

## Vision

Disabled people and their families are able to lead the lives they desire.

## Core Value

Respecting and supporting choice

## Mission

To empower disabled people and their families through leading social change.

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## SEMINARS/TRAINING

### Transition Expo 2014 – Central Auckland

The progression from school to community life. Hosted by **Parent & Family Resource Centre (PFRC)** and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19<sup>th</sup> of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9:00am - 2:30pm. For more information, [click here](#).

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### Parent2Parent presents Second Generation workshop, Hamilton

The workshop brings together adult siblings, parents and whanau of disabled people, working together to build a vision for the future good life of their disabled family member. For information please [click here](#).

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### Transition Seminars – Auckland Wide

Life after school on your mind? **PFRC** is running Transition seminars August/September this year. [Click here](#) for more info.

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### Parent2Parent Choice in Community Living seminar on Tuesday 15<sup>th</sup> July

This seminar is an excellent opportunity for families to find out more about the Choice in Community Living project. This is interesting for people who live in a residential service or at home with similar disability support needs and want to leave and move into a home they rent, lease or own in their own right, [click here](#) for information.

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### The Spark Centre is excited to announce "The Artist in Movement" beginning in Term 3 and running for 10 weeks.

This is a new programme of music, movement and visual art for people with disabilities. [Click here](#) for more info.

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### Trusts & Welfare Seminars – Auckland Wide

Another popular series of seminars run by **PFRC**. Anyone with a child nearing 18yo will find this useful. [Click here](#) for info.

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### NZDSN is offering a special training workshop

"Transforming talk into action and aspirations into reality" on Friday, 8<sup>th</sup> August 2014 9:30am- 3:15pm. [Click here](#) for programme and registration and information about their upcoming conference.

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### The Circle of Courage Training and Development Trust

Is publishing the details of their 2014 workshop featuring **Dr. Larry Brendtro** and the NEW 'Rolling with Resilience' programme. [Click here](#) to view the flyer for the upcoming workshop. Spaces are limited, so bookings are essential and we highly recommend that you do so quickly. The flyer also contains the link to the online registration form.

### **Mind & Body**

are advertising the up-coming NZQA Certificate in Peer Support (Mental Health) (Level 4) being held in Auckland beginning September 22<sup>nd</sup> 2014 and associated addiction funding available through Matua Raki. For enrolment criteria and more information email [bailee@mindandbody.co.nz](mailto:bailee@mindandbody.co.nz) or visit their website [www.mindandbody.co.nz](http://www.mindandbody.co.nz). [Click here](#) to view course info.

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### **Halberg Disability Sports**

Have a look at their wheelchair basketball program. [Click here](#) to view their flyer.

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### **Working With Parents' Anger - Auckland 2014 – Central Auckland**

Please [click here](#) information for a 2 1/2 day training workshop being offered in Auckland, 29<sup>th</sup> & 30<sup>th</sup> September and 1<sup>st</sup> December.

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### **Auckland Down Syndrome Association Course – Central Auckland**

Auckland Down Syndrome Association are running a course on "Success in School" on 4<sup>th</sup> & 11<sup>th</sup> August 2014 and is for SENCO's, teachers, teacher aides, specialist staff, occupational therapists and parent educators These are two full day courses from 09.00 am to 3.30 pm. [Click here](#) for details. Note that there are three places available to parents of young people who have Down syndrome at the reduced rate of \$300 per 2 day course. First come first served.

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### **ImagineBetter Conference – Wellington**

The title of this conference is "Moving On – Success in Transition". The conference will be held at Te Papa in Wellington from the 12<sup>th</sup>-14<sup>th</sup> of November 2014. The conference aims to identify strategies and approaches that enable people to create success through times of change. To read more about the conference, [click here](#). For registration information, contact Katherine Frame on [Katherine@imaginebetter.co.nz](mailto:Katherine@imaginebetter.co.nz) or phone 09 551 1563.

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### **Unitec Information Morning**

Supported Learning, Department of Community & Health Services are offering a series of Information Mornings for the remainder of 2014. This is an event designed for students, their families, support people and teachers to come and find out about our programmes which cater to students who have special learning needs. [Click here](#) to view the upcoming dates for the information morning, and [here](#) for the registration form. Please contact Pat Ball Lecturer, Department of Community & Health Services, 815 4321 ext 8312, [pball@unitec.ac.nz](mailto:pball@unitec.ac.nz) if you have any questions.

