over March, April, & May. To register, contact (09) 274 4966 or email education@clsstlaw.com

Raeburn House Courses for 2014

Raeburn House has an exciting new programme to start the year! [Click here](#) to view the range of programmes available from January to June 2014, and [here](#) for the course start dates. To view the courses available for community organisations, [click here](#). Please email learning@raeburnhouse.org.nz if you have any queries.

HangOut with Mates Holiday Programme

[Click here](#) to view the upcoming dates for the holiday programme being run by Everyday OT. To find out more about Everyday Skate, you can view the flier [here](#). For more information or to register, please contact Carolyn Lotawa on 021 0232 6398 or email carolyn@everydayot.com.

Mothers' Retreat – North

There is still some room available on Recreate's Mothers' Retreat weekend on the 28th-30th of March, to be held in Long Bay. To book, please email bookings@recreate.org.nz. More information will be on your way soon!

Music and Fun Play Group

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30-11am in the school term at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson nzmargaret@gmail.com or Marjorie Blakeley Blakeley.m@xtra.co.nz.

Inaugural Beach Haven Fun Run/Walk

This event will be held on Sunday the 23rd of March at Sheperds Park at 10am. For more information about the day's schedule and how to register, [click here](#).

NOTICES

Job Vacancy – Peer Support Worker

Connect are looking for a Peer Support Worker in the Manukau area. [Click here](#) for the job advert. For more information or to apply, please contact June Raynard on administrator@connectsr.org.nz

Boccia Get Rolling Newsletter

[Click here](#) to read the latest update from Boccia. Please note that as this is a large file it may take a few seconds to download.

English for Everyday Life/English for Work – Auckland Wide

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on estelle.swan@englishlanguage.org.nz or via phone on 523 0071.

NZORD Update

[Click here](#) for the update on the press release from PHARMAC, and [here](#) for the special update about Rare Disease Day.

Health Quality & Safety Commission Update

To view issue 37 (from 17 February – 19 March 2014) [click here](#).

Grief Centre Support Groups

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email info@griefcentre.org.nz

Free Counselling – Raeburn House

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

Therapy 4 Children Service

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on www.qualityrehab.co.nz or contact 0800 557 556.

Halberg AllSports Update

[Click here](#) for the first update from the Auckland Halberg AllSports team for 2014.

Access 2020 Disability Strategy

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website www.elections.org.nz/resources-learning/voters-disability. *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

NZDSN Newsletter

[Click here](#) for the Auckland Network Newsletter for the 4th of March 2014.

Renaissance Group Newsletter

To view the latest update from Renaissance, [click here](#).

IHC Friendship Programme

IHC is looking for people to join the One-to-One Friendship Programme. By taking a moment to connect with someone with an intellectual disability volunteers make a positive change in the life of another, and make a new friend in the process. The main emphasis of this role is that the volunteer is doing something they- usually do and including someone with similar interests...along with 'having fun'! IHC are looking for volunteers who are caring, patient and compassionate. If you, or someone you know, would like to apply to receive a volunteer, please contact David Lew at 09 529 8717, 021 244 2686, or david.lew@ihc.org.nz or go to <http://www.ihc.org.nz/volunteer>. [Click here](#) for the volunteer request form.

Legal Lowdown Newsletter

To read the February 2014 issue of the newsletter, [click here](#).

Enabling Good Lives Newsletter

[Click here](#) to read the February/March 2014 Issue of the EGL newsletter.

CCS Library Top Picks

[Click here](#) to view what's new for the month of March 2014 in the CCS Disability Action Library.

Geneva Healthcare Newsletter

[Click here](#) to read the latest news from Geneva (which now includes IRIS ltd).

Special Olympics Fanletter

[Click here](#) to read the latest newsletter from the Special Olympics.

IHC Hot Issues

[Click here](#) for the latest update from IHC.

Spark Centre Newsletter

To read the March 2014 Newsletter from the Spark Centre, [click here](#). For more information about classes being run by the Spark Centre in 2014, [click here](#). Please note these file may take a few seconds to download due to their size.

Numicon Newsletter

[Click here](#) to read the March 2014 newsletter from Numicon.

YouthLaw Update

[Click here](#) to view the latest Legal Education update from YouthLaw.

ARMS Reach Newsletter (Auckland Regional Migrant Services)

[Click here](#) for the first edition of the newsletter for 2014.

Imagine Better - 'Partners' in Lifestyle Development

Imagine Better Partners with disabled people and their families to invest in lifestyle development that enables and empowers people to be active citizens.

Partners can support you and your family by providing:

- Assistance with vision building and lifestyle planning
- Assistance with staff recruitment
- Staff training and development
- Mentoring and supervision of staff
- Development of social roles, including micro-business
- Development and sustaining social networks and circles of support
- Long-term safeguarding of the support arrangement

If you would like to know more about Partners please contact: Katherine Frame, Partners Advisor, Imagine Better - katherine@imaginebetter.co.nz phone (09) 5511563 or cell: 0274934609

Disability Support Services Newsletter

[Click here](#) for the February issue of the DSS Newsletter from the Ministry of Health.

Expressions Magazine

[Click here](#) to read the Autumn 2014 edition of the Sands Expressions Magazine.

Deaf Aotearoa Updates

[Click here](#) for the CommUNITY weekly newsletter for week ending 7 March 2014.

Wilson Home Trust Newsletter

To view the newsletter for the 11th of March, [click here](#).

Ministry of Health NGO Update

[Click here](#) for the March 2014 edition of the Health & Disability NGO update.

Epilepsy Awareness

Purple Day is coming! [Click here](#) to see how you can help to raise awareness of epilepsy in your community.

Buddy Walk Update – ADSA

To read the latest update from ADSA, [click here](#) and [here](#) for the Buddy Walk Neighbourhood flier.

From the PFRC Team

Lisa, Virginia and Niharika

www.pfrc.org.nz

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