

## Vision

Disabled people and their families are able to lead the lives they desire.

## Core Value

Respecting and supporting choice

## Mission

To empower disabled people and their families through leading social change.

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## SEMINARS/TRAINING

### Transition Expo 2014 – Central Auckland

The progression from school to community life. Hosted by Parent & Family Resource Centre (PFRC) and Ministry of Social Development (MSD). The seminar will be held on Tuesday the 19<sup>th</sup> of August 2014 at the Fickling Convention Centre, 546 Mt. Albert Road, Three Kings, from 9:00am - 2:30pm. For more information, [click here](#).

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### Transition Seminars – Auckland Wide

Life after school on your mind? PFRC is running Transition seminars during August/September this year. [Click here](#) for more info.

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### Trusts & Welfare Seminars – Auckland Wide

Another popular series of seminars run by PFRC. Anyone with a child nearing 18yo will find this useful. [Click here](#) for info.

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### Mind & Body

Mind & Body are advertising the up-coming NZQA Certificate in Peer Support (Mental Health) (Level 4) being held in Auckland beginning September 22<sup>nd</sup> 2014 and associated addiction funding available through Matua Raki. For enrolment criteria and more information email [bailee@mindandbody.co.nz](mailto:bailee@mindandbody.co.nz) or visit their website [www.mindandbody.co.nz](http://www.mindandbody.co.nz). [Click here](#) to view course info.

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### Halberg Disability Sports

Have a look at their wheelchair basketball program. [Click here](#) to view their flyer.

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### Auckland Down Syndrome Association Course – Central Auckland

Auckland Down Syndrome Association are running a course on "Success in School" on 4<sup>th</sup> & 11<sup>th</sup> August 2014 and is for SENCO's, teachers, teacher aides, specialist staff, occupational therapists and parent educators. These are two full day courses from 09:00 am to 3:30 pm. [Click here](#) for details. Note that there are three places available to parents of young people who have Down syndrome at the reduced rate of \$300 per 2 day course. First come first served.

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### ImagineBetter Conference – Wellington

The title of this conference is "Moving On – Success in Transition". The conference will be held at Te Papa in Wellington from the 12<sup>th</sup>-14<sup>th</sup> of November 2014. The conference aims to identify strategies and approaches that enable people to create success through times of change. To read more about the conference, [click here](#). For registration information, contact Katherine Frame on [Katherine@imaginebetter.co.nz](mailto:Katherine@imaginebetter.co.nz) or phone 09 551 1563.

### **Working With Parents' Anger - Auckland 2014 – Central Auckland**

Please [click here](#) information for a 2 1/2 day training workshop being of offered in Auckland, 29<sup>th</sup> & 30<sup>th</sup> September and 1<sup>st</sup> December.

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### **SAVE THE DATE- 8-11 September 2014**

Workshops by Dr Larry Brendtro on Resilience and RAP (Response Ability Pathways). Dr Larry will inform about the latest brain science research relating to the development of children and provide strategies to positively support young people experiencing conflict and challenges. [Click here](#) for more information.

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### **Unitec Information Morning**

Supported Learning, Department of Community & Health Services are offering a series of Information Mornings for the remainder of 2014. This is an event designed for students, their families, support people and teachers to come and find out about our programmes which cater to students who have special learning needs. [Click here](#) to view the upcoming dates for the information morning, and [here](#) for the registration form. Please contact Pat Ball Lecturer, Department of Community & Health Services, 815 4321 ext 8312, [pball@unitec.ac.nz](mailto:pball@unitec.ac.nz) if you have any questions.

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### **Acting Up**

Acting Up is a new community group that provides drama education to youth with disabilities. They currently have vacancies in their Onehunga and Otahuhu classes. [Click here](#) for more information.

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### **Numicon training**

Numicon is holding a training session at PFRC premises on Saturday 12<sup>th</sup> July, 9:30am – 12:30pm. [Click here](#) for more information.

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### **NZ Disability Support Network Conference 2014 – The Good Life: Work, Home & Community**

This will be held on 13<sup>th</sup> and 14<sup>th</sup> August 2014 at Te Papa Tongarewa, Wellington. [Click here](#) for the all the details.

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### **'Essentially Men' courses**

For information please [click here](#) and [here](#).

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### **Raeburn House has put out their term 3 courses**

[Click here](#) to view their brochure or go to their website: <http://raeburnhouse.org.nz/courses/index-of-courses>

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## **UPCOMING EVENTS**

### **@HeartNZ**

@HeartNZ wishes to announce their Heart Kids NZ Annual National Memorial Service, on Saturday 2<sup>nd</sup> August 2014, at the barn at Ambury Park Mangere. All bereaved heart families and friends of bereaved heart families welcome. For more information please email: [mathilde@heartnz.org.nz](mailto:mathilde@heartnz.org.nz)

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### **Attitude Live Awards Nominations**

The nominations for the 2014 Attitude Awards are now OPEN! [Click here](#) to go to Attitude Lives website. Make sure you spread the word and get people nominated who deserve to be recognised!

