

**disability
connect.**

helping families

Vision

That people with disabilities and their families are able to lead the lives they want

Core Value

To respect and support choice

Mission

To lead change and influence change for people with disabilities and their families.

e-bulletin – week beginning 28 August 2017

Parent & Family
Resource Centre
Trading as
Disability Connect
www.disabilityconnect.org.nz
Phone: 09 636 0351
PO Box 13385, Onehunga
3B Olive Road,
Penrose

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Please note that going forward due to increasing costs, it is necessary for us to charge professionals \$50 including GST each per seminar. There is no charge for parents.

Disability Connect news

My Voice Matters – 2017 General Election

Disability Connect is part of a group of organisations supporting the My Voice Matters campaign in the lead up to 23 September General Election - because the voices of disabled people and families matter! A survey was recently completed capturing the concerns of parents raising a child with a disability – [click here](#) to view the summary report. The survey results have been sent to MP's to address these and other concerns at a public forum on 4th September at Sudima Hotel, 18 Airpark Drive, Mangere, 3-5.30pm, to RSVP – helpdesk@incharge.org.nz or 0508 462 427, NZSL interpreters will be available – come along and hear directly from politicians. [Click here](#) to see the forum flier. Topics include: education, employment, immigration, accessibility laws, health and disability support services. There will be a chance to ask questions. You can post your questions to [Ask Away site](#). Questions are now up and you can help make them more popular, which will more likely get a response from candidates. Click [here](#) and up-vote your question.

The Present and Future Disability Sector (and some of the Past too)

This was a forum for parents of an individual with a disability held on evening of Monday 28th August at Onehunga Community House. This is a follow up forum to the June 'What happens when we're no longer here to care for our loved one with a disability' forum. At this August forum we heard presentations by Ministry of Health representatives on the current disability services which families may be eligible for, how to access them, Individualised Funding, and information on the development of the New Model for supporting people with a disability (ie: Enabling Good Lives). Representatives from Taikura Trust, Ministry of Social Development (including Work and Income) and Housing NZ were present to address questions. This forum was filmed and will be available on the Disability Connect website by Friday 1st September. If you have any questions arising from this forum and the topics discussed please forward them directly to Lisa Martin, CEO Disability Connect at lisa@disabilityconnect.org.nz

'What happens when we're no longer here to care for our loved one with a disability'

Click [here](#) to view the video footage of the entire forum or click on the blue title above to access the video. On Wednesday 28th June Disability Connect delivered a parents forum focussing on the issue 'What happens when we're no longer here'. This was the first such parents forum and was the pre-cursor to the above mentioned Present and Future Disability Sector forum mentioned above. This original June forum was very well attended with 97 parents and 10 staff from Disability Connect, Ministry of Health and Taikura Trust. We gathered a lot of feedback about the issues that concern parents as well as useful information from Ministry of Health about the Disability System Transformation currently underway. We welcome any further feedback or questions to admin@disabilityconnect.org.nz

Support groups – Disability Connect

Disability Connect offers culturally appropriate support (including three support groups) to families with children of special needs as part of the CALD service (Culturally and Linguistically Diverse Disability Information and Advisory Service):

Chinese Families Autism Support Group

Runs every third Tuesday of the month. Dates for rest of year: 9th September, 17th October, 21st November, 5th December. 9.30am-1pm. Please contact Sanny Chan at Disability Connect for more information on our meetings. To see flier in [English](#) or [Chinese](#) click here Contact Sanny 09 526 1298 (DDI) or 09 636 0351 or sanny@disabilityconnect.org.nz

Culturally Diverse Support Group (Otago)

This support group runs monthly at Mt Richmond School, 30 Albion Road, Otago, 5.30-8pm. Dates for rest of year - 28th September, 26th October, 23rd November, 14th December All families with special needs are welcome to join this group – we welcome everyone from any culture and any disability. It is a great opportunity for parents to share their experience and network with each other. Please contact Asoka at Disability Connect for more information or bookings – phone 09 636 0351 or 027 457 8571 or email asoka@disabilityconnect.org.nz

