

**disability  
connect.**

*helping families*

*Vision*

That people with disabilities and their families are able to lead the lives they want

*Core Value*

To respect and support choice

*Mission*

To lead change and influence change for people with disabilities and their families.

**e-bulletin – week beginning 19 June 2017**

Parent & Family  
Resource Centre  
Trading as  
Disability Connect  
[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)  
Phone: 09 636 0351  
PO Box 13385, Onehunga  
3B Olive Road,  
Penrose

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**Please note that going forward due to increasing costs, it is necessary for us to charge professionals \$50 including GST each per seminar. There is no charge for parents.**

## **Disability Connect news**

### **Support groups – Disability Connect**

Disability Connect offers culturally appropriate support (including three support groups) to families with children of special needs as part of the CALD service (Culturally and Linguistically Diverse Disability Information and Advisory Service):

#### **Chinese Families Autism Support Group**

Runs every third Tuesday of the month. This month our meeting is on the 20<sup>th</sup> June, 9.30am-1pm. Dates for rest of year 25<sup>th</sup> July, 15<sup>th</sup> August, 19<sup>th</sup> September, 17<sup>th</sup> October, 21<sup>st</sup> November, 5<sup>th</sup> December Please contact Sanny Chan at Disability Connect for more information on our meetings. To see flier in [English](#) or [Chinese](#) click here Contact Sanny 09 526 1298 (DDI) or 09 636 0351 or [sanny@disabilityconnect.org.nz](mailto:sanny@disabilityconnect.org.nz)

#### **Culturally Diverse Support Group (Otahuhu)**

This support group runs monthly at Mt Richmond School, 30 Albion Road, Otahuhu, 5.30-8pm. 29<sup>th</sup> June. Dates for rest of year - 27<sup>th</sup> July, 24<sup>th</sup> August, 28<sup>th</sup> September, 26<sup>th</sup> October, 23<sup>rd</sup> November, 14<sup>th</sup> December All families with special needs are welcome to join this group – we welcome everyone from any culture and any disability. It is a great opportunity for

parents to share their experience and network with each other. Please contact Asoka at Disability Connect for more information or bookings – phone 09 636 0351 or 027 457 8571 or email [asoka@disabilityconnect.org.nz](mailto:asoka@disabilityconnect.org.nz)

#### **Indian Families Social Group - Otahuhu**

This is held at Otahuhu Town Hall Community House. 3<sup>rd</sup> July 6-8pm. And 27<sup>th</sup> July. Indian families are very welcome to this meeting. It will follow a relaxed 'conversational' environment. Everyone is free to talk amongst themselves, make new friends, connect for support or just ask any questions you may be interested in. Please email [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) or [asoka@disabilityconnect.org.nz](mailto:asoka@disabilityconnect.org.nz) or phone 09 636 0351 or text/phone 027 457 8571 to book.

#### **Disability Connect has a Social Worker**

This [social worker role](#) is to provide advocacy, support and practical help to families and individuals with a disability. Click on the link to find out more about this Service which is free to families. We welcome new referrals either directly from families or from professionals. Referral forms are available on our website.

# **DISABILITY CONNECT** **SEMINARS AND INFORMATION**



## **2017 Seminars by Disability Connect**

[For a link to all upcoming seminars in PDF form click here](#)

### **Education Legal Issues**

*North Auckland* - Wednesday 6<sup>th</sup> September 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Place, Albany

*Central Auckland* - Thursday 28<sup>th</sup> September 12-2pm  
Disability Connect, 3b Olive Road, Penrose

*South Auckland* - Tuesday 14<sup>th</sup> November 7-9pm  
Clover Park Community House, 16 Israel Ave, Clover Park

### **Living Options**

*North Auckland* - Thursday 22<sup>nd</sup> June 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Pl, Albany

*East Auckland* - Wednesday 30<sup>th</sup> October 7-9pm  
Highland Park Community House, 47 Aviemore Drive, Highland Park

*West Auckland* - Thursday 14<sup>th</sup> September 7-9pm  
Hub West, 27 Corban Avenue, Henderson

*South Auckland* - Thursday 19<sup>th</sup> October 7-9pm  
Otahuhu Town Hall, 10-16 High Street, Otahuhu

*North Auckland* - Tuesday 24<sup>th</sup> October 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Place, Albany

### **Central Auckland**

Wednesday 1<sup>st</sup> November 12-2pm  
Disability Connect premises, 3b Olive Road, Penrose

### **Planning for Adulthood – The Legal Framework around Disability and Disability Rights**

*Central Auckland* - Thursday 7<sup>th</sup> September 12-3pm  
Disability Connect premises, 3b Olive Road, Penrose

*North Auckland* - Wednesday 27<sup>th</sup> September 6.30-9.30pm.  
Yes Disability Resource Centre, 3 William Laurie Place, Albany

*South Auckland* - Thursday 26<sup>th</sup> October 6.30-9.30pm  
Clover Park Community House, 16 Israel Ave, Clover Park

### **Sexuality Education for people with intellectual disabilities workshop, Fully booked**

Annette Milligan is a sexual health nurse and educator who has developed a series of resources to support parents and educators teach people with intellectual disabilities about all those intimate things that can be so hard to deal with. Topics – Relationships, dating, asking permission, safety in relationships, hygiene, how to ask for help. Parents, teachers, caregivers, teacher aides or anyone interested in the development of people with learning disabilities. We are fully booked for July and August seminars. We endeavour to offer more of these later in the year so

please register you list so we can put you on the waitlist for this. Disability Connect, 3b Olive Road, Penrose. Please register [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) or 09 636 0351.

### **Transition**

*Central Auckland* - Wednesday 21<sup>st</sup> June, 12-2pm,  
Disability Connect, 3b Olive Road, Penrose

*South Auckland* - Wednesday 5<sup>th</sup> July 7-9pm,  
Mt Richmond School, 30 Albion Road, Otahuhu

*Central Auckland* - Wednesday 21<sup>st</sup> June 12-2pm  
Disability Connect premises, 3b Olive Road, Penrose

*South Auckland* - Wednesday 5<sup>th</sup> July 7-9pm  
Mt Richmond Special School, 30 Albion Road, Otahuhu

*Central Auckland* - Thursday 31<sup>st</sup> August 12-2pm  
Disability Connect premises, 3b Olive Road, Penrose

*North Auckland* - Wednesday 20<sup>th</sup> September 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Place, Albany

*West Auckland* - Tuesday 17<sup>th</sup> October, Oaklynn  
Special, School, 20 Mayville Ave, New Lynn

*South Auckland* - Tuesday 31<sup>st</sup> October 7-9pm  
Otahuhu Town Hall, 10-16 High Street, Otahuhu

### **Transition Expo – 8 August 2017 – save the date!!!** “The progression from school to community life”

Our popular Expo is happening again. Mt Eden War Memorial Hall, 489 Dominion Road, from 9am – 2.00pm

