

## Vision

Disabled people and their families are able to lead the lives they desire.

## Core Value

Respecting and supporting choice

## Mission

To empower disabled people and their families through leading social change.

## CONTENT

[Seminars/training](#)

[Upcoming events](#)

[Notices](#)

[Newsletters](#)

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*Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#).*



### **Community Disability Cultural Advisor sought at Parent & Family Resource Centre**

The Parent & Family Resource Centre is seeking a Community Cultural Advisor to assist families from other cultures in Auckland who are raising a child with a disability, and who may be speakers of other languages. The role will involve coordinating the development and delivery of a range of services for the Culturally and Linguistically Diverse population of South Auckland including disability information and advice, disability related seminars and print publications. Ideally we are seeking a Mandarin speaking person with health/disability sector experience. Please send CV to Lisa Martin, Centre Director, Parent & Family Resource Centre, PO Box 13385, Onehunga, Auckland 1643 or email to [lisa@pfrc.org.nz](mailto:lisa@pfrc.org.nz) – this advertisement will soon appear on Seek website and will be open until end August 2014.

## SEMINARS/TRAINING

### **Transition Expo 2014 – Central Auckland**

The progression from school to community life. Hosted by **Parent & Family Resource Centre (PFRC)** and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19<sup>th</sup> of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9:00am - 2:30pm. For more information, [click here](#).

### **Kaleidocare – Inclusive Community Services**

New centre based vocational programme based in Pukekohe for Very High Needs young adults with a disability – opening January 2015. [Click here](#) for more information.

### **Doctoral Research**

The School of Counselling, Human Services and Social Work invites you to a Doctoral presentation by Hemant Thakkar – ‘When I am no longer alive: Understanding the aspirations and apprehensions of the parents of severely disabled young adults’. Wednesday 27<sup>th</sup> August midday at Faculty of Education, 74 Epsom Ave, Auckland. [Click here](#) to view the flier.

### **The Parenting Place**

Is offering a workshop run by Skylight which may be relevant to you, colleagues or families you know. Titled “Giving hope in a storm - supporting grieving children and teens through a difficult loss”. [Click here](#) for the flyer or [click here](#) for further information on the Parenting Place website.

### **Transition Seminars – Auckland Wide**

Life after school on your mind? **PFRC** is running Transition seminars August/September this year. [Click here](#) for more info.

### **The Circle of Courage Training and Development Trust**

Is publishing the details of their 2014 workshop featuring **Dr. Larry Brendtro** and the NEW 'Rolling with Resilience' programme. [Click here](#) to view the flyer for the upcoming workshop. Spaces are limited, so bookings are essential and we highly recommend that you do so quickly. The flyer also contains the link to the online registration form.

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**The Spark Centre is excited to announce "The Artist in Movement" beginning in Term 3 and running for 10 weeks.**

This is a new programme of music, movement and visual art for people with disabilities. [Click here](#) for more info.

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**Trusts & Welfare Seminars – Auckland Wide**

Another popular series of seminars run by PFRC. Anyone with a child nearing 18yo will find this useful. [Click here](#) for info.

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**NZDSN is offering a special training workshop**

"Transforming talk into action and aspirations into reality" on Friday, 8<sup>th</sup> August 2014 9:30am-3:15pm. [Click here](#) for programme and registration and information about their upcoming conference.

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**Mind & Body**

are advertising the up-coming NZQA Certificate in Peer Support (Mental Health) (Level 4) being held in Auckland beginning September 22<sup>nd</sup> 2014 and associated addiction funding available through Matua Raki. For enrolment criteria and more information email [bailee@mindandbody.co.nz](mailto:bailee@mindandbody.co.nz) or visit their website [www.mindandbody.co.nz](http://www.mindandbody.co.nz). [Click here](#) to view course info.

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**Halberg Disability Sports**

Have a look at their wheelchair basketball program. [Click here](#) to view their flyer.

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**Working With Parents' Anger - Auckland 2014 – Central Auckland**

Please [click here](#) information for a 2 1/2 day training workshop being of offered in Auckland, 29<sup>th</sup> & 30<sup>th</sup> September and 1<sup>st</sup> December.

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**Auckland Down Syndrome Association Course – Central Auckland**

Auckland Down Syndrome Association are running a course on "Success in School" on 4<sup>th</sup> & 11<sup>th</sup> August 2014 and is for SENCO's, teachers, teacher aides, specialist staff, occupational therapists and parent educators These are two full day courses from 09.00 am to 3.30 pm. [Click here](#) for details. Note that there are three places available to parents of young people who have Down syndrome at the reduced rate of \$300 per 2 day course. First come first served.

