

## Vision

Disabled people and their families are able to lead the lives they desire.

## Core Value

Respecting and supporting choice

## Mission

To empower disabled people and their families through leading social change.

## CONTENT

[Seminars/training](#)

[Upcoming events](#)

[Notices](#)

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## We want to know about all Leisure, Recreation and Respite providers for people with a disability in Auckland:

PFRC is currently collating material for our April 2014 Networker magazine. Our topic will be Leisure, Recreation and Respite Providers including new access pathways using Respite under Individualised Funding. If you are a respite, leisure or recreation provider (including holiday programme providers, after school programmes, etc.) please email Niharika on [niharika@pfrc.org.nz](mailto:niharika@pfrc.org.nz) or phone 636-0351 with your organisation name and website. If you are a family member please feel free to notify us of your leisure, recreation or respite provider. We will be collating a list of such providers to include in this April edition of our magazine. This is not advertising as such (no need to send us advertising material) – we simply want to create an alphabetical list of possible providers of respite, leisure and recreation for people with a disability.

## SEMINARS/TRAINING

### Trusts & Welfare Guardianship seminars – March/April – Auckland Wide

The Parent & Family Resource Centre is hosting another round of Trusts & Welfare Guardianship seminars as per the schedule below:

#### **Central Auckland**

Wednesday 5<sup>th</sup> March – 12:30-2:30pm *Day-time seminar* **CANCELLED**

*(Tea, coffee and biscuits available at the start of the seminar)*

Parent & Family Resource Centre, 92a Princes Street, Onehunga (corner of Spring and Princes Streets)

#### **South Auckland**

Wednesday 5<sup>th</sup> March – 7-9pm

Nathan Homestead, 70 Hill Road, Manurewa

#### **North Auckland**

Wednesday 26<sup>th</sup> March – 7-9pm

YES Disability Resource Centre, 3 William Laurie Place, Albany

#### **West Auckland**

Wednesday 2<sup>nd</sup> April – 7-9pm

Integrated Neurological Rehabilitation Foundation, 2 Claude Brookes Drive (off Edmonton Road), Henderson

The attendance fee of \$30 includes a comprehensive resource pack with a CD of all relevant sample documents and other useful information. A light supper is served halfway through the evening presentation. [Click here](#) for the dates/venues. To book or for more information please contact Niharika at PFRC on 636-0351 or [niharika@pfrc.org.nz](mailto:niharika@pfrc.org.nz)

### **NEW!!! Legal Clinics at PFRC in Onehunga – May 2014**

In addition to our regular Trusts and Welfare Guardianship Seminars, PFRC and Nan Jensen from Quinlaw Solicitors are now bringing you legal clinics. [Click here](#) for more information. These private confidential legal clinics offer the opportunity for families to

- 1) have their completed Trusts & Welfare legal documents checked over by a solicitor prior to lodging at the family court or:
- 2) consult with a solicitor regarding a more in-depth or ongoing legal issue related to disability.

There is a small cost for these consultations – bookings and prepayment for your consultation are essential.

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### **IF including Respite Seminars – Auckland Wide**

This seminar will be presented by Karen Smith of the Ministry of Health, and hosted by Parent & Family Resource Centre. The workshops will be held in North, West, and South Auckland. [Click here](#) for the seminar dates and locations and for more information about seminar content. Phone Niharika 636-0351 or email [niharika@pfrc.org.nz](mailto:niharika@pfrc.org.nz) to book your place!

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### **Working Together to Keep Children Safe Seminar- Auckland wide**

This is a free one-day seminar designed for professionals working with children and young people and will be held at multiple Auckland venues and dates. It will be held 27<sup>th</sup> March in Onehunga from 9:30am-2:30pm - for more information on the Onehunga seminar [click here](#), or contact Kate on 07 838 3370. To enrol on any of the multiple Auckland seminars follow this link <http://www.childmatters.org.nz/208/cyf-seminar-registration>

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### **Transition Expo 2014**

The progression from school to community life. Hosted by Parent & Family Resource Centre (PFRC) and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19<sup>th</sup> of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9am-2:30pm. For more information, [click here](#).