### **Work and Income**

*North Auckland* - Tuesday 27<sup>th</sup> June, 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Pl, Albany

*North Auckland* - Wednesday 16<sup>th</sup> August 7-9pm  
Yes Disability Resource Centre, 3 William Laurie Place, Albany

*Central Auckland* - Wednesday 25<sup>th</sup> October 12-2pm  
Disability Connect, 3b Olive Road, Penrose

*West Auckland* - Tuesday 7<sup>th</sup> November 7-9pm  
Hub West, 27 Corban Avenue, Henderson

### **Activities, after school and holiday programmes**

### **Conferences / Events outside of Auckland**

### **Counselling Services and Support Groups**

### **Disability Sector Project Information and research**

### **Discounted Activities across Auckland listed by Region**

### **Holiday Programmes and Holiday Activities**

### **Other organisations information**

Please click on the above section links to see more information and providers

Please look on our [Useful Links](#) section of our website for more services / organisations

# **SEMINARS/TRAINING/ CONFERENCES**

## **Altogether Autism's 2017 Conference 'Transitions #Breakthrough 2017'**

Will be held at Holiday Inn Auckland Airport., 2 Ascot Ave, Mangere, 19-20<sup>th</sup> July. Keynote speakers, Emeritus Professor Rita Jordan, Sue Kinnear, Jason Edgecumbe. Consumer/Family/Whanau \$420 or Professional \$640. Conference programme is [here](#)  
Register at [www.altogetherautism.org.nz/conference](http://www.altogetherautism.org.nz/conference)

## **ARMS Workshops for new migrants and refugee families**

NZ's Education system and library services, NZ Health system and community safety, Home ownership and tenancy in NZ, Budgeting and financial systems in NZ, Legal rights and responsibilities in NZ, Legal advice, immigration advice. A variety of dates in June. For more information contact [reception@arms-mrc.org.nz](mailto:reception@arms-mrc.org.nz) or 09 625 2440.

## **Choices**

The NZDSA and IHC Community Advocacy welcome you to free fun workshops to help you think about how you make your own decisions and choices. Wednesday 15<sup>th</sup> and 29<sup>th</sup> June - 10am-1pm. Te Ngakau Waiora Mercy Spirituality Centre, 104 The Drive, Epsom. Register by 12<sup>th</sup> May [neo@nzdsa.org.nz](mailto:neo@nzdsa.org.nz) or 0800 693 724 press 1 – Zandra

## **Child Matters**

Child Matters is running a 1-Day Workshop: "Identifying and Responding to Vulnerability and Child Abuse" in Auckland - Central on the Tuesday 20<sup>th</sup> June 2017. With recent changes to legislation and New Zealand's horrific child abuse record, there has never been a better time to invest in Child Protection Training. Early intervention is key! Anyone working with children on a daily basis is best placed to notice if a child is at risk. 1-Day Public Workshop, Numbers are Limited - Maximum 30. Cost per Person \$185.00 excluding GST. To register, please see: [https://www.tfaforms.com/401541?tfa\\_7628=tfa\\_7629](https://www.tfaforms.com/401541?tfa_7628=tfa_7629)

## **Community Workshops – Coordinating ongoing engagement with council and community groups**

Auckland Council has teamed up with *Think Place* to look at how we coordinate relationships with community groups. Over the next few weeks, we will be hosting workshops with community members to look at how council coordinates its ongoing engagement with community groups. Through interviews and looking at existing research (which many community groups across Auckland were previously involved with) a number of challenges in how council currently coordinates ongoing relationships with community groups have been identified. We now want to look at ideas and strategies for what we can do to address the challenges. Our process includes the following stages:  
1. Understanding the challenge (interviews and key documents)

2. Exploring solutions for key opportunities (community and council staff workshops)  
3. Prototyping strategies (walk-through and interviews)

4. Refining and sharing (stories and report)

We are looking for a range of people from diverse community groups to be involved in our workshops. You don't have to be the most out-spoken person to get involved, you just need to be curious, have ideas and want to help council improve how it connects with community groups. The workshops are 2 hours, and include 30 minutes for mihi whakatau and lunch, and 1.5 hours for developing ideas.

Workshops:

**West** – New Lynn Community Centre, Thursday, June 29<sup>th</sup> 12-2pm

**South** – Papatoetoe Town Hall, Tuesday, July 4<sup>th</sup> 12-2pm

**North** – Venue TBC, Thursday, July 6<sup>th</sup> 12-2pm

Contact Kelsi – [Kelsi.cox@aucklandcouncil.govt.nz](mailto:Kelsi.cox@aucklandcouncil.govt.nz)

## **Effective Discipline**

Most suitable for parents of children 4-11 years. You will learn 24 practical skills and strategies of how to positively discipline your child by building a strong relationship with them. This relationship enables them to be more willing to listen your instruction and guidance while teaching them to take care of their personal responsibilities. Term 2 every Tuesday morning 9.30am-12.30pm, 2<sup>nd</sup> May-4<sup>th</sup> July, course costs \$50. Email [elizabeth@whanaumarama.co.nz](mailto:elizabeth@whanaumarama.co.nz) or [tamati@whanaumarama.co.nz](mailto:tamati@whanaumarama.co.nz) or 09 441 0209.

## **Managing Behaviours in children**

Using Visual Strategies and Resources, 11<sup>th</sup> August 2017, 9.30-11.30am, \$45 per person. Learn how to use supports that visually provide behaviour management strategies. Blockhouse Bay Community Centre. 524 Blockhouse Bay Rd, Blockhouse Bay, Auckland. To book a place email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz) places are limited.

## **Social and Friendship Skills Workshop – Children's Autism Foundation**

This workshop is for families and carers of children 2-12 year olds who are on the autism spectrum. Topics include – Boosting your child's self esteem, learning to problem solve, making friends and getting on with others. 2 hour workshop, 4<sup>th</sup> July 7-9pm, Yes Disability, 3 William Laurie Place, Albany. Speakers Arletta van den Bosch – Family and Child Counsellor and Gera Verheul – Service Manager. Free for families and carers who register [www.autism.org.nz](http://www.autism.org.nz) or \$40 per professional.

## **Supported Decision Making Workshop**

The NZDSA is calling for final registration from families and people who support or educate people with Down Syndrome in Auckland to attend this workshop facilitated by Community Advocacy Team at IHC. Wednesday 14<sup>th</sup> – June - 5.8pm or 28<sup>th</sup> June 10am-1pm. Te Ngakau Waiora Mercy Spirituality Centre, 104 The Drive, Epsom. Register by 12<sup>th</sup> May [neo@nzdsa.org.nz](mailto:neo@nzdsa.org.nz) or 0800 693 724 press 1 – Zandra

# **UPCOMING EVENTS AND ACTIVITIES**

### **Adapted Gymnastic Classes**

Gym City Papatoetoe's new disabled programmes. These are great opportunities for disabled young athletes to learn gymnastic skills. Preschool classes are held Mondays 1-2pm \$84 per term and Gymfun (5-12year olds) Wednesdays 3.30-4.30pm, \$18 per term (Kiwisport funding confirmed). To register contact Gymcity Manager Rowena 09 279 9400.

