

**disability
connect.**

helping families

Vision

That people with disabilities and their families are able to lead the lives they want

Core Value

To respect and support choice

Mission

To lead change and influence change for people with disabilities and their families.

e-bulletin – week beginning 24 October 2016

Parent & Family
Resource Centre
Trading as
Disability Connect
www.disabilityconnect.org.nz
Phone: 09 636 0351
PO Box 13385, Onehunga
3B Olive Road,
Penrose

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Embedded in the text of this E-bulletin are links which open up to pages of more information. Any blue underlined text is a link and can be clicked on for fuller information. We do this in order to provide you with as much information as possible in our E bulletin.

Please note that going forward due to increasing costs, it is necessary for us to charge professionals \$50 including GST each per seminar. There is no charge for parents. We hope that you will continue to attend our robust and informative seminars.

Lisa and the team at Disability Connect warmly welcome Sanny Chan back to work after six months maternity leave. Sanny works in our Culturally and Linguistically Diverse Disability Information Advisory team and has returned to work on Tuesdays and Thursdays here at Disability Connect. Welcome back Sanny!!

Disability Connect news

Support groups – Disability Connect

Disability Connect offers culturally appropriate support (including three support groups) to families with children of special needs as part of the CALD service (Culturally and Linguistically Diverse Disability Information and Advisory Service):

Chinese Families Autism Support Group

Runs every third Tuesday of the month. Please contact Sanny Chan at Disability Connect for more information on our meetings. Our next meeting is on the 15th November - 09 526 1298 (DDI) / 09 636 0351 or sanny@disabilityconnect.org.nz

Culturally Diverse Support Group (Otahuhu)

This support group runs monthly. All families with special needs are welcome to join this group – we welcome everyone from any culture and any disability. It is a great opportunity for parents to share their experience and network with each other. Our next Culturally Diverse Support Group be held on 15th November at Mt. Richmond Special School, Otahuhu

5.30pm till 8pm. Please contact Asoka at Disability Connect for more information or bookings – phone 09 636 0351 or 027 457 8571 or email asoka@disabilityconnect.org.nz

Indian and South Asian Families Support Group (Clover Park)

This hugely successful support group was established in October and after a successful meeting we agreed to continue. A November meeting is scheduled for 8th November at Clover Park Community House. Indian and South Asian families raising a child or supporting a person with a disability are very welcome to this meeting. It will follow a relaxed 'conversational' environment with Lisa presenting for half an hour in regards to recreation opportunities, holiday programmes etc. (this is useful with summer holidays approaching). Everyone is free to talk amongst themselves, make new friends, connect for support or just ask any questions you may be interested in. 8th November at Clover Park Community House, 16 Israel Ave, Clover Park 6pm - 8.30pm. Please email admin@disabilityconnect.org.nz or asoka@disabilityconnect.org.nz or phone 09 636 0351 or text/phone 027 457 8571 to book. This meeting is additional to the broader Culturally Diverse Support

Group held at Mt Richmond Special School in Otahuhu.

Disability Connect has a Social Worker

This [social worker role](#) is to provide advocacy, support and practical help to families and individuals with a disability. Click on the link to find out more about this service which is free to families. We welcome new referrals either directly from families or from professionals. Referral forms are available on our website.

SEMINARS/TRAINING/ CONFERENCES



Disability Connect Seminars – Series 2

Please note increased charge to professionals mentioned above – it is now \$50 including GST for each professional attending our seminars.

