

disability connect.

helping families

Vision

That people with disabilities and their families are able to lead the lives they want

Core Value

To respect and support choice

Mission

To lead change and influence change for people with disabilities and their families.

e-bulletin – week beginning 4 October 2016

CONTENT

[Seminars/Training/Conferences](#)

[Upcoming events](#)

[Notices](#)

[Newsletters](#)

Parent & Family
Resource Centre
Trading as
Disability Connect
www.disabilityconnect.org.nz
Phone: 09 636 0351
PO Box 13385, Onehunga
3B Olive Road,
Penrose

In order to keep informed about important issues, seminars and changes to any seminars it is important that you LIKE us on Facebook !

Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#).

Embedded in the text of this E bulletin are links which open up to pages of more information. Any blue underlined text is a link and can be clicked on for fuller information. We do this in order to provide you with as much information as possible in our E bulletin.

Lisa and the team at Disability Connect warmly welcome Sanny Chan back to work after six months maternity leave. Sanny works in our Culturally and Linguistically Diverse Disability Information Advisory team and has returned to work on Tuesdays and Thursdays here at Disability Connect. Welcome back Sanny!!

Disability Connect news

Support groups – Disability Connect

Disability Connect offers culturally appropriate support (including three support groups) to families with children of special needs as part of the CALD service (Culturally and Linguistically Diverse Disability Information and Advisory Service):

Chinese Families Autism Support Group runs every third Tuesday of the month. Please contact Sanny Chan at Disability Connect for more information on our meetings. Our next meeting is on the 18th October - 09 526 1298 (DDI) / 09 636 0351 or sanny@disabilityconnect.org.nz

Indian and South Asian Families Support Group runs monthly. All families with special needs are welcome to join the relevant support group. It is a great opportunity for parents to share their experience and network with each other. Our next support group to be held on 20th October. Please contact Asoka at Disability Connect for more information or bookings 09 636 0351 or 027 457 8571 or asoka@disabilityconnect.org.nz

Parent Support Group for the Indian Community

We are delighted to announce our new South Auckland Parent Support Group for Indian families raising a child or supporting a person with a disability. This meeting is additional to the regular one held at Mt Richmond Special School. It will follow a different format – a relaxed 'conversational' environment without an official speaker, everyone is free to talk amongst themselves, make new friends, connect for support or just ask any questions you may be interested in. Our first very successful meeting was held last night and we have another one scheduled for early November at Clover Park Community House, 16 Israel Ave, Clover Park 6.30-8.30pm. Please email admin@disabilityconnect.org.nz or asoka@disabilityconnect.org.nz. Ph 09 636 0351 or text/phone 027 457 8571.

Disability Connect has a Social Worker

This [social worker role](#) is to provide advocacy, support and practical help to families and individuals with a disability. Click on the link to find out more about this service which is free to families. We welcome new referrals either directly from families or from professionals. Referral forms are available on our website.

SEMINARS/TRAINING/ CONFERENCES



Disability Connect Seminars – Series 2

September-November seminars:

“Education Legal”

Central/South Auckland – 19th October, 7-9pm, Mt Richmond School, 30 Albion Road, Otahuhu
West Auckland – 8th November, 7-9pm, MPHS Hub West, 27 Corban Ave, Henderson

“Individualised Funding including Respite”

South Auckland – 2nd November, 7-9pm Nathan Homestead, 70 Hill Road, Manurewa
Central Auckland – 17th November, 12-2pm, Disability Connect premises, 3b Olive Road, Penrose. CHANGE OF DATE

“Living Options”

West Auckland – 11th October, 7-9pm, MPHS Hub West, 27 Corban Ave, Henderson
South Auckland – 26th October, 7-9pm Nathan Homestead, 70 Hill Road, Manurewa
North Auckland – 1st November, 7-9pm, Yes Disability Resource Centre, 3 William Laurie Place, Albany
East Auckland – 30th November, 6.30-9.30pm, Highland Park Community

