

disability connect.

helping families

Vision

That people with disabilities and their families are able to lead the lives they want

Core Value

To respect and support choice

Mission

To lead change and influence change for people with disabilities and their families.

e-bulletin – week beginning 30 March 2015

Parent & Family
Resource Centre
Trading as
Disability Connect
www.disabilityconnect.org.nz
Phone: 09 636 0351
PO Box 13385, Onehunga
3B Olive Road,
Penrose

CONTENT

[Seminars/training](#)

[Upcoming events](#)

[Notices](#)

[Newsletters](#)

[Like us on Facebook and follow us on Twitter!](#)

Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#).

School holidays are upon us! We have some holiday programmes for you to consider:

Janet McVeagh recreation offer several options:

Holiday programme 7th – 10th April, [click here](#) for information, [here](#) for enrolment form and [here](#) for parental agreement form.

Trip to Waihi Beach 13th – 17th April, for information [click here](#) and enrolment form [here](#).

For the Anzac Weekend trip to Matakana [click here](#), and [here](#) for the information form to fill out.

Holiday programmes for behaviourally challenging young people with a disability.

Disability Connect runs two holiday programmes for young people with a disability who also have behavioural challenges. We run these programmes from two locations – Sunnyside Special School in Three Kings (for young people 12yrs +) and from Rosehill Special School in Papakura (5 – 21yrs). Activities are age appropriate and provided in a safe and positive environment, by experienced staff. Staff ratios are low to ensure safety and full participation of all students. The cost is one carer support day per day of attendance plus \$20 activity costs per day. [Click here](#) to view a flier for the upcoming programme in Three Kings (the Papakura programme is very similar and runs for the same days in April). To book on the Three Kings programme contact Louise Hale: 021 0733 774 or email louise.hale@sunnyside.school.nz. To book on the Papakura programme contact Jackie Turvey: 021 567 597 or email j.turvey@rosehill.school.nz.

These programmes run during each set of school holidays including Christmas holidays.

SEMINARS/TRAINING

Chinese Families Autism Support Group meeting on 21st April 9:30am -1pm at Te Tuhi (13 Reeves Road Pakuranga)

This seminar will focus on Taikura Trust service and eligibility for MOH funded disability support service for families raising a child with Autism and will be presented by Kate Williams. [Click here](#) for flyer in English and [here](#) in Chinese.

This autism support group is delivered under our Culturally and Linguistically Diverse Disability Information and Advice service. Sanny Chan is our Cultural Disability Advisor and speaks Mandarin and Cantonese. Sanny is now situated at Disability Connect five days per week. **Please feel free to contact Sanny on 636-0351 for disability information and advice, she will happily speak with you in English, Mandarin or Cantonese.**

Also, keep an eye out for our upcoming Indian Families Disability Support Group.

Transition Expo 2015

The 2015 Transition Expo will take place on Tuesday 4th August (9am till 2pm) at Fickling Convention Centre, 546 Mt. Albert Road, Three Kings. We invite all parents, caregivers, students with a disability and education staff to attend this important FREE event to learn about post schooling options. [Click here](#) to view the flier.

Work and Income seminars for individuals or families raising a child with a disability

Disability Connect is pleased to bring you our new FREE Work and Income support seminars for individuals with a disability or families raising a child with a disability. This seminar will be presented by two Work and Income Disability Advisors and will explain the types of support families may be eligible for, eligibility criteria, income thresholds. We are running two seminars at our central Penrose premises on Thursday 30th April (7 - 9pm) and Wednesday 6th May (12.30 - 2.30pm). [Click here](#) to view the flier. To book contact Disability Connect on 636-0351 or email admin@disabilityconnect.org.nz

The Asian Network Inc. (TANI) - 13th Annual Asian Forum on "Women's health & wellbeing"

Tuesday, 21th April 9:00am - 3:30pm at Fickling Convention Centre, 546 Mt Albert Road, Three Kings. [Click here](#) for flyer and [click here](#) for registration form.

