

Vision

Disabled people and their families are able to lead the lives they desire.

Core Value

Respecting and supporting choice

Mission

To empower disabled people and their families through leading social change.

CONTENT

[Seminars/training](#)

[Upcoming events](#)

[Notices](#)

[Newsletters](#)

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The Parent & Family Resource Centre has shifted to different premises. We are now located at 3B Olive Road, Penrose – our phone/fax number, website address, email addresses and PO Box number all remain the same – only the physical address has changed. There have been some disruptions to telephone, email and website access. Our apologies for this. Please bear with us, we want to keep in contact with you!! Feel free to call in and visit us. We have a car-park right outside our front door and two fantastic seminar rooms available for use – ideal for meetings, seminars, etc.

Networker April 2014

The PFRC April 2014 Networker magazine is now available in electronic format (available on our website). There is also a print-ready version on our website. The topic of this magazine is Recreation, Leisure, Sport and Respite opportunities for people with a disability and an exploration of how this support can be accessed and paid for. If you think you may not already be on our database and wish to receive a copy of this electronic magazine, or if you want to check we have your correct email address details, please contact Virginia at PFRC on 636-0351 or pfrcadmin@pfrc.org.nz. We will have some print copies of this magazine available too if you prefer – contact Virginia to get a copy posted to you.

SEMINARS/TRAINING

Transition Expo 2014 – Central Auckland

The progression from school to community life. Hosted by Parent & Family Resource Centre (PFRC) and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19th of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9:00am - 2:30pm. For more information, [click here](#).

IF including Respite Seminars – Auckland Wide

The IF including Respite Seminars by the MoH are back for another series! There will be 7 presentations held in various locations around Auckland, beginning the 27th of May 2014. [Click here](#) for more details, or to register, contact Virginia on 09 636 0351 or email pfrcadmin@pfrc.org.nz

Working With Parents' Anger - Auckland 2014

Please [click here](#) information for a 2 1/2 day training workshop being offered in Auckland, 29th & 30th September and 1st December.

Auckland Down Syndrome Association Course

Auckland Down Syndrome Association are running a course on "success in school" on the 4th and 11th August 2014. [Click here](#) for details.

Achieve 2B

Julia Hartshorne from Whangarei is coming to Auckland on Thursday 19th June. She would welcome the opportunity to present her initiative about A2B (an inspiring intercultural exchange programme for high school students with disabilities). Julia is scheduled to present this initiative at Yanton House, 14 Erson Road, Royal Oak, Auckland at 10am. [Click here](#) for further information about the event and [click here](#) for more background information.

Renaissance Group Conference – Auckland

[Click here](#) to register. The aim of this 2-day conference will be on Supporting Change, Moving Forward: The Next Generation of Disability Supports. The conference will be held on the 4th and 5th of June 2014 at the Waipuna Hotel. For more information on what will be discussed and to register for this exciting event, read the latest from the Renaissance Group [here](#).

ImagineBetter Conference – Wellington

The title of this conference is “Moving On – Success in Transition”. The conference will be held at Te Papa in Wellington from the 12th-14th of November 2014. The conference aims to identify strategies and approaches that enable people to create success through times of change. To read more about the conference, [click here](#). For registration information, contact Katherine Frame on Katherine@imaginebetter.co.nz or phone 09 551 1563.

SAVE THE DATE- 8-11 September 2014

Workshops by Dr Larry Brendtro on Resilience and RAP (Response Ability Pathways). Dr Larry will inform about the latest brain science research relating to the development of children and provide strategies to positively support young people experiencing conflict and challenges. [Click here](#) for more information.

Unitec Information Morning

Supported Learning, Department of Community & Health Services are offering a series of Information Mornings for the remainder of 2014. This is an event designed for students, their families, support people and teachers to come and find out about our programmes which cater to students who have special learning needs. [Click here](#) to view the upcoming dates for the information morning, and [here](#) for the registration form. Please contact Pat Ball Lecturer, Department of Community & Health Services, 815 4321 ext 8312, pball@unitec.ac.nz if you have any questions.

Raeburn House Courses for 2014

Raeburn House has an exciting new programme to start the year! [Click here](#) to view the range of programmes available from January to June 2014, and [here](#) for the course start dates. To view the courses available for community organisations, [click here](#). Please email learning@raeburnhouse.org.nz if you have any queries.

