

# disability connect.

helping families

#### *Vision*

That people with disabilities and their families are able to lead the lives they want

#### *Core Value*

To respect and support choice

#### *Mission*

To lead change and influence change for people with disabilities and their families.

e-bulletin – week beginning 8 May 2017



## **CONTENT**

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**Remember to click on the links to access more information about each heading below. The headings ([blue underlined](#)) are links.**

**Please note that going forward due to increasing costs, it is necessary for us to charge professionals \$50 including GST each per seminar. There is no charge for parents.**

## **Disability Connect news**

### **Support groups – Disability Connect**

Disability Connect offers culturally appropriate support (including three support groups) to families with children of special needs as part of the CALD service (Culturally and Linguistically Diverse Disability Information and Advisory Service):

#### **Chinese Families Autism Support Group**

Runs every third Tuesday of the month. This month our meeting is on the 16<sup>th</sup> May, 9.30am-1pm. Please contact Sanny Chan at Disability Connect for more information on our meetings. To see flier in [English](#) or [Chinese](#) click here Contact Sanny 09 526 1298 (DDI) or 09 636 0351 or [sanny@disabilityconnect.org.nz](mailto:sanny@disabilityconnect.org.nz)

#### **Culturally Diverse Support Group (Otahuhu)**

This support group runs monthly at Mt Richmond School, 30 Albion Road, Otahuhu, 5.30-8pm. 18<sup>th</sup> May. All families with special needs are welcome to join this group – we welcome everyone from any culture and any disability. It is a great opportunity for parents to share their experience and network with each other. Please contact Asoka at Disability Connect for more information or bookings – phone 09 636 0351 or 027 457 8571 or email [asoka@disabilityconnect.org.nz](mailto:asoka@disabilityconnect.org.nz)

#### **Parent Support Group for the Indian Community – Clover Park**

This is held at Clover Park Community House. 12<sup>th</sup> June 6-8pm. Indian families are very welcome to this meeting. It will follow a relaxed 'conversational' environment. Everyone is free to talk amongst themselves, make new friends, connect for support or just ask any questions you may be interested in. Please email [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) or [asoka@disabilityconnect.org.nz](mailto:asoka@disabilityconnect.org.nz) or phone 09 636 0351 or text/phone 027 457 8571 to book.

#### **Disability Connect has a Social Worker**

This [social worker role](#) is to provide advocacy, support and practical help to families and individuals with a disability. Click on the link to find out more about this Service which is free to families. We welcome new referrals either directly from families or from professionals. Referral forms are available on our website.

# **DISABILITY CONNECT SEMINARS AND INFORMATION**



## **2017 Seminars by Disability Connect**

[For a link to all upcoming seminars in PDF form click here](#)

### **Education Legal Issues**

*Central Auckland* – Thursday 25<sup>th</sup> May, 12-2pm,  
Disability Connect, 3b Olive Road, Penrose  
*West Auckland* – Wednesday 7<sup>th</sup> June 7-9pm  
Hubwest, 27 Corban Ave, Henderson

### **Individualised Funding – The last IF seminar scheduled for 2017**

*Central Auckland* – Monday 12<sup>th</sup> June, 7-9pm,  
Disability Connect, 3b Olive Road, Penrose

### **Living Options**

*Central Auckland* – Wednesday 24<sup>th</sup> May, 7-9pm,  
Disability Connect, 3b Olive Road, Penrose  
*East Auckland* – Thursday 1<sup>st</sup> June, 7-9pm  
Highland Park Community Centre, 47 Aviemore Dr,  
Highland Park  
*North Auckland* – Thursday 22<sup>nd</sup> June 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Pl,  
Albany

### **Planning for Adulthood**

*South Auckland* – Thursday 25<sup>th</sup> May 6.30-9.30pm  
Clover Park Community House, 16 Israel Ave, Clover  
Park

### **Transition**

*Central Auckland* – Wednesday 21<sup>st</sup> June, 12-2pm,  
Disability Connect, 3b Olive Road, Penrose  
*South Auckland* – Wednesday 5<sup>th</sup> July 7-9pm,  
Mt Richmond School, 30 Albion Road, Otahuhu

### **Transition Expo – 8 August 2017 – save the date!!!** “The progression from school to community life”

Our popular Expo is happening again. Mt Eden War Memorial Hall, 489 Dominion Road, from 9am – 2.00pm

### **Work and Income**

*Central Auckland* – Wednesday 17<sup>th</sup> May, 12-2pm,  
Disability Connect, 3b Olive Road, Penrose  
*North Auckland* – Tuesday 27<sup>th</sup> June, 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Pl,  
Albany

### **Sexuality Education for people with intellectual disabilities workshop**

Annette Milligan is a sexual health nurse and educator who has developed a series of resources to support parents and educators teach people with intellectual disabilities about all those intimate things that can be so hard to deal with. Topics – Relationships, dating, asking permission, safety in relationships, hygiene, how to ask for help. Parents, teachers, caregivers, teacher aides or anyone interested in the development of people with learning disabilities. Wednesday 12<sup>th</sup> July 1-2.30pm and 7-8.30pm. These are identical workshops so only need to attend one of these. Disability Connect, 3b Olive Road, Penrose. Please register [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) or 09 636 0351.

### **An introduction to self and peer advocacy for disabled people and their families.**

Your rights and how to access them. Disabled people and their families have more rights to quality support and inclusion than ever before. Yet to put these into effect people need to: know their rights, confidently speak up so their views are heard and taken seriously. The three session course is interactive with participants working in small groups. In the afternoons, new learning and skills applied, using scenarios based on issues commonly faced disabled people and their families. Topics are: Self advocacy and peer advocacy. 3 consecutive fortnightly Mondays 9.30am-2.30pm. Enrolling in this course means completing all three dates. Monday 29<sup>th</sup> May, 12<sup>th</sup> June and 26<sup>th</sup> June. Individuals with a disability or parents/family members are largely subsidized by Te Pou though there is a small charge of \$30 per attendee. To enrol please contact Disability Connect, [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) 09 636 0351. This is being held at Onehunga Community House, 83 Selwyn St, Onehunga

### **Conferences / Events outside of Auckland**

### **Counselling Services and Support Groups**

### **Disability Sector Project Information and research**

### **Discounted Activities across Auckland listed by Region**

### **Holiday Programmes and Holiday Activities**

### **Other organisations information**

### **Playgroups, activities, after school and holiday programmes**

### **Upcoming Events across Auckland May-July**

Please click on the above section links to see more information and providers

Please look on our [Useful Links](#) section of our website for more services / organisations