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### **Parent to Parent Course – Central Auckland**

Parent to Parent Auckland are running a one day course for families and whanau of people with disabilities. This is a free one-day course that will be held on the 12<sup>th</sup> of April 2014 from 10am-4pm at 14 Erson Ave, Royal Oak. [Click here](#) for more information and to register.

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### **Results Based Accountability Workshop – North**

This workshop is an excellent opportunity to learn about an increasingly popular framework for measuring the difference professionals from the not-for-profit and disability sector make in the communities they serve. The workshop will be held on Tuesday the 1<sup>st</sup> of April at Marist North Harbour Rugby and Sports Club, Stadium Drive, Albany, from 10am-2:30pm. The cost of the workshop is \$50, including lunch. [Click here](#) for the workshop flier. To register, contact Miriama on 441 8989 or email [miriama@raeburnhouse.org.nz](mailto:miriama@raeburnhouse.org.nz).

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### **Parenting Course – South**

This course is designed for parents of children that are between the ages of 6-12 years. Courses are run every Monday from the 3<sup>rd</sup> of March until the 7<sup>th</sup> of April (6 weeks) from 5:30-7:30pm. The course costs \$30 per person and are held at the Redhill Community Centre, 163 Dominion Road, Papakura. For more information, [click here](#). To register, contact Sharon Hooson on (09) 297 2040 or email [centremanager@redhillcommunitycentre.co.nz](mailto:centremanager@redhillcommunitycentre.co.nz)

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### **Boccia Leader Award Courses**

Boccia New Zealand are currently seeking Expressions of Interest for their free Professional Development Course. This has been designed to provide participants wishing to get involved in the sport with the skills and knowledge to be able to run your own Boccia group/club. For more information please visit <http://boccia.org.nz/pages/courses.html>.

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### **Fragile X Workshop – North**

Fragile X New Zealand invites families and professionals working with people affected by Fragile X syndrome to a workshop with international fragile X expert Dr Jonathan Cohen. Thursday 6<sup>th</sup> March 2014. Contact Andrea Lee at [nationalcoordinator@fragilex.org.nz](mailto:nationalcoordinator@fragilex.org.nz) for more information. To view the workshop flier, [click here](#).

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### **Managing Stress Workshop – West**

This workshop is facilitated by Suzanne Henwood, who will use the latest Neuroscience research to offer some practical and easy to learn techniques to help you manage your stress. The workshop will be held on the 11<sup>th</sup> of March from 9:30am-12:30pm at the Waitakere Community Centre, 8 Ratanui Street, Henderson. The cost of the workshop is \$45 (incl. GST). [Click here](#) for the information flyer. To register, email Mandy Spencer on [mandy@communitywaitakere.org.nz](mailto:mandy@communitywaitakere.org.nz) or call 838 7903.

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## **UPCOMING EVENTS**

### **NZDSN Special Interest Forum – Christchurch**

[Click here](#) for more information on the upcoming Special Interest Forum which explores two topics – Community Law plus the changed contracting arrangements for Behaviour Support Services - on the 18<sup>th</sup> of March and the Living Options Forum on the 19<sup>th</sup> of March in Christchurch.

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### **Craft Fridays – North**

Ever wanted to learn how to knit? Crochet? Sew? Make a pair of earrings? Or are you a whiz with the knitting needles, crochet hook, sewing machine etc. and would like to help teach others? Then Craft Fridays could be for you! Craft Fridays will be held every Friday for the next few weeks at the YES Disability Centre, 3 William Laurie Place, Albany, from 12:30-2:20pm. [Click here](#) for more information, or RSVP with Sharron by emailing [sharron@yesdisability.org.nz](mailto:sharron@yesdisability.org.nz).

