

Vision

Disabled people and their families are able to lead the lives they desire.

Core Value

Respecting and supporting choice

Mission

To empower disabled people and their families through leading social change.

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Parent & Family
Resource Centre
www.pfrc.org.nz
Phone: 09 636 0351
PO Box 13 385
Onehunga
3B Olive Road,
Penrose
Auckland

The Parent & Family Resource Centre has shifted to different premises. We are now located at 3B Olive Road, Penrose – our phone/fax number, website address, email addresses and PO Box number all remain the same – only the physical address is changing. Our new office space will be fully operational by Tuesday 13th May. There may be some disruption to telephone, email and website access in the few days prior to 13th May but please bear with us, we want to keep in contact with you!! Feel free to call in and visit us. We have a car-park right outside our front door and two fantastic seminar rooms available for use – ideal for meetings, seminars, etc.

Networker April 2014

The PFRC April 2014 Networker magazine is now available in electronic format (available on our website). There is also a print-ready version on our website. The topic of this magazine is Recreation, Leisure, Sport and Respite opportunities for people with a disability and an exploration of how this support can be accessed and paid for. If you think you may not already be on our database and wish to receive a copy of this electronic magazine, or if you want to check we have your correct email address details, please contact Virginia at PFRC on 636-0351 or pfrcadmin@pfrc.org.nz We will have some print copies of this magazine available too if you prefer – contact Virginia to get a copy posted to you.

SEMINARS/TRAINING

Legal Clinics at PFRC in Penrose – May 2014 Hurry book now!

In addition to our regular Trusts and Welfare Guardianship Seminars, PFRC and Nan Jensen from Quinlaw Solicitors are now bringing you legal clinics. [Click here](#) for more information. These private confidential legal clinics offer the opportunity for families to

- 1) have their completed Trusts & Welfare legal documents checked over by a solicitor prior to lodging at the family court or:
- 2) consult with a solicitor regarding a more in-depth or ongoing legal issue related to disability.

There is a small cost for these consultations – bookings and prepayment for your consultation are essential.

Transition Expo 2014 – Central Auckland

The progression from school to community life. Hosted by Parent & Family Resource Centre (PFRC) and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19th of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9:00am - 2:30pm. For more information, [click here](#).

IF including Respite Seminars – Auckland Wide

The IF including Respite Seminars by the MoH are back for another series! There will be 7 presentations held in various locations around Auckland, beginning the 27th of May 2014. [Click here](#) for more details, or to register, contact Virginia on 09 636 0351 or email pfrcadmin@pfrc.org.nz

Disability & Treaty of Waitangi Workshop – Hamilton

An insightful workshop on the Treaty of Waitangi and its influences on the disability sector today, with a focus on developing a wider cultural understanding. The training is designed for frontline staff and managers who provide support for disabled people in the disability sector. It will be held on the 14th of May, 10:00am – 3:00pm at CCS Disability Action Group, 17 Claudelands Road, Hamilton. For more information, [click here](#). Alternatively please contact Stephen Keyte on 09 250 4346 ext 711.

Mind & Body Peer Support Course – Central Auckland

This is a two-day workshop designed to introduce participants to core concepts in Peer Support (Mental Health & Addictions) and it is proudly sponsored by Te Pou. The workshop will be held on 21st and 22nd of May 2014 from 9am – 1pm at the Mind & Body office, 395a Manukau Road, Epsom. [Click here](#) for more information and to register. Registrations close on the 16th of May 2014 at 9am.

UPCOMING EVENTS

Acting Up

Acting Up is a new community group that provides drama education to youth with disabilities. They currently have vacancies in their Onehunga and Otahuhu classes. [Click here](#) for more information.

Level 1 Horticultural Course at MIT – Otara Campus

This course is another study option for young adults with special needs. **The date for the first intake has now been pushed back to the 12th of May 2014.** The programme will run for 12 weeks, for 5 mornings per week from 9:00am - 12:30pm. The fees for a domestic student are approximately \$1,900, however, the course is free for students up to the age of 25 years old. There is no upper age limit. [Click here](#) for more information on this course. Alternatively, you can contact info@manukau.ac.nz or call 0800 62 62 52 to find out more.