# **SEMINARS/TRAINING/ CONFERENCES**

## **Choices**

The NZDSA and IHC Community Advocacy welcome you to free fun workshops to help you think about how you make your own decisions and choices. Wednesday 15<sup>th</sup> and 29<sup>th</sup> June - 10am-1pm. Te Ngakau Waiora Mercy Spirituality Centre, 104 The Drive, Epsom. Register by 12<sup>th</sup> May [neo@nzdsa.org.nz](mailto:neo@nzdsa.org.nz) or 0800 693 724 press 1 – Zandra

## **Dealing with Anxiety – Children’s Autism Foundation**

This workshop will include examples of social interaction that lead to anxiety, what is anxiety and strategies for dealing with anxiety (Anxiety toolkits). 2 hour workshop covering dealing with anxiety, 1st June, 7-9pm, St Columba Centre, 40 Vermont St, Ponsonby. Speakers Arletta van den Bosch – Family and Child Counsellor and Gera Verheul – Children’s Autism Family Consultatn. Free for families and carers who register [www.autism.org.nz](http://www.autism.org.nz) or \$40 per professional.

## **Effective Discipline**

Most suitable for parents of children 4-11 years. You will learn 24 practical skills and strategies of how to positively discipline your child by building a strong relationship with them. This relationship enables them to be more willing to listen your instruction and guidance while teaching them to take care of their personal responsibilities. Term 2 every Tuesday morning 9.30am-12.30pm, 2<sup>nd</sup> May-4<sup>th</sup> July, course costs \$50. Email [elizabeth@whanaumarama.co.nz](mailto:elizabeth@whanaumarama.co.nz) or [tamati@whanaumarama.co.nz](mailto:tamati@whanaumarama.co.nz) or 09 441 0209.

## **FASD Informed Practice workshop**

This workshop brings to the fore intervention practice to maximise success for children and adolescents affected by FASD and for those entrusted with their care. The information shared by our specialist guest speakers will inspire and inform anyone working with or raising tamarika/mokopuna where FASD might be a factor. Thursday 1<sup>st</sup> June 9.30am-4pm, Jet Park Conference centre, 63 Westney Rd, Mangere. Please confirm registration by sending name, organisation and contact details of person(s) attending before 25<sup>th</sup> May to [christine@ahw.org.nz](mailto:christine@ahw.org.nz) or 09 520 7036. This is free of charge to those who register by email.

## **Free help for families in need**

City Impact Church has its next Community Impact Day on 10 June and is looking for families who need assistance with house repairs, maintenance work, moving, clothing donations etc. Read more. To refer a family, please send their contact name, address, telephone number and information about the assistance they require. Contact Mary-Kath Laita 477 0300 or [communityimpact@cityimpactchurch.com](mailto:communityimpact@cityimpactchurch.com)

## **Hands on Autism Day Workshop – Children’s Autism Foundation – Pukekohe**

Saturday 13<sup>th</sup> May, 8.30am-3.30pm. If you are living or working with a child, young person on the autism spectrum this workshop is for you. It will provide

practical tools and strategies that you can easily implement in the home, school and community. Topics include: Guide to Autism, Strategies for behaviour, sensory issues, dealing with anxiety. 14 Harris St, Pukekohe High School, Pukekohe. Free to families and carers, \$140 for professionals, lunch included. Please register [www.autism.org.nz](http://www.autism.org.nz) or [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz) 09 415 7406

## **Hands on Autism Day Workshop – Children’s Autism Foundation – Orewa**

Saturday 17<sup>th</sup> June, 9am-4pm. If you are living or working with a child, young person on the autism spectrum this workshop is for you. It will provide practical tools and strategies that you can easily implement in the home, school and community. Topics include: Guide to Autism, Strategies for behaviour, sensory issues, dealing with anxiety. St Andrews Hall, 107 Centreway Road, Orewa. Gera Verheul – Service Manager and Joline Zwart, Family Consultant, Christine Farquarson – Occupational Therapist, Arlette van den Bosch – Family and Child counselling and Lisa Martin – Disability Connect. \$20 per ticket for families and carers, \$140 for professionals, lunch included. Please register [www.autism.org.nz](http://www.autism.org.nz) or [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz) 09 415 7406

## **Live your dream Empowering Ethnic Women Entrepreneurs**

Women Entrepreneurship Centre (WEC). The Women Entrepreneurship Centre (WEC) is proud to announce the first series of FREE workshop for 2017 supported by Infinity Foundation, The Office of Ethnic Communities and Waitakere Ethnic Board. We will be conducting series of workshops in Auckland Feb-September, communities entitled "Live your dream". The program encourages people to develop self-awareness and inspire their creative potential. Participants are motivated for starting their own enterprise and briefed on the opportunities available for such enterprises. We think this may be of interest to some of our families. The program encourages people to develop self-awareness and inspire their creative potential. Participants are motivated for starting their own enterprise and briefed on the opportunities available for such enterprises. For more information visit <http://wencentre.org.nz> Link: [http://wencentre.org.nz/?page\\_id=9](http://wencentre.org.nz/?page_id=9) Facebook: <https://www.facebook.com/WEN-Centre-1786535468234901/>

## **Managing Behaviours in children**

Using Visual Strategies and Resources, 11<sup>th</sup> August 2017, 9.30-11.30am, \$45 per person. Learn how to use supports that visually provide behaviour management strategies. Blockhouse Bay Community Centre. 524 Blockhouse Bay Rd, Blockhouse Bay, Auckland. To book a place email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz) places are limited.

## **Mental Health First Aid Training**

This programme is free for all Counties Manukau Residents. Register by email [mhfa@middlemore.co.nz](mailto:mhfa@middlemore.co.nz) or 0800 338 356.

### **NZSL Tester Classes – Free**

A free 45 min New Zealand Sign Language Class – learn signs you can use every day! We come to you. For schools, healthcare providers, businesses, clubs etc. Throughout May and through terms for schools.

### **Parent to Parent Training Courses**

#### **Altogether Autism Network Meeting**

Learn about all that Altogether Autism can do to support you. Be upskilled on autism from both a professional and a lived experience viewpoint. Have your questions about autism answered. Enjoy a light lunch with others living and working with autism. To register call 0508 236 236

Auckland - Henderson Tue 30 May 17

Auckland (Albany) Wed 31 May 17

### **Parenting Adolescents**

Most suitable for parents of teens 11-15 years. Term 1 You will learn 23 practical skills and strategies to strengthen your relationship with your teen and help them to be willing to listen to your guidance and consistently take care of their personal responsibilities. Term 2 every Tuesday evening 6.30-9pm, 2<sup>nd</sup> May-4<sup>th</sup> July, course costs \$50. Email [elizabeth@whanaumarama.co.nz](mailto:elizabeth@whanaumarama.co.nz) or [tamati@whanaumarama.co.nz](mailto:tamati@whanaumarama.co.nz) or 09 441 0209.