3rd Asia Pacific Prader-Willi Syndrome Conference, 11th & 12th April 2015 Melbourne, Australia

Please [click here](#) to view flyer. There is an 'earlybird' discounted registration rate until the end of January 2015. More information can be found on the conference website: www.pwsconference.org

Individualised Funding including Respite - Disability Connect

Book now on our popular IF seminars to be held March/April 2015 - two more seminars left in this current round. [Click here](#) for the details.

Tilting the Seesaw Programme

Autism New Zealand is also offering this new programme which can provide support specifically for primary school teachers, teacher aides, RTLBs, and SENCOs. *Tilting the Seesaw* is a six-week programme where participating primary school staff come together to learn and try strategies on how to include a child with Autism more fully in everyday school activities. [Click here](#) to view flyer.

Muscular Dystrophy Association announces: The Life without Limits Neuromuscular Conference

This conference will be held 16-18th April 2015 at SKYCITY Auckland Convention Centre. It provides an opportunity for families affected by neuromuscular conditions, clinicians, researchers, and allied health professionals to get together, share progress and ideas and participate in informative breakout and training sessions. Please [click here](#) to see flyer. Also, [click here](#) to view their membership form.

UPCOMING EVENTS

FAST Family Collective: Saturday, 11th April, 2015, 6pm

Invite you for a gathering at Disability Connect Centre, 3b Olive Road (up driveway), Penrose, Auckland. Its purpose is "to begin a journey to build a richer life for your family member with a disability", [click here](#) to view information.

Vagus Centre hosting Vagus Day -19th April 2015 10am - 2pm at Mt Albert Memorial Hall.

The aim is to promote family harmony through interactive games and exchanging ideas with the experts. Free admission. Language: English / Mandarin [Click here](#) to view flyer.

Also: "Traffic Lights" Parenting programs will resume from March till June 2015. The focus on parenting programs will be on specific age groups (preschool; school age; teenage) and single parents. [Click here](#) to view flyer in Chinese and [here](#) in English.

The Vagus Centre continues to provide a FREE counselling service to Chinese Individuals/ families having difficulties in relationships and parenting issues. For details contact Amy Wang at (09) 624 4639 or email info@cmh.org.nz
Website: www.cmh.org.nz

Boccia NZ 2015 Tournament

The dates are all finalised, so [click here](#) to view flyer.

Snow Sports Youth and Women Talent Identification Camp

(Snow Sports NZ in association with Paralympics) Mount Hutt June 2015. [Click here](#) for information.

NOTICES

New ASD support group: 1st Tuesday monthly 10am-12pm New Life Church, 12 Jellicoe Rd Manurewa.

The family support group in Manukau is for families with a child who has or is suspected of having Autism Spectrum Disorders (ASD). The focus is ASD however as a lot of issues overlap with other disorders families with children that have related disorders are also welcome. Any family, extended whanau are welcome. [Click here](#) to view flyer. Contact Amanda Pierce on 09 2795524, 0211633021.

GlowKids - offering a free assessment for your child

GlowKids are an Auckland based charitable trust and Ministry of Health contracted service provider delivering intensive therapy for young children (from birth to 6 years) with neurological motor disorders such as Cerebral Palsy and Global Development Delay. If you are concerned about your child's development, then contact them for a free assessment or to join their parent support network: info@glowkids.org.nz. Ph 09 845 8070

Kidspower

has developed a resource to help teach personal safety and violence prevention to teens and young adults with cognitive learning disabilities – *Healthy Relationships*. A trial version is available on their website <http://www.kidspower.org.nz/healthyrelationships> and is available in either hardcopy or online formats. [Click here](#) to view flyer. All enquires please contact Kidspower 0800 KIDPOWER or email Fiona fionabryan@kidpower.org.nz.

Hapori Friendship Circle

Wanting to socialise during weekends and school holidays? A friendship circle for young people (age flexible) is starting in Whangaparaoa and planning weekend outings. Have a look at flyer [here](#).

WDHB

Healthy Babies Healthy Futures is a public health programme to improve nutrition and exercise for pregnant mothers and their babies with targeted approaches for Māori, Pasifika, Asian, and South Asian communities. Click [here](#) for the flyer for the Chinese New Settlers Service Trust (CNSST) (Asian), and [here](#) for The Asian Network Inc (TANI) (South Asian).

