



helping families

*Vision*

That people with disabilities and their families are able to lead the lives they want

*Core Value*

To respect and support choice

*Mission*

To lead change and influence change for people with disabilities and their families.

e-bulletin – week beginning 2 March 2015

Parent & Family  
Resource Centre  
Trading as  
Disability Connect  
[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)  
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## **SEMINARS/TRAINING**

### **Children's Autism Foundation 'Understanding Autism' Seminars – March 2015 – Auckland-wide**

These Children's Autism Foundation workshops are designed to support parents and professionals with practical and easy to understand information on autism. Proudly supported by Te Pou and Disability Connect. There are two options, full daytime seminars or shorter 2hr evening seminars.

#### **Full day workshops:**

Wednesday 18<sup>th</sup> March - Foundation of K Trust, Highbrook

Thursday 19<sup>th</sup> March - 111 Great South Rd, Greenlane

Friday 20<sup>th</sup> March - Wilson Centre, 1 St Leonard's Rd, Takapuna

To view the PDF flyer for the full day workshop click [here](#) and also [click here](#) for the registration

Cost - \$220/person, includes morning/afternoon tea, lunch & Paul Taylor's book on ASD

#### **2hr workshops (7-9pm and 10am-12pm in Warkworth)**

Wednesday 18<sup>th</sup> March - Manukau New Life Church, 12 Jellicoe Rd, Manurewa

Thursday 19<sup>th</sup> March - Integrated Neurological Foundation, 2 Claude Brookes Dr, Henderson

Friday 20<sup>th</sup> March - Windsor Park Church, 550 East Coast Road, Mairangi Bay, North Shore

Saturday 21<sup>st</sup> March - Warkworth, venue to be confirmed

To view the PDF flyer for the 2 hour workshop click [here](#) and also [click here](#) for the registration

Cost - \$59/person, includes supper/morning tea & Paul Taylor's book on ASD

Thanks to Te Pou complimentary payment of seminar fee may be available to parents or family members who book prior to 13<sup>th</sup> March 2015. To book email [admin@autism.org.nz](mailto:admin@autism.org.nz) or phone 415-7406. **Book now! Places are filling fast.**

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### **3<sup>rd</sup> Asia Pacific Prader-Willi Syndrome Conference, 11<sup>th</sup> & 12<sup>th</sup> April 2015 Melbourne, Australia**

Please [click here](#) to view flyer. There is an 'earlybird' discounted registration rate until the end of January 2015.

More information can be found on the conference website: [www.pwsconference.org](http://www.pwsconference.org)

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### **Chinese Family Disability Support Group meeting/seminar 17<sup>th</sup> March 2015 - this time in Pakuranga**

**This particular seminar is open to all Chinese families who have a loved one with any sort of disability (physical or intellectual disability, autism, mental health challenges, etc.).** This seminar will be on Welfare Guardianship and Trusts which are legal mechanisms useful in disability – the seminar will be presented by Nan Jensen, Solicitor. [Click here](#) for the English version and [here](#) for the version in Chinese. The venue for this seminar is Te Tuhi Centre in Pakuranga.

## **Individualised Funding including Respite – Disability Connect**

Book now on our popular IF seminars to be held March/April 2015. [Click here](#) for the details.

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### **WAY TO PLAY PROGRAMME**

Autism New Zealand and Pasifika Autism Support Group (PASG) have partnered together to bring you "Way to Play Programme - Playing with a child on the Autism Spectrum", a one day introduction seminar on the 7<sup>th</sup> March 2015. Please [click here](#) to view information and [click here](#) for registration.

### **Tilting the Seesaw Programme**

Autism New Zealand is also offering this new programme which can provide support specifically for primary school teachers, teacher aides, RTLBs, and SENCOs. *Tilting the Seesaw* is a six-week programme where participating primary school staff come together to learn and try strategies on how to include a child with Autism more fully in everyday school activities. [Click here](#) to view flyer.