### **Parenting Adolescents - Korean**

십대를 둔 부모를 위한 한국어 코스

텀 1 (9 주) 2017 년 매주목요일 오전 9:30 분--12 :3 0 분

2 월 9 일 부터 4 월 6 일까지 저희코스에 대한더 많은정보 를 원하시면 아래홈페이지를 방문해주세요 .. 이코스에서는

10 대자녀들과의 유대관계를 강화 시키고 자녀 들이부모의 가르침을 잘 따르 도록도와주며 자녀 들이개인적인 책임감을 인지 하고지속적으 로 지켜 나갈수 있도록 도와주는

21 가지실천가능 한기술과 전략 을배우게 됩니 다. Contact in Korean [jumi@whanaumarama.co.nz](mailto:jumi@whanaumarama.co.nz)

### **Positive Discipline for under 4's**

Most suitable for parents of newborn to 4 year olds. You will learn about your child's brain development, their bonding to you, how to get them to listen, how to effectively manage when they test limits and how to deal with tantrums. Term 2 every Wednesday morning 9.30am-12.30pm, 10<sup>th</sup> May-28<sup>th</sup> June, course costs \$50. Email

[elizabeth@whanaumarama.co.nz](mailto:elizabeth@whanaumarama.co.nz) or

[tamati@whanaumarama.co.nz](mailto:tamati@whanaumarama.co.nz) or 09 441 0209.

### **Sexuality Education for people with intellectual disabilities workshop**

Annette Milligan is a sexual health nurse and educator who has developed a series of resources to support parents and educators teach people with intellectual disabilities about all those intimate things that can be so hard to deal with. Topics – Relationships, dating, asking permission, safety in relationships, hygiene, how to ask for help. Parents, teachers, caregivers, teacher aides or anyone interested in the development of people with learning disabilities. Wednesday 12<sup>th</sup> July 1-2.30pm and 7-8.30pm. These are identical workshops so only need to attend one of these. Disability Connect, 3b Olive Road, Penrose.

Please register [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) or 09 636 0351.

### **Social and Friendship Skills Workshop – Children's Autism Foundation**

This workshop is for families and carers of children 2-12 year olds who are on the autism spectrum. Topics include – Boosting your child's self esteem, learning to problem solve, making friends and getting on with others. 2 hour workshop, 4<sup>th</sup> July June, 7-9pm, Yes Disability, 3 William Laurie Place, Albany. Speakers Arletta van den Bosch – Family and Child Counsellor and Gera Verheul – Service Manager. Free for families and carers who register [www.autism.org.nz](http://www.autism.org.nz) or \$40 per professional.

### **Strategies for Behaviour – Children's Autism Foundation - Albany**

2 hour workshop Topics include – Understanding the autism spectrum and strategies for behaviour for parents/families and those who work with children/young people with autism. Speaker Elisa Slaats – Family Consultant and ABA behaviour therapist. 22<sup>nd</sup> May, 7-9pm, Yes Disability, 3 William Laurie Place, Albany. Free for families and carers who register [www.autism.org.nz](http://www.autism.org.nz) or \$40 per professional.

### **Supported Decision Making Workshop**

The NZDSA is calling for final registration from families and people who support or educate people with Down Syndrome in Auckland to attend this workshop facilitated by Community Advocacy Team at IHC. Wednesday 14<sup>th</sup> – June - 5.8pm or 28<sup>th</sup> June 10am-1pm. Te Ngakau Waiora Mercy Spirituality Centre, 104 The Drive, Epsom. Register by 12<sup>th</sup> May [neo@nzdsa.org.nz](http://neo@nzdsa.org.nz) or 0800 693 724 press 1 – Zandra

### **Using Visual Strategies and Resources for Learning Workshops**

9<sup>th</sup> June 2017, 9.30am-12.30pm. \$55 per person. Learn About - Visual strategies for learning at any age. Great ways to support learning. New strategies for school or home. Extra support for learning difficulties. Blockhouse Bay Community Centre. 524 Blockhouse Bay Rd, Blockhouse Bay, Auckland. To book a place email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz) places are limited.

### **Understanding Autism – Children's Autism Foundation**

3 hour workshop, for families and carers who live or work with children on the autism spectrum. Topics include: Understanding the autism spectrum and strategies for living and working with an autistic child. 3 hour workshop, 8<sup>th</sup> June, 9am-12pm, Totara Park, 5 Melwood Dr, Warkworth. Speakers Arletta van den Bosch – Family and Child Counsellor and Gera Verheul – Service Manager. Free for families and carers who register [www.autism.org.nz](http://www.autism.org.nz) or \$40 per professional.

# **UPCOMING EVENTS AND ACTIVITIES**

## **Adapted Gymnastic Classes**

Gym City Papatoetoe's new disabled programmes. These are great opportunities for disabled young athletes to learn gymnastic skills. Preschool classes are held Mondays 1-2pm \$84 per term and Gymfun (5-12year olds) Wednesdays 3.30-4.30pm, \$18 per term (Kiwisport funding confirmed). To register contact Gymcity Manager Rowena 09 279 9400.

## **Art and Soul – North Shore**

There are open days on Wednesday mornings in Milford senior citizens hall, 10.15-11.45am which explain all the programmes they offer, how to pay for this. There is a 1:4 ratio of carers to young adults. Offer several programmes – Art Club, Band and Drumming, Computer Skills, Dance Club, Day Tripper Club and Zine Club. Run throughout the week for over 21year olds who have left full time education, based for families living on the North Shore. More details can be found in our activities attachment page. For more information phone Kate 021 028 36465 or email [artandsoulgroups@gmail.com](mailto:artandsoulgroups@gmail.com)

## **Artist in Movement Classes**

Māpura Studios has openings in their Artist in Movement class (Mondays 12.30-2pm) for adults with disabilities and their Kids' Open Studio class for children aged 5-12 with ASD and other special needs (Tuesdays 4- 5.30 pm). Enrolments are also open for Creative Music Group with the new time of Thursdays 1–2.30pm Contact [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361

## **Diabetes Self-Management Programme January-December 2017**

6 weeks duration, designed for people living with type 2 diabetes and or their caregivers. The DSMP diabetes programme helps participants to develop self-management skills to deal with the challenges of living well with diabetes. Available in Samoan, Cantonese, Mandarin, Hindi and Punjabi languages and at venues and times to suit different communities within West Auckland Waitemata DHB.