### **Art and Soul – North Shore**

There are open days on Wednesday mornings in Milford senior citizens hall, 10.15-11.45am which explain all the programmes they offer, how to pay for this. There is a 1:4 ratio of carers to young adults. Offer several programmes – Art Club, Band and Drumming, Computer Skills, Dance Club, Day Tripper Club and Zine Club. Run throughout the week for over 21year olds who have left full time education, based for families living on the North Shore. More details can be found in our activities attachment page. For more information phone Kate 021 028 36465 or email [artandsougroups@gmail.com](mailto:artandsougroups@gmail.com)

**Artist in Movement Classes** Māpura Studios has openings in their Artist in Movement class (Mondays 12.30-2pm) for adults with disabilities and their Kids' Open Studio class for children aged 5-12 with ASD and other special needs (Tuesdays 4- 5.30 pm). Enrolments are also open for Creative Music Group with the new time of Thursdays 1-2.30pm Contact [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361

### **Attitude Award Nominations**

Attitude Awards Nominations are open! If you know of anyone deserving within your networks, please nominate them. Information about the Awards can be found here: [attitudelive.com/awards](http://attitudelive.com/awards)

The categories are:

- ACC Employer Award
  - Youth Spirit Award
  - Making A Difference Award
  - Artistic Achievement Award
  - Entrepreneur Award
  - Leadership Award
  - Spirit Of Attitude Award
- Nominations close 28<sup>th</sup> June

### **Auckland Whanau Special Needs Support Group**

PACT Building, 311 Great South Road, Papatoetoe. A great way to meet other families and just get together. Meetings are held monthly July 14<sup>th</sup>, August 8<sup>th</sup>, September 5<sup>th</sup>, October 17<sup>th</sup>, November 7<sup>th</sup>. Please bring a plate to share. Children are very welcome and there is a big play area for them. For more details search [Auckland Whanau Special Needs Support Group on Facebook](#)

### **Bloom are looking for a paid co-ordinator**

We are looking for a paid coordinator to take Bloom into the future. Job description available on request. Our plan will be to be open for 5 mornings a week from the 1<sup>st</sup> of July. Until then we will be open on Thursdays and Saturdays. Contact - [food4soulandsenses@xtra.co.nz](mailto:food4soulandsenses@xtra.co.nz) Ineke Dirkzwager 021 084 92604 or Nicki Turner - [bloompukekohe@gmail.com](mailto:bloompukekohe@gmail.com) 021 022 25542

### **Charlies Playdate at Takapuna Playground**

Saturday 24<sup>th</sup> June, 10am-1pm. Join Charlie for a fun playdate to celebrate inclusiveness. Free face painting and kid's entertainment. All welcome.

### **Diabetes Self-Management Programme January-December 2017**

6 weeks duration, designed for people living with type 2 diabetes and or their caregivers. The DSMP diabetes programme helps participants to develop self-management skills to deal with the challenges of living well with diabetes. Available in Samoan, Cantonese, Mandarin, Hindi and Punjabi languages and at venues and times to suit different communities within West Auckland Waitemata DHB.

### **Drama Classes – Interacting Theatre**

Mondays 1-2.30pm, \$10 per class. Phab, Auburn St, Takapuna, For more details and bookings contact Paula 09 849 5595 [interacting@ihug.org.nz](mailto:interacting@ihug.org.nz)

### **Fitness Fun Class**

An activity class to get individuals with special needs or learning difficulties (e.g. Dyslexia) to have fun while learning new skills. This class includes balance, agility, fitness and upper body strength and activities in a fun environment. The class consists of routines and free time. We look at the needs and abilities of each child and provide activities that suit those needs. Please email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz) if you are interested in finding out more about the class or enrolling.

### **Interact 2017**

Corban Estate, Henderson. 25-27<sup>th</sup> October. Contact Paula, [interactfest@gmail.com](mailto:interactfest@gmail.com) or ph 09 849 5595 or check out our website [www.interacting.org.nz](http://www.interacting.org.nz)

Have you produced art work? Dance, music, Kapa Haka or performance pieces? Wearable art for the parades? You don't have to prepare something new, it may be something you have already performed but would love to share it with all the people who come to InterACT. It takes 2 mins to fill out this link and it's the first step to being part of this exciting event. <https://tinyurl.com/interactfest>

### **Jubilee Sailing Trust – Set Sail Adventure**

This programme will only be running between 3<sup>rd</sup> May and 8<sup>th</sup> August this year so book now to secure an adventure of a lifetime! All ages welcome. JST is a globally unique, UN-accredited charity which utilises the adventure of tall ship sailing to unlock human potential and break down barriers between people of different circumstances - especially between people living with disability and the non-disabled. Our vessel, Tenacious, is the world's largest operating timber hulled vessel and has voyaged over 18,000 nautical miles from Southampton UK to deliver a programme of voyages and day sails in New Zealand. She has been built from the ground up to accommodate a crew where half can have a disability or impairment of some kind and the other half is made up of people who are non-disabled. The JST voyage experience is open to all ages and encourages self-discovery and cultivates active participation. The supportive and well-designed environment quickly breaks-down



prejudice, promotes equality and mutual understanding. It is where people find new strengths and learn to see strengths in others without being diverted by a perceived weakness. The effect is an immersive personal development experience, increasing life skills and self-belief. It is also about enjoying yourself and making new friends. To see a video of our life on board click [here](#) or check out our website for more details – [www.jst.org.nz](http://www.jst.org.nz) Our programme in New Zealand is open to all ages but will only be running between May and August this year so book now for the adventure of a lifetime with a crew like no other! To check out our voyages go to [www.JST.org.nz/voyages](http://www.JST.org.nz/voyages) Contact Ben on [ben.gould-smith@jst.org.nz](mailto:ben.gould-smith@jst.org.nz) or 027 552 6545.