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### **Dove House and the Grief Centre**

A support group for those who have experienced a bereavement sometime in the last few years. This is an opportunity to meet with others who may have been through similar experiences. Bereavement Support starts 5<sup>th</sup> March in Glendowie. [Click here](#) to view flyer.

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### **Lifeline Aotearoa:**

2-day Suicide Prevention Course "ASIST" Henderson 11<sup>th</sup> & 12<sup>th</sup> March 2015". [Click here](#) for information email and [here](#) for an article about the effectiveness of the ASIST program.

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### **Muscular Dystrophy Association announces: The Life without Limits Neuromuscular Conference**

This conference will be held 16-18<sup>th</sup> April 2015 at SKYCITY Auckland Convention Centre. It provides an opportunity for families affected by neuromuscular conditions, clinicians, researchers, and allied health professionals to get together, share progress and ideas and participate in informative breakout and training sessions. Please [click here](#) to see flyer. Also, [click here](#) to view their membership form.

## **UPCOMING EVENTS**

### **CCS Disability Action will be hosting two events to celebrate International Womens day:**

An afternoon tea with speakers and art on Sunday the 8<sup>th</sup> of March and a free interactive workshop on Monday the 9<sup>th</sup> of March. They will have two influential disabled women over from Australia – Keran Howe and Susan Salthouse – speaking/facilitating at both events. [Click here](#) to view flyer for Sunday and [here](#) for the workshop on Monday.

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### **Vagus Centre hosting Vagus Day -19<sup>th</sup> April 2015 10am - 2pm at Mt Albert Memorial Hall.**

The aim is to promote family harmony through interactive games and exchanging ideas with the experts. Free admission. Language: English / Mandarin [Click here](#) to view flyer.

Also: "Traffic Lights" Parenting programs will resume from March till June 2015. The focus on parenting programs will be on specific age groups (preschool; school age; teenage) and single parents. [Click here](#) to view flyer in Chinese and [here](#) in English.

The Vagus Centre continues to provide a FREE counselling service to Chinese Individuals/ families having difficulties in relationships and parenting issues. For details contact Amy Wang at (09) 624 4639 or email [info@cmh.org.nz](mailto:info@cmh.org.nz)  
Website: [www.cmh.org.nz](http://www.cmh.org.nz)

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### **Epilepsy NZ free seminar 24<sup>th</sup> March**

Seminar on Understanding Epilepsy on Tuesday 24<sup>th</sup> March 2015 from 10am to 12noon at Western Springs Community Hall, 956 Great North Road, Western Springs. As numbers are limited please phone 0800 20 21 22 (leave contact details), or email [auckland@epilepsy.org.nz](mailto:auckland@epilepsy.org.nz) one week before the seminar to confirm your attendance. [Click here](#) for information.

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### **Auckland Down Syndrome Association Team for Round the Bays 2015**

ADSA are looking for people to join their team, please [click here](#) to view information and [here](#) for another update.

### **And.... BUDDY WALK – SUNDAY 22 MARCH 2015 –TAHAKI RESERVE – MT EDEN**

Use these links for information: [www.adsa.org.nz](http://www.adsa.org.nz) click on Buddy Walk and <http://www.everydayhero.co.nz/event/buddywalk2015> . [Click here](#) to view flyer and [here](#) for the sponsorship form.

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### **INRF – integrated Neurological Rehabilitation Foundation**

A fundraiser movie night on the 19<sup>th</sup> March 7pm at JC Ryder Cinema in Avondale. [Click here](#) for flyer and enjoy the evening! And... – [click here](#) to find out more about the services of Integrated Neurological Rehabilitation Foundation and how you may be able to contribute to help them continue to deliver their services.”