October-December seminars:

“Education Legal”

West Auckland – 8th November, 7-9pm, MPHS Hub West, 27 Corban Ave, Henderson

“Individualised Funding including Respite”

South Auckland – 2nd November, 7-9pm Nathan Homestead, 70 Hill Road, Manurewa
Central Auckland – 17th November, 12-2pm, Disability Connect premises, 3b Olive Road, Penrose - CHANGE OF DATE

“Living Options”

South Auckland – 26th October, 7-9pm Nathan Homestead, 70 Hill Road, Manurewa
North Auckland – 1st November, 7-9pm, Yes Disability Resource Centre, 3 William Laurie Place, Albany
East Auckland – 7th December, 7-9pm, Highland Park Community – CHANGE OF DATE

“Planning for Adulthood”

South Auckland – 29th November, 6.30-9.30pm Nathan Homestead, 70 Hill Road, Manurewa

“Transition”

East Auckland – 23rd November, 7-9pm, Highland Park Community

“Work and Income Supports”

Central Auckland – 9th November, 7-9pm, Disability Connect premises, 3b Olive Road, Penrose
North Auckland – 22nd November, 7-9pm, Yes Disability Resource Centre, 3 William Laurie Place, Albany

(Click on the links for more dates)

Auckland Disability Law – Disability Law on the Shore

Auckland Disability Law's new legal education series is coming to the North Shore Events Centre. Sessions include: Starting Work (Pre-Employment Rights & Discrimination); and Your Rights as a Consumer. Please look at their [flier](#) for more information.

Childrens Autism Foundation – Hands on Workshop

Free tickets for family members, gain practical tools that you can easily implement in the home, classroom or community. Topics include: Guide to autism, Strategies for behaviour, Social skills and communication. 19th November, 9am-4pm, Hillsborough Baptist Church, 179 Hillsborough Road, Hillsborough. Please email enquiry@autism.org.nz or more information or phone 09 415 7406.

“Ice-Breaker” Anti-Bullying Workshops for Young People

A workshop designed by *The Cube and Yes Disability* delivered by six young leaders from within the disability sector. Have a look at the [flier](#) for contact details.

Manawanui InCharge - Conference on Self Direction

On 16th and 17th November Manawanui-in-charge are hosting an International conference on Self-Direction. The purpose of this conference is to explore the range of options available to people with disabilities or long term conditions to support them in leading a personally meaningful life. The conference features Simon Duffy (UK), gold winning Paralympian Mary Fisher, Michael Kendrick (USA/Canada) and Marc Fenton as well as a performance by blind singer Natalie Te Paa. For more details please look at their [flier](#) above.

Support Parent Course

If you are a parent, step-parent, grandparent of a child with a disability and would like to support other parents, why not consider training to be a volunteer support parent? 5-6th November, Otimai Lodge, 1 Kauri Loop Road, Oratia. To register interest please contact Elaine on 09 625 5021 or email auckland@parent2parent.org.nz.

Conferences outside Auckland

Brainwave Neuroscience Extension Training

Are pleased to offer a two day interactive workshop for those who wish to understand more fully the importance of the early years for children's health and wellbeing. 28-29th November, 9am-5pm, Wellington.

Transformative Change Workshop

Presented by Te Aroha Noa and Practice Research and Professional Development Hub, Massey University, Palmerston North. 7-9th November. For more information click [here](#).

UPCOMING EVENTS



Attention Autism Programme Two Day Course

The training focuses on the practical aspects of intervention, working in a team and offering an irresistible invitation to learn. The Attention Autism programme targets the teaching of attention, communication and social interaction skills. Training is run applying the principles of the attention autism programme throughout each day. There are demonstrations of the techniques in action, films of the work with children, practical hands-on experience for participants and ideas for activities. The intention is to share the practical skills needed for participants to feel confident in setting up and running the intervention immediately. 23-24th January – North Shore, 26-27th January – West Auckland and 9-10th February – South Auckland days available.

Attitude Awards 2016

Check out all the wonderful finalists, voting will be shortly

Auckland Disability Law AGM

17th November, Potters Park Event Centre, Auckland Deaf Society, 164 Balmoral Road, Balmoral - 5.30pm chat and snacks. Guest speaker Judge Phil Recordon - What does access to justice look like for disabled people in 2016. Please RSVP to info@adl.org.nz or text 027 457 5140 or ring 09 257 5140.