Working with Simple & Complex Trauma

Dr Livingstone offers two days of workshops to assist in understanding and support clients who have had simple & complex trauma on Tuesday 10th and Saturday 14th June 2014, 10am-5pm. [Click here](#) for further details.

Acting Up

Acting Up is a new community group that provides drama education to youth with disabilities. They currently have vacancies in their Onehunga and Otahuhu classes. [Click here](#) for more information.

Evidence2Action Symposium 2014: The secrets of success

Registrations are now open for a one day symposium hosted by the Families Commission sharing knowledge, expertise and insights about the practical use of evidence in policy, practice and funding decision-making.

Date: Wednesday 4 June 2014

Venue: Museum of New Zealand Te Papa Tongarewa, Wellington

Time: 8.30am - 5.00pm

Cost: \$150 (GST inclusive)

Click on the following links to view the symposium [programme](#) and [registration](#).

IHC Advocacy to the Heartland Forum – 14 June

IHC is hosting a forum that will provide information and resources to families, service providers and supporters of people with an intellectual disability. The focus is on legal issues (Protection of Personal and Property Rights Act) and information about common sense /easy access approaches to banks, Work and Income, giving consent and so on. There is also a session on transition to adulthood for young people. [Click here](#) for the complete information.

UPCOMING EVENTS

Attitude Live Awards Nominations

The nominations for the 2014 Attitude Awards are now OPEN! [Click here](#) to go to Attitude Lives website. Make sure you spread the word and get people nominated who deserve to be recognised!

Counties Manukau Youth Wheelchair Basketball

Commencing 13 May 2014. The youth programme runs on a Tuesday. [Click here](#).

Music and Fun Play Group 2014

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school terms at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson nzmargaret@gmail.com or Marjorie Blakeley Blakeley.m@xtra.co.nz.

Upper North Island Boccia Champs

[Click here](#) for information on the end of June competition.

TAM (Take A Moment) photos and videos exhibition managed by IHC New Zealand

A free exhibition showcasing everyday living in and around New Zealand focussed on ability. [Click here](#) and [click here](#) for two relevant posters. For background information [click here](#).

NOTICES

Recruiting focus group participants for Quality Access to Primary Care research

In collaboration with the Independent Living Service Inc. (ILS), researchers from University of Auckland's School of Population Health are seeking people ages 16-64 with lived experience of disability to take part in focus groups. They want to learn more about your experiences using primary health care services delivered by General Practitioners (GPs) and their practice teams.

If you are interested in finding out more, please read the attached Participant Information Sheet or contact:

Tony Howe at ILS by phone (09) 625 0322, or email: tony@ilsnz.org

Focus Groups (16 – 64 years)

Auckland Central: Friday 30th May, 10am-1pm or 5pm-8pm at ILS, 14 Erson Avenue, Royal Oak, Auckland.

Auckland North: Wednesday 18th June, 10am-1pm at Yes Disability Resource Centre, 3 William Laurie Place, Albany.

Auckland South: Friday 20th June, 10am-1pm at Papatoetoe Sports Stadium, Sutton Crescent, Papatoetoe.

Youth Focus Groups (16-25 years)

Auckland North: Thurs 19th June, (time to be advised) at PHAB North, Yes Disability Resource Centre, Albany.

Auckland South: Friday 20th June, 6-9pm PHAB South, 35A St George St, Papatoetoe.

For those interested [click here](#) for more info.

IHC Update

This year IHC has filed an amended complaint with the Human Rights Review Tribunal in response to an original complaint in 2008.

They are looking for new evidence from families and schools. IHC has developed a [survey for families](#)

<https://www.surveymonkey.com/s/RS7KFRM> to complete so they can record family experiences of the treatment of disabled children at school. IHC invites you to complete the survey and provide details of the particular difficulties. Once you have completed the survey IHC Advocates will make contact to confirm your willingness to provide evidence and explain the next steps. Please assist IHC by sharing this survey with other families. More information about IHC's Education Complaint can be read here:

<http://www.ihc.org.nz/campaigns/education-complaint/can-help-involved-ihcs-education-complaint/> If you have questions or concerns you wish to discuss please call Director of Advocacy Trish Grant on 04 495 2773 or email trish.grant@ihc.org.nz

Altogether Autism Network Meetings

The meeting is open to all people who are interested in Autism. The meeting will be on the 10th of June from 10 - 11:30am at War Memorial Hall in Helensville. [Click here](#) to view the information flier and for registration details.