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### **Muscular Dystrophy Association NZ Inc Round the Bays 2015**

Would like to invite you to come and join their MDA team for Round the Bays! Make your run/walk count by fundraising for the MDA! Join their team as a ‘Gold Runner’ and you'll receive free entry, a free training plan and a MDA Dri Fit T-shirt. Sign up now! Just click the link below to be a gold runner or contact Penelope Craw at [penelope@mda.org.nz](mailto:penelope@mda.org.nz) to be part of the MDA team!  
<http://charity.roundthebays.realbuzz.co.nz/console/register/muscular-dystrophy-association/>

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### **Boccia NZ 2015 Tournament**

The dates are all finalised, so [click here](#) to view flyer.

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### **Waitakere Health Links Open Day 25<sup>th</sup> March 2015**

Hosting Hospital Open Days each year enable Waitakere Hospital staff to meet and network with organisations who provide health services to patients leaving hospital and support them to stay well in the community. The Open Days are well attended, attracting new organisations each time. Non Government Organisations (NGOs) are not-for-profit and provide support and services in the community. Come along and find out about the health services and support available you and your family in the community. [Click here](#) to view flyer.

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### **Parent2Parent Sib-Support**

Is running an Auckland Sib-Camp in March 2015 – [click here](#) to view flyer.

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### **Snow Sports Youth and Women Talent Identification Camp**

(Snow Sports NZ in association with Paralympics) Mount Hutt June 2015. [Click here](#) for information.

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### **Blind Cricket in New Zealand**

Announcing Blind Cricket NZ A vs Australia A Development Tour 2015. [Click here](#) to read more.

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## **NOTICES**

### **Kidspower**

has developed a resource to help teach personal safety and violence prevention to teens and young adults with cognitive learning disabilities – *Healthy Relationships*. A trial version is available on their website <http://www.kidpower.org.nz/healthyrelationships> and is available in either hardcopy or online formats. [Click here](#) to view flyer. All enquires please contact Kidspower 0800 KIDPOWER or email Fiona [fionabryan@kidpower.org.nz](mailto:fionabryan@kidpower.org.nz).

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### **Input sought into PHARMAC survey**

PHARMAC is giving you the opportunity to tell them how they're doing, what it's like to work with them and what they can do better in a stakeholder survey which is currently underway. If you haven't already, and you want to get involved and influence how PHARMAC works, have a look at the survey online. The survey should only take 15 minutes to complete but you can hop in and out of the survey as you have time. It will only be **open until 6<sup>th</sup> March** 2015 so get in quick. TNS, an independent research company, will be doing the survey on PHARMAC's behalf. They are one of the leading research and information companies in Australasia. Please contact Anthony Bull, Senior Communications Advisor at PHARMAC on 04 901 2849 or [anthony.bull@pharmac.govt.nz](mailto:anthony.bull@pharmac.govt.nz) for information.

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### **NZORD press releases:**

[“NZORD press release - Rare Disease Day highlights the orphans in our health system”](#)

[“NZORD press release 27 February 2015 - Orphan Drug negotiations hampered by a seriously inadequate budget”](#)

[“World Birth Defects Day is launched - time for action on prevention and care”](#)

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### **Hapori Launch**

A new social group starting in Whangaparoa with the aim of meeting in the weekend when other services aren't available. [Click here](#) to view flyer

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## **Kids Connect camp 13–15<sup>th</sup> March**

For children with physical and mild intellectual disabilities. [Click here](#) to view flyer.

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## **Idea Services**

Would like you to have a look at their ASD services:

**Arts Therapy** -Person centred individual arts therapy sessions for children and young people aged 3-19 years of age with ASD, verbal or non-verbal. Arts therapy uses creative processes, including art making, drama, music and dance/movement within a therapeutic relationship to enhance the physical, mental and emotional wellbeing of the child/young person (ANZATA).

**Social Skills Development Groups** -We offer a range of options including Play Programmes (4-5 and 5-7 years), Friendship Development Groups (8-10 years) and Youth Programmes (11-13 and 14-16 years).The groups aim to provide a structured environment in which young people with ASD can connect with others, engage socially while having fun and develop their social skills.