Clip n Climb North Shore

Come along to try it out, Session for families with autism. For bookings email info@clipnclimbnorthshore.co.nz or ph 09 447 1428

Circability

We are offering a new [Applicable Circus Class](#) for physically disabled people (16-30yo) and a new [Funky Friday](#) mixed ability class for all ages at Circability Central in Victoria Park. Please register [here](#).

Halberg Junior Disability Sports Day

A one day event for physically disabled primary and intermediate school students. This is your chance to compete in Boccia, adapted football, table tennis and more. 17th November, 10am-1.30pm, St Kentigern Boys School, enter school gate 5, Shore Road, Remuera.

Imagine Better Assembly 2017

Will you friend me? Imagine Better is pleased to introduce you to Dr Al Condeluci and Janet Klees, who will be presenting at the February 2017 Imagine Better Assembly - Will You Friend Me? Both Al and Janet come with a wealth of experience, having been involved in the community sector, particularly building

social capital and community bridges, for many years. At the session *Will You Friend Me?*, key aspects related to social capital will be explored; examining it from a generic perspective and looking at the possible strategies, actions, or aspects that may be utilised in support of any vulnerable population who have limited opportunities to build friendships.

Our other session is *Building Community through Social Capital*. Individuals with disabilities and their family members (as well as professionals who are involved with the family) are interested in seeing themselves or their son/daughter/relative be successful in life. In fact, one of the biggest fears individuals and families have is that their loved one might be lonely or at serious risk when they are no longer around. By understanding the impact of friendships in our lives, we can look at ways and means to better prepare for the future. Sociologists call this "social capital" and it is amazing what our relationships do for us. This session will help you think about how friendships can be better developed over time, and, in turn, build a more inclusive community.

Pasifikability – Free Disability Dance Classes

Proudly presented by Niu Ola Trust. Classes starting on September 2nd 11am- 12pm (every Friday until 16th December) excluding School Holidays and Monday 5th September 11am-12pm, every Friday until 19th December (excluding School Holidays). For more information click [here](#)

People First Meetings Across Auckland

Click on the various locations for dates
[West](#) – Waitakere Resource Centre, 8 Ratanui St, Henderson
[North](#) – Phab, 8 Auburn St, Takapuna
[Central](#) – Yarnton House, 14 Erson Ave, Royal Oak
[South](#) – The Station – 145 St Georges Rd, Papatoetoe
[East](#) – Howick Leisure Centre, 563 Pakuranga Road, Howick

Sensory Processing Disorder and Sensory Diets, workshop.

January 25-26th 2017 Waitaha School, Christchurch is hosting a 2 day workshop. Would be suitable for Parents, Teachers, Teacher Aides, RTL and SENCO. Guest speaker is Gwen Wild, a leading authority on this topic from USA. Click on link above for more info.

Spirit of Adventure Trust 5 Day Inspirational Voyage

The Spirit of Adventure Trust was established to provide the youth of New Zealand with access to a character development programme conducted in a maritime environment. Our voyages are seen as an unique environment for youth development. Where the focus of learning for the trainees is on team-work and developing skills of communication, self-reliance, self-discipline, self-esteem, resilience, confidence and leadership. The voyage is from Sunday 27th March – Thursday 31st March.

Stroke Carers Day

The Stroke Foundation welcomes all carers of Stroke Survivors to save the date, 2nd November. There is going to be a Cares day from 9.30am-3pm and will include topics to assist navigating services,

understanding of being in a caring role, support from others and a nice day out. It is being held at Commerce Club, 27-33 Ohinerau Street, Remuera. \$10 includes lunch. Please contact Tracey Dealey 09 475 0070 or email northern@stroke.org.nz to register.

Universal Design Symposium

Universal Design makes things safer, easier and more convenient for everyone. The Universal Design Hub provides access to a range of resources and guidance to support a design process that recognises our common needs through each of our individual life stages. A universal approach recognises human diversity and various life scenarios such as pregnancy, childhood, injury, disability and old age. This means developing places and homes that can be used and enjoyed by as many people as possible. Here you will find resources to ensure your next project is built to be accessible for all life stages and scenarios. For more info email universaldesignsymposium@aucklandcouncil.govt.nz

Visual Workshop

Dottywobble are presenting a workshop on why visuals are important, different types, how to use effectively and how to extend the use of visuals. 20th October, 9.30-12pm. Blockhouse Bay Community Centre, 524 Blockhouse Bay Road, Blockhouse Bay.