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**ImagineBetter Conference – Wellington**

The title of this conference is "Moving On – Success in Transition". The conference will be held at Te Papa in Wellington from the 12<sup>th</sup>-14<sup>th</sup> of November 2014. The conference aims to identify strategies and approaches that enable people to create success through times of change. To read more about the conference, [click here](#). For registration information, contact Katherine Frame on [Katherine@imaginebetter.co.nz](mailto:Katherine@imaginebetter.co.nz) or phone 09 551 1563.

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**NZ Disability Support Network Conference 2014 – The Good Life: Work, Home & Community**

This will be held on 13<sup>th</sup> and 14<sup>th</sup> August 2014 at Te Papa Tongarewa, Wellington. [Click here](#) for the all the details.

There will be weekly newsletters in the runup to the conference which we will include as and when they come in. [Click here](#) for the one dated 16<sup>th</sup> July and [here](#) for the one dated 23<sup>rd</sup> July.

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**North Shore Community and Social Services**

Are advertising courses run by Essentially Men. For information please [click here](#) and [here](#). Or go to their website [www.nscss.org.nz](http://www.nscss.org.nz)

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**Raeburn House has put out their term 3 courses:**

[Click here](#) to view their brochure or go to their website [www.raeburnhouse.org.nz](http://www.raeburnhouse.org.nz). Also, Raeburn House Results Based Accountability (RBA) Workshop is Tuesday 5<sup>th</sup> August 9:30am-2:00pm at Corban Estate Art Centre in Henderson. This workshop is an excellent follow up to the RBA training and will expand on your knowledge of community development: RBA + Asset Based Community Development + Collective Impact = Well Formed Outcomes, Tuesday 2<sup>nd</sup> September 9:30am-2:00pm at Corban Estate Art Centre in Henderson. The cost for each workshop is \$50 (includes lunch and morning tea). Please call 441-8989 or email [miriama@raeburnhouse.org.nz](mailto:miriama@raeburnhouse.org.nz) for more information.

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## **UPCOMING EVENTS**

**Heart Kids NZ Annual Memorial Service**

Heart Kids NZ (formerly @Heart Inc) wishes to announce their Heart Kids NZ Annual National Memorial Service which will be held on Saturday 2<sup>nd</sup> August 2014 at the barn at Ambury Park Mangere. All bereaved Heart families and friends of bereaved Heart families welcome. For more information please email: [mathilde@heartnz.org.nz](mailto:mathilde@heartnz.org.nz)

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**The Spark Centre Exhibition "Visual Perceptions" is running from 5<sup>th</sup> August to 28<sup>th</sup> September**

*Visual Perceptions* showcases recent works created by members of the community of artists who practice at Spark Centre, reflecting the cultural and artistic diversity which exists within the group. [Click here](#) all the relevant information.

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### **Music and Fun Play Group 2014**

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school terms at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson [nzmargaret@gmail.com](mailto:nzmargaret@gmail.com) or Marjorie Blakeley [Blakeley.m@xtra.co.nz](mailto:Blakeley.m@xtra.co.nz).

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### **Spirit of Adventure Trust announces the 5 Day Inspirational Voyage 16– 20<sup>th</sup> February 2015**

The Inspiration Voyage is for youth between 16 – 20 years who live with a physical challenge. Participants come from all over NZ to take part in a 5 day voyage aboard our purpose built 45m tall ship Spirit of NZ. The focus of the program is to provide an opportunity to face challenges outside usual boundaries, gain confidence and achieve things that previously may have looked impossible. If you would like more information please see their website [www.spiritofadventure.org.nz](http://www.spiritofadventure.org.nz) or [click here](#) for the Inspirational Voyage info booklet. Applications close on Friday 31<sup>st</sup> October 2014.

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## **NOTICES**

### **ADSA**

ADSA's AGM will be held on Sunday 31<sup>st</sup> August at the Parent & Family Resource Centre, 3B Olive Road, Penrose. Time: 2–4pm. In addition to the standard Agenda and the Election of committee members, ADSA has invited Strive members Sarah Jones, Alex Snedden and Edward Borikin to talk about the Success in School Course. Light refreshments will be served at the meeting's conclusion. RSVP to [clo@adsa.org.nz](mailto:clo@adsa.org.nz).

ADSA is looking for "fresh blood" as a few members standing down. If you are interested let Christel know or indicate your interest at the AGM.

In 2015 ADSA will be holding their **TENTH** Buddy Walk. If you are interested in joining the sub-committee please email [clo@adsa.org.nz](mailto:clo@adsa.org.nz).

More volunteers are needed for Golf Day committee. Please email [clo@adsa.org.nz](mailto:clo@adsa.org.nz) to express your interest. Golf Day is planned for Sunday 23<sup>rd</sup> November.