Altogether Autism Network Meetings

The meeting is open to all people who are interested in Autism. The meeting will be held on the 21st of May from 1 - 2:30pm at Warkworth Anglican Church in Warkworth, and on the 10th of June from 10 - 11:30am at Helensville Warm Memorial Hall in Helensville. [Click here](#) to view the information flier and for registration details.

Renaissance Group Conference – Auckland

[Click here](#) to register. The aim of this 2-day conference will be on Supporting Change, Moving Forward: The Next Generation of Disability Supports. The conference will be held on the 4th and 5th of June 2014 at the Waipuna Hotel. For more information on what will be discussed and to register for this exciting event, read the latest from the Renaissance Group [here](#).

ImagineBetter Conference – Wellington

The title of this conference is "Moving On – Success in Transition". The conference will be held at Te Papa in Wellington from the 12th-14th of November 2014. The conference aims to identify strategies and approaches that enable people to create success through times of change. To read more about the conference, [click here](#). For registration information, contact Katherine Frame on Katherine@imaginebetter.co.nz or phone 09 551 1563.

Supporting Families with Mental Illness – North

This is a support group for family members who are supporting loved ones with mental illness. The group is held every second Tuesday of the month from 6:45 - 9:00pm at Lion Foundation House, 3 William Laurie Drive, Albany. To register please contact Merle or Margot on 09 414 2423 or email merle@sfauckland.org.nz or margot@sfauckland.org.nz. For more information, [click here](#).

SAVE THE DATE- 8-11 September 2014

Workshops by Dr Larry Brendtro on Resilience and RAP (Response Ability Pathways). Dr Larry will inform about the latest brain science research relating to the development of children and provide strategies to positively support young people experiencing conflict and challenges. [Click here](#) for more information.

Unitec Information Morning

Supported Learning, Department of Community & Health Services, will soon be offering an Information Morning. This is an event designed for students, their families, support people and teachers to come and find out about our programmes which cater to students who have special learning needs. [Click here](#) to view the upcoming dates for the information morning, and [here](#) for the registration form. Please contact Pat Ball Lecturer, Department of Community & Health Services, 815 4321 ext 8312, pball@unitec.ac.nz if you have any questions.

Raeburn House Courses for 2014

Raeburn House has an exciting new programme to start the year! [Click here](#) to view the range of programmes available from January to June 2014, and [here](#) for the course start dates. To view the courses available for community organisations, [click here](#). Please email learning@raeburnhouse.org.nz if you have any queries.

Working with Simple & Complex Trauma

Dr Livingstone offers two days of workshops to assist in understanding and support clients who have had simple & complex trauma on Tuesday 10th and Saturday 14th June 2014, 10am-5pm. [Click here](#) for further details.

Counties Manukau Youth Wheelchair Basketball

Commencing 13 May 2014. The youth programme runs on a Tuesday. [Click here](#).

Music and Fun Play Group

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school term at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson nzmargaret@gmail.com or Marjorie Blakeley Blakeley.m@xtra.co.nz.

IEAG (Inclusive Education Action Group)

Invites Mark Barratt, Principal Papatoetoe South School to offer his thoughts on "The child – The heart of the Matter. How a school can work for all". [Click here](#) for details as RSVP is required.

Upper North Island Boccia Champs

[Click here](#) for information on the end of June competition.

TAM (Take A Moment) photos and videos exhibition managed by IHC New Zealand

A free exhibition showcasing everyday living in and around New Zealand focussed on ability. [Click here](#) and [click here](#) for two relevant posters. For background information [click here](#).

Evidence2Action Symposium 2014: The secrets of success

Registrations are now open for a one day symposium hosted by the Families Commission sharing knowledge, expertise and insights about the practical use of evidence in policy, practice and funding decision-making.

Date: Wednesday 4 June 2014

Venue: Museum of New Zealand Te Papa Tongarewa, Wellington

Time: 8.30am - 5.00pm

Cost: \$150 (GST inclusive)

Click on the following links to view the symposium [programme](#) and [registration](#).

NOTICES

Jubilee Trust

Jubilee Trust seeks applications for financial support to assist disabled children. For details [click here](#).