Way to Play Autism Workshops

This is a one-day introduction to playing with children on the Autism Spectrum. Playing with a child with autism can be challenging, so the Way to Play workshop offers simple, easy to use strategies to begin playing joyously together. 1st December in Auckland, email training@autismnz.org.nz or ph 04 803 3501.

What is a Home

November workshop – spaces still available. The concept of "home" is often reduced to one's place of dwelling. However, in reality, "home" is much more a reflection of the overall person, their life, their nature, their relationships, their passions, their purposes. ImagineBetter is hosting Dr Michael Kendrick to deliver two workshops, in [Auckland](#) (8th November) and [Bay of Plenty](#) (9th November), with LifeUnlimited hosting Dr Kendrick for the [Wellington](#) workshop on 10th November. Registration is essential.

NOTICES



Alongside You counselling service

"Alongside you" - Gabi Zundorf is a counsellor who is now offering support to parents with special needs children. She wants to "walk alongside the family" at a time of need. Her own experience with raising two children with special needs means she will bring a lot of empathy when meeting you. She will meet you wherever it is easiest for you. Call her on 027 489

8819 or email alongsidedisability@gmail.com. You can also find on her Facebook page "Alongside You". Click on title link to view the pamphlet.

Auckland Disability Law Supported Decision Making Resources

They have developed a set of resources as part of a project. The resources can be downloaded and distributed. If you would like printed copies please email info@adl.org.nz. [Let's talk about Supported Decision Making](#), [Let's talk about Supported Decision Making – easy read](#), [Promoting Supported Decision making and the protection of personal and property rights act](#) and a [roadmap to success poster](#).

Auckland Down Syndrome Association Charity Golf Day

27th November Pukekohe Golf Club, 654 Karaka Road, Karaka. The cost of the team is \$400 and includes one team consists of 4 players, sausage sizzle, prizes, drink cart and light evening refreshments.

CCS Disability Action – How's it Going?

Opening up new conversations is a free tool that can support people to work out whether they are living the life they want. People can also use it to talk, or think, about where they are at and where they want to be. For more information click [here](#).

CCS – What's new in the Library

You can request free books from this service from CCS and will be couriered to you, like a library.

Communicare Friendship Centres

Located all across Auckland and a wide variety of activities available to all. Great for company and just to be able to have something to do.

Deaf Aotearoa New Zealand INC - AGM

19th November, 10am-2pm, Manawatu Deaf Society, 55b Totara Road, Awapuni, Palmerston North.

Looloo Toddler Toilet Training

This stage is one of laughter and of tears (and not just the kids). Here are some tips and inspiration to help you parent your child. [Free checklist to get started with toilet training](#).

Manurewa Playcentre

Very welcoming environment to all with disabilities. Free to attend (a donation is welcome but not asked for) Age 0-6yo. There is a great outdoor play area as well as warm engaging indoor space. They celebrate and welcome all cultures and families. You are able to come along to 2 mornings a week or more. This is parent based so you must attend with your child/children. 7 Lupton Road, Manurewa 9am-12pm, Monday- Friday.

Manurewa RSA

Sports and Recreation programmes, available to all in the community. The offer snooker, indoor bowls, golf, fishing, trips out in the community, darts and 8ball.

Restaurant available Tues-Sun 12-2pm or dinners. They are welcoming the disability community. For more information call 9 297 0515 or 09 267 0552, email: reception@manurewarsa.co.nz, 2/8 Maich Road, Manurewa

Ministry of Education Proposed changes to ORS funding.

There is a petition set up by Kirsten Murfitt, Lawyer and mother of a son who receives ORS funding. If you could read my letter and fill in the petition it would be greatly appreciated. Background details [here](#) on proposal written by Kirsten and petition details are [here](#) on change.org.