## **Drama Classes – Interacting Theatre**

Mondays 1-2.30pm, \$10 per class. Phab, Auburn St, Takapuna, For more details and bookings contact Paula 09 849 5595 [interacting@ihug.org.nz](mailto:interacting@ihug.org.nz)

## **Enabling Good Lives Workshops**

The NZ disability sector is currently undergoing a System Transformation. A working group is meeting regularly to progress this transformation. They are reporting back after each meeting. Here is a link to the key information from the 11<sup>th</sup> April meeting including in Te Reo, Brf file for Braille, Easy-Read and an audio link.

## **Fitness Fun Class**

In term 2 under our new brand, we will be launching a fitness fun class for children with special needs or learning difficulties (including things like dyslexia, etc). This class will have fun activities for learning balance, agility, fitness skills, upper body strength as well as activities which encourage both sides of the brain to function. The class will have routines to follow and fun free time. Confirmation of whether the class will run on Saturdays or Sundays will be made soon. Please email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz) if you are interested in finding out more about the class or enrolling.

## **Framework South Timetable Apr-June**

Community learning programmes. It delivers community based mental health and intellectual disability services. The programmes include: interacting with nature, swimming, computer basics, social groups, basketball and cultural awareness. To attend groups please register by completing our referral form and returning it to us with all required documents. Once registered you will be contacted for an induction meeting so you can find out more about our service and enrol in the programme/s which best suit your goals. ph 09 815 5113 or [PF.admin@framework.org.nz](mailto:PF.admin@framework.org.nz)

## **Jubilee Sailing Trust – Set Sail Adventure**

This programme will only be running between 3<sup>rd</sup> May and 8<sup>th</sup> August this year so book now to secure an adventure of a lifetime! All ages welcome. JST is a globally unique, UN-accredited charity which utilises the adventure of tall ship sailing to unlock human potential and break down barriers between people of different circumstances - especially between people living with disability and the non-disabled. Our vessel, Tenacious, is the world's largest operating timber hulled vessel and has voyaged over 18,000 nautical miles from Southampton UK to deliver a programme of voyages and day sails in New Zealand. She has been built from the ground up to accommodate a crew where half can have a disability or impairment of some kind and the other half is made up of people who are non-disabled. The JST voyage experience is open to all ages and encourages self-discovery and cultivates active participation. The supportive and well-designed environment quickly breaks-down prejudice, promotes equality and mutual understanding. It is where people find new strengths and learn to see strengths in others without being diverted by a perceived weakness. The effect is an immersive personal development experience, increasing life skills and self-belief. It is also about enjoying yourself and making new friends. To see a video of our life on board click [here](#) or check out our website for more details – [www.jst.org.nz](http://www.jst.org.nz) Our programme in New Zealand is open to all ages but will only be running between May and August this year so book now for the adventure of a lifetime with a crew like no other! To check out our voyages go to [www.JST.org.nz/voyages](http://www.JST.org.nz/voyages)

## **Little Gems Playgroup**

Hi everyone, my name is Lorena. I'm a mother of a gorgeous 6 years old boy, his name is James. My little man was formally diagnosed with autism when he was 3. I know firsthand how difficult it can be for parents

looking to do their best after their child diagnosed. I decided to create a playgroup for children up to the age of five (or six if they haven't started school), would be based on free play. The playgroup would also allow parents who faced the same experiences with children with autism to share advice and frustrations. Siblings are welcome. Every Tuesday from 7<sup>th</sup> March, 10am-12pm, 192 Parnell Road, Parnell, Parnell plunket rooms. Gold coin donation. Contact Lorena 022 307 9263 or Annalee 021 264 2668

### **Mum's Kitchen Rules**

Three free fun and friendly workshops for family cooking on a budget. For pregnant mums or families with children 0-2years. On completion of the third session you will receive a free cooking goodie bag. Thursday 4<sup>th</sup> May, 11<sup>th</sup> May, 18<sup>th</sup> May, 10am-12pm. Plus a weaning foods option extra 25<sup>th</sup> May. Manukau City Baptist Church, 9 Lambie Dr, Papatoetoe. Ring Jess Bevan 021 531 712 to register or text your name and MKR and someone will contact you within 48 hours. Registration form [here](#)

### **Numicon Courses Term 2**

Auckland 1<sup>st</sup> June, Numicon for years 1-6 including special needs

This is a full day course conversing all aspects of maths using Numicon. The fee includes a Maths Bag and morning tea. Bring your own lunch. There is a cafe nearby. 9:15am - 3:00pm

### **Pain Self Management Education**

16<sup>th</sup> August running for 6 weeks, 10am-12.30pm. East Health Trust, 260 Botany Road, Unit B, Golflands. For people with chronic pain lasting more than 3 months. Topics include Healthy Eating, problem solving, communications, strategies for managing pain, fatigue and frustration. Contact Shirley Bernhard on 538 0599 or email [shirleyb@easthealth.co.nz](mailto:shirleyb@easthealth.co.nz)

### **Papatoetoe Football Adapted Programme**

A great opportunity to learn football or enhance skills under Papatoetoe United Football Club coaches! The programme runs for 8 weeks and is open to young people (5years plus) with a physical impairment who are ambulant or uses walkers or sticks for mobility. Saturdays 1-2.15pm, Kolmar Centre (Indoor Cricket Nets) off Sutton Cres, Papatoetoe \$85 for the year. Contact Paul Ralph 021 456 534 [paulralph@advancemarketing.co.nz](mailto:paulralph@advancemarketing.co.nz) to register

### **Sensory Processing Workshops – Making Sense of the Senses**

Making sense of the senses – 23<sup>rd</sup> June 10am-1pm, A workshop for caregivers or professionals who work with children and youth. This workshop will look at how sensory processing can impact on children's learning and daily functioning at home and school. Cost \$95 + GST, including morning tea. Meadowbank Community Centre, 29 St Johns Road, Meadowbank. Email [rachel@sensorycorner.co.nz](mailto:rachel@sensorycorner.co.nz) 09 271 0951

### **Toddler Day Out**

Great parenting fair. Fun for under 5's and their families. Saturday 13<sup>th</sup> May, 9am-2pm. Massey Leisure Centre, Cnr Don Buck & Westgate Drive. For more information contact 09 837 4849 or [www.violencefreecommunities.org](http://www.violencefreecommunities.org)

### **Tune In "Speech and Music Co-Therapy Group"**

Fun filled group sessions led by a music therapist and a speech therapist that use musical activities to develop social and functional language skills. The groups are organised around themes to help children develop their vocabularies and language comprehension, while allowing for plenty of opportunities for development of social skills and friendship through peer engagement and musical games. Preschool group age 2-5yo with caregivers, Monday 1.45-2.30pm, School age group 6-10yo with or without caregivers Monday 3-3.45pm. Raukauri Music Therapy Centre, \$30 per session. Starts 1<sup>st</sup> May. For more information contact Jen Ryckaert, [Jennifer@rmtc.org.nz](mailto:Jennifer@rmtc.org.nz) or 09 360 0889.