### **Mixed Abilities Rugby**

Done in collaboration with IMAS (Internationally mixed ability sports) which is a proven model started in England to include everyone in mainstream sports. Mixed ability involves players, coaches, volunteers both with and without disabilities in mainstream sport activities, generating social inclusion and improving health, confidence and social skills. Mixed Ability Rugby can sound like a daunting idea in a sport known for its physicality, however within the wider rugby offer. To start we will organise a 'Have a go' training where we would like to invite anyone who is keen to join our Mixed ability Rugby team, trainings will be on Monday evening 6.30-8pm, College Rifles, Remuera. Please contact expression of interest via [marugby.nz@gmail.com](mailto:marugby.nz@gmail.com) so we can inform you of start date. Or contact 027 246 8461

### **Mum's Kitchen Rules workshops, from August 9**

Free cooking classes, Mum's Kitchen Rules, are available for Māori and Pacific mums. For pregnant women or families of children up to two years. Places will go quickly. Three workshops, 9 August, 16 August and 23 August, 10am-12noon, Manukau City Baptist Church, 9 Lambie Drive, Papatoetoe. To register phone 021 512 018 or text MKR. Read more [here](#)

### **Otahuhu Town Hall Activities**

A variety of different activities during the week. Chen style Tai Chi, Free CV workshops, flower arrangement, line dancing, dance17, Fit club, Yjam, cooking. For all information and other programmes [click here](#). There is also after school, before school and holiday programmes available.

### **Pain Self Management Education**

16<sup>th</sup> August running for 6 weeks, 10am-12.30pm. East Health Trust, 260 Botany Road, Unit B, Golflands. For people with chronic pain lasting more than 3 months. Topics include Healthy Eating, problem solving, communications, strategies for managing pain, fatigue and frustration. Contact Shirley Bernhard on 538 0599 or email [shirleyb@easthealth.co.nz](mailto:shirleyb@easthealth.co.nz)

### **Papatoetoe Football Adapted Programme**

A great opportunity to learn football or enhance skills under Papatoetoe United Football Club coaches! The programme runs for 8 weeks and is open to young people (5years plus) with a physical impairment who are ambulant or uses walkers or sticks for mobility. Saturdays 1-2.15pm, Kolmar Centre (Indoor Cricket

Nets) off Sutton Cres, Papatoetoe \$85 for the year. Contact Paul Ralph 021 456 534 [paulralph@advancemarketing.co.nz](mailto:paulralph@advancemarketing.co.nz) to register

### **Safari Multicultural Playgroup**

They welcome families from all cultural backgrounds living locally, as well as former refugee families Safari Henderson – Henderson Baptist Church, 321 Great North Road, Henderson and Safari Lynfield – YMCA Lynfield, 16 Griffen Rd, Lynfield, Safari Papatoetoe – PACT building, 311 Great South Road, Papatoetoe. Time 9.30am-12pm. Contact Cherie at [cherieb@arms-mrc.org.nz](mailto:cherieb@arms-mrc.org.nz) or 09 973 2852

### **Sensory Processing Workshops – Making Sense of the Senses**

Making sense of the senses – 23<sup>rd</sup> June 10am-1pm, A workshop for caregivers or professionals who work with children and youth. This workshop will look at how sensory processing can impact on children's learning and daily functioning at home and school. Cost \$95 + GST, including morning tea. Meadowbank Community Centre, 29 St Johns Road, Meadowbank. Email [rachel@sensorycorner.co.nz](mailto:rachel@sensorycorner.co.nz) 09 271 0951

### **Sign Language Sessions**

**South Auckland** - Elevator-Geneva, 621 Great South Road, Manukau. Wednesday 12<sup>th</sup> July, 6.30-8.30pm.  
**Central Auckland** – Parnell Community Centre, 545 Parnell Road, Parnell, Monday 26<sup>th</sup> June, 6.30-8.30pm. \$50 per person including handouts

### **Special Olympics Training Opportunities Programme**

Special Olympics sports training sessions are held weekly in most areas, except Public Holidays, and school holidays in some areas. Groups break around the first week in December and resume in early February. Please ensure you contact the Coordinator before attending a training session to ensure there haven't been any changes to the timetable. Activities include Ten Pin Bowling, Swimming, Equestrian, Basketball, snow Sports, Football, Basketball, Golf, Indoor sports, Table tennis, Powerlifting, Athletics, Indoor bowls, Boccia in different areas. Run in Hibiscus Coast, Greenhithe, North Harbour, Waitakere, Central Auckland, Howick/Pakuranga, Manukau, Pukekohe, Mangere, Tamaki, Papakura. Click on above link for the contact details or each area.

### **Te Reo Hapai**

Te Pou o te Whakaaro Nui cordially invites you to the launch of our resource 'Te Reo Hāpai – The Language of Enrichment' – a glossary of terms and phrases in Te Reo Māori used in the mental health, addiction and disability sectors. Please see the flyer attached for more information. To register for the Tāmaki Makaurau - Auckland event on 26 June, please click here: <https://www.tepou.co.nz/events/te-reo-hapai-the-language-of-enrichment/1213>. For more information about this resource please contact Keri Opai at [Keri.Opai@tepou.co.nz](mailto:Keri.Opai@tepou.co.nz)

### **Wellbeing Support Groups – Rodney**

Overcoming Anxiety, Monday 12<sup>th</sup> June-3<sup>rd</sup> July, 6.30-8pm, Orewa, \$85 or free with doctor referral.

### **Winter Camp 2017**

Mi Camp, Taupo. 6<sup>th</sup> July-9<sup>th</sup> July. Winter Camp offers a unique experience for students aged 8-12, You will have the opportunity to experience the snow (weather permitting) make new friends and have a go at new activities. Winter Camp is designed for young students who have not been on a Blind Foundation Camp before. Attendees must be blind and vision impaired 8-12 yo members who have not experienced a Blind Foundation camp before. Individuals who have some independence with self care and able to follow verbal instructions. Cost \$100. Please send application form [lsharp@blindfoundation.org.nz](mailto:lsharp@blindfoundation.org.nz). [Application form is here](#)

## **NOTICES**

### **Access4all**

ACCESS4ALL is a New Zealand-wide Accommodation and Activity Guide specifically designed for anyone, young or old, who has mild to major mobility difficulties. It is mainly visual so travellers and their support team can see and decide for themselves whether accommodation and/or activities in a particular destination might suit – because they are the experts. We do have some knowledge of this field as we have a few mobility impairments ourselves. Contact Richard 09 479 7702.

### **Adaptive Athletes**

Personal Training, Fitness Programmes, Group classes, Special courses and many more. Contact Adam 021 289 5044

### **AS Club Beachlands Log Cabin Support Group**

Meeting first Friday every month, 6.30-8pm, Log cabin, cnr Wakelin Road and Ealing Crescent. For mums, dads and kids including siblings. Contact [Sue](#) for more information. We also have mums only outings to the movies or dinners every now and then.

### **AT HOP accessible concession process**

Auckland Transport are reviewing the AT HOP accessible concession process and would like to hear your feedback, about any issues/problems you have experienced or anyone you know in terms of getting the card. Anna Haggerty is the lead. Can you please contact Anna email [Anna.Haggerty@at.govt.nz](mailto:Anna.Haggerty@at.govt.nz). Anna will contact you about the next steps.

