

Vision

Disabled people and their families are able to lead the lives they desire.

Core Value

Respecting and supporting choice

Mission

To empower disabled people and their families through leading social change.

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Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#).

[New Electronic Networker Magazine coming soon!](#)

PFRC is on the brink of publishing our April 2014 Networker magazine in electronic format. The topic of this magazine is Recreation, Leisure, Sport and Respite opportunities for people with a disability and an exploration of how this support can be accessed and paid for. This electronic magazine will be emailed to members on our database before Easter. If you think you may not already be on our database and wish to receive a copy of this electronic magazine, or if you want to check we have your correct email address details, please contact Virginia at PFRC on 636-0351 or pfrcadmin@pfrc.org.nz. We will have some print copies of this magazine available too if you prefer – contact Virginia to get a hard copy posted to you.



SEMINARS/TRAINING

Trusts & Welfare Guardianship seminar – 2nd April – Henderson

The Parent & Family Resource Centre has only one remaining Trusts & Welfare Guardianship seminar in West Auckland. The seminar will be held on Wednesday the 2nd of April from 7-9pm at Integrated Neurological Rehabilitation Foundation, 2 Claude Brookes Drive (off Edmonton Road), Henderson. These seminars will next be available in September/October 2014.

The attendance fee of \$30 includes a comprehensive resource pack with a CD of all relevant sample documents and other useful information. A light supper is served halfway through the evening presentation. [Click here](#) for the dates/venues. To book or for more information please contact Niharika at PFRC on 636-0351 or niharika@pfrc.org.nz

NEW!!! Legal Clinics at PFRC in Onehunga – May 2014

In addition to our regular Trusts and Welfare Guardianship Seminars, PFRC and Nan Jensen from Quinlaw Solicitors are now bringing you legal clinics. [Click here](#) for more information. These private confidential legal clinics offer the opportunity for families to

- 1) have their completed Trusts & Welfare legal documents checked over by a solicitor prior to lodging at the family court or:
- 2) consult with a solicitor regarding a more in-depth or ongoing legal issue related to disability.

There is a small cost for these consultations – bookings and prepayment for your consultation are essential.

Transition Expo 2014 – Central Auckland

The progression from school to community life. Hosted by Parent & Family Resource Centre (PFRC) and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19th of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9:00am - 2:30pm. For more information, [click here](#).

Disability & Treaty of Waitangi Workshop – Hamilton

An insightful workshop on the Treaty of Waitangi and its influences on the disability sector today, with a focus on developing a wider cultural understanding. The training is designed for frontline staff and managers who provide support for disabled people in the disability sector. It will be held on the 14th of May, 10:00am – 3:00pm at CCS Disability Action Group, 17 Claudelands Road, Hamilton. For more information, [click here](#). Alternatively please contact Stephen Keyte on 09 250 4346 ext 711.

Parent to Parent Course – Central Auckland

Parent to Parent Auckland are running a one day course for families and whanau of people with disabilities. This is a free one-day course that will be held on the 12th of April 2014 from 10:00am – 4:00pm at 14 Erson Ave, Royal Oak. [Click here](#) for more information and to register.

UPCOMING EVENTS

Kids Day Out Variety Show – South

The Parent & Family Resource Centre has received a limited number of tickets to distribute for the Kids Day Out Variety Show in support of @Heart. Each ticket entitles one person for free for the show on Friday the 11th of April 2014 at 6pm. To reserve a ticket, please contact Niharika on niharika@pfrc.org.nz by Wednesday the 3rd of April.

Treaty of Waitangi Workshop – North

This is a fun and informative one-day workshop that will be held on Saturday the 5th of April 2014 from 9:30am - 4:30pm at Raeburn House, 138 Shakespeare Road, Milford. The cost of the workshop is \$15 per person. [Click here](#) for the workshop flier. Please contact 09 441 8989 or email Miriama on miriama@raeburnhouse.org.nz to register.

Level 1 Horticultural Course at MIT – Otara Campus

This course is another study option for young adults with special needs. **The date for the first intake has now been pushed back to the 12th of May 2014.** The programme will run for 12 weeks, for 5 mornings per week from 9:00am - 12:30pm. The fees for a domestic student are approximately \$1,900, however, the course is free for students up to the age of 25 years old. There is no upper age limit. [Click here](#) for more information on this course. Alternatively, you can contact info@manukau.ac.nz or call 0800 62 62 52 to find out more.

Altogether Autism Network Meetings

The meeting is open to all people who are interested in Autism. The meetings will be held on the 14th of April from 1 - 2:30pm at the Centre in Pukekohe, 21st of May from 1 - 2:30pm at Warkworth Anglican Church in Warkworth, and on the 10th of June from 10 - 11:30am at Helensville Warm Memorial Hall in Helensville. [Click here](#) to view the information flier and for registration details.

