

## Vision

Disabled people and their families are able to lead the lives they desire.

## Core Value

Respecting and supporting choice

## Mission

To empower disabled people and their families through leading social change.

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Parent & Family  
Resource Centre  
[www.pfrc.org.nz](http://www.pfrc.org.nz)  
Phone: 09 636 0351  
PO Box 13 385  
Onehunga  
3B Olive Road,  
Penrose  
Auckland

## SEMINARS/TRAINING

### Trusts & Welfare Guardianship Seminars

Planning for when we are no longer here

[Click here](#) to view the flier.

#### Albany

Wednesday 17<sup>th</sup> September 7-9pm

YES Disability Resource Centre, 3 William Laurie Place, Albany

#### Henderson

Wednesday 15<sup>th</sup> October 7-9pm

Integrated Neurological Rehabilitation Foundation, 2 Claude Brookes Dr (off Edmonton Rd) Henderson

#### Papakura

Wednesday 22<sup>nd</sup> October 7-9pm

Rosehill Special School, 48 Rosehill Drive, Papakura

#### Penrose

Wednesday 29<sup>th</sup> October 7-9pm

Parent & Family Resource Centre, 3b Olive Road, Penrose

**Presenter:** Nan Jensen, Barrister and Solicitor, Quinlaw.

**Cost:** \$30 per family – Presentation handouts and light supper provided

**RSVP:** 636-0351 or [pfrcadmin@pfrc.org.nz](mailto:pfrcadmin@pfrc.org.nz)

### **Who Should Attend:**

The parents of disabled people who are concerned with the wellbeing and future of their loved one over the long term. This seminar explores the use of Welfare Guardianship for a person with an intellectual disability once they turn 18yrs. Also discussed is the use of a Trust for managing assets. Sample legal documents are provided on a CD and questions are encouraged. Each family attending receives a comprehensive resource pack of information.

### **Nan Jensen – Barrister and Solicitor, Quinlaw**

Nan has been involved in the disability sector since 1998, in governance, advisory, support parent, advocacy and employee capacities. Two of her four children are on the autism spectrum, and she decided to study law after taking a successful arbitration case against the Ministry of Education to retain ORRS funding for her son. She was admitted to the bar in 2012 and specialises in disability law. She lives in Te Kowhai near Hamilton with her husband, Søren, their children and their dog.

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### **NZ Disability Support Network September 2014 Seminars in Auckland**

Living Options Forum "The Disability Action Plan 2014-2018 – How do we turn it into action?" on 24<sup>th</sup> September, 2014. Plus:

AGM and special interest forum with Professor Michael Wehmeyer – world leader in self-determination and education of students with learning disabilities and transition on 25<sup>th</sup> September. [Click here](#) for all the details you may require.

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### **Muscular Dystrophy Association announces: The Life without Limits Neuromuscular Conference**

This conference will be held 16-18<sup>th</sup> April 2015 at SKYCITY Auckland Convention Centre. It provides an opportunity for families affected by neuromuscular conditions, clinicians, researchers, and allied health professionals to get together, share progress and ideas and participate in informative breakout and training sessions. Please [click here](#) to see flyer.

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### **Epilepsy New Zealand**

Epilepsy NZ Auckland Branch invites you to attend a free seminar on Understanding Epilepsy on Tuesday 23<sup>rd</sup> September from 10am to 12 noon at Western Springs Community Hall, 956 Great North Road, Western Springs. [Click here](#) for the detailed flier.

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### **Transition Seminars – September**

These seminars explore the transition from School to Community for students with a disability. Information presented includes ORS funding and its impact post school, vocational programmes, Work & Income supports, Taikura Trust support at this time of change, Individualised Funding, the Ministry of Health's New Model for supporting the disabled, and some legal information. [Click here](#) for more info.

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### **Spirit of Adventure Trust announces the 5 Day Inspirational Voyage 16– 20<sup>th</sup> February 2015**

The Inspiration Voyage is for youth between 16 – 20 years who live with a physical challenge. Participants come from all over NZ to take part in a 5 day voyage aboard our purpose built 45m tall ship Spirit of NZ. The focus of the program is to provide an opportunity to face challenges outside usual boundaries, gain confidence and achieve things that previously may have looked impossible. If you would like more information please see their website [www.spiritofadventure.org.nz](http://www.spiritofadventure.org.nz) or [click here](#) for the Inspirational Voyage info booklet. Applications close on Friday 31<sup>st</sup> October 2014.

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### **Interactive Drawing Therapy – 2014 Conference “Soul Work – Going to the heart of IDT”**

The conference is to be held on 7-9 November, 2014 in Auckland. Please [click here](#) at the detailed information.

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## **UPCOMING EVENTS**

### **Janet McVeagh Camp “City Slickers 18+” from 12-14 September 2014**

For all the details on this fun filled experience, [click here](#) and [click here](#) for the enrolment form.