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### **NZ Disability Support Network Conference 2014 – The Good Life: Work, Home & Community**

This will be held on 13<sup>th</sup> and 14<sup>th</sup> August 2014 at Te Papa Tongarewa, Wellington. [Click here](#) for the all the details.

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### **North Shore Community and Social Services**

Are advertising courses run by Essentially Men. For information please [click here](#) and [here](#). Or go to their website [www.nscss.org.nz](http://www.nscss.org.nz)

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### **Raeburn House has put out their term 3 courses:**

[Click here](#) to view their brochure or go to their website [www.raeburnhouse.org.nz](http://www.raeburnhouse.org.nz). Also, Raeburn House Results Based Accountability (RBA) Workshop is Tuesday 5<sup>th</sup> August 9:30am-2:00pm at Corban Estate Art Centre in Henderson. This workshop is an excellent follow up to the RBA training and will expand on your knowledge of community development: RBA + Asset Based Community Development + Collective Impact = Well Formed Outcomes, Tuesday 2<sup>nd</sup> September 9:30am-2:00pm at Corban Estate Art Centre in Henderson. The cost for each workshop is \$50 (includes lunch and morning tea). Please call 441-8989 or email [miriama@raeburnhouse.org.nz](mailto:miriama@raeburnhouse.org.nz) for more information.

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## **UPCOMING EVENTS**

### **Heart Kids NZ Annual Memorial Service**

Heart Kids NZ (formerly @Heart Inc) wishes to announce their Heart Kids NZ Annual National Memorial Service which will be held on Saturday 2<sup>nd</sup> August 2014 at the barn at Ambury Park Mangere. All bereaved Heart families and friends of bereaved Heart families welcome. For more information please email: [mathilde@heartnz.org.nz](mailto:mathilde@heartnz.org.nz)

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### **Attitude Live**

You might be interested in viewing a documentary on AttitudeLive.com called "Bea's New Feet", a story about a four year old girl who has twisted feet caused by Arthrogryposis. To alleviate her pain, her parents face the agonising decision of whether to persist with ongoing surgeries, or amputate both her feet. <http://attitudelive.com/documentary/beas-new-feet>

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### **Music and Fun Play Group 2014**

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school terms at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson [nzmargaret@gmail.com](mailto:nzmargaret@gmail.com) or Marjorie Blakeley [Blakeley.m@xtra.co.nz](mailto:Blakeley.m@xtra.co.nz).

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## **Matiriki 2014**

Matariki, also known as the Māori New Year, begins 28<sup>th</sup> June this year. Matariki is the Māori name for the cluster of stars known as the Pleiades, and traditionally it signals the beginning of the Māori New Year, when the cluster of stars appear in the pre-dawn sky looking north-east in late May/early June.

This year's National Volunteer Week was inspired by the following whakataukī: "Naku te rourou nau te rourou ka ora ai te tangata," translated by Volunteering New Zealand as "With your contribution and my contribution the people will live." (taken from scoop article, to view full article [click here](#). [Click here](#) for more information on the Matiriki festival 2014 in Auckland.)

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## **NOTICES**

### **Children's charity @Heart Inc renamed Heart Kids New Zealand**

@Heart Inc, the only charity in New Zealand that provides lifelong support for Kiwi kids with an inborn or acquired heart defect has recently changed its name to Heart Kids New Zealand Inc (Heart Kids NZ) for the full article [click here](#).

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### **Whangarei Accessible Housing Trust**

The first tenants have moved in to the Whangarei Accessible Housing Trust's new homes in the Auckland suburb of Takanini. The Whangarei Accessible Housing Trust's rental properties are set to transform the lives of eight tenants and their families, all of whom were identified as living in houses that were completely unsuited to even their basic needs. [Click here](#) to view the full Scoop article.

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### **Raise Up Mt Roskill has changed names**

Raise Up Mt Roskill have changed names to **Raise Up Puketapapa**, and have moved to YMCA at Lynfield Recreation Centre. To celebrate they are having a onesies party on the 16<sup>th</sup> August. [Click here](#) to view the invitation flier.