NZDSN Newsletter

[Click here](#) for the Auckland Newsletter for the 21st of March 2014.

ImagineBetter Conference – Wellington

The title of this conference is "Moving On – Success in Transition". The conference will be held at Te Papa in Wellington from the 12th-14th of November 2014. The conference aims to identify strategies and approaches that enable people to create success through times of change. To read more about the conference, [click here](#). For registration information, contact Katherine Frame on Katherine@imaginebetter.co.nz or phone 09 551 1563.

Janet McVeagh Recreation Camp

There are still some spaces available at the Motu Moana Scout Camp coming up on Friday the 4th - Sunday the 6th of April 2014. [Click here](#) for more information about the programme and essential items to bring. To register, please text Kerrie O'Hara on 021 211 9882 or email jm.recreation@ihug.co.nz.

The Great Auckland Bed Race

The Great Auckland Bed Race 2014 is an awesome annual family fun day held to raise funds for New Zealand charitable organisations like StarJam. Highlights include a themed fancy dress parade, plus the most competitive bed race in the southern hemisphere! The theme for 2014 is 'Under the Covers – Cuddle Buddies' so let your imagination run wild. Held at the beautiful Auckland Domain on Sunday 13th April 2014, discounted Earlybird team registrations are available NOW. Get in quick. Check out <http://greataucklandbedrace.co.nz/> for more details, or [click here](#) for the event flier.

Unitec Information Morning

Supported Learning, Department of Community & Health Services, will soon be offering an Information Morning. This is an event designed for students, their families, support people and teachers to come and find out about our programmes which cater to students who have special learning needs. [Click here](#) to view the upcoming dates for the information morning, and [here](#) for the registration form. Please contact Pat Ball Lecturer, Department of Community & Health Services, 815 4321 ext 8312, pball@unitec.ac.nz if you have any questions.

Youth Wheelchair Basketball Have A Go Day – Counties/Manukau

This is the first of a few Auckland Wheelbreaker Youth Wheelchair Basketball Have A Go days throughout Auckland. The event will be held on Friday the 4th of April from 5 - 6:30pm at the Auckland Spinal Unit, 30 Baird Road, Otara. [Click here](#) for the event flier. Please register before the 2nd of April with Daniella on dani.eglebast@gmail.com. The target age for this event is 11-21 years, however people who are slightly younger are more than welcome to come along.

Supporting Families with Mental Illness – North

This is a support group for family members who are supporting loved ones with mental illness. The group is held every second Tuesday of the month from 6:45 - 9:00pm at Lion Foundation House, 3 William Laurie Drive, Albany. To register please contact Merle or Margot on 09 414 2423 or email merle@sfauckland.org.nz or margot@sfauckland.org.nz. For more information, [click here](#).

Renaissance Group Conference – Auckland

[Click here](#) to register. The aim of this 2-day conference will be on Supporting Change, Moving Forward: The Next Generation of Disability Supports. The conference will be held on the 4th and 5th of June 2014 at the Waipuna Hotel. For more information on what will be discussed and to register for this exciting event, read the latest from the Renaissance Group [here](#).

Raeburn House Courses for 2014

Raeburn House has an exciting new programme to start the year! [Click here](#) to view the range of programmes available from January to June 2014, and [here](#) for the course start dates. To view the courses available for community organisations, [click here](#). Please email learning@raeburnhouse.org.nz if you have any queries.

HangOuT with Mates Holiday Programme

[Click here](#) to view the upcoming dates for the holiday programme being run by Everyday OT. To find out more about Everyday Skate, you can view the flier [here](#). For more information or to register, please contact Carolyn Lotawa on 021 0232 6398 or email carolyn@everydayot.com.

CCS Disability Action – Learn to Drive – Hamilton

This is an introductory session for both people interested in learning to drive and their parents/partners/whanau, teacher/teacher aides. [Click here](#) for more information. This free session will be held on Wednesday the 2nd of April from 7-9pm at Life Unlimited, 20 Palmerston Street, Hamilton. Please contact Bill on 027 226 1514 to register.

Music and Fun Play Group

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school term at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson nzmargaret@gmail.com or Marjorie Blakeley Blakeley.m@xtra.co.nz.

NOTICES

Counselling Service – South

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on ian.kimq@orcon.net.nz.

Job Vacancy – Peer Support Worker

Connect are looking for a Peer Support Worker in the Manukau area. [Click here](#) for the job advert. For more information or to apply, please contact June Raynard on administrator@connectsr.org.nz

Disability Information Service Update

[Click here](#) for the fortnightly update for the 17th of March 2014.