Mum creates the easiest cookbook

Wellington mother Jenny McClure has released a cookbook she wrote especially for her son and others that struggle with traditional cookbooks. 30 year old Joe McClure suffered a traumatic brain injury after he was hit by a car while cycling in Cambridge, UK, 17 years ago. The then 13 year old spent 10 days in an induced coma and underwent major surgery. Years later when he left home to go and live by himself, it soon became clear that standard cookbooks didn't work for him, she couldn't believe how crazily and complicated they were and her son really struggled to follow them and so the idea for Short Takes: Making cooking simple was born.

Music Therapy – Raeburn House

Good vibrations, community music therapy for new migrants, from 20th October (for 9 weeks) 10am-11.30am, Norman King Community Hub Level 1, 65 Pearn Crescent, Northcote. This is free to enrol.

Good Vibrations Music Therapy

Sophie Buxton is a qualified and registered music therapist who has just started to offer this therapy in Helensville in term 4. She is available to provide sessions for children, teenagers and adults with intellectual / physical disabilities. Sophie Buxton 021 525 609, or email sophieb@musictherapy.associates

MyCare

The new way to find support workers. MyCare is bringing technology and community together in a dedicated online platform for people needing at-home care and support. They've built a mobile marketplace, connecting individuals needing help to live comfortably at home to a nationwide network of care workers, part-timers and volunteers. The service aims to break down the barriers. The site already has nearly two thousand workers from nurses and care workers to students looking for work while they study. Here is their updated [flier](#). Visit mycare.co.nz or phone 0800 677 000

NZ Down Syndrome Association – Ministry of Education Survey

July 2016 Cabinet paper Strengthening inclusion and modernising learning support" and the "Learning Support" (previously Special Education) Update. [Cabinet paper Strengthening Inclusion and Modernising Learning Support July 2016](#)

Occupational Therapist Student looking for work

Emma Thomas is currently looking for some part time work. She is enrolled in a Bachelor of Health Science (Occupational Therapy) at AUT as of last year. She has put her studies on hold and is looking for work in this sector. She wants to eventually work in Paediatric Health. She has had work experience at Wilson School and her dream job is to work with disabled children. Her contact details are emmammthomas@hotmail.com or 021 184 7472. And she lives in Browns Bay.

Parnell Festival of Roses Sunday 13 November, 10.30am – 4pm

[Click here](#) to view information about the Parnell Festival of Roses.

Phab Social Groups

Our North Shore senior social group (age 35ish) and over are looking for new members, if you or anyone you know is keen please email chewy@phab.org.nz or call 09 488 7490. The group runs in Takapuna on Tuesday from 6.30-8.30pm. Our social group runs throughout school terms and involve different activities such as ten pin bowling, movie visits, baking nights, meals out, community projects and more. The group decides at the beginning of each term and we support them in their social outcomes. This is fun and interactive way to make friends and get out in the community.

Phd Student requiring participants into peoples insights into holidays with their disabled family members.

Brielle is a student at the University of Waikato. Alison, Cheryl and Simon are her supervisors. Brielle will interview you for her study. Alison might help her interview you. The study is about your experiences of travelling on holiday with your family, carer or support worker. By helping us with our study, we can help other people travel with their family, carers or support workers. The aim of this study is to develop a more holistic understanding of what care means to your lives, in the hope that we can further support and enable independent travel for other carers and people with intellectual disability, and raise awareness of the valuable 'work' you do, in wider society too. For more information please look [here](#) to see if you would like to participate. Carer and support information [here](#).