### **Wellbeing Support Groups – North Shore**

Mindfulness, Wednesdays 3<sup>rd</sup> May-7<sup>th</sup> June 10.30am-12pm. Raeburn House \$85 or free with doctor referra. Art Therapy, Mondays 8<sup>th</sup> May-3<sup>rd</sup> July, 10am-12.30pm, Norman King Community Hub, Northcote, \$105 or free with doctors referral  
Moving past depression Sunday 21<sup>st</sup> May-9<sup>th</sup> July, 1-3pm, Raeburn House, \$95 or free with doctors referral.

Overcoming Anxiety, Monday 1<sup>st</sup> May-29<sup>th</sup> May, 6.30-8pm, Norman King Community Hub, Northcote, \$85 or free with doctor referral.

Parenting Anxious Tweens and Teens, Sunday 21<sup>st</sup> May-11<sup>th</sup> June, 1-2.30pm, Norman King Community Hub, Northcote, Free for all.

Confidence, Wellbeing and Employment Guidance, Thursday 4<sup>th</sup> May for 6 weeks, 10-11.30am, Norman King Community Hub, Northcote, Free for all  
Tuesday 13<sup>th</sup> June for 6 weeks, 1-2.30pm, Norman King community Hub, Northcote, Free for all.

### **Wellbeing Support Groups – West Auckland**

Mindfulness, Monday 22<sup>nd</sup> May for 6 weeks, Walsh Trust, Henderson, \$85 or free with doctors referral.  
Moving Past Depression and Anxiety, Thursday 11<sup>th</sup> May for 6 weeks, Walsh Trust, Henderson, \$105 or free with doctors referral.

### **Wellbeing Support Groups – Rodney**

Enhancing Self Esteem and Communication Skills, Thursday 25<sup>th</sup> May-29<sup>th</sup> June, 7-9pm, Stanmore Bay \$95 or free with doctors referral.

Overcoming Anxiety, Monday 12<sup>th</sup> June-3<sup>rd</sup> July, 6.30-8pm, Orewa, \$85 or free with doctor referral.

### **Working with Parents' Anger**

Taking the heat off the child. For people working with parents, caregivers and families. Auckland 18<sup>th</sup> and 19<sup>th</sup> May. Mercy Spirituality Centre, Te Ngakau Waiora, 104 The Drive, Epsom, \$275 incl GST, 9am-4.30pm.

# **NOTICES**

## **Access4all**

ACCESS4ALL is a New Zealand-wide Accommodation and Activity Guide specifically designed for anyone, young or old, who has mild to major mobility difficulties. It is mainly visual so travellers and their support team can see and decide for themselves whether accommodation and/or activities in a particular destination might suit – because they are the experts. We do have some knowledge of this field as we have a few mobility impairments ourselves. Contact Richard 09 479 7702.

## **Auckland Disability Law Supported Decision Making Resources**

They have developed a set of resources as part of a project. The resources can be downloaded and distributed. If you would like printed copies please email [info@adl.org.nz](mailto:info@adl.org.nz). [Let's talk about Supported Decision Making](#), [Let's talk about Supported Decision Making – easy read](#), [Promoting Supported Decision making and the protection of personal and property rights act](#) and a [roadmap to success poster](#).

## **Big White Wall**

Big White Wall is an online support site available 24 hours per day, 7 days per week for people living in Auckland region. The site has over 15,000 members and contains resources and online group programs for a number of problems (eg. depression, anxiety, trauma). People use the site for a variety of reasons including loneliness, frustration, work stress, depression, and anxiety and gain support from talking to other users or just expressing their own experiences. You can access the site for free at [www.bigwhitewall.com](http://www.bigwhitewall.com) and entering an Auckland postcode

## **Care Matters**

Care Matters is a ground-breaking carer learning and wellbeing resource service, designed in New Zealand by carers specifically for carers in the disability community. Phone 0508 236 236

## **Carer/Housekeeper Required**

Carer/Housekeeper required for a person CFS (chronic fatigue syndrome) require a housekeeper/carer please can you advertise in our news letter saying (family of 3 require mature kind capable caring woman to look after our home and help with care for a mother and daughter 5 days /week for free boarding and wages). For more information contact Helene 027 308 9247 Based in Clevedon on a farm.

## **Carer required Bucklands Beach**

Chinese family with a 14 year boy with Autism live is looking for a support person to look after the child for after school or weekend. Male and Mandarin speaking prefer but not necessary. 6 hours per week, days and duration negotiable. If anyone is interested, please contact Jenny on 021 269 5192

## **Carer required Dannemora**

Thursday and Fridays - 8.30am to 3 pm – in home care, Dannemora, East Auckland. 21yr old young man, with special needs, verbal, mobile and happy, easy going when one on one, happy to chill at home or do some outings with the carer. Phone mum – Denise 021 2261362.

## **Carer Required Henderson**

We are in need of a carer to care for my 6 year old boy in Henderson on an ongoing part-time basis. He suffers from Tuberosus Sclerosis, is non verbal and can't walk. He suffers from epilepsy which is partially controlled. Hours 2.30-4.30pm on weekdays (Monday to Friday) and then full time in the school holidays. In the school holidays, you will be working 8am to 4.30pm although the ability to start as early as 6.30am is an advantage. Some light household duties around child would be required as well - such as unloading dishwasher, and doing the child's washing. You will also do personal care. No work experience is needed, although a background in childcare and/or experience working with children with special needs is highly desirable. To be suitable, you will: Need to be able to make a long-term commitment (at least a year) Be able to work as a self-employed contractor. This means that you will have to pay your own income tax. Please note that if you are currently holding a student visa, you are unlikely to be able to work as a self-employed contractor due to your visa conditions. If you have any questions about your student visa conditions, it is best to contact Immigration NZ for the most up to date advice. Be caring and reliable. Your own transport is an advantage, however there is public transport to the job location. Hourly rate is \$17-\$20, to be advised based upon experience. Please email Anita Garrett, [anita.garrett@icloud.com](mailto:anita.garrett@icloud.com)

## **CCS – What's new in the Library**

You can request free books from this service from CCS and will be couriered to you, like a library. Check out any books and if they don't have them they can get them in for you.