Idea Services

Would like you to have a look at their ASD services:

Arts Therapy -Person centred individual arts therapy sessions for children and young people aged 3-19 years of age with ASD, verbal or non-verbal. Arts therapy uses creative processes, including art making, drama, music and dance/movement within a therapeutic relationship to enhance the physical, mental and emotional wellbeing of the child/young person (ANZATA).

Social Skills Development Groups -We offer a range of options including Play Programmes (4-5 and 5-7 years), Friendship Development Groups (8-10 years) and Youth Programmes (11-13 and 14-16 years).The groups aim to provide a structured environment in which young people with ASD can connect with others, engage socially while having fun and develop their social skills.

Drum for Fun - Social drumming groups for Young People with ASD (10-19 years). A collaborative and interactive process where young people have opportunities to take turns in leading, following and communicating with each other.

Contact: Robin Barnaby - Phone: 09 529 8755 - Email: Robin.barnaby@idea.org.nz Website:

<http://www.ihc.org.nz/our-services/specialist-services/autism-programmes/asd-auckland-programmes/>

Networker Magazine – December 2014 – topic: 'Living Options for a Person with A Disability'

The December 2014 edition of the Networker magazine is available from Disability Connect – the topic is 'Living Options for a person with a disability' (information on Residential Care, Supported Living, Choice in Community Living and Family Governed Models). Please [click here](#) to view a PDF version of the magazine. If you prefer a print copy please contact us on phone 636-0351 or email admin@disabilityconnect.org.nz Please forward this Networker magazine link to all who may be interested and include in E bulletins and websites. The magazine is also available on our website under the Resources 'Networker' tab. **Keep an eye out for our upcoming April Networker magazine on the topic of 'Transition – the move from school to community'**

Hopeworks Network:

The groundswell is growing for the Hopeworks Network with almost 3,000 professionals and individuals now connected. This network allows people from all walks of life to be part of the largest multi profession network supporting survivors of neurological conditions and brain injuries; and opens up greater opportunities for change by having a large collective voice, rather than sole voices fighting for change and not being heard.

Haven't signed up yet? You can join the social rising [here http://www.hopeworks.org.nz/contact-us](http://www.hopeworks.org.nz/contact-us)

EverydayOT offering a variety of services this year

Please [click here](#) to view their email.

Citizen Advocacy Auckland (INC)

Is seeking to recruit new advocates. Do you want to make a positive difference in the lives of people with a disability? [Click here](#) for information.

Short term accommodation/board and support needed

Young adult male with an intellectual disability who has been accepted into Touch Compass and is in Auckland for up to a fortnight in May, July, August, September and October is looking for somewhere to stay. He lives in Christchurch and doesn't know anyone in Auckland. Can anyone help or does anyone know of somewhere/someone we can contact. Please call Gabi 636 0351 or email gabi@disabilityconnect.org.nz

Accommodation needed:

31 year old male with Down syndrome moving to Auckland is looking to join others in a flatting situation. Preferably in the North Shore area as he works in Glenfield. He has already been flatting for 6 years with 10hrs/week Supported Living. Please contact Lisa or Gabi at Disability Connect (09) 636 0351 or email admin@disabilityconnect.org.nz.

Health Click – health education specialists

Have wonderful resources for people with intellectual/learning disabilities aged 11+. [Click here](#) for details on their resources.

Trust Life's Journey - new book

Nicola Clark has written an honest and at times raw and emotional account of her journey with her son Thomas. Nicola shares the highs and lows of living with a boy with disabilities. This inspiring book will invoke many different emotions. [Click here](#) to view front cover of book and [click here](#) to view back cover. If you would like to order a copy of the book you can do so via Disability Connect - please [click here](#) to access the order form - email your order form to admin@disabilityconnect.org.nz.

Counselling Service – South

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. [Click here](#) for more information about Kim, or contact her on 09 296 7587 or email her on ian.kimg@orcon.net.nz.

Free Counselling – Raeburn House

Raeburn House is pleased to offer a no-cost counselling opportunity to members of the Auckland North community. Sandra Hill is a Raeburn House staff member with an extensive background in working with diverse people and communities, and is currently studying towards her Post-Graduate Diploma in Counselling. Sandra is supervised by a registered professional and is offering free counselling at Raeburn House as a part of her study programme. [Click here](#) for more information.