Caregiver Wanted – North

A family are looking for someone to help them in their home with their 4 year old son who is on the severe end of the Autism Spectrum and is non-verbal. The family also have 2 neuro-typical children aged 6 and 2. They require help from 3:30 - 6:30pm, Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. Someone who has an understanding of Autism and experience with children on the spectrum is required. If you're interested, please contact Virginia on pfrcadmin@pfrc.org.nz for more information.

Affordable Counselling Service

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 92A Princes Street, Onehunga. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on tglover@ihug.co.nz for more information or to book a session.

Boccia Get Rolling Newsletter

[Click here](#) to read the latest update from Boccia. Boccia are now accepting membership applications that will run through until June 2015. To find out more, [click here](#), or visit Boccia's new-look website <http://www.boccia.org.nz/>

English for Everyday Life/English for Work – Auckland Wide

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on estelle.swan@englishlanguage.org.nz or via phone on 523 0071.

Press Release: Green Bay High Continues to Keep Special Needs Student Out of School

To read the press release, [click here](#).

NZORD Update

[Click here](#) for the update on the press release from PHARMAC, and [here](#) for the special update about Rare Disease Day.

Grief Centre Support Groups

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email info@griefcentre.org.nz

Free Counselling – Raeburn House

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

Therapy 4 Children Service

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on www.qualityrehab.co.nz or contact 0800 557 556.

Halberg AllSports Update

[Click here](#) for the first update from the Auckland Halberg AllSports team for 2014.

Access 2020 Disability Strategy

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website www.elections.org.nz/resources-learning/voters-disability. *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

Wilson Home Update

[Click here](#) to read the Wilson Home e-newsletter for the week of the 19th of March, and [here](#) for the reminder to register for the upcoming Know How 2014 Expo.

IHC Friendship Programme

IHC is looking for people to join the One-to-One Friendship Programme. By taking a moment to connect with someone with an intellectual disability volunteers make a positive change in the life of another, and make a new friend in the process. The main emphasis of this role is that the volunteer is doing something they usually do and including someone with similar interests...along with 'having fun'! IHC are looking for volunteers who are caring, patient and compassionate. If you, or someone you know, would like to apply to receive a volunteer, please contact David Lew at 09 529 8717, 021 244 2686, or david.lew@ihc.org.nz or go to <http://www.ihc.org.nz/volunteer>. [Click here](#) for the volunteer request form.

Enabling Good Lives Newsletter

[Click here](#) to read the February/March 2014 Issue of the EGL newsletter.

CCS Library Top Picks

[Click here](#) to view what's new for the month of March 2014 in the CCS Disability Action Library.

Geneva Healthcare Newsletter

[Click here](#) to read the latest news from Geneva (which now includes IRIS ltd).

Special Olympics Fanletter

[Click here](#) to read the latest newsletter from the Special Olympics.

ADCOSS Newsletter

To read the March 2014 Community Network newsletter, [click here](#). Please note that this file may take a few seconds to download due to its size.

IHC Hot Issues

[Click here](#) for the latest update from IHC.

Spark Centre Newsletter

To read the March 2014 Newsletter from the Spark Centre, [click here](#). For more information about classes being run by the Spark Centre in 2014, [click here](#). Please note these file may take a few seconds to download due to their size.

Numicon Newsletter

[Click here](#) to read the March 2014 newsletter from Numicon.

YouthLaw Update

[Click here](#) to view the latest Legal Education update from YouthLaw.

ARMS Reach Newsletter (Auckland Regional Migrant Services)

[Click here](#) for the first edition of the newsletter for 2014.

Sport for Special Needs

To read more about the Special Needs Sports Programme from the Sport Gulf Harbour Charitable Trust and the Leisure Centre, [click here](#).

Expressions Magazine

[Click here](#) to read the Autumn 2014 edition of the Sands Expressions Magazine.

Deaf Aotearoa Updates

[Click here](#) for the CommUNITY weekly newsletter for week ending 7 March 2014.

TANI Newsletter

To read the Autumn 2014 Newsletter, [click here](#). Please note that this file may take a few seconds to download due to its size.

Ministry of Health NGO Update

[Click here](#) for the March 2014 edition of the Health & Disability NGO update.

We are sad to announce Niharika Puri is leaving us after 18 fantastic months of work at PFRC. Niharika is moving to Australia to seek other opportunities and we wish her all the very best for the future. Our new Information Advisor Gabriele Fitzgibbon starts at PFRC on 14th April.

From the PFRC Team

Lisa, Virginia and Niharika

www.pfrc.org.nz

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