## **Community Investigation**

Community Investigation invites you to take a holistic look at community and explore questions such as, what does a healthy community look like and how can we create it? How does reciprocity work in community? It also provides methods and tools for exploring the talents of the community. This in turn should lead to a targeted allocation of practical and financial resources and in turn increase productivity for your organisation. It will allow you to look at and challenge the way your organisation functions on a day to day basis while remaining true to its vision. You will also develop a fresh understanding of how your organisation fits into the wider community. Community Investigation will empower your organisation to adopt fresh, innovative ideas and increase you relevance while providing tools for you to shed ideas that may be limiting your life in the community. Community investigation is an experience that empowers your organisation to be agents of change in an ever changing world. For more information contact Gray Ruffell, [info@grayruffell.co.nz](mailto:info@grayruffell.co.nz), 027 303 1079 / 06 870 8212

## Global Food and Friends

Calling all migrants and Kiwis. Join us at our friendship centre. Learn about kiwi culture, find out local services that can help to settle in NZ. Try foods from around the world and bring a small plate of finger food to share. Wide range of speakers and activities. Meet others, make friends and have fun. Everyone welcome, bring your friends and family along. Wednesdays 17<sup>th</sup> May, 7<sup>th</sup> June, 21<sup>st</sup> June. 10am-12pm. Level 1, Norman King Community Hub, 65 Pearn Cres, Northcote. Ph 09 441 8989 or email [info@raeburnhouse.org.nz](mailto:info@raeburnhouse.org.nz)

## Healthcare – where should I go?

Multilingual social media campaign: Aim: Promote family doctor (GP) enrolment and benefits of seeing a regular GP, pharmacist or urgent care clinic for urgent and less serious health concerns, and when to visit a hospital emergency department (ED) when seriously unwell or an emergency. As well as promoting cervical screening to Asian women (focus on those in the 25–29 age group who have low coverage) who would benefit from opportunistic screening. Launched for 8 weeks focusing on Asian, new migrants and students – primarily Chinese, Indian, Korean and Filipino groups living in the Auckland DHB area. Click here to see fliers in [English](#), [Chinese](#), [Korean](#), [Hindi](#).

## Healthcare – where should I go Videos in English, Chinese, Korean?

English - Alex – an international student went to hospital for insect bites. He was told he would wait three hours to be seen and pay double for the visit. Instead he booked an appointment and visited his local family doctor (GP) at the University Student Health Centre and was given advice on how to treat his itches. "I was happy I didn't have to wait long to see the GP, and could be treated in an easy, convenient way between my lectures".

Chinese - 艾利克斯，是一名国际留学生。他因为蚊虫叮咬去医院就诊，却被告知需要等候三小时并支付双倍的费用。随后，他选择了学校健康中心的当地家庭医生，并在那里得到非常及时有效的治疗建议。艾利克斯说“真高兴能有这么便利的途径，让我不用花时间在医院等医生就能在课间得到很好的治疗”。

Korean - 알렉스 - 유학생이 벌레에 물려서 병원에 갔습니다. 그는 세시간을 기다려야 하고 비용을 두배 정도 내야 한다고 들었습니다. 그래서 대학 안에 있는 학생 건강센터의 가정의(GP)를 예약하고 방문해서 가려움증을 어떻게 치료하는지 조언을 받았습니다. "가정을 만나기 위해 오래 기다릴 필요가 없어서 너무 좋아요. 그리고 강의 쉬는 시간에 쉽고 편리하게 치료를 받을 수 있었어요".

## One small step for your child, one giant leap for their education

Hi, my name is Julie and I am your local Footsteps Teacher working in the heart of the North Shore. I work with many local families in the area to provide the Footsteps 'Learn' Programme. Funded by the Ministry of Education our free home-based programme entitles your child/ren to receive regular visits from a qualified early childhood teacher like me when there is a caregiver (other than you, the parent) in place. The caregiver can be anyone who provides regular care to your child such

as a nanny, grandparent, relative or friend. I am trained to provide fun, one to one learning support, advice and ideas to ensure your child gets the best start. At Footsteps, we are committed to the highest quality which is why I receive an industry-leading 20 days training a year and have up to 75% smaller caseloads than other providers. When you enrol with Footsteps you will receive: 1:1 support to ensure tamariki are getting a personalised learning experience, regular visits from one of 55 qualified early childhood teachers working nationwide. Free learning resources tailored to your child's needs and interests. Learning folder - a folder celebrating your child's life story and achievements. Access to subsidies - to ensure you are getting the support your family is entitled to. Keen to find out more about how Footsteps can support you and your child? Call Marion on 0800 366 878 or go online to [www.footsteps.co.nz/learn](http://www.footsteps.co.nz/learn)

## Health and disability research involving adult participants who are unable to provide informed consent

The Health and Disability Commissioner is currently undertaking a public consultation in relation to health and disability research involving adult participants who are unable to provide informed consent to participate in the research. The opportunity to share your views on this important topic is rapidly coming to a close with the last date for making a submission being **Sunday 30 April 2017**. This is a follow up email to remind you that HDC would welcome a response from you. The Commissioner is seeking views from all interested people, including consumers, persons interested in the welfare of people unable to consent for themselves (such as family/ whanau), providers and researchers. At the conclusion of the consultation he will review all of the submissions received and will then decide whether to recommend any changes to the current law. The consultation document and submission form can be found at [hdc.org.nz](http://hdc.org.nz). The consultation document and submission form are also available in easy read format on HDC's website. If you have any questions please contact HDC on Free phone 0800 11 22 33.

## IHC Volunteering

The IHC volunteer programme is about friendship in the community. This is what makes a volunteer for IHC so unique. Spend time doing what you want to do, when you want to do it, with a person with an intellectual disability. By taking a moment to connect with someone with an intellectual disability you can make a positive change in someone's life and a new friend in the process. For more information click [here](#) and to find volunteers in your area for your young person.