### **Auckland Disability Law Supported Decision Making Resources**

They have developed a set of resources as part of a project. The resources can be downloaded and distributed. If you would like printed copies please email [info@adl.org.nz](mailto:info@adl.org.nz). [Let's talk about Supported Decision Making](#), [Let's talk about Supported Decision Making – easy read](#), [Promoting Supported Decision](#)

[making and the protection of personal and property rights act](#) and a [roadmap to success poster](#).

### **Auckland Whanau Special Needs Support Group**

Parents of children who have special needs often feel isolated, judged and frustrated until they meet other parents sharing a similar journey. To provide a fully inclusive support network for whanau or carers who are or have raised a child or is a person with special needs. They have a monthly support morning tea at PACT, 311 Great South Road, Papatoetoe on a Tuesday. For more details either look up Auckland Whanau Special Needs Support Group on Facebook or phone Marlene on 021 120 3235

### **Big White Wall**

Big White Wall is an online support site available 24 hours per day, 7 days per week for people living in Auckland region. The site has over 15,000 members and contains resources and online group programs for a number of problems (eg. depression, anxiety, trauma). People use the site for a variety of reasons including loneliness, frustration, work stress, depression, and anxiety and gain support from talking to other users or just expressing their own experiences. You can access the site for free at [www.bigwhitewall.com](http://www.bigwhitewall.com) and entering an Auckland postcode

### **Bowling Party Free Tickets**

Manukau Superstrike, 573 Great South Road, Manukau, 2 July, 12-1pm. Food, drinks and entertainment provided. Please email us on [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) for a ticket. One ticket per person only per family as we have very limited tickets. (One ticket only per family) We will give tickets to families that haven't received tickets already this year first. When we have limited tickets please look on our facebook page as we always put them there first.

### **Care Matters**

Care Matters is a ground-breaking carer learning and wellbeing resource service, designed in New Zealand by carers specifically for carers in the disability community. Phone 0508 236 236

### **Carer required Bucklands Beach**

Chinese family with a 14 year boy with Autism live is looking for a support person to look after the child for after school or weekend. Male and Mandarin speaking prefer but not necessary. 6 hours per week, days and duration negotiable. If anyone is interested, please contact Jenny on 021 269 5192.

### **Carer required Dannemora**

Thursday and Fridays - 8.30am to 3 pm – in home care, Dannemora, East Auckland. 21yr old young man, with special needs, verbal, mobile and happy, easy going when one on one, happy to chill at home or do some outings with the carer. Phone mum – Denise 021 226 1362.

### **Carer Required Henderson**

We are in need of a carer to care for my 6 year old boy in Henderson on an ongoing part-time basis. He suffers from Tuberous Sclerosis, is non verbal and can't walk. He suffers from epilepsy which is partially controlled. Hours 2.30-4.30pm on weekdays (Monday to Friday) and then full time in the school holidays. In the school holidays, you will be working 8am to 4.30pm although the ability to start as early as 6.30am is an advantage. Some light household duties around child would be required as well - such as unloading dishwasher, and doing the child's washing. You will also do personal care. No work experience is needed, although a background in childcare and/or experience working with children with special needs is highly desirable. To be suitable, you will: Need to be able to make a long-term commitment (at least a year) Be able to work as a self-employed contractor. This means that you will have to pay your own income tax. Please note that if you are currently holding a student visa, you are unlikely to be able to work as a self-employed contractor due to your visa conditions. If you have any questions about your student visa conditions, it is best to contact Immigration NZ for the most up to date advice. Be caring and reliable. Your own transport is an advantage, however there is public transport to the job location. Hourly rate is \$17-\$20, to be advised based upon experience. Please email Anita Garrett, [anita.garrett@icloud.com](mailto:anita.garrett@icloud.com)

### **CCS – What's new in the Library**

You can request free books from this service from CCS and will be couriered to you, like a library. Check out any books and if they don't have them they can get them in for you.

### **Council Local Board Engagement**

No local board has access or disability projects in it at present, in terms of a budget line; this might be a real concern, seeing that there are heaps of projects around youth, ethnic diversity, migrants, older persons, etc. Do use this chance to go to the Have your say events and to make submissions and even to address someone from your local board. 30<sup>th</sup> June.

### **First Signs Website**

Deaf Aotearoa is proud to announce the new First Signs website is now live. The site features information about the First Signs service, as well as videos for families with Deaf or hard of hearing children aged 0-5. Families can use these videos to support their child's learning and links to further resources. Big thanks to the stars of the website, Carter and Elliot, and their families. You can visit the website at [www.firstsigns.co.nz](http://www.firstsigns.co.nz)

### **Having a good GP is important to everyone**

The three Auckland DHBs in partnership with the city's Primary Health Organisations (PHOs) want to provide you with more user-friendly and accessible information about general practices (GPs). This will help you make informed choices when deciding which GP is for you. We also want to learn more about your experience of visiting the GP. We are running a number of community workshops to learn more about

what matters to you when visiting the GP, and to give you an opportunity to have a say about what information is most relevant and useful when choosing or changing GPs. The workshops will take two hours and there is free onsite parking at all venues. We will provide a light morning/afternoon tea or supper and a gift voucher in appreciation of your participation. 7<sup>th</sup> June - Northcote, 14<sup>th</sup> June - Te Atatu South, 21<sup>st</sup> June - Mt Eden, 28<sup>th</sup> June - Manukau For registrations click [here](#)

### **Headway Equestrian**

At Headway Equestrian we believe that children of all abilities can discover the joy of contact with horses and horse riding. We provide an encouraging and stimulating environment where children can engage in activities that are specifically designed to improve balance and co-ordination, fine and gross motor skills, concentration, listening and communication skills. We have found that children develop a strong bond with their horse, gain self-confidence and become more positive and outgoing. Caregivers have commented many times that Headway Equestrian is their child's happy place. All activities take place outside where the children can hear, feel and appreciate the movements and sounds of nature. We incorporate Hippotherapy and Therapeutic Riding into the sessions. The movement pattern of the horse provides a rhythmic and repetitive action that influences the rider who responds to these actions enhancing their physical strength and cognitive capabilities. Therapeutic Riding spaces are available for children with mild disabilities during Terms 3 and 4. For more information visit: [www.headwayequestrian.co.nz](http://www.headwayequestrian.co.nz) or Headway Equestrian on Facebook. Email [info@headwayequestrian.co.nz](mailto:info@headwayequestrian.co.nz) Phone/Text: 021 834 781, 76 Jackson Way (off East Coast Road), Silverdale. Shelley Thomson New Zealand Registered Occupational Therapist Hippotherapy Level One, Perth 20 years horse riding and 10 years coaching experience

### **Healthcare – where should I go?**

Multilingual social media campaign: Aim: Promote family doctor (GP) enrolment and benefits of seeing a regular GP, pharmacist or urgent care clinic for urgent and less serious health concerns, and when to visit a hospital emergency department (ED) when seriously unwell or an emergency. As well as promoting cervical screening to Asian women (focus on those in the 25–29 age group who have low coverage) who would benefit from opportunistic screening. Launched for 8 weeks focusing on Asian, new migrants and students – primarily Chinese, Indian, Korean and Filipino groups living in the Auckland DHB area. Click here to see fliers in [English](#), [Chinese](#), [Korean](#), [Hindi](#).