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### **Music and Fun Play Group 2014**

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school terms at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson [nzmargaret@gmail.com](mailto:nzmargaret@gmail.com) or Marjorie Blakeley [Blakeley.m@xtra.co.nz](mailto:Blakeley.m@xtra.co.nz).

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### **A forum on Issues and solutions... "Economic Inequality: Effects on Children & Families" – Central Auckland**

This forum will be held on 15<sup>th</sup> July 2014 7-9pm. For further details [click here](#).

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## **NOTICES**

### **Caregiver Needed – North Shore**

Do you know somebody who can help this family: 4 year old (ASD, non-verbal) and 2 neuro-typical children 6 and 2yo. Help is needed 3:30-6:30pm Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. An understanding of Autism and experience with children on the spectrum is helpful. If you're interested, please contact Gabi on [gabi@pfr.org.nz](mailto:gabi@pfr.org.nz) for more information.

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### **Tuberous Sclerosis Group**

An information letter from this group and an invitation to take part in a survey. [Click here](#) if you want to read more

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### **Disabled New Zealander wins award**

The Minister for Disability Issues Tariana Turia has congratulated disabled New Zealander Jai Waite on winning the prestigious international Apollo Award for the editing of a documentary about a man with a disability. Jai received the award in Singapore as part of the Broadcast Asia Conference. [Click here](#) for full story.

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### **IHC Update**

This year IHC has filed an amended complaint with the Human Rights Review Tribunal in response to an original complaint in 2008. They are looking for new evidence from families and schools. IHC has developed a [survey for families](#) <https://www.surveymonkey.com/s/RS7KFRM> to complete so they can record family experiences of the treatment of disabled children at school. IHC invites you to complete the survey and provide details of the particular difficulties. Once you have completed the survey IHC Advocates will make contact to confirm your willingness to provide evidence and explain the next steps. Please assist IHC by sharing this survey with other families. More information about IHC's Education Complaint can be read here: <http://www.ihc.org.nz/campaigns/education-complaint/can-help-involved-ihcs-education-complaint/> If you have questions or concerns you wish to discuss please call Director of Advocacy Trish Grant on 04 495 2773 or email [trish.grant@ihc.org.nz](mailto:trish.grant@ihc.org.nz)

IHC has also developed a survey for the education professionals and others that become involved in the school lives of disabled children and young people; teachers, teacher aides, Board of Trustee members, principals and therapists for example. Please click on <https://www.surveymonkey.com/s/IHCEducationC2> if you are interested in taking part.

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### **IHC press release**

[Click here](#) to read the full article by Trish Grant on how disabled children seem to be more likely to face a life of poverty and poor health and discrimination and her call to make a stand to get things changed.

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### **Disability Action Plan**

The Disability Action Plan presents priorities set by the Ministerial Committee on Disability Issues for action that advance implementation of the UN Convention on the Rights of Persons with Disabilities and the New Zealand Disability Strategy. These priorities emphasise actions requiring government agencies to work together, as well as with disability sector organisations and others. [Click here](#) for more info.

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### **Downs Syndrome AU**

Is distributing the "Happy Strap" (a medical Aide to support low muscle tone) across Australasia. [Click here](#) for info.

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### **Supporting Families with Mental Illness – North**

This is a support group for family members who are supporting loved ones with mental illness. The group is held every second Tuesday of the month from 6:45 - 9:00pm at Lion Foundation House, 3 William Laurie Drive, Albany. To register please contact Merle or Margot on 09 414 2423 or email [merle@sfauckland.org.nz](mailto:merle@sfauckland.org.nz) or [margot@sfauckland.org.nz](mailto:margot@sfauckland.org.nz). For more information, [click here](#).

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### **Counselling Service – South**

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on [ian.kimg@orcon.net.nz](mailto:ian.kimg@orcon.net.nz).

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### **English for Everyday Life/English for Work – Auckland Wide**

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on [estelle.swan@englishlanguage.org.nz](mailto:estelle.swan@englishlanguage.org.nz) or via phone on 523 0071.

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### **Affordable Counselling Service**

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on [tglover@ihug.co.nz](mailto:tglover@ihug.co.nz) for more information or to book a session.