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### **"Acceptance and belonging for special needs students in New Zealand schools"**

A presentation of a research project by Julie Alesech at the AUT Postgraduate Symposium on 22<sup>nd</sup> August 1:30 -1:55 pm, at WG308, Level 3, WG Building, AUT City Campus.

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### **Press Release: Wake-up Call for New Zealanders**

Comments made by the outgoing Australian Disability Commissioner, Graeme Innes, should be a wake-up call for New Zealanders that there are still serious barriers faced by disabled job seekers both here and overseas. To read the article please [click here](#).

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### **Special Olympics and Snow Sport NZ**

A memorandum of understanding between two of New Zealand's leading national sports organisations provides both with a pathway to extend snow sport offerings to New Zealand's disabled community. To view the article please [click here](#).

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### **Do you own a rental property in the Maungakiekie-Tamaki area?**

Or are you renting and want to let your landlord know about this offer from the council to subsidize insulation for the house to make it warmer and healthier to live in? Then [click here](#) for the flyer.

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### **"Seasons Onehunga" fundraiser concert at St Matthew-in-the-city**

"Seasons" is a Child Grief and Loss programme and they depend on donations to keep their programme running. Please [click here](#) for their flyer and [here](#) for their information.

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### **Caregiver Needed – North Shore**

Do you know somebody who can help this family: 4 year old (ASD, non-verbal) and 2 neuro-typical children 6 and 2yo. Help is needed 3:30-6:30pm Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. An understanding of Autism and experience with children on the spectrum is helpful. If you're interested, please contact Gabi on [gabi@pfrc.org.nz](mailto:gabi@pfrc.org.nz) for more information.

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### **IHC Update**

This year IHC has filed an amended complaint with the Human Rights Review Tribunal in response to an original complaint in 2008. They are looking for new evidence from families and schools. IHC has developed a [survey for families](#) <https://www.surveymonkey.com/s/RS7KFRM> to complete so they can record family experiences of the treatment of disabled children at school. IHC invites you to complete the survey and provide details of the particular difficulties. Once you have completed the survey IHC Advocates will make contact to confirm your willingness to provide evidence and explain the next steps. Please assist IHC by sharing this survey with other families. More information about IHC's Education Complaint can be read here: <http://www.ihc.org.nz/campaigns/education-complaint/can-help-involved-ihcs-education-complaint/> If you have questions or concerns you wish to discuss please call Director of Advocacy Trish Grant on 04 495 2773 or email [trish.grant@ihc.org.nz](mailto:trish.grant@ihc.org.nz)

IHC has also developed a survey for the education professionals and others that become involved in the school lives of disabled children and young people; teachers, teacher aides, Board of Trustee members, principals and therapists for example. Please click on <https://www.surveymonkey.com/s/IHCEducationC2> if you are interested in taking part.

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### **Tuberous Sclerosis Group**

An information letter from this group and an invitation to take part in a survey. [Click here](#) if you want to read more

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### **Disability Action Plan**

The Disability Action Plan presents priorities set by the Ministerial Committee on Disability Issues for action that advance implementation of the UN Convention on the Rights of Persons with Disabilities and the New Zealand Disability Strategy. These priorities emphasise actions requiring government agencies to work together, as well as with disability sector organisations and others. [Click here](#) for more info.

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### **Down Syndrome AU**

Is distributing the "Happy Strap" (a medical Aide to support low muscle tone) across Australasia. [Click here](#) for info.

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### **Supporting Families with Mental Illness – North**

This is a support group for family members who are supporting loved ones with mental illness. The group is held every second Tuesday of the month from 6:45 - 9:00pm at Lion Foundation House, 3 William Laurie Drive, Albany. To register please contact Merle or Margot on 09 414 2423 or email [merle@sfauckland.org.nz](mailto:merle@sfauckland.org.nz) or [margot@sfauckland.org.nz](mailto:margot@sfauckland.org.nz). For more information, [click here](#).

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### **Counselling Service – South**

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on [ian.king@orcon.net.nz](mailto:ian.king@orcon.net.nz).