“Planning for Adulthood”

East Auckland – 12th October, 6.30-9.30pm, Highland Park Community House, 47 Aviemore Drive, Highland Park.
South Auckland – 29th November, 6.30-9.30pm Nathan Homestead, 70 Hill Road, Manurewa

“Transition”

Central Auckland – 13th October, 12-2pm, Disability Connect premises, 3b Olive Road, Penrose – ADDITIONAL DATE
North Auckland – 18th October, 7-9pm, Yes Disability Resource Centre, 3 William Laurie Place, Albany
East Auckland – 23rd November, 7-9pm, Highland Park Community

“Work and Income Supports”

Central Auckland – 25th October, 12-2pm, Disability Connect premises, 3b Olive Road, Penrose
Central Auckland – 9th November, 7-9pm, Disability Connect premises, 3b Olive Road, Penrose
North Auckland – 22nd November, 7-9pm, Yes Disability Resource Centre, 3 William Laurie Place, Albany

(Click on the links for more dates)

Auckland Disability Law – Disability Law on the Shore

Auckland Disability Law’s new legal education series is coming to the North Shore Events Centre. Sessions include: Starting Work (Pre-Employment Rights & Discrimination); and Your Rights as a Consumer. Please look at their [flier](#) for more information.

Childrens Autism Foundation – Hands on Workshop

Understanding Autism Free Workshop

17th October, Manukau Institute of Technology, Pasifika Community Centre, North Campus, Gate 12, Otara Road, Otara.

Hands on Workshop

Free tickets for family members, gain practical tools that you can easily implement in the home, classroom or community. Topics include: Guide to autism, Strategies for behaviour, Social skills and communication. 19th November, 9am-4pm, Hillsborough Baptist Church, 179 Hillsborough Road, Hillsborough. Please email enquiry@autism.org.nz or more information or phone 09 415 7406.

“Ice-Breaker” Anti-Bullying Workshops for Young People

A workshop designed by *The Cube and Yes Disability* delivered by six young leaders from within the disability sector. Have a look at the [flier](#) for contact details.

Legal Responsibilities of Governance Boards

One Day Workshop, 5th October, Pukekohe. 10am-3.30pm. The workshop will explore the legal obligations of being on a board. What do you need to know and where is the limit of legal responsibility as a board member.

Making Sense of Senses – Sensory Corner

We are really excited to share news of an upcoming workshop presented by Karen Laing. Karen is a Pediatrics OT and Special Ed teacher with extensive experience working with children who have sensory processing issues. Come and join us to learn about; The 7 senses and how they impact on your child’s ability to process and learn. Key strategies and tools to help your child cope with their sensory difficulties. Two Dates available - 13th October 2016 10am-1pm or 15th October 2016 1-4 pm. The cost is \$55 (including morning or afternoon tea). Each workshop is strictly limited to 15 participants to allow opportunities to discuss questions and explore some sensory resources. [Contact us](#) at Sensory Corner to book your place.

Manawanui InCharge - Conference on Self Direction

On 16th and 17th November Manawanui-in-charge are hosting an International conference on Self-Direction. The purpose of this conference is to explore the range of options available to people with disabilities or long term conditions to support them in leading a personally meaningful life. The conference features Simon Duffy (UK), gold winning Paralympian Mary Fisher, Michael Kendrick (USA/Canada) and Marc Fenton as well as a performance by blind singer Natalie Te Paa. For more details please look at their [flier](#) above.

Mind over Manner Workshop Series

These workshops are designed for parents, families and community and professionals working with teenagers who think and learn differently. Mind over Manner was established because there is a desperate and exponential need for our new youth. We are all aware there is a significant increase in teenage anxiety, youth alienation, unemployment, teenage runaways and suicide. The teens may be high functioning undiagnosed or diagnosed with such labels as Aspergers , OCD, ADHD, Dyspraxia, ADD, Oppositional Defiant Disorder and Fetal Alcohol Syndrome. We help parents, community and professionals keep going when they just don't know what to do next. The program is run at Atawhai Program at Te Pou Theatre, 10-15th October. For more details please contact Susan Haldane sue@mindovermatter.co.nz or text 027 665 8084.