**English:** Lee's mother recently moved to Auckland from China and was complaining about a sore leg. She wanted to see a family doctor (GP) who could speak her own language – Mandarin. Lee went online to Healthpoint ([www.healthpoint.co.nz](http://www.healthpoint.co.nz)) to search for a Mandarin speaking GP and enrolled her in the medical centre close to home. "My mum was happy that she could get cheaper doctor visits and fees on most prescription medications because she was an enrolled patient at the medical centre, and it was easy for her to travel to. Most of all, she felt relaxed that she could talk to the family doctor in her own language".

<http://www.yourlocaldoctor.co.nz/>



**Chinese:** 陈明的母亲最近刚刚从中国搬来奥克兰居住。老人家最近常常抱怨腿痛。因为不会讲英语，老人家想找一名可以说普通话的家庭医生。陈明随即在 Healthpoint([www.healthpoint.co.nz](http://www.healthpoint.co.nz))的网站上帮母亲找到了一个离家近的医疗中心，之后在这个中心注册了一位家庭医生。“我妈特别满意，因为她现在可以享受到更实惠的诊费，开药也便宜了，并且去看病交通也很方便。最重要的是，在这里能够有了解她又能讲自己语言的家庭医生，让她觉得很踏实。”

<http://chinese.yourlocaldoctor.co.nz/>

**Korean:** 리 씨의 어머니는 최근에 중국에서 오uckland로 왔으며 한쪽 다리가 아프다고 하였습니다. 그녀는 자신의 모국어인 만다린을 하는 가정의 (GP)를 만나기 원했습니다. 리 씨는 헬스포인트 웹사이트 ([healthpoint.co.nz](http://healthpoint.co.nz))에 접속해서 만다린을 사용하는 가정의가 있는 가까운 메디컬 센터를 찾아 엄마를 등록 해 드렸습니다. “저의 어머니가 병원에 등록되었으니까 진료비용도 낮고 대부분의 처방약을 저렴한 비용으로 구입 할 수가 있으며, 거리도 가까워서 다니기 편하다고 하십니다. 무엇보다도, 어머니의 모국어로 편하게 의사와 대화할 수 있어서 아주 편안해 하십니다.

<http://korean.yourlocaldoctor.co.nz/>

<http://www.yourlocaldoctor.co.nz/Usefullinks.aspx>

## Week 6

**English:** Bo is a keen golfer and hurt his hand while playing golf. He couldn't get an appointment with his General Practice that he's enrolled with that day, so instead the practice said to visit the closest Urgent Care Clinic (Accident & Medical Centre). *"I didn't have to wait long to see a family doctor (GP), and was back on the golf course in no time".*

<http://www.yourlocaldoctor.co.nz/>

**Chinese:** 李想是一名高尔夫球爱好者。他在一次打高尔夫球时弄伤了手腕。由于当天他没能预约到他注册的家庭医生，所以他就近选择了紧急护理（事故和医疗）中心，并在那里得到了及时治疗。李想说：“多亏了紧急护理中心的帮助，让我不用等太久去看家庭医生，很快便重返到了我喜爱的高尔夫球场上。”

<http://chinese.yourlocaldoctor.co.nz/>

**Korean:** 골프 치기를 좋아하는 보 씨는 골프 치다가 손을 다쳤습니다. 보 씨는 본인이 등록한 가정의에게 당일 예약을 할 수가 없었고, 대신에 가까운 곳에 있는 응급진료 병원 (Accident & Medical Centre)으로 가보라는 조언을 듣게 되었습니다. “가정의를 만나기 위해 장시간을 기다릴 필요가 없었어요. 그래서 저는 곧바로 골프 코스로 다시 돌아갈 수 있었습니다.”

<http://korean.yourlocaldoctor.co.nz/>

**English:** Jane is a local university student and chose to enrol with the Student Health Centre to see a family doctor (GP). She finds it is an extremely convenient and a cheap way to get her regular health check-ups. *"It's simple. It's fast, making health appointments has never been easier. Whether it's the common cold, a health condition or stress-load, I know I can get the help that suits my needs and they understand. They even reminded me about my*

*cervical smear which I did with the practice nurse while I was waiting to see the GP".*

<http://www.yourlocaldoctor.co.nz/>

**Chinese:** 王璐是一名新西兰本地在校大学生。她选择在学生健康中心注册了家庭医生。她发现注册后，做定期身体检查特别方便省钱。“注册家庭医生后，让预约看病变成一件简单有效的的事情。不管是普通的感冒，或是身体不适，压力过大等等，我都可以在家庭医生那里得到合适的治疗。这里的医务人员还提醒我做宫颈筛查，于是我在等待就诊时就让护士帮我做了宫颈涂片。”

<http://chinese.yourlocaldoctor.co.nz/>

**Korean:** 이 지역의 대학생인 제인은 학생진료센터 (Student Health Care)를 선택하여 가정의 진료를 받기위해 등록을 했습니다. 제인은 이것이 정기적인 건강검진을 받기에 아주 편리하고 저렴한 방법이라는 것을 알게 되었습니다. “간단하고, 빠르고, 진료예약하는 게 너무 쉬워요. 흔한 감기에 걸렸든지, 다른 건강문제가 있거나 스트레스를 심하게 받았을 때, 내 건강 상태를 알고 내 필요에 맞는 도움을 받을 수 있다는 것을 잘 알게 되었어요. 제가 가정의를 기다리는 동안 간호사를 통해서 자궁경부검사를 받을 수 있었다는 것도 다시 상기시켜 주었어요.”