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### **Annual InterACT Disability Arts Festival – West – October 2014**

After an enigmatic season in 2013, the annual InterACT Disability Arts Festival is back with a diverse and exciting new free programme of performances and workshops at the Corban Estate Arts Centre from 22<sup>nd</sup> to 24<sup>th</sup> October. This will mark the fourth year for the festival, and it builds on the success of years gone by to be the biggest and brightest yet. [Click here](#) to view the media release and [here](#) to view the poster.

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### **The Spark Centre Exhibition “Visual Perceptions” is running from 5<sup>th</sup> August to 28<sup>th</sup> September**

*Visual Perceptions* showcases recent works created by members of the community of artists who practice at Spark Centre, reflecting the cultural and artistic diversity which exists within the group. [Click here](#) all the relevant information.

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### **Music and Fun Play Group 2014**

This play group is for children between the ages of 0-5 with special needs and their parents/caregivers. The group is held every Wednesday from 9:30 - 11am in the school terms at the Courtyard Room, Community of St Luke, 130 Remuera Road, Newmarket. For more information, [click here](#), or contact Margaret Davidson [nzmargaret@gmail.com](mailto:nzmargaret@gmail.com) or Marjorie Blakeley [Blakeley.m@xtra.co.nz](mailto:Blakeley.m@xtra.co.nz).

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### **Boccia NZ**

Get your entries in for the biggest boccia competition to be held in New Zealand this year! Full details and entry forms are now available for the Boccia New Zealand National Championships: <http://www.boccia.org.nz/events4.html>. To view Poster [click here](#). Interested in being a volunteer? <http://www.boccia.org.nz/volunteer-form---new-zealand-national-boccia-championships.html> Boccia New Zealand are currently (re)evaluating the eligibility for the 'Kiwi' grade to ensure this grade is fair for those competing in it. This is your chance to have a say on the future of boccia grading in New Zealand: <http://www.boccia.org.nz/classification-input.html>

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## **NOTICES**

### **Attitude live is looking for a superstar!**

To highlight the difference someone working as a support worker can make to another person's life, AttitudeLive.com in association with Drake Medox want you to write in about the person who enables you to live the life you want to live. After the nominations a voting campaign will follow. See more at: <http://attitudelive.com/blog/dan-buckingham/competition-hunt-new-zealands-support-superstar#sthash.oPD5ENxk.dpuf>.

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**Skylight survey and be in to win a gift voucher**

Skylight would appreciate your views on Skylight. This survey should take approximately **5 minutes** to complete and as an expression of our thanks for your time, all respondents who include a contact email address will go into a **prize draw to win a \$50 Skylight gift voucher**. [Click here](#) to access the survey – please note the survey will close on **16<sup>th</sup> of September 2014**.

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**My Voice Matters: How you can support disabled persons' right to vote**

If you work with people who face barriers to participating in this election, here are some ways you can help ensure their voices matter. [Click here](#) to read up about it.

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**Counties Manukau Health announcing a Behaviour Management workshop for Chinese families with ASD children**

These workshops will be held 18<sup>th</sup> and 25<sup>th</sup> September 6-8pm at Independent Living Services, Royal Oak. [Click here](#) for the flyer in English and [here](#) for the flyer in Chinese.

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**Scoop articles this fortnight:**

“Postman brings great news in IHC Art Awards” – [click here](#)

“Auckland Disability Community Unite on First Feedback to UN” – [click here](#) to read

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**Doctoral research into Young Carers in New Zealand – participants wanted**

Lauren Hitchin is a doctoral student researching young caring in New Zealand - Lauren is looking for participants. [Click here](#) for information, [here](#) for her story. Below is an explanation of the research from Lauren:

*“Not much is known about New Zealand young carers, and as such, my research examines the experiences and needs of current and former New Zealand young carers, as well as service and agency representatives who might work with young carers. My thesis examines the ways in which participants’ insights can inform care policies and services in New Zealand. I really hope that my study will lead to recognition and support for New Zealand young carers, and lead the way for further research on ways to help young carers in their crucial care roles.*

*I will carry out one 1-hour interview with participants, in person or over Skype (whatever works best for them). The location of the interview can be anywhere that suits the participant (I can travel anywhere in New Zealand), for instance at a library, their home, or my home. It will be an informal conversation-type interview, where we discuss their caring experience and the things that would have helped them. We can also discuss life after being a young carer if they are a formal young carer, and their experience with young carers in their agency if they are a service or agency representative. I will use a pseudonym (made-up name) for each participant when I write about young caring in my thesis – this is to protect their privacy. All together I will interview 30 people, and I will put all their stories together and pull out the big themes, which is what I will write about in my thesis. This will also enable me to make concrete recommendations to key stakeholders (e.g. Ministry of Social Development) to help support young carers. I am one of my own participants, as I will write about my own young caring experience throughout my thesis.”*

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**NZORD - the New Zealand Organisation for Rare Disorders**

NZORD completed a survey of the main political parties and concluded that “Political parties back calls for a rare diseases policy and action plan”. [Click here](#) to have a closer look.