Conferences outside Auckland

Brainwave Neuroscience Extension Training

Are pleased to offer a two day interactive workshop for those who wish to understand more fully the importance of the early years for children's health and wellbeing. 28-29th November, 9am-5pm, Wellington.

Ministry of Health – NGO Health and Disability Sector National Forum

Westpac Stadium, 105 Waterloo Quay, Wellington, 12th October 8.30am-3.45pm. For more information click [here](#).

Transformative Change Workshop

Presented by Te Aroha Noa and Practice Research and Professional Development Hub, Massey University, Palmerston North. 7-9th November. For more information click [here](#).

UPCOMING EVENTS



Attitude Awards 2016

Check out all the wonderful finalists, voting will be shortly

Auckland Disability Law AGM

17th November, Potters Park Event Centre, Auckland Deaf Society, 164 Balmoral Road, Balmoral - 5.30pm chat and snacks. Guest speaker Judge Phil Recordon – What does access to justice look like for disabled people in 2016. Please RSVP to info@adl.org.nz or text 027 457 5140 or ring 09 257 5140.

Clip n Climb North Shore

Come along to try it out, Session for families with autism. For bookings email info@clipnclimbnorthshore.co.nz or ph 09 447 1428

Circability

We are offering a new [Applicable Circus Class](#) for physically disabled people (16-30yo) and a new [Funky Friday](#) mixed ability class for all ages at Circability Central in Victoria Park. Please register [here](#).

Epilepsy Information Evening

This is an opportunity for anyone affected by epilepsy, including parents, family/whanau, friends and carers to have all those questions answered. Guest speaker Dr Peter Bergin, 11th October, 7.30-9.30pm, Potters Park Event Centre, 164 Balmoral Road, Balmoral. To see flier click [here](#).

Idea Services "Making Rights Real Webinar"

IHC Advocacy would like to invite you or members of your organisation to an exciting series of webinars focused on the Human Rights of People with an Intellectual Disability, being held on Thursday 13th October 2016. These webinars have been developed for supporters of people with intellectual disability in paid and unpaid roles. You can register for one or both of the following webinars:

12:30 – 1:30: PPPR Act

This webinar aims to clarify some of the legal and other issues related to consent and supporting decision making for families and paid supporters of people with intellectual disability. This information aims to strengthen your advocacy and support for people with intellectual disability.

1:45 – 2:30: Financial and Medical decisions and consents

IHC Advocacy often takes enquiries concerning financial issues and medical consents. We encourage practices where people with an Intellectual Disability are supported to make decisions about their own health. We provide information about access to financial supports, entitlements and tips on working with organisations and agencies when consent or eligibility is challenged. This webinar aims to encourage supporters to be well informed advocates. There are limited numbers of places available for each webinar. To secure your place please email community.advocacy@ihc.org.nz with your name and the title(s) of the webinar(s) you would like to attend. After you register you will be sent email confirmation and clear instructions on how to log in and participate in the webinar. You can log in on any computer or device connected to the internet, from any location. During the webinar you will be able to ask questions and seek further information. Everyone who participates will receive a summary of the content which includes further information on where to seek help and advice. We hope your contacts will welcome the opportunity to take part in this exciting learning opportunity. For further information please contact Melinda Coxsey on 04 472 4970 or Carolyn Stobbs on 04 463 2427.

Imagine Better Assembly 2017

Will you friend me? Imagine Better is pleased to introduce you to Dr Al Condeluci and Janet Klees, who will be presenting at the February 2017 ImagineBetter Assembly – Will You Friend Me? Both Al and Janet come with a wealth of experience, having been involved in the community sector, particularly building social capital and community bridges, for many years. At the session *Will You Friend Me?*, key aspects related to social capital will be explored; examining it from a generic perspective and looking at the possible strategies, actions, or aspects that may be utilised in support of any vulnerable population who have limited opportunities to build friendships.