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### **Rotary Club Camp 2014**

This camp is for students with visual impairments and will be held on the weekend of the 21<sup>st</sup> – 23<sup>rd</sup> of March 2014. To apply, the student must meet the following selection criteria:

- Must be a member of RNZFB
- Must be age 09-16 years
- Must be in good physical health and condition
- Must be independent with self-care, and keen to try outdoor activities
- Must be able to understand instructions and carry them out quickly
- If having epilepsy, it must be well controlled

If students are interested in attending this camp, then all they need to do is to complete the [application form](#), and return it to Jon Scott on [jscott@blindfoundation.org.nz](mailto:jscott@blindfoundation.org.nz), with their cheque payment for \$25.00 (made payable to Remuera Rotary Club), or cash payment by 21<sup>st</sup> February 2014. [Click here](#) for the payment form, and [here](#) for the camp programme. You can also view a list of things to bring [here](#).

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### **TANI Annual Asian Forum – Three Kings**

The Asian Network Inc. cordially invites you to the 12<sup>th</sup> Annual Asian Forum on Tuesday the 1<sup>st</sup> of April 2014, from 9am-3pm at the Fickling Centre, 3 Kings. [Click here](#) for more information on what will be presented on the day. Please complete [registration forms](#) and send to Samuel Cho at [Samuel.cho@asiannetwork.org.nz](mailto:Samuel.cho@asiannetwork.org.nz) or post it to PO Box 27550, Mt Roskill, Auckland.

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### **AUT Research Project**

Wanted women with a physical disability between the ages of 20-69 to interview regarding the barriers faced when attempting to undergo cervical screening. [Click here](#) for more the invitation, and [here](#) for the participant information sheet. Alternatively, you can contact Erin Hanlon on 09 921 9999 ext. 7406

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### **Paediatric Disability Update workshop – West Auckland**

This workshop focuses on a multi-disciplinary approach to nutritional issues, positioning solutions and medication management. The workshop will be held on Monday the 31<sup>st</sup> of March 2014 (please note that there is an error on the flier) at 3:30pm in the Awhina Conference Room, Ground Floor, Snelgar Building, Waitakere Hospital, 55 Lincoln Rd, Henderson. Early bird registrations cost \$52 (before 21<sup>st</sup> February), and normal registrations cost \$64 (registrations close 14<sup>th</sup> March). [Click here](#) for the registration form.

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### **Know Your Rights! – Manurewa**

Come along to an exciting workshop to learn about human rights, being held on Thursday the 27<sup>th</sup> of March from 10am-5pm at the Weymouth Cosmopolitan Sports Club, 151 Sykes Road, Manurewa. For the workshop flier, [click here](#), or contact Sarah on [sarahp@hrc.co.nz](mailto:sarahp@hrc.co.nz) or call 09 306 2665 to register. Registrations close on the 20<sup>th</sup> of March.

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### **The Great Auckland Bed Race**

The Great Auckland Bed Race 2014 is an awesome annual family fun day held to raise funds for New Zealand charitable organisations like StarJam. Highlights include a themed fancy dress parade, plus the most competitive bed race in the southern hemisphere! The theme for 2014 is 'Under the Covers – Cuddle Buddies' so let your imagination run wild. Held at the beautiful Auckland Domain on Sunday 13th April 2014, discounted Earlybird team registrations are available NOW. Get in quick. Check out <http://greaataucklandbedrace.co.nz/> for more details, or [click here](#) for the event flier.

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### **Janet McVeagh Recreation Camp – Whangetau/Matakana**

Spaces still left on this Junior Weekend Camp running from Friday the 7<sup>th</sup> – Sunday the 9<sup>th</sup> of March. [Click here](#) for more information, and [here](#) to fill out the General Information Form. RSVP is essential – please contact Kerrie O'Hara on [jm.recreation@ihug.co.nz](mailto:jm.recreation@ihug.co.nz) to register.