Affordable Counselling Service

Trisha Glover is in the process of acquiring her counselling certificate and is offering counselling services for individual family members living with a person with a disability at a (flexible) rate of \$25 per session. She will be holding clinics in Marua Road, Ellerslie, as well as some sessions at the DISABILITY CONNECT office, 3B Olive Road, Penrose. For more information, [click here](#). Please contact Trisha on 021 142 3851 or email her on tglover@ihug.co.nz for more information or to book a session.

Caregiver Needed – North Shore

Do you know somebody who can help this family: 4 year old (ASD, non-verbal) and 2 neuro-typical children 6 and 2yo. Help is needed 3:30-6:30pm Monday-Friday, with duties such as child-minding, helping with housework (vacuuming, fold washing, light cleaning etc) and sole charge of the child before the bedtime routine. An understanding of Autism and experience with children on the spectrum is helpful. If you're interested, please contact Gabi on gabi@disabilityconnect.org.nz for more information.

Therapy 4 Children Service

Quality Rehabilitation Services Ltd are a Paediatric Team of Occupational Therapists, Speech Language Therapists and Physiotherapists that provide services Auckland-wide. To view the information flyer, [click here](#). You can also visit their website on www.qualityrehab.co.nz or contact 0800 557 556.

English for Everyday Life/English for Work – Auckland Wide

[Click here](#) for more information on English classes for (new) migrants being run by English Language Partners New Zealand. Alternatively you may contact Estelle Swan on estelle.swan@englishlanguage.org.nz or via phone on 523 0071.

Parent to Parent matching database

Parent to Parent has a database matching families with similar conditions, sometimes they find it difficult to find matches. If you are interested please contact them: ph 07 853 8491 or Toll Free 0508 236 236, email: matchingandinfo@parent2parent.org.nz. Also [click here](#) to view their Family Video Stories.

Scoop articles this fortnight – click on title:

[*"Accessible Properties committed to Social Housing"*](#)

[*"It shouldn't be this hard: children, poverty and disability"*](#)

NEWSLETTERS

[ADSA – latest newsletter](#)

[Boccia Get Rolling Newsletter](#)

[Carers NZ](#) – latest news

[CCS Disability Action](#) – December 2014

[Dance Therapy NZ](#) – March 2015

[Deaf Aotearoa](#) – March 2015

[Disability Information Service Fortnightly Sector Up-Date](#) – 19 March 2015

[Disability Information Service Quarterly Newsletter – Summer Digest](#)

[Disability Support Network Regional](#) – March 2015 and [normal newsletter March 2015](#)

[Everyday OT](#) – March 2015

[Expressions](#) – Autumn 2015

[Halberg Disability Sport Foundation – Junior Disability Games Newsletter](#) – January 2015

[Health Click](#) – December 2014

[Health Quality & Safety Commission E-update](#) – February/March 2015

[Information 4 Disability - Snippets](#) – January 2015

[Ministry of Health NGO newsletter](#) – March 2015 [Chair update](#) – February 2015

[Muscular Dystrophy Northern](#) – February 2015

[News from the land of Be](#) – February 2015

[Numicon](#) – January 2015

[NZORD Newsletter](#) – February 2015

[Open for better care E-update](#) – Issue 15 [26 January–15 February 2015]

[Parent to Parent enews](#) – March 2015 and [Summer Magazine](#)

[Expressivo – Raukauri Music therapy](#) – Newsletter January 2015

[Recreate Newsletter](#) – Term 2

[Special Olympics Fanletter](#) – March 2015

[SONZ Global News](#) - December 2014

[Wilson Home e-news](#) – March 2015



From the Disability Connect Team
Lisa, Virginia, Sanny, Gabi and Nicola
www.disabilityconnect.org.nz

Join us on [Facebook](#) and follow us on [Twitter](#)

CAUTION – The information contained in this message or any document, file or attachment is provided for your information. Any opinion or representation of fact contained is made WITHOUT THE ENDORSEMENT of DISABILITY CONNECT. We urge recipients to validate any claim or statement made in this message and other material conveyed for them.