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### **Grief Centre Support Groups**

The Grief Centre runs a variety of support groups which aim to explore the loss and grief in different ways. For more information on the times and locations support groups are held, [click here](#). To register, please contact The Grief Centre on 418 1457 or email [info@griefcentre.org.nz](mailto:info@griefcentre.org.nz)

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### **Parent2Parent matching database**

Parent2Parent has a database matching families with similar conditions, sometimes they find it difficult to find matches. If you are interested please contact them: ph 07 853 8491 or Toll Free 0508 236 236, email: [matchingandinfo@parent2parent.org.nz](mailto:matchingandinfo@parent2parent.org.nz)

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### **Free Counselling – Raeburn House**

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

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### **Therapy 4 Children Service**

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on [www.qualityrehab.co.nz](http://www.qualityrehab.co.nz) or contact 0800 557 556.

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### **Access 2020 Disability Strategy**

The Electoral Commission has finalised its disability strategy, *Access 2020*, and you can read it [here](#) or on the Commission's website [www.elections.org.nz/resources-learning/voters-disability](http://www.elections.org.nz/resources-learning/voters-disability). *Access 2020* continues the improvements made over the past three elections and aims to reduce barriers that disabled people may encounter when enrolling and voting at elections. The Commission's priority is to reduce barriers to participation by developing programmes and processes that enable New Zealanders living with an impairment to fully access our services.

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### **Lifetime Homes by NZ Federation of Disability Info Centres**

A Lifetime home has just been completed a three bedroom home with full accessibility. If you are interested, [click here](#) for more information and [click here](#) for photos.

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### **MASADA Update**

A newspaper article on the programmes offered by MASADA to North, East and South Auckland, [click here](#). [Click here](#) for their GET SET programme.

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### **Attitude TV Promo**

This short promo on AttitudeLive is for the new Attitude Awards Junior category they're launching this year. There's a web address in the video for anyone who wants to nominate. <http://attitudelive.com/documentary/attitude-junior-award-nominations>

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## **NEWSLETTERS**

### **Special Olympics Fanletter**

Special Olympics have brought out their recent newsletter. [Click here](#) for a read.

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### **Wilson Home Update**

[Click here](#) to read the Wilson Home e-newsletter for the week of the 18<sup>th</sup> June.

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### **Disability Support Network**

For their regional 18<sup>th</sup> June 2014 update, please [click here](#). Also they are advertising for their conference in Wellington 13/14 August titled "good life: work, home, community", have a look at their conference website, [click here](#).

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### **Boccia Get Rolling Newsletter**

[Click here](#) to read the latest update from Boccia. Boccia are now accepting membership applications that will run through until June 2015. To find out more, [click here](#), or visit Boccia's new-look website <http://www.boccia.org.nz/>

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### **Recreate Newsletter**

Recreate have now released their Term 3 Newsletter. [Click here](#) to view the newsletter. Please note that this may take a few seconds to download due to the file size.

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### **Spark Centre Newsletter**

To read the June 2014 Newsletter from the Spark Centre, [click here](#). For more information about classes run by the Spark Centre in 2014, [click here](#). Please note these file may take a few seconds to download due to their size.

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### **Newsletter from Health Click.**

Health Click produces engaging, safe and informative New Zealand made health education resources. They'd like to tell you about some brand new, unique educational resources developed with the help of teachers, parents and young people. [Click here](#) for their message and their new EBook for young people with intellectual/learning disabilities.

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**Muscular Dystrophy Northern**

[Click here](#) for their June newsletter and [click here](#) for their membership form.

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**Unique Families Newsletter June 2014**

This newsletter might be of interest for some. [Click here](#) to read.

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**Expressions Magazine**

[Click here](#) to read newest edition of the Sands Expressions Magazine.

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**TANI Newsletter**

To read the Autumn 2014 Newsletter, [click here](#). Please note that this file may take a few seconds to download due to its size.

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**Community Scoop Website**

Have you heard of Community Scoop website? Often it reviews the latest on disabilities and social policy. [Click here](#) to check it out.

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**Disability Support Services Group's e-Newsletter.**

Issue 53 is now available on MoH website <http://www.health.govt.nz/our-work/disability-services/disability-support-services-newsletter> or [click here](#).

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**Numicon Winter News**

[Click here](#) for their latest news.

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**Choice in Community Living May 2014 Update**

[Click here](#) for an update from the providers and users inspiring stories.

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**NZORD – NZ Organisation for Rare Disorders Newsletter 2014**

6 June 2014 newsletter can be seen by [clicking here](#).

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**Information 4 Disability Hawkes Bay**

A new newsletter called snippets is available [here](#) for you.

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**Disability Information Service – Dunedin**

For their fortnightly newsletter "Fortnightly Sector Up-date" please [click here](#).

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**Interactive Drawing Therapy Newsletter**

[Click here](#) for their newsletter and new training schedule.

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**From the PFRC Team**

Lisa, Virginia, Gabi and Nicola

[www.pfrc.org.nz](http://www.pfrc.org.nz)

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