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**Labour Party’s Policy on disability issues**

[Click here to view](#).

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**NGO Health & Disability Network**

ComVoices is conducting a snapshot survey of the community sector environment and invites all community organisations to take part. Complete the online survey at <https://www.surveymonkey.com/s/FJ3L8XX>. Over the past few months ComVoices has received feedback from community organisations who say they are finding it increasingly difficult to make ends meet. The survey aims to take a snapshot of where the sector is at and gain greater clarity about the current situation. Results will be shared via the ComVoices network and will help support messages to politicians both prior to and following the Election. The survey is short and should take about 5-7 minutes to complete.

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**NHITB/ HINZ Clinicians Challenge 2014 - Now Open for Entries**

Clinicians’ Challenge is an opportunity for clinicians to suggest new ways of using information systems to improve patient outcomes. [Click here](#) for information or contact Linda McKay at [linda@no9productions.co.nz](mailto:linda@no9productions.co.nz), or on (09) 445 0425, (0274) 476 6077.

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**Countdown Kids Hospital Appeal**

Read [here](#) about how Countdown stores are working alongside their local children’s wards to host fundraising activities.

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**Kaleidocare – Inclusive Community Services**

New centre based vocational programme based in Pukekohe for Very High Needs young adults with a disability – opening January 2015. [Click here](#) for more information.

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## **ADSA**

In 2015 ADSA will be holding their **TENTH** Buddy Walk. If you are interested in joining the sub-committee please email [clo@adsa.org.nz](mailto:clo@adsa.org.nz). Interested in joining their Library sub-committee? Please email Diana Court [library@adsa.org.nz](mailto:library@adsa.org.nz). More volunteers are needed for Golf Day committee. Please email [clo@adsa.org.nz](mailto:clo@adsa.org.nz) to express your interest. Golf Day is planned for Sunday 23<sup>rd</sup> November. [Click here](#) for further information.

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## **Parent to Parent matching database**

Parent to Parent has a database matching families with similar conditions, sometimes they find it difficult to find matches. If you are interested please contact them: ph 07 853 8491 or Toll Free 0508 236 236, email: [matchingandinfo@parent2parent.org.nz](mailto:matchingandinfo@parent2parent.org.nz) Parent to Parent are also thrilled to present the first instalment of their *Family Video Stories*, [click here](#) and [here](#) to view

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## **The Health Quality & Safety Commission**

Is introducing Patient Safety Week – to be held this year from Monday 3<sup>rd</sup> to Friday 7<sup>th</sup> November 2014. Please [click here](#) to view info.

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## **Waitemata DHB**

Please read their news on the Launch of the Culturally and Linguistically Diverse (CALD) Family Violence Resource for Practitioners [here](#).

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## **Caregiver Needed – North Shore**

Do you know somebody who can help this family: 4 year old (ASD, non-verbal) and 2 neuro-typical children 6 and 2yo. Help is needed 3:30-6:30pm Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. An understanding of Autism and experience with children on the spectrum is helpful. If you're interested, please contact Nicky on [nicola@pfrc.org.nz](mailto:nicola@pfrc.org.nz) for more information.

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## **Counselling Service – South**

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on [ian.kimg@orcon.net.nz](mailto:ian.kimg@orcon.net.nz).

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## **Affordable Counselling Service**

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the PFRC office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on [tglover@ihug.co.nz](mailto:tglover@ihug.co.nz) for more information or to book a session.

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## **Free Counselling – Raeburn House**

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

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## **Therapy 4 Children Service**

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flier, [click here](#). You can also visit their website on [www.qualityrehab.co.nz](http://www.qualityrehab.co.nz) or contact 0800 557 556.

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# **NEWSLETTERS**

We are changing our layout for Newsletters. Click on each Newsletter to read.

[ADCOSS Community Network Newsletter](#) – August 2014

[Boccia Get Rolling Newsletter](#)

[Complex Care Group - August \(and Explore presentation\)](#)

[Disability Information Service - Otago](#) - Fortnightly Sector Up-Date 3<sup>rd</sup> September 2014

[Disability Support Network](#) - August.

[Disability Support Services Group's e-Newsletter](#) - August

[Digest Winter Issue of Disability Information Service](#)

[Expressions](#) - Spring 2014

[Health Quality & Safety Commission](#) - July/August

[Information 4 Disability - Snippets](#) - vol 20 issue 3

[Ministry of Health NGO newsletter](#) - August

[Muscular Dystrophy Northern](#) - August

[News from the land of Be](#) - August

[Numicon](#) - Spring

[NZORD Newsletter](#) - August

[Parent to Parent enews](#) - August

[Recreate Newsletter](#) – Term 3

[Special Olympics Fanletter](#) - August

[The Enable New Zealand Information Team](#)

[Wilson Home Update](#) - August

[Wilson Home Update](#) - September

### From the PFRC Team



Lisa, Virginia, Gabi and Nicola

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