Rare Disorder Specialist Directory

As part of our Rare Disorder family we are very excited to let you know that, as a result of our working group meeting with primary care practitioners (GPs), we at NZORD are looking to create a comprehensive national directory of specialists who specialise in various rare disorder fields across New Zealand. This directory, will be a pivotal tool for primary care practitioners to use; and one which they themselves identified as a way to improve and empower knowledge and connections within the rare disorder space. But to do this we need your help. Can you please provide us with the names of the specialists who look after you; what their specialty is; and also ensure that we know which Rare Disorder you represent? E.g. Dr Joe Bloggs, Rheumatologist, EDS. We will then compile all this information into a

directory that is quick and easy for GPs to use. Approval will be sought from specialists prior to inclusion, and access to the database will be via health professional membership log in only. Please RSVP send this information to vikki.ambrose@nzord.org.nz by Monday 31st October.

Redhill Community Centre

There are some new programmes that people with a disability are welcome to attend. A variety of games, table tennis, youth groups, lunches and way more.

Smalltalk Therapy

Have some sessions available with a speech language therapist who have specialist skills in paediatric disability. They cover East and South Auckland.

Survey about Tourists with disabilities and elderly

In this survey there are questions about frequency of travel, preferred destinations, means of transport etc. In addition to this there are other questions in travel aimed at evaluating the satisfaction about the accommodations or adaptations of tourist facilities, resources and services regarding to the travellers needs and preferences.

Thrive Clinic

Thrive Clinic is a naturopathic practice, founded on the principle 'Supporting best-possible health outcomes for children and young people'. They support all children facing health challenges. Children with special needs, learning and behaviour disorders are their specialty. www.thriveclinic.co.nz
Contact Debbie Walsh 021 441 220.

Upside Downs Share the Dream 2016 event

UpsideDowns Education Trust hosts a fundraising evening named 'Share the Dream'. This cornerstone event outlines the benefits of the charity to all present. A live and silent auction raise funds on the night. 12th November, 7pm, Hopetoun Alpha, 19 Beresford Square, Auckland. Tickets are \$50.

[Counselling Services and Support Groups](#)

[Disability Sector Project Information and research](#)

[Discounted Activities across Auckland listed by Region](#)

[Holiday Programmes and Holiday Activities](#)

[Other organisations information](#)

[Playgroups, activities, after school and holiday programmes](#)

Please click on the above section links to see more information and providers

Please look on our [Useful Links](#) section of our website for more services / organisations

Articles of interest:

[*High needs children see a future in tech jobs*](#)

In order to keep informed about important issues, seminars and changes to any seminars it is important that you LIKE us on Facebook !

Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#)

NEWSLETTERS

[Altogether Autism Journal](#) – Issue 2 2016

[Cald Newsletter](#) – September 2016

[Carers NZ](#) – September 2016

[CCS Disability Action Information Service newsletter](#) – July 2016

[Changing Minds](#) – September 2016

[Children's Autism](#) – October 2016

[Dance Therapy NZ](#) – September 2016

[Deaf Aotearoa Community Weekly](#) and [week beginning 17 October](#) [Talking Hands Magazine](#)

[Dotty Wobble](#) – October 2016

e-Cald news - [September](#) 2016 – [October](#) 2016

[Ethnic News Link](#) – September 2016

[Expressions](#) – Spring 2016

[FASD Update](#) – September 2016

[Health Quality & Safety Commission E-update](#) – October 2016

[Idea Services](#) – August 2016

[Independent Living Service Newsletter](#) – September 2016

[Mapura Studios](#) – September 2016

[Ministry of Health NGO newsletter](#) – September 2016 [Chair update Sept 2016](#)

[News from the Land of Be](#) – October 2016

[On the Radar \(Rare Disease Advocacy and Research\)](#)

[Parent to Parent newsletter](#) – October 2016 [Magazine](#) – September 2016

[Phab – Quarterly Newsletter](#) – Issue 1

[Raukauri Newsletter](#) – August 2016

[Recreate NZ newsletter](#) – Term Four 2016

[Special Olympics Fanletter](#) – October 2016

[Tani Newsletter](#) – Spring 2016

[Vaka Tautua](#) - September 2016

[Whanau Ora](#) – September 2016



helping families

From the Disability Connect Team

Lisa, Virginia, Robyn, Angela, Asoka, Sanny and TingTing

www.disabilityconnect.org.nz

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