Or maybe you are more interested in joining our Library sub-committee? Please email Diana Court [library@adsa.org.nz](mailto:library@adsa.org.nz)

ADSA is organising a Mothers' Weekend in Omaha, from Friday 22<sup>nd</sup> August, arrive any time after 10.30am, till Sunday 24<sup>th</sup> August, leaving around 4pm. Click on the link below to have a look at the house we are renting for this. Linen is included. Cost \$100 per person. <http://www.holidayhouses.co.nz/properties/15562.asp>. First come first serve! If this sounds like fun, please call Christel on 5270060 or email [clo@adsa.org.nz](mailto:clo@adsa.org.nz)

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### **Auckland DHB**

Is inviting patients to share their experiences with them. The results of this will help them develop shared values that will help guide the way Auckland DHB works in the future. Fill out the survey for patients and family here [adhb.govt.nz/atourbest.htm](http://adhb.govt.nz/atourbest.htm)

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### **New Zealand Loss and Grief Awareness Week: July 28 - August 3, 2014**

There will be various activities happening around the country during that week and you can check out the dedicated [website](http://www.grief.org.nz) (<http://www.grief.org.nz>) for more information. There is also a Facebook Page: New Zealand Loss & Grief Awareness Week which has lots of great information and you can also contribute to this.

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### **NZORD - Seeking expressions of interest for Trustees**

NZORD is looking for new board members. Please [click here](#) if you are interested.

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### **Habitat for Humanity is offering**

"A brush with kindness", an essential home and preservation programme for homeowners who need help. [Click here](#) for information.

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### **Scoop Website**

[Click here](#) to have a read of this article on the effort needed to include the rights of disabled children in the UN development goals.

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### **The Health Quality & Safety Commission**

Is introducing Patient Safety Week – to be held this year from Monday 3<sup>rd</sup> to Friday 7<sup>th</sup> November 2014. Please [click here](#) to view info.

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### **Waitemata DHB**

Please read their news on the Launch of the Culturally and Linguistically Diverse (CALD) Family Violence Resource for Practitioners [here](#), also note their Refugee Health Network forum on Family Violence [here](#). Just a quick read what it's all about [click here](#).

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### **Jubilee Trust in inviting funding applications**

Please [click here](#) to view.

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### **Young man wanting to go flatting**

Poly-Emp has a client wanting to go flatting with another person. He would like to live in either Otara, Papatoetoe or Otahuhu. He would like to move into an established flat but before he does that he would like to build up a friendship with his future flatmates. Please contact Poly-Emp on (09) 968 8765 Ext 7320 or PRFC for contact details.

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### **Community Based Support Group and Programme for adults with a disability in Orewa, Whangaparaoa and Silverdale areas on 5 August**

[Click here](#) all the details of the meeting.

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### **Children's charity @Heart Inc renamed Heart Kids New Zealand**

@Heart Inc, the only charity in New Zealand that provides lifelong support for Kiwi kids with an inborn or acquired heart defect has recently changed its name to Heart Kids New Zealand Inc (Heart Kids NZ) for the full article [click here](#).

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### **Raise Up Mt Roskill has changed names**

Raise Up Mt Roskill have changed names to **Raise Up Puketapapa**, and have moved to YMCA at Lynfield Recreation Centre. To celebrate they are having a onesies party on the 16<sup>th</sup> August. [Click here](#) to view the invitation flier.

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### **"Acceptance and belonging for special needs students in New Zealand schools"**

A presentation of a research project by Julie Alesech at the AUT Postgraduate Symposium on 22<sup>nd</sup> August 1:30 -1:55 pm, at WG308, Level 3, WG Building, AUT City Campus.

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### **Special Olympics and Snow Sport NZ**

A memorandum of understanding between two of New Zealand's leading national sports organisations provides both with a pathway to extend snow sport offerings to New Zealand's disabled community. To view the article please [click here](#).

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### **Do you own a rental property in the Maungakiekie-Tamaki area?**

Or are you renting and want to let your landlord know about this offer from the council to subsidize insulation for the house to make it warmer and healthier to live in? Then [click here](#) for the flyer.

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### **"Seasons Onehunga" fundraiser concert at St Matthew-in-the-city**

"Seasons" is a Child Grief and Loss programme and they depend on donations to keep their programme running. Please [click here](#) for their flyer and [here](#) for their information.

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### **Caregiver Needed – North Shore**

Do you know somebody who can help this family: 4 year old (ASD, non-verbal) and 2 neuro-typical children 6 and 2yo. Help is needed 3:30-6:30pm Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. An understanding of Autism and experience with children on the spectrum is helpful. If you're interested, please contact Gabi on [gabi@pfrc.org.nz](mailto:gabi@pfrc.org.nz) for more information.

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### **Disability Action Plan**

The Disability Action Plan presents priorities set by the Ministerial Committee on Disability Issues for action that advance implementation of the UN Convention on the Rights of Persons with Disabilities and the New Zealand Disability Strategy. These priorities emphasise actions requiring government agencies to work together, as well as with disability sector organisations and others. [Click here](#) for more info.