**Drum for Fun** - Social drumming groups for Young People with ASD (10-19 years). A collaborative and interactive process where young people have opportunities to take turns in leading, following and communicating with each other.

Contact: Robin Barnaby - Phone: 09 529 8755 -Email: [Robin.barnaby@idea.org.nz](mailto:Robin.barnaby@idea.org.nz) Website:

<http://www.ihc.org.nz/our-services/specialist-services/autism-programmes/asd-auckland-programmes/>

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## **Networker Magazine – December 2014 – topic: 'Living Options for a Person with A Disability'**

The December 2014 edition of the Networker magazine is available from Disability Connect – the topic is 'Living Options for a person with a disability' (information on Residential Care, Supported Living, Choice in Community Living and Family Governed Models). Please [click here](#) to view a PDF version of the magazine. If you prefer a print copy please contact us on phone 636-0351 or email [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) Please forward this Networker magazine link to all who may be interested and include in E bulletins and websites. The magazine is also available on our website under the Resources 'Networker' tab.

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## **Dance Therapy New Zealand**

Offers a weekly arts therapy programme in Mt Albert for home-schooled kids with special needs and their peers.

The programme runs on Tuesdays, 1.30-2.30pm at the Mt Albert YMCA. Places are still available for Term 1, so if you think this might be a great fit for your child please contact DTNZ: [admin@dancetherapy.co.nz](mailto:admin@dancetherapy.co.nz), 09 636 3029.

Additional details are available on their website: <http://www.dancetherapy.co.nz/arts-therapy/about/>

They are also offering a Stars dance course in Onehunga for children with Autism starting early 2015. [Click here](#) to view flyer.

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## **Acting Up! Free workshops**

Acting Up! Is a non-profit that provides drama workshops and performance opportunities to young people with special needs in Auckland. Has spaces in their North Shore, West and Central Auckland workshops starting in February. Workshops are taken by experienced and qualified tutors, supported by volunteers – they are fun, creative, educational and FREE! For more info and to enrol contact Miranda at [actingupnz@gmail.com](mailto:actingupnz@gmail.com) or ph 021843782

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## **Interacting Theatre**

Interacting theatre runs community classes for young people with a disability throughout Auckland in drama and film making. [Click here](#) to view classes. All classes run throughout term times and cost \$10 per class. These are fun, interactive workshops led by experienced tutors that encourage confidence, relationship building and communication skills.For details [www.interacting.org.nz](http://www.interacting.org.nz) or call Paula 8495595 or email [interacting@ihug.co.nz](mailto:interacting@ihug.co.nz)

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## **Citizen Advocacy Auckland (INC)**

Is seeking to recruit new advocates. Do you want to make a positive difference in the lives of people with a disability? [Click here](#) for information.

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## **Accommodation needed:**

31 year old male with Down syndrome moving to Auckland is looking to join others in a flatting situation. Preferably in the North Shore area as he works in Glenfield. He has already been flatting for 6 years with 10hrs/week Supported Living. Please contact Lisa or Gabi at Disability Connect (09) 636 0351 or email [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz).

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## **Accommodation needed:**

Young female student with Autism is looking for accommodation in North Shore, Auckland from January next year. Ideally within bus distance to Massey University, Albany. Has some supported independent living 12 hrs a week. Is looking for somewhere autism friendly perhaps a nice family environment or in a flatting environment with other disabled female individuals with similar needs. Please contact [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz).

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**EverydayOT offering a variety of services this year**

Please [click here](#) to view their email.

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**Kaleidocare – Inclusive Community Services Vocational Programme**

New centre based vocational programme based in Pukekohe for Very High Needs young adults with a disability – opening January 2015. [Click here](#) for more information.

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**Health Click – health education specialists**

Have wonderful resources for people with intellectual/learning disabilities aged 11+. [Click here](#) for details on their resources.