## Job Café

Supporting Disability Employment. Our exceptionally important group of New Zealanders on the diversity spectrum needs more help than most – jobseekers with a disability. We help people find people. Whether you are a jobseeker, employer or recruitment agency we are keen to help our clients succeed. Our Purpose: Helping to make New Zealand a better place to live, work and play. Job Posting on JobCafe and/or using our talent pool (on-line recruitment system) To find out about advertising services, rates for JobCafe or to setup your own Job

Posting Account or enquire about using our talent pool solution - Email [Tony Cutting](mailto:Tony.Cutting@peoplenet.co.nz) or call / txt Tony on 021 911 722. JobCafe Coaching Services JobCafe provides Career Coaching services for people who need assistance in developing a career plan then executing this with a solid marketing strategy. Our JobCafe 'Available Now' service was developed to market these clients to employers across New Zealand. For employers and recruiters we can help develop you into proactive recruiters who build solid referral networks, attractive brands and find the people you are looking for. For further information about JobCafe Coaching services please contact Tony Cutting on 021 911 722 or email [tony.cutting@peoplenet.co.nz](mailto:tony.cutting@peoplenet.co.nz) or visit our JobCafe Coaching website at [jobcafecoaching.com](http://jobcafecoaching.com)

### **LifeKidz Youth Group – Community Participation Programme**

This programme is developed for Very High Needs and High Needs Youth for over 18year olds. Running Monday to Wednesday 8.30am-3pm. The vision for the youth programme is to: form a group for 18 year olds and over where they can express and excel in everyday life and experiences and join in the local community. Our facility at The Depot is wheelchair friendly, we have a large gym, playground, quiet rooms, large kitchen and social room. Our goal is to do a variety of activities every day including cooking, swimming, visiting our local library, villages and participating in community events. We will create personal goals for each youth member and help achieve them. Call Deearna and make a time to come and visit. We can discuss payment options with you. 09 533 6360 or email [deearna@lifekidz.org.nz](mailto:deearna@lifekidz.org.nz)

### **Mind over Manner**

Are a charity organisation that presents workshops to strengthen communication and connection with those teenagers who think learn and work differently These workshops are designed for the parents, siblings, families, community members first responders and professionals in close association with these teenagers. The teenagers may be undiagnosed high functioning or diagnosed with such labels as Asperger's, OCD, ADHD, Dyspraxia, ADD, ODD and others. They normalize what's often viewed as dysfunction or disability and reframes it as cognitive difference, levelling communication barriers between all of our neurodiversity. That person that's been put in that "label or box" is just another person. They were established because there is a desperate and exponential need for our workshops .We are all aware there is a significant increase in teenage anxiety , youth alienation, unemployment ,teenage runaways and youth suicide. Helps parents and professionals keep going when they just don't know what to do next. Mind over manner uses applied theatre techniques and works with theatre practitioners. By re-constructing highly-charged events drawn from life experiences, exercises deliver "active-reality" scenarios so parents, family, caregivers, teachers, youth workers and police have the chance to participate and reassess their responses to these most difficult times. If you are interested in booking a Mind over manner workshop please visit our website [www.mindovermanner.co.nz](http://www.mindovermanner.co.nz) or contact Susan Haldane 027 665 8084 (txt only) [sue@mindovermanner.co.nz](mailto:sue@mindovermanner.co.nz)

### **Music Therapy with Shari**

Shari is an Auckland-based, NZ Registered Music Therapist, providing contract music therapy services to a variety of facilities including a mental health service for older people in a hospital setting, aged care in residential and health settings, a choir for people living with neurological conditions, day services for adults living with disabilities, as well as private practice with clients in locations across Auckland. From young children to older generations; one-on-one, with families and in groups; in schools, rest homes, health care facilities and private homes; working with people with special needs, mental health needs, intellectual and physical disabilities and within neuro-rehabilitation. Email [shari.storie@outlook.co.nz](mailto:shari.storie@outlook.co.nz) or phone 021 574 274.

### **MyCare**

If you're looking for caregivers to support you and your child, take control of your home support needs and connect with a nationwide network of caregivers and support workers on [MyCare](http://www.mycare.co.nz). MyCare is an easy-to-use online platform and app that allows you to browse through thousands of helpers and support workers to assist with a wide range of services. Whether your child needs support with activities, a buddy, or help with personal care, MyCare gives you the power to select a helper that best suits your family's needs. Worker profiles allow you to check interests, experience and qualifications. You can also read reviews from other users to help gauge if their personality and skills are a good fit for you and your child. Simply download the app on [iOS](https://www.apple.com/ios) or [Android](https://www.android.com) or log onto [www.mycare.co.nz](http://www.mycare.co.nz) to list a job for free and find a suitable worker. Next, it's as simple as booking their time and making a payment through MyCare's secure payment system. [hello@mycare.co.nz](mailto:hello@mycare.co.nz), 0800 677 700, [www.mycare.co.nz](http://www.mycare.co.nz)

### **Primary Schools No Exceptions Training – All sports Halberg Trust**

Increase the participation of physically disabled young people in sport and physical education at primary school. No Exceptions Training empowers teachers and coaches to adapt sport, physical education and recreation activities to include physically disabled young people at primary school to increase their participation. For more information please contact your local Halberg Disability Sport Advisor via website [www.allsports.org.nz/contact](http://www.allsports.org.nz/contact)

### **Skids After School Programmes**

Runing out of Bairds Mainfreight Otara, Mayfield, Nga Iwi, Randwick Park, Robertson Road, Sutton Park after school quality programmes and are able to cater for some special needs children. Can provide most times a free service. Have arts and crafts, technology, cooking, movie day, fun day, sports and more. Provides healthy nutritious food and physical activity every day. Check out the above flier. For more information contact Ajneeta 027 627 5001 or email [ajneeta.skids@outlook.co.nz](mailto:ajneeta.skids@outlook.co.nz)

### **Strengthening Families – Franklin**

Empowering families to sort out their issues all at once in a coordinated way. Families are supported to achieve lasting results. It's about making a difference for families by connecting the services. For more info or to register contact 238 6233 or visit [www.strengtheningfamilies.govt.nz](http://www.strengtheningfamilies.govt.nz)

### **Strengthening Families – North Shore**

Are you feeling overwhelmed on how to navigate funding for your child, and would you like to receive increased support from the professionals and schools involved with your family? Julie Walker can help you with this by co-ordinating round table meetings with all those involved, identifying any further help that you can access for you or your child, collaboratively formulating an action plan, and facilitating a safe space where your concerns can be heard. This is a Ministry of Social Development free service, and is based at Raeburn House in Northcote Central. Phone 09 441 8989/027 498 7074

### **Supported Learning Courses**

We have 2 new programmes below that help learners whom have learning disabilities, it's designed to support students who need extra help, to gain skills and confidence to take on further study and or employment in the future. We currently have a variety of students with different needs we also keep class to a minimum of 10-12 for effective one on one learning. It is a free course for students 16 years and over. I have attached the Supportive Learning Brochure - Level 1 - NZ Certificate in Skills for Living, 20 weeks (55 credits)

Level 2 - NZ Certificate in Foundation Skills  
21 weeks (60 credits)

Manukau City Campus, MSL Training, 601-603 Great South Road, Manukau. Ph 0800 224 38 or [info@msltraining.ac.nz](mailto:info@msltraining.ac.nz)

### **StarJam spaces available**

Singing, dancing, drumming workshops for young people with disabilities in Auckland. Contact [auckland@starjam.org](mailto:auckland@starjam.org) for more information.