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### **Supporting Families with Mental Illness – North**

This is a support group for family members who are supporting loved ones with mental illness. The group is held every second Tuesday of the month from 6:45 - 9:00pm at Lion Foundation House, 3 William Laurie Drive, Albany. To register please contact Merle or Margot on 09 414 2423 or email [merle@sfauckland.org.nz](mailto:merle@sfauckland.org.nz) or [margot@sfauckland.org.nz](mailto:margot@sfauckland.org.nz). For more information, [click here](#).

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### **Counselling Service – South**

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on [ian.kimq@orcon.net.nz](mailto:ian.kimq@orcon.net.nz).

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### **Affordable Counselling Service**

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on [tglover@ihug.co.nz](mailto:tglover@ihug.co.nz) for more information or to book a session.

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### **English for Everyday Life/English for Work – Auckland Wide**

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on [estelle.swan@englishlanguage.org.nz](mailto:estelle.swan@englishlanguage.org.nz) or via phone on 523 0071.

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### **Grief Centre Support Groups**

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email [info@griefcentre.org.nz](mailto:info@griefcentre.org.nz)

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### **Free Counselling – Raeburn House**

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

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### **Therapy 4 Children Service**

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on [www.qualityrehab.co.nz](http://www.qualityrehab.co.nz) or contact 0800 557 556.

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### **Access 2020 Disability Strategy**

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website [www.elections.org.nz/resources-learning/voters-disability](http://www.elections.org.nz/resources-learning/voters-disability). *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

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### **Parent2Parent matching database**

Parent2Parent has a database matching families with similar conditions, sometimes they find it difficult to find matches. If you are interested please contact them: ph 07 853 8491 or Toll Free 0508 236 236, email: [matchingandinfo@parent2parent.org.nz](mailto:matchingandinfo@parent2parent.org.nz)

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## **NEWSLETTERS**

### **Special Olympics**

Have brought out their July Fanletter. Lots to read so [click here](#) to view.

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### **Open for better care**

Issue 11 (27 June to 27 July) is available. [Click here](#) for it.

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### **Office for Disability Issues Newsletter**

[Click here](#) for the July 2014 edition.

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### **Deaf Aotearoa NZ**

[Click here](#) for their July 2014 newsletter.

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### **ADCOSS Community Network Newsletter**

[Click here](#) for their July 2014 edition.

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### **Health Quality & Safety Commission e-update - Issue 34**

For their recent news please [click here](#)

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### **Boccia Get Rolling Newsletter**

[Click here](#) for their Get Rolling newsletter. Also, Boccia are now accepting membership applications that will run through until June 2015. To find out more, [click here](#), or visit Boccia's new-look website <http://www.boccia.org.nz/>.

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### **Disability Support Network**

To look at their conference in Wellington 13/14 August titled "good life: work, home, community", have a look at their conference website, [click here](#). And more in their newsletter [here](#). And [here](#) is another newsletter, issue 35.

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**IT Health Board**

[Click here](#) for the latest issue of the "Towards 2014" newsletter from Connected Health.

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**Be Accessible Newsletter**

[Click here](#) for their June Newsletter particularly the focus on Leadership this month.

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**Children's Autism Foundation Newsletter - July**

[Click here](#) for their latest newsletter.

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**Wilson Home Update**

[Click here](#) to read the Wilson Home e-newsletter for the week of the 16<sup>th</sup> July and [click here](#) for the week of 23<sup>rd</sup> July.

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**Ministry of Health NGO newsletter - July 2014**

For their recent update please [click here](#).

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**Recreate Newsletter**

Recreate have now released their Term 3 Newsletter. [Click here](#) to view the newsletter. Please note that this may take a few seconds to download due to the file size.

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**Newsletter from Health Click.**

Health Click produces engaging, safe and informative New Zealand made health education resources. They'd like to tell you about some brand new, unique educational resources developed with the help of teachers, parents and young people. [Click here](#) for their message and their new EBook for young people with intellectual/learning disabilities.

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**Community Scoop Website**

Have you heard of Community scoop website? Often it reviews the latest on disabilities and social policy. [Click here](#) to check it out.

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**Disability Support Services Group's e-Newsletter.**

[Click here](#) to view issue 53.

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**Numicon Winter News**

[Click here](#) for their latest news.

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**NZORD – NZ Organisation for Rare Disorders Newsletter 2014**

11 July 2014 newsletter can be seen by [clicking here](#).

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**Interactive Drawing Therapy Newsletter**

[Click here](#) for their July newsletter.

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**From the PFRRC Team**

Lisa, Virginia, Gabi and Nicola

[www.pfrc.org.nz](http://www.pfrc.org.nz)

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