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**Trust Life's Journey - new book**

Nicola Clark has written an honest and at times raw and emotional account of her journey with her son Thomas. Nicola shares the highs and lows of living with a boy with disabilities. This inspiring book will invoke many different emotions. [Click here](#) to view front cover of book and [click here](#) to view back cover. If you would like to order a copy of the book you can do so via Disability Connect - please [click here](#) to access the order form - email your order form to [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz).

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**ADSA**

[Click here](#) for various events being held in and around Auckland. Or visit their website <http://www.adsa.org.nz/> for all sorts of useful information.

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**Counselling Service – South**

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on [ian.kimg@orcon.net.nz](mailto:ian.kimg@orcon.net.nz).

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**Free Counselling – Raeburn House**

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

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**Affordable Counselling Service**

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the DISABILITY CONNECT office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on [tglover@ihug.co.nz](mailto:tglover@ihug.co.nz) for more information or to book a session.

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**Caregiver Needed – North Shore**

Do you know somebody who can help this family: 4 year old (ASD, non-verbal) and 2 neuro-typical children 6 and 2yo. Help is needed 3:30-6:30pm Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. An understanding of Autism and experience with children on the spectrum is helpful. If you're interested, please contact Gabi on [gabi@disabilityconnect.org.nz](mailto:gabi@disabilityconnect.org.nz) for more information.

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**Therapy 4 Children Service**

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flyer, [click here](#). You can also visit their website on [www.qualityrehab.co.nz](http://www.qualityrehab.co.nz) or contact 0800 557 556.

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**English for Everyday Life/English for Work – Auckland Wide**

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on [estelle.swan@englishlanguage.org.nz](mailto:estelle.swan@englishlanguage.org.nz) or via phone on 523 0071.

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### **Parent to Parent matching database**

Parent to Parent has a database matching families with similar conditions, sometimes they find it difficult to find matches. If you are interested please contact them: ph 07 853 8491 or Toll Free 0508 236 236, email: [matchingandinfo@parent2parent.org.nz](mailto:matchingandinfo@parent2parent.org.nz). Also [click here](#) to view their *Family Video Stories*.

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### **Scoop articles this fortnight – click on title:**

["Plunket needs your hugs!"](#)

["More choice for hearing impaired welcomed"](#)

["CCS Disability Action Celebrates 80 years"](#)

["Woman sentenced for fraudulently claiming Carer Support"](#)

["Young Kiwis think big in Be the Difference challenge"](#)

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# **NEWSLETTERS**

[ADSA – latest newsletter](#)

[Boccia Get Rolling Newsletter](#)

[CCS Disability Action](#) – December 2014

[Dance Therapy NZ](#) – December 2014

[Deaf Aotearoa](#) – February 2015

[Disability Information Service Fortnightly Sector Up-Date](#) – 19 February 2015

[Disability Information Service Quarterly Newsletter – Summer Digest](#)

[Disability Support Network](#) – February 2015

[Expressions](#) – Summer 2014/2015

[Halberg Disability Sport Foundation – Junior Disability Games Newsletter](#) – January 2015

[Health Click](#) – December 2014

[Health Quality & Safety Commission E-update](#) – January 2015

[Information 4 Disability - Snippets](#) – January 2015

[Ministry of Health NGO newsletter](#) – February 2015    [Chair update](#) – February 2015

[Muscular Dystrophy Northern](#) – February 2015

[News from the land of Be](#) – February 2015

[Numicon](#) – January 2015

[NZORD Newsletter](#) – February 2015

[Open for better care E-update](#) – Issue 15 [26 January–15 February 2015]

[Parent to Parent enews](#) – January 2015

[Parent to Parent – summer magazine](#)

[Expressivo – Raukauri Music therapy](#) – Newsletter January 2015

[Recreate Newsletter](#) – Term 4

[Skip e-news](#) – December 2014

[Special Olympics Fanletter](#) – February 2015

[SONZ Global News](#) - December 2014

[Wilson Home e-news](#) – February 2015



**From the Disability Connect Team**  
**Lisa, Virginia, Sanny, Gabi and Nicola**  
[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)

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