<http://korean.yourlocaldoctor.co.nz/>

## One small step for your child, one giant leap for their education

Hi, my name is Julie and I am your local Footsteps Teacher working in the heart of the North Shore. I work with many local families in the area to provide the Footsteps 'Learn' Programme. Funded by the Ministry of Education our free home-based programme entitles your child/ren to receive regular visits from a qualified early childhood teacher like me when there is a caregiver (other than you, the parent) in place. The caregiver can be anyone who provides regular care to your child such as a nanny, grandparent, relative or friend. I am trained to provide fun, one to one learning support, advice and ideas to ensure your child gets the best start. At Footsteps, we are committed to the highest quality which is why I receive an industry-leading 20 days training a year and have up to 75% smaller caseloads than other providers. When you enrol with Footsteps you will receive: 1:1 support to ensure tamariki are getting a personalised learning experience, regular visits from one of 55 qualified early childhood teachers working nationwide. Free learning resources tailored to your child's needs and interests. Learning folder - a folder celebrating your child's life story and achievements. Access to subsidies - to ensure you are getting the support your family is entitled to. Keen to find out more about how Footsteps can support you and your child? Call Marion on 0800 366 878 or go online to [www.footsteps.co.nz/learn](http://www.footsteps.co.nz/learn)

## Job Café

Supporting Disability Employment. Our exceptionally important group of New Zealanders on the diversity spectrum needs more help than most – jobseekers with a disability. We help people find people. Whether you are a jobseeker, employer or recruitment agency we are keen to help our clients succeed. Our Purpose: Helping to make New Zealand a better place to live, work and play. Job Posting on



JobCafe and/or using our talent pool (on-line recruitment system) To find out about advertising services, rates for JobCafe or to setup your own Job Posting Account or enquire about using our talent pool solution - Email [Tony Cutting](mailto:Tony.Cutting) or call / txt Tony on 021 911 722. JobCafe Coaching Services JobCafe provides Career Coaching services for people who need assistance in developing a career plan then executing this with a solid marketing strategy. Our JobCafe ' Available Now' service was developed to market these clients to employers across New Zealand. For employers and recruiters we can help develop you into proactive recruiters who build solid referral networks, attractive brands and find the people you are looking for. For further information about JobCafe Coaching services please contact Tony Cutting on 021 911 722 or email [tony.cutting@peoplenet.co.nz](mailto:tony.cutting@peoplenet.co.nz) or visit our JobCafe Coaching website at [jobcafecoaching.com](http://jobcafecoaching.com)

### **Kaleidocare School Holiday and after school programmes**

Kaleidocare is the vision of Karen & Rebecca. Based in Pukekohe. It was established in July 2014, growing from an idea to develop a high quality service in Franklin that would support & engage young adults with high and complex needs with the community. We aim to provide fun and meaningful activities for our clients to make life inclusive and enjoyable. They also run a day programme for young adults with high and complex needs. Email [office@kaleidocare.co.nz](mailto:office@kaleidocare.co.nz)

### **LifeKidz Youth Group – Community Participation Programme**

This programme is developed for Very High Needs and High Needs Youth for over 18 year olds. Running Monday to Wednesday 8.30am-3pm. The vision for the youth programme is to: form a group for 18 year olds and over where they can express and excel in everyday life and experiences and join in the local community. Our facility at The Depot is wheelchair friendly, we have a large gym, playground, quiet rooms, large kitchen and social room. Our goal is to do a variety of activities every day including cooking, swimming, visiting our local library, villages and participating in community events. We will create personal goals for each youth member and help achieve them. Call Deearna and make a time to come and visit. We can discuss payment options with you. 09 533 6360 or email [deearna@lifekidz.org.nz](mailto:deearna@lifekidz.org.nz)

### **Mind over Manner**

Are a charity organisation that presents workshops to strengthen communication and connection with those teenagers who think learn and work differently. These workshops are designed for the parents, siblings, families, community members first responders and professionals in close association with these teenagers. The teenagers may be undiagnosed high functioning or diagnosed with such labels as Asperger's, OCD, ADHD, Dyspraxia, ADD, ODD and others. They normalizes what's often viewed as dysfunction or disability and reframes it as cognitive difference, levelling communication barriers between all of our neurodiversity. That person that's been put in that "label or box" is just another person. They were established because there is a desperate and exponential need for our workshops. We are all aware there is a significant increase in teenage anxiety ,

youth alienation, unemployment ,teenage runaways and youth suicide. Helps parents and professionals keep going when they just don't know what to do next. Mind over manner uses applied theatre techniques and works with theatre practitioners. By re-constructing highly-charged events drawn from life experiences, exercises deliver "active-reality" scenarios so parents, family, caregivers, teachers, youth workers and police have the chance to participate and reassess their responses to these most difficult times. If you are interested in booking a Mind over manner workshop please visit our website [www.mindovermanner.co.nz](http://www.mindovermanner.co.nz) or contact Susan Haldane 027 665 8084 (txt only) [sue@mindovermanner.co.nz](mailto:sue@mindovermanner.co.nz)

### **Music Therapy with Shari**

Shari is an Auckland-based, NZ Registered Music Therapist, providing contract music therapy services to a variety of facilities including a mental health service for older people in a hospital setting, aged care in residential and health settings, a choir for people living with neurological conditions, day services for adults living with disabilities, as well as private practice with clients in locations across Auckland. From young children to older generations; one-on-one, with families and in groups; in schools, rest homes, health care facilities and private homes; working with people with special needs, mental health needs, intellectual and physical disabilities and within neuro-rehabilitation. Email [shari.storie@outlook.co.nz](mailto:shari.storie@outlook.co.nz) or phone 021 574 274.

### **MyCare**

If you're looking for caregivers to support you and your child, take control of your home support needs and connect with a nationwide network of caregivers and support workers on [Mycare](http://Mycare). Mycare is an easy-to-use online platform and app that allows you to browse through thousands of helpers and support workers to assist with a wide range of services. Whether your child needs support with activities, a buddy, or help with personal care, Mycare gives you the power to select a helper that best suits your family's needs. Worker profiles allow you to check interests, experience and qualifications. You can also read reviews from other users to help gauge if their personality and skills are a good fit for you and your child. Simply download the app on [iOS](http://iOS) or [Android](http://Android) or log onto [www.mycare.co.nz](http://www.mycare.co.nz) to list a job for free and find a suitable worker. Next, it's as simple as booking their time and making a payment through Mycare's secure payment system. [hello@mycare.co.nz](mailto:hello@mycare.co.nz), 0800 677 700, [www.mycare.co.nz](http://www.mycare.co.nz)

### **Primary Schools No Exceptions Training – All sports Halberg Trust**

Increase the participation of physically disabled young people in sport and physical education at primary school. No Exceptions Training empowers teachers and coaches to adapt sport, physical education and recreation activities to include physically disabled young people at primary school to increase their participation. For more information please contact your local Halberg Disability Sport Advisor via website [www.allsports.org.nz/contact](http://www.allsports.org.nz/contact)

### **Puhinui Homes Trust 18<sup>th</sup> Anniversay 15<sup>th</sup> July**

60's, 70's dance and fashion show, 15<sup>th</sup> July, Metro Theatre, 362 Massey Road, Mangere East, Tickets \$30 including dinner and soft drink. Doors open at 6pm. Please RSVP by 5<sup>th</sup> July to [noori@puhinuihomestrust.org.nz](mailto:noori@puhinuihomestrust.org.nz) or 09 279 9029

### **Rescare Homes – Day Service**

“Rescare Homes Trust is opening a new specially designed Day Service for young men with autism at our Flatbush, East Auckland lifestyle community. We have at least 3 vacancies for young men for between 3-4 days per week 9am – 3pm Monday to Friday (excluding 3 weeks over the Christmas period). Interested parties MUST qualify for Very High Needs funding (ie they must be on VHN ORRS funding at school and ready to transition from school at the end of this year - transitioning may start in October 2017 if support staff are provided) OR may already be attracting VHN funding but want a Day Service more suited to their specific needs. We believe this will be the first service in the region to cater specifically to the needs of this client group and we are very excited to see it up and running. If you would like to learn more about this service please contact Tania Shine on 09 267 3686.