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### **Legal Lunchbox Series**

[Click here](#) for more information on the free legal education programmes being offered by Community Legal Services South Trust over March, April, & May. To register, contact (09) 274 4966 or email [education@clsstlaw.com](mailto:education@clsstlaw.com)

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### **Raeburn House Courses for 2014**

Raeburn House has an exciting new programme to start the year! [Click here](#) to view the range of programmes available from January to June 2014, and [here](#) for the course start dates. Please email [learning@raeburnhouse.org.nz](mailto:learning@raeburnhouse.org.nz) if you have any queries.

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### **Mothers' Retreat – North**

There is still some room available on Recreate's Mothers' Retreat weekend on the 28<sup>th</sup>-30<sup>th</sup> of March, to be held in Long Bay. To book, please email [bookings@recreate.org.nz](mailto:bookings@recreate.org.nz). More information will be on your way soon!

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### **Music Therapy Symposium – West**

A showcase of music therapy in palliative and end of life care held at the Hospice West Auckland Learning and Development Centre, 206 Swanson Road, Henderson, on the 17<sup>th</sup> of March from 9am-4:30pm. For the event flier, [click here](#). For more information, call 834 9755 or email [learning@hwa.org.nz](mailto:learning@hwa.org.nz).

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### **INRF Open Day – West**

You are invited to the Integrated Neurological Rehabilitation Foundation's Open Day on Wednesday the 5<sup>th</sup> of March from 9:30am-3:00pm at 2 Claude Brookes Drive, Henderson. [Click here](#) for the event flier and [here](#) for the day's timetable.

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### **Music and Fun Play Group**

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30-11am in the school term at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson [nzmargaret@gmail.com](mailto:nzmargaret@gmail.com) or Marjorie Blakeley [Blakeley.m@xtra.co.nz](mailto:Blakeley.m@xtra.co.nz).

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### **The Parenting Show with Pio – South**

This is an evening for parents and caregivers and will be held on Tuesday the 18<sup>th</sup> of March, from 6-8:30pm at Papakura High School, Willis Road, Papakura. [Click here](#) for more information.

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### **Inaugural Beach Haven Fun Run/Walk**

This event will be held on Sunday the 23<sup>rd</sup> of March at Sheperds Park at 10am. For more information about the day's schedule and how to register, [click here](#).

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## **NOTICES**

### **NZORD Update**

[Click here](#) for the update on the press release from PHARMAC, and [here](#) for the special update about Rare Disease Day.

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### **Grief Centre Support Groups**

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email [info@griefcentre.org.nz](mailto:info@griefcentre.org.nz)

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### **Halberg AllSports Update**

[Click here](#) for the first update from the Auckland Halberg AllSports team for 2014.

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### **Renaissance Group Newsletter**

To view the latest update from Renaissance, [click here](#).

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### **Attitude Live: Hunter's Graduation**

[Click here](#) to view the video of Hunter and his mother, Roi, talking about Hunter's amazing journey through Media Design School.

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### **Health Quality & Safety Commission Update**

[Click here](#) for the latest update regarding the Partners in Care Show and Tell Symposium.

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### **Call for Feedback on Mobility Parks**

Barrier Free Advisor Vivian Naylor at CCS Disability Action is seeking feedback from any mobility permit holders who have parked, or wish to park near the Ferry Building on Queen's Wharf in Auckland.

Vivian is lobbying to reinstate two mobility parks that were temporarily located near the Ferry Building during the Rugby World Cup. Without them, the nearest mobility parks are in the Downtown Car Park or the Coopers Parking Building at the back of Britomart Place. Both are a considerable distance away, and would be too far for many people to negotiate.

Would you like to see the return of these parks? If so, or if you'd like any more detailed information, please email [Vivian.Naylor@ccsDisabilityAction.org.nz](mailto:Vivian.Naylor@ccsDisabilityAction.org.nz). She intends to use any public support gathered to boost her case to those responsible for the car parks.