Our other session is *Building Community through Social Capital*. Individuals with disabilities and their family members (as well as professionals who are involved with the family) are interested in seeing themselves or their son/daughter/relative be successful in life. In fact, one of the biggest fears individuals and families have is that their loved one might be lonely or at serious risk when they are no longer around. By understanding the impact of friendships in our lives, we can look at ways and means to better prepare for the future. Sociologists call this “social capital” and it is amazing what our relationships do for us. This session will help you think about how friendships can be better developed over time, and, in turn, build a more inclusive community.

Manurewa Community Expo

Thursday 6th October, 11am-2pm. Southmall Shopping Centre, Manurewa. This is a free community event for the family. Come along and see us there. There are 60 stall holders there so will be a fun day for all

Mapura Studios Open Day

A totally inclusive event, “an arms wide open” to our local community to let them know what we do here and to invite participation and grow community. We will be showcasing our artists’ work with an exhibition and sale of affordable artwork and offer fun activities for the whole family. 15th October, Fowlds Park, Rocky Nook Ave, St Lukes.

MIT Inclusive Education Whanau Evenings

What happens after high school. We would like to invite you to a whanau evening to talk about options for your young person during and following high school. These evenings are in October. For more information click [here](#).

Pasifikability – Free Disability Dance Classes

Proudly presented by Niu Ola Trust. Classes starting on September 2nd 11am- 12pm (every Friday until 16th December) excluding School Holidays and Monday 5th September 11am-12pm, every Friday until 19th December (excluding School Holidays). For more information click [here](#)

People First Meetings Across Auckland

Click on the various locations

[West](#) – Waitakere Resource Centre, 8 Ratanui St, Henderson

[North](#) – Phab, 8 Auburn St, Takapuna

[Central](#) – Yarnton House, 14 Erson Ave, Royal Oak

[South](#) – The Station – 145 St Georges Rd, Papatoetoe
[East](#) – Howick Leisure Centre, 563 Pakuranga Road, Howick

Sensory Processing Disorder and Sensory Diets, workshop.

January 25-26th 2017 Waitaha School, Christchurch is hosting a 2 day workshop. Would be suitable for Parents, Teachers, Teacher Aides, RTLB and SENCO. Guest speaker is Gwen Wild, a leading authority on this topic from USA. Click on link above for more info.

Spirit of Adventure Trust 5 Day Inspirational Voyage

The Spirit of Adventure Trust was established to provide the youth of New Zealand with access to a character development programme conducted in a maritime environment. Our voyages are seen as an unique environment for youth development. Where the focus of learning for the trainees is on team-work and developing skills of communication, self-reliance, self-discipline, self-esteem, resilience, confidence and leadership. The voyage is from Sunday 27th March – Thursday 31st March.

Stroke Carers Day

The Stroke Foundation welcomes all carers of Stroke Survivors to save the date, 2nd November. There is going to be a Cares day from 9.30am-3pm and will include topics to assist navigating services, understanding of being in a caring role, support from others and a nice day out. It is being held at Commerce Club, 27-33 Ohinerau Street, Remuera. \$10 includes lunch. Please contact Tracey Dealey 09 475 0070 or email northern@stroke.org.nz to register.

Universal Design Symposium

Universal Design makes things safer, easier and more convenient for everyone. The Universal Design Hub provides access to a range of resources and guidance to support a design process that recognises our common needs through each of our individual life stages. A universal approach recognises human diversity and various life scenarios such as pregnancy, childhood, injury, disability and old age. This means developing places and homes that can be used and enjoyed by as many people as possible. Here you will find resources to ensure your next project is built to be accessible for all life stages and scenarios. For more info email universaldesignsymposium@aucklandcouncil.govt.nz

Visual Workshop

Dottywobble are presenting a workshop on why visuals are important, different types, how to use effectively and how to extend the use of visuals. 20th October, 9.30-12pm. Blockhouse Bay Community Centre, 524 Blockhouse Bay Road, Blockhouse Bay.