Call for Abstracts - Centre for Asian and Ethnic Minority Health Research National Symposium

The CAHRE Symposium will focussing on "Working together to Improve Asian and Ethnic Minority Health and Wellbeing". The Symposium will be held on the 4th of July 2014 at the University of Auckland Tamaki Campus, School of Population Health. [Click here](#) for more information regarding important dates and deadlines.

Supporting Families with Mental Illness – North

This is a support group for family members who are supporting loved ones with mental illness. The group is held every second Tuesday of the month from 6:45 - 9:00pm at Lion Foundation House, 3 William Laurie Drive, Albany. To register please contact Merle or Margot on 09 414 2423 or email merle@sfauckland.org.nz or margot@sfauckland.org.nz. For more information, [click here](#).

Counselling Service – South

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on ian.king@orcon.net.nz.

Caregiver Wanted – North

A family are looking for someone to help them in their home with their 4 year old son who is on the severe end of the Autism Spectrum and is non-verbal. The family also have 2 neuro-typical children aged 6 and 2. They require help from 3:30 - 6:30pm, Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. Someone who has an understanding of Autism and experience with children on the spectrum is required. If you're interested, please contact Virginia on pfradmin@pfrc.org.nz for more information.

English for Everyday Life/English for Work – Auckland Wide

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on estelle.swan@englishlanguage.org.nz or via phone on 523 0071.

Affordable Counselling Service

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on tglover@ihug.co.nz for more information or to book a session.

Grief Centre Support Groups

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email info@griefcentre.org.nz

Free Counselling – Raeburn House

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

Therapy 4 Children Service

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on www.qualityrehab.co.nz or contact 0800 557 556.

Access 2020 Disability Strategy

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website www.elections.org.nz/resources-learning/voters-disability. *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

NEWSLETTERS

Community Network Newsletter April 2014

[Click here](#) for this official newsletter from Auckland District Council of Social Services (ADCSS).

Wilson Home Update

[Click here](#) to read the Wilson Home e-newsletter for the week of the 28th of May.

Boccia Get Rolling Newsletter

[Click here](#) to read the latest update from Boccia. Boccia are now accepting membership applications that will run through until June 2015. To find out more, [click here](#), or visit Boccia's new-look website <http://www.boccia.org.nz/>

NZDSN Newsletter

Please [click here](#) for the 29th April Newsletter. [Click here](#) for information on the Wellington Supported Employment Mentoring Workshops on June 11 and 12. And for the CEO update [click here](#).

Recreate Newsletter

Recreate have now released their Term 2 Newsletter. [Click here](#) to view the newsletter. Please note that this may take a few seconds to download due to the file size.

Parent to Parent Update

[Click here](#) to read the May 2014 e-newsletter from Parent to Parent.

Spark Centre Newsletter

To read the May and June 2014 Newsletter from the Spark Centre, [Click here](#) & [click here](#) respectively. For more information about classes run by the Spark Centre in 2014, [click here](#). Please note these file may take a few seconds to download due to their size.

Unique Families Newsletter May 2014

This newsletter might be of interest for some. [Click here](#) to read.

Expressions Magazine

[Click here](#) to read the Autumn 2014 edition of the Sands Expressions Magazine.

TANI Newsletter

To read the Autumn 2014 Newsletter, [click here](#). Please note that this file may take a few seconds to download due to its size.

Community Scoop Website

Have you heard of Community scoop website? Often it reviews the latest on disabilities and social policy. [Click here](#) to check it out. Today's Community Scoop includes the Disability Action Plan 2014 -2018. [Click here](#).

ADSA latest news

[Click here](#) to view their website.

MASADA Update

A newspaper article on the programmes offered by MASADA to North, East and South Auckland, [click here](#). [Click here](#) for their GET SET programme.

Whanau Marama – Parenting Courses and more

For April 2014 on line newsletter featuring Term 2 courses on all aspects of Parenting, [click here](#).

Linkage May Newsletter

[Click here](#) for the May newsletter about growing great services.

SKIP

[Click here](#) for their latest course details

Health Quality Safety New Zealand Newsletter

[Click here](#)

DIGEST Autumn 2014 Disability Information Service News

For the Otago DIGEST newsletter [click here](#).

Choice in Community Living May 2014 Update

[Click here](#) for an update from the providers and users inspiring stories.

From the PFRC Team

Lisa, Virginia, Gabi and Nicola

www.pfrc.org.nz

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