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### **Sochi 2014 Paralympic Games**

Attitude Pictures has secured the broadcast rights for the Sochi 2014 Paralympic Winter Games in March. They will be live streaming 44 hours of content on the [Attitude Live website](#) over the week which is the most Paralympic coverage Kiwis will have seen. The games will be held from the 7<sup>th</sup> to the 14<sup>th</sup> of March, and Attitude Pictures will have their team there for the duration of the games.

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### **Renaissance Group – Call for papers**

To read more about upcoming national conference called "Supporting Change, Moving Forward – *The Next Generation of Disability Supports*" and how you can get involved, [click here](#).

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**IHC Hot Issues**

[Click here](#) for the latest update from IHC.

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**YouthLaw Update**

[Click here](#) to view the latest Legal Education update from YouthLaw.

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**Access 2020 Disability Strategy**

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website [www.elections.org.nz/resources-learning/voters-disability](http://www.elections.org.nz/resources-learning/voters-disability). *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

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**ARMS Reach Newsletter (Auckland Regional Migrant Services)**

[Click here](#) for the first edition of the newsletter for 2014.

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**Flatmates Wanted – East**

Two flat mates wanted to share four bedroom house, three toilets, two bathrooms. Looking for flat mates to live with two existing members, a support person is in place Monday to Friday, 1pm-5pm. Assisting with personal care, job searching and cooking duties. The house is in Pakuranga/Highland Park. Contact Yvonne 5338324, please leave message if needed.

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**Imagine Better - 'Partners' in Lifestyle Development**

Imagine Better Partners with disabled people and their families to invest in lifestyle development that enables and empowers people to be active citizens.

Partners can support you and your family by providing:

- Assistance with vision building and lifestyle planning
- Assistance with staff recruitment
- Staff training and development
- Mentoring and supervision of staff
- Development of social roles, including micro-business
- Development and sustaining social networks and circles of support
- Long-term safeguarding of the support arrangement

If you would like to know more about Partners please contact: Katherine Frame, Partners Advisor, Imagine Better - [katherine@imaginebetter.co.nz](mailto:katherine@imaginebetter.co.nz) phone (09) 5511563 or cell: 0274934609

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**Disability Support Services Newsletter**

[Click here](#) for the February issue of the DSS Newsletter from the Ministry of Health.

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**Deaf Aotearoa Updates**

[Click here](#) for the CommUNITY weekly newsletter for week ending 21 February 2014.

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**Wilson Home Trust Newsletter**

To view the newsletter for the 26<sup>th</sup> of February, [click here](#).

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**Disability Information Service Update**

[Click here](#) for the fortnightly sector update for the 24<sup>th</sup> of February 2014.

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**Ministry of Health NGO Update**

[Click here](#) for the first update for 2014.

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**Updates from Recreate**

[Click here](#) for the latest newsletter from Recreate. Please note that as this is a large file, it may take a few seconds to download.

Recreate staff members will be attempting to scale the **5 highest volcanoes in the North Island, and in 5 days!** This takes place 14<sup>th</sup> – 19<sup>th</sup> March and is a fundraiser for a new van for Recreate – and runs in conjunction with Brent's Kilimanjaro climb later this year. [Click here](#) for more information on how you can support the Recreate team.

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**Epilepsy Awareness**

Purple Day is coming! [Click here](#) to see how you can help to raise awareness of epilepsy in your community.

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**Spark Centre Artists Need Your Help!**

[Click here](#) to read more about the good work that Spark Centre have been doing, and information on how you can support them by becoming a friend.

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**Be. Accessible Newsletter**

To view the February 2014 update from the land of Be., [click here](#).

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**Film on Autism**

[Click here](#) to watch the short film *Unlimited Potential*, which details Stephen Shore's journey through the world of Autism.

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**Buddy Walk Update – ADSA**

[Click here](#) to read the 22 February update from ADSA about the 2014 Buddy Walk.

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**From the PFRC Team**



**Lisa, Virginia and Niharika**

[www.pfrc.org.nz](http://www.pfrc.org.nz)

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