Call for Abstracts - Centre for Asian and Ethnic Minority Health Research National Symposium

The CAHRE Symposium will focussing on "Working together to Improve Asian and Ethnic Minority Health and Wellbeing". The Symposium will be held on the 4th of July 2014 at the University of Auckland Tamaki Campus, School of Population Health. [Click here](#) for more information regarding important dates and deadlines.

Job Opportunity

A Home Support worker required to assist a physically disabled 18 month old girl. [Click here](#) for the details.

Caregiver Wanted – North

A family are looking for someone to help them in their home with their 4 year old son who is on the severe end of the Autism Spectrum and is non-verbal. The family also have 2 neuro-typical children aged 6 and 2. They require help from 3:30 - 6:30pm, Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. Someone who has an understanding of Autism and experience with children on the spectrum is required. If you're interested, please contact Virginia on pfrcadmin@pfrc.org.nz for more information.

English for Everyday Life/English for Work – Auckland Wide

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on estelle.swan@englishlanguage.org.nz or via phone on 523 0071.

Affordable Counselling Service

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on tglover@ihug.co.nz for more information or to book a session.

Counselling Service – South

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on ian.kimg@orcon.net.nz.

Grief Centre Support Groups

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email info@griefcentre.org.nz

Free Counselling – Raeburn House

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

Therapy 4 Children Service

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on www.qualityrehab.co.nz or contact 0800 557 556.

Access 2020 Disability Strategy

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website www.elections.org.nz/resources-learning/voters-disability. *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

Wilson Home Update

[Click here](#) to read the Wilson Home e-newsletter for the week of the 2nd of April, and [here](#) for the reminder to register for the upcoming Know How 2014 Expo.

ADCOSS Newsletter

To read the March 2014 Community Network newsletter, [click here](#). Please note that this file may take a few seconds to download due to its size.

Boccia Get Rolling Newsletter

[Click here](#) to read the latest update from Boccia. Boccia are now accepting membership applications that will run through until June 2015. To find out more, [click here](#), or visit Boccia's new-look website <http://www.boccia.org.nz/>

Recreate Newsletter

Recreate have now released their Term 2 Newsletter. [Click here](#) to view the newsletter. Please note that this may take a few seconds to download due to the file size.

March 2014 Newsletter from the Land of Be.

[Click here](#) to read about their latest news.

Parent to Parent Update

[Click here](#) to read the April 2014 e-newsletter from Parent to Parent.

NZORD Update

[Click here](#) for the update on the March 2014 newsletter including strategies on carers.

Geneva Healthcare Newsletter

[Click here](#) to read the latest news from Geneva (which now includes IRIS ltd).

Special Olympics Fanletter

[Click here](#) to read the latest newsletter from the Special Olympics.

IHC Hot Issues

[Click here](#) for the latest update from IHC.

Spark Centre Newsletter

To read the April 2014 Newsletter from the Spark Centre, [click here](#). For more information about classes run by the Spark Centre in 2014, [click here](#). Please note these file may take a few seconds to download due to their size.

Expressions Magazine

[Click here](#) to read the Autumn 2014 edition of the Sands Expressions Magazine.

Deaf Aotearoa Updates

[Click here](#) for the latest Talk Hands Magazine. NZ Sign Language Week is on 12-18 May 2014. What's your favourite sign? [Click here](#) for further information.

NZDSN Newsletter

[Click here](#) for the Auckland Newsletter Issue 33 for March/April 2014 and [click here](#) for the 4th April Newsletter.

TANI Newsletter

To read the Autumn 2014 Newsletter, [click here](#). Please note that this file may take a few seconds to download due to its size.

Community Scoop Website

Have you heard of Community scoop website? Often it reviews the latest on disabilities and social policy. [Click here](#) to check it out.

Open for Better Care

To review the latest e update [click here](#).

MASADA Update

A newspaper article on the programmes offered by MASADA to North, East and South Auckland, [click here](#). [Click here](#) for their GET SET programme.

Whanau Marama – Parenting Courses and more

For April 2014 on line newsletter featuring Term 2 courses on all aspects of Parenting, [click here](#).

Raukauri

[Click here](#) for the April 2014 newsletter including the stories of a special friendship and music therapy sessions.

From the PFRC Team

Lisa, Virginia, Gabi and Nicola

www.pfrc.org.nz

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