NOTICES



Applications open: Parnell Festival of Roses Sunday 13 November, 10.30am – 4pm

Applications close on Monday 19 September at 5pm. We invite you to complete the expression of interest form. Click on the following link: [Stall application form](#)

Auckland Disability Law Supported Decision Making Resources

They have developed a set of resources as part of a project. The resources can be downloaded and distributed. If you would like printed copies please email info@adl.org.nz. [Let's talk about Supported Decision Making](#), [Let's talk about Supported Decision Making – easy read](#), [Promoting Supported Decision making and the protection of personal and property rights act](#) and a [roadmap to success poster](#).

CCS Disability Action – How's it Going?

Opening up new conversations is a free tool that can support people to work out whether they are living the life they want. People can also use it to talk, or think, about where they are at and where they want to be. For more information click [here](#).

Deaf Aotearoa New Zealand INC - AGM

19th November, 10am-2pm, Manawatu Deaf Society, 55b Totara Road, Awapuni, Palmerston North. For more [info](#).

CCS – What's new in the Library

You can request free books from this service from CCS and will be couriered to you, like a library.

Dayspring – A Night at the Movies

Dayspring Trust invites you to A Night at the Movies - \$15 a ticket – 'What we did on our holiday'. Lopdell House – Flicks Cinema, 418 Titirangi Road, Titirangi, 12th October 7pm. Bookings essential. For more information click above.

Deaf Aotearoa

Have a survey on their weekly update, please could you complete.

InterACT 2016 – time to get involved!

Expressions of interest are being sought for involvement in InterACT 2016! which runs from 19-21th October at Corbans Estate Arts Centre Henderson. Fill out this form tinyurl.com/2016interact or visit <http://interacting.org.nz/interactfestival/>

Looloo Toddler Toilet Training

This stage is one of laughter and of tears (and not just the kids). Here are some tips and inspiration to help you parent your child. [Free checklist to get started with toilet training](#).

Mental Health Awareness Week

10-16 October 2016, for good health and wellbeing

Ministry of Education Proposed changes to ORS funding.

There is a petition set up by Kirsten Murfitt, Lawyer and mother of a son who receives ORS funding. If you could read my letter and fill in the petition it would be greatly appreciated. Background details [here](#) on proposal written by Kirsten and petition details are [here](#) on change.org.

Mum creates the easiest cookbook

Wellington mother Jenny McClure has released a cookbook she wrote especially for her son and others that struggle with traditional cookbooks. 30 year old Joe McClure suffered a traumatic brain injury after he was hit by a car while cycling in Cambridge, UK, 17 years ago. The then 13 year old spent 10 days in an induced coma and underwent major surgery. Years later when he left home to go and live by himself, it soon became clear that standard cookbooks didn't work for him, she couldn't believe how crazily and complicated they were and her son really struggled to follow them and so the idea for Short takes: Making cooking simple was born.

MyCare

The new way to find support workers. MyCare is bringing technology and community together in a dedicated online platform for people needing at-home care and support. They've built a mobile marketplace, connecting individuals needing help to live comfortably at home to a nationwide network of care workers, part-timers and volunteers. The service aims to break down the barriers. The site already has nearly two thousand workers from nurses and care workers to students looking for work while they study. Here is their updated [flier](#). Visit mycare.co.nz or phone 0800 677 000

NZ Down Syndrome Association – Ministry of Education Survey

July 2016 Cabinet paper "Strengthening inclusion and modernising learning support" and the "Learning Support" (previously Special Education) Update. [Cabinet paper Strengthening Inclusion and Modernising Learning Support July 2016](#)

Occupational Therapist Student looking for work

Emma Thomas is currently looking for some part time work. She is enrolled in a Bachelor of Health Science (Occupational Therapy) at AUT as of last year. She has put her studies on hold and is looking for work in this sector. She wants to eventually work in Paediatric Health. She has had work experience at Wilson School and her dream job is to work with disabled children. Her contact details are emmammthomas@hotmail.com or 021 184 7472. And she lives in Browns Bay.