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### **English for Everyday Life/English for Work – Auckland Wide**

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on [estelle.swan@englishlanguage.org.nz](mailto:estelle.swan@englishlanguage.org.nz) or via phone on 523 0071.

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### **Affordable Counselling Service**

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on [tglover@ihug.co.nz](mailto:tglover@ihug.co.nz) for more information or to book a session.

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### **Grief Centre Support Groups**

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email [info@griefcentre.org.nz](mailto:info@griefcentre.org.nz)

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### **Free Counselling – Raeburn House**

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

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### **Therapy 4 Children Service**

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on [www.qualityrehab.co.nz](http://www.qualityrehab.co.nz) or contact 0800 557 556.

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### **Access 2020 Disability Strategy**

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website [www.elections.org.nz/resources-learning/voters-disability](http://www.elections.org.nz/resources-learning/voters-disability). *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

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### **Lifetime Homes by NZ Federation of Disability Info Centres**

A Lifetime home has just been completed a three bedroom home with full accessibility. If you are interested, [click here](#) for more information and [click here](#) for photos.

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### **Parent2Parent matching database**

Parent2Parent has a database matching families with similar conditions, sometimes they find it difficult to find matches. If you are interested please contact them: ph 07 853 8491 or Toll Free 0508 236 236, email: [matchingandinfo@parent2parent.org.nz](mailto:matchingandinfo@parent2parent.org.nz)

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## **NEWSLETTERS**

### **Health Quality & Safety Commission e-update - Issue 34**

For their recent news please [click here](#)

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### **Ministry of Health NGO newsletter - June 2014**

For their recent update please [click here](#). There are also inviting you to have a look here [http://www.tetaurawhiri.govt.nz/maori/matariki\\_m/index.shtml](http://www.tetaurawhiri.govt.nz/maori/matariki_m/index.shtml) for information about Matariki. They have also extended their survey, if you want to take part please go to <https://www.surveymonkey.com/s/ZL8VTB5>.

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### **Maternity Information Update: Issue 3**

[Click here](#) for the newsletter from Connected Health.

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### **Be Accessible Newsletter**

[Click here](#) for their June Newsletter particularly the focus on Leadership this month.

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### **Northshore community and social services**

[Click here](#) to read their June newsletter.

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### **Children's Autism Foundation Newsletter - July**

[Click here](#) for their latest newsletter.

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### **Wilson Home Update**

[Click here](#) to read the Wilson Home e-newsletter for the week of the 9<sup>th</sup> July.

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### **Disability Support Network**

To look at their conference in Wellington 13/14 August titled "good life: work, home, community", have a look at their conference website, [click here](#). And more in their newsletter [here](#).

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### **Boccia Get Rolling Newsletter**

[Click here](#) for their Get Rolling newsletter. Also, Boccia are now accepting membership applications that will run through until June 2015. To find out more, [click here](#), or visit Boccia's new-look website <http://www.boccia.org.nz/>.

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### **Recreate Newsletter**

Recreate have now released their Term 3 Newsletter. [Click here](#) to view the newsletter. Please note that this may take a few seconds to download due to the file size.

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### **Newsletter from Health Click.**

Health Click produces engaging, safe and informative New Zealand made health education resources. They'd like to tell you about some brand new, unique educational resources developed with the help of teachers, parents and young people. [Click here](#) for their message and their new EBook for young people with intellectual/learning disabilities.

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### **Unique Families Newsletter June 2014**

This newsletter might be of interest for some. [Click here](#) to read.

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### **Community Scoop Website**

Have you heard of Community scoop website? Often it reviews the latest on disabilities and social policy. [Click here](#) to check it out.

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### **Disability Support Services Group's e-Newsletter.**

Issue 53 is now available on MoH website <http://www.health.govt.nz/our-work/disability-services/disability-support-services-newsletter> or [click here](#).

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### **Numicon Winter News**

[Click here](#) for their latest news.

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**Interactive Drawing Therapy Newsletter**

[Click here](#) for their newsletter and new training schedule.

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**From the PFRC Team**



**Lisa, Virginia, Gabi and Nicola**

[www.pfrc.org.nz](http://www.pfrc.org.nz)

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