### **Talking Works Counsellor - Tom Didovich**

Tom is a well qualified NZAC Registered Counsellor, Coach and Mentor based in New Lynn, Auckland. He has worked with young adults on the autism spectrum and with mental health challenges. He specialises in anger management, emotional regulation and working with a wide range of issues including grief & loss, stress, anxiety and depression. He also works with couples, and facilitates therapeutic groups for men living without violence. Tom is a qualified pianist/musician and can bring musical elements into therapy, as well as drawing on his many years of experience working with animals. Contact Tom [tomdidovich@gmail.com](mailto:tomdidovich@gmail.com).

### **Te Ata Timetable Term 2**

Monday Zee Zumba 11am, Mosaic and Crafts, 1pm.  
Tuesdays Doubles Pool 10am, Art Journalling 1pm.  
Wednesdays Board Games 10am, Pamper Class 1pm  
Thursdays Art 10am, Film Class 1pm  
Fridays Creative Writing 10am, Pool Comp 1pm

### **Toolbox Parenting Courses and Parenting Through Separation**

Term 2 2017, Toolbox Parenting Courses

Early Years (0-6yrs): starts Monday 1<sup>st</sup> May, 7pm to 9.15pm (for 6 weeks) – Early Years is now full but taking registrations for August. Building Awesome Whanau (0-12yrs): starts Tuesday 2<sup>nd</sup> May, 7pm to 9.15pm (for 6 weeks) OR Thursday 4<sup>th</sup> May, 10am-12.15pm (for 6 weeks), Tweens and Teens (12+): starts Wednesday 3<sup>rd</sup> May, 7pm to 9.15pm (for 6 weeks)

Parenting Through Separation: once every week (alternating Thursday 6pm to 10pm, and Saturday 10am to 2pm). Both at Lifewise Family Services, 3131 Great North Rd, New Lynn. Ph Jess Hale 09 818 0205 email [jessh@lifewise.org.nz](mailto:jessh@lifewise.org.nz) or [www.lifewise.org.nz](http://www.lifewise.org.nz) for more information.

## **Articles of interest:**

[Living with a rare disease: Auckland teen writes book about how hard it is to look like everyone else](#)

[Learning triangle: Without the vestibular, visual and auditory working together, learning fails](#)

[Coding autism wants to diversify the tech industry with autistic talent](#)

[Teens playing woods find autistic child](#)

[I thought I would have to push shopping carts'. Man on autism spectrum tells politicians about his journey to employment](#)

[Aphasia rail trail – raising awareness of silent condition](#)

[Paralympians join forces with former Olympian swimmers](#)

[Inspirational Rotorua para-swimmer refuses to see disability as a limitation](#)

[Para-sailors turning heads at World Masters Games](#)

[From blind nerd to stand up comedian](#)

[Inclusive NZ deaf and hearing theatre to travel overseas](#)

[Access to data about disabled people improves](#)

[Big smile for new bike](#)

[Degrading restraints and seclusion still used to much in NZ](#)

[United Nations report slams New Zealand's use of solitary confinement](#)

[Ed Sheeran grants terminally ill superfan's dying wish](#)

[What about me? The story behind our autism sibling book](#)

[Autism families underfunded and unsupported - advocates](#)

[Grandma takes on epic Everest trek for grandson with cerebral palsy](#)

[Deaf man who was NZ's youngest to get a cochlear implant and graduate from University of Auckland](#)

[Lifeless child is introduced to therapy dog. Then miraculously begins to show life](#)

[One in five children need special help but aren't funded for it](#)

[Getting people with autism into work](#)

[Time to recognise support staff](#)

**In order to keep informed about important issues, seminars and changes to any seminars it is important that you LIKE us on Facebook !**

**Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#)**

## **NEWSLETTERS**

[Auckland e-News](#) – 3 May 2017      [Auckland e-News](#) - 27 April 2017  
[Be Accessible](#) – April 2017  
[Cald Newsletter Child Health and Disability Programme](#) – April 2017  
[Carers NZ](#) – April 2017      [Carers NZ](#) – 20 April 2017  
[Changing Minds](#) – April 2017  
[Children's Autism](#) – April 2017  
[Communitycations](#) – 26 April 2017      [Communitycations](#) – 4 April 2017  
[Dance Therapy](#) – March 2017  
[Deaf Aotearoa April 29](#)      [Deaf Aotearoa 8 May](#)      [Talking Hands Magazine](#)  
[e-Cald news](#) - May 2017  
[Edushop](#) – April 2017  
[Health Link North](#) – April 2017  
[Health Quality & Safety Commission E-update](#) – April 2017  
[Independent Living Services](#) – March 2017  
[I-sign update](#) – March 2017  
[Kia Maro Enable NZ](#) – April 2017  
[Mapura Studios](#) – March 2017  
[NZDSN](#) – March 2017  
[On the Radar \(Rare Disease Advocacy and Research\)](#)  
[Parent to Parent newsletter](#) – April 2017      [e-news](#) 2 May 2017      [Magazine](#) – March 2017  
[Raukauri Newsletter](#) – Autumn 2017  
[Recreate NZ newsletter](#) – Term 2 2017  
[Sands Expressions](#) – March 2017  
[Special Olympics Fanletter](#) – April 2017  
[Te Ata Newsletter](#) – Term 2 2017  
[The Asian Network Newsletter \(TANI\)](#) – Autumn 2017  
[Total Mobility Newsletter](#) – March 2017  
[Waitakere Health Link](#) – April 2017  
[Whanau Marama](#) – May 2017



*helping families*

**From the Disability Connect Team**  
**Lisa, Virginia, Robyn, Sanny, Angela and Asoka**  
[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)

Join us on [Facebook](#) and follow us on [Twitter](#)

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