Phab Social Groups

Our North Shore senior social group (age 35ish) and over are looking for new members, if you or anyone you know is keen please email chewy@phab.org.nz or call 09 488 7490. The group runs in Takapuna on Tuesday from 6.30-8.30pm. Our social group runs throughout school terms and involve different activities such as ten pin bowling, movie visits, baking nights, meals out, community projects and more. The group decides at the beginning of each term and we support them in their social outcomes. This is fun and interactive way to make friends and get out in the community.

Survey about Tourists with disabilities and elderly

In this survey there are questions about frequency of travel, preferred destinations, means of transport etc. In addition to this there are other questions in travel aimed to evaluating the satisfaction about the accommodations or adaptations of tourist facilities, resources and services regarding to the travellers needs and preferences.

Thrive Clinic

Thrive Clinic is a naturopathic practice, founded on the principle 'Supporting best-possible health outcomes for children and young people'. They support all children facing health challenges. Children with special needs, learning and behaviour disorders are their specialty. www.thriveclinic.co.nz
Contact Debbie Walsh 021 441 220.

[Counselling Services and Support Groups](#)

[Disability Sector Project Information and research](#)

[Discounted Activities across Auckland listed by Region](#)

[Holiday Programmes and Holiday Activities](#)

[Other organisations information](#)

[Playgroups, activities, after school and holiday programmes](#)

Please click on the above section links to see more information and providers

Please look on our [Useful Links](#) section of our website for more services / organisations

Articles of interest:

[*Making it work for people with disabilities*](#)

[*2017 Special Education Study Awards Open*](#)

[*Autism Negative or Autism Positive = Which are you?*](#)

[*Congratulations to our Kiwi Rio Paralympics*](#)

[*New Stuttering Clinic open in Albany*](#)

[*Updated Carers Guide released*](#)

[*Assisted voting empowers people with a disability*](#)

NEWSLETTERS

[Altogether Autism Journal](#) – Issue 2 2016
[Cald Newsletter](#) – September 2016
[Carers NZ](#) – September 2016
[CCS Disability Action Information Service newsletter](#) – July 2016
[Changing Minds](#) – September 2016
[Children’s Autism](#) – October 2016
[Dance Therapy NZ](#) – September 2016
[Deaf Aotearoa Community Weekly](#) [Talking Hands Magazine](#)
[Dotty Wobble](#) – September 2016
[e-Cald news](#) – August 2016 and [September](#) 2016
[Ethnic News Link](#) – September 2016
[Expressions](#) – Spring 2016
[FASD Update](#) – September 2016
[Health Quality & Safety Commission E-update](#) – October 2016 [open for better care](#) – July 2016
[Idea Services](#) – August 2016
[Independent Living Service Newsletter](#) – September 2016
[Kiwi Families](#) – August 2016
[LeVA newsletter](#) – July 2016
[Mapura Studios](#) – September 2016
[Ministry of Health NGO newsletter](#) – September 2016 [Chair update Sept 2016](#)
[News from the Land of Be](#) – October 2016
[Numicon](#) – Term 2 2016
[On the Radar \(Rare Disease Advocacy and Research\)](#)
[Parent to Parent newsletter](#) – September 2016 [Magazine](#) – September 2016
[Phab – Quarterly Newsletter](#) – Issue 1
[Raukauri Newsletter](#) – August 2016
[Recreate NZ newsletter](#) – Term Four 2016
[Special Olympics Fanletter](#) – September 2016
[Tani Newsletter](#) – Spring 2016
[Vaka Tautua](#) - September 2016
[Whanau Ora](#) – September 2016



From the Disability Connect Team
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