### **Riding for the Differently Abled**

Sam Holcroft is an Occupational therapist student who is offering riding lessons one of our wonderful ponies and educational time before and after. I can help with social stories, visuals and absolutely anything to support this fantastic experience. First introduction – come and say hello! We can figure out what will work best, what support may be needed and what I can do to assist. Riding lessons \$50 for 30 mins riding. This includes 30 mins before and 10 mins after riding for valuable and educational time around animals learning how to interact and care for them. We can adjust the times to suit each individual. My main focus is always what works best for each person so anything can be changed. Carer support payment welcome. Contact Sam 021 207 2942, [slolcroft@gmail.com](mailto:slolcroft@gmail.com), Awa rd, Kumeu.

### **Safari Multicultural Playgroup**

They welcome families from all cultural backgrounds living locally, as well as former refugee families Safari Henderson – Henderson Baptist Church, 321 Great North Road, Henderson and Safari Lynfield – YMCA Lynfield, 16 Griffen Rd, Lynfield, Safari Papatoetoe – PACT building, 311 Great South Road, Papatoetoe. Time 9.30am-12pm. Contact Cherie at [cherieb@arms-mrc.org.nz](mailto:cherieb@arms-mrc.org.nz) or 09 973 2852

### **Skids After School Programmes**

Running out of Bairds Mainfreight Otara, Mayfield, Nga Iwi, Randwick Park, Robertson Road, Sutton Park after school quality programmes and are able to cater for some special needs children. Can provide most times a free service. Have arts and crafts, technology, cooking, movie day, fun day, sports and more. Provides healthy nutritious food and physical activity every day. Check out the above flier. For more information contact Ajneeta 027 627 5001 or email [ajneeta.skids@outlook.co.nz](mailto:ajneeta.skids@outlook.co.nz)

### **Space Out South Art Classes**

Mapura Studios have started up Open Studio Art Classes for Special Needs Teens 4-5.30pm, Tuesdays 25<sup>th</sup> July-26<sup>th</sup> September, Pukekohe Youth Centre, 1 Roulston St, Pukekohe. For more information contact Alex 022 045 3961 or Sylvia 021 160 7641 or [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361.

### **Supported Learning Courses**

We have 2 new programmes below that help learners whom have learning disabilities, it's designed to support students who need extra help, to gain skills and confidence to take on further study and or employment in the future. We currently have a variety of students with different needs we also keep class to a minimum of 10-12 for effective one on one learning. It is a free course for students 16 years and over. I have attached the Supportive Learning Brochure - Level 1 - NZ Certificate in Skills for Living, 20 weeks (55 credits)  
Level 2 - NZ Certificate in Foundation Skills 21 weeks (60 credits)  
Manukau City Campus, MSL Training, 601-603 Great South Road, Manukau. Ph 0800 224 38 or [info@msltraining.ac.nz](mailto:info@msltraining.ac.nz)

### **StarJam spaces available**

Singing, dancing, drumming workshops for young people with disabilities in Auckland. Contact [auckland@starjam.org](mailto:auckland@starjam.org) for more information.

### **Talking Works Counsellor - Tom Didovich**

Tom is a well qualified NZAC Registered Counsellor, Coach and Mentor based in New Lynn, Auckland. He has worked with young adults on the autism spectrum and with mental health challenges. He specialises in anger management, emotional regulation and working with a wide range of issues including grief & loss, stress, anxiety and depression. He also works with couples, and facilitates therapeutic groups for men living without violence. Tom is a qualified pianist/musician and can bring musical elements into therapy, as well as drawing on his many years of experience working with animals. Contact Tom [tomdidovich@gmail.com](mailto:tomdidovich@gmail.com).

### **Volunteer requests for guides on a tall ship**

This could be a cool opportunity to get up close and personal with a fully disability accessible tall ship. We'd just need people to turn up to the ship and we'd give them the briefing. The day would be as follows:  
1300 - Volunteer arrive  
1330 - Briefing  
1400 - Everyone at their stations  
1645 - last admission  
1700 - ship closes and assist with clear up  
1730 - Volunteers are free to go  
The ship is moored at the Maritime Museum downtown Auckland.  
The day would just involve greeting people onto the ship and giving tours around the ship which you'll be briefed on by the crew during the briefing. I'll be there as support as well alongside the crew.  
If anyone is interested, we'd be hugely grateful and they should contact me on [ben.gould-smith@jst.org.nz](mailto:ben.gould-smith@jst.org.nz) or on 027 552 6545.

**Articles of interest:**

[House meets respite care needs](#)

[New provider for Wellington respite centres](#)

[Inclusive support for success](#)

[We must not alienate mums who juggle work with raising a disabled child](#)

[Guaranteed hours for home and community workers going well](#)

[Innovative project ensures hospital patients get a good sleep in Auckland's Waitemata](#)

[Disabled people reveal the things others do that really don't help](#)

[5 things I've learned from Disney as an adult with disabilities](#)

[Why we need to talk about autism and self harm](#)

[We must to alienate mums who juggle work with raising a disabled child](#)

[My Plea to parents worried about the 'autism' label](#)

[12 year old creates award winning app for sister with autism](#)

[Tapping into autism unlocks hidden potential in the workforce](#)

[Innovative project ensures hospital patients get good sleep in Auckland's Waitemata](#)

[Apple spotlights how accessible tech helps people with disabilities thrive](#)

**In order to keep informed about important issues, seminars and changes to any seminars it is important that you LIKE us on Facebook !**

**Please visit our Facebook page [here](#) and 'like' us. You can follow us on Twitter [here](#)**

# **NEWSLETTERS**

[Altogether Autism](#) – Issue 2 2017

[Auckland e-News](#) – 3 May 2017

[Auckland e-News](#) - 17 May 2017

[Be Accessible](#) – May 2017

[Bloom](#) – June 2017

[Cald Newsletter Child Health and Disability Programme](#) – April 2017

[Carers NZ](#) – May 2017

[Children's Autism Foundation](#) – June 2017

[Communitycations](#) – 13 June 2017

[Communitycations](#) – 6 June 2017

[Deaf Aotearoa June 12](#)

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*helping families*

**From the Disability Connect Team**

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