Indian Families Social Group – Otago

This is held at Otago Town Hall Community House on one Monday night per month. September 4th, 6-8pm. Indian families are very welcome to this meeting. It will follow a relaxed 'conversational' environment. Everyone is free to talk amongst themselves, make new friends, connect for support or just ask any questions you may be interested in. Please email admin@disabilityconnect.org.nz or asoka@disabilityconnect.org.nz or phone 09 636 0351 or text/phone 027 457 8571 to book.

Disability Connect has a Social Worker

This [social worker role](#) is to provide advocacy, support and practical help to families and individuals with a disability. Click on the link to find out more about this Service which is free to families. We welcome new referrals either directly from families or from professionals. Referral forms are available on our website.

Pushpay Donation for Disability Connect

Disability Connect is a not for profit organisation and as such we continually fundraise to provide free ongoing, quality disability information and advisory services to people with a disability and their families. We now have a donation mechanism set up on our website. If you wish to donate to us please click this link to do so using your credit card

https://pushpay.com/pay/DisabilityConnect/oCYqk_8DUzVodWH-5uiHzQ or you can donate using credit card via mobile phone by texting Disconn to 818 - if you are asked to state an area code either use your own (if you know it) or use 1061 which is the Disability Connect area code. All donations are very gratefully received.

Disability Connect provides information, advice and proactive support by: Face to Face meetings with disabled people and/or families to help them navigate the system, Phone/email consultations, Print Publications (Networker magazine, Four Go Flating, Disability Support Guide), Seminars (covering topics such as Individualised Funding, Living Options, Transition out of School, Planning for Adulthood, Education Legal Issues and Work and Income Supports), Social Work service, Culturally Diverse Disability Information and Advice, Fortnightly E bulletin, Website and Social Media, Thank you for considering donating to Disability Connect. We enjoy serving the Auckland community with relevant, up to date and accurate disability information and advice. When you send 'DisConn' to 818 you will receive a one-time reply containing a link to give to Disability Connect (1msg/request). Please be aware that Msg & Data rates may apply. For full Terms & Conditions please visit <https://pushpay.com/terms>. For the Privacy Policy please visit <https://pushpay.com/privacy>. For help reply HELP or STOP to cancel.

DISABILITY CONNECT SEMINARS AND INFORMATION



2017 Seminars by Disability Connect

[For a link to all upcoming seminars in PDF form click here](#)

Education Legal Issues

North Auckland -Wednesday 6th September 7-9pm
Yes Disability Resource Centre, 3 William Laurie Place, Albany

Central Auckland - Thursday 28th September 12-2pm
Disability Connect, 3b Olive Road, Penrose

South Auckland -Tuesday 14th November 7-9pm
Clover Park Community House, 16 Israel Ave, Clover Park

[Individualised Funding including Respite](#)

Central Auckland - Thursday 21st September 12-2pm
Disability Connect, 3b Olive Road, Penrose
Central Auckland - Wednesday 2nd November 7-9pm
Disability Connect premises, 3b Olive Road, Penrose

[Living Options](#)

East Auckland - Wednesday 30th August 7-9pm
Highland Park Community House, 47 Aviemore Drive,
Highland Park
West Auckland - Thursday 14th September 7-9pm
Hub West, 27 Corban Avenue, Henderson
South Auckland - Thursday 19th October 7-9pm
Otahuhu Town Hall, 10-16 High Street, Otahuhu
North Auckland - Tuesday 24th October 7-9pm
Yes Disability Resource Centre, 3 William Laurie Place,
Albany
Central Auckland - Wednesday 1st November 12-2pm
Disability Connect premises, 3b Olive Road, Penrose

[Planning for Adulthood – The Legal Framework around Disability and Disability Rights](#)

Central Auckland - Thursday 7th September 12-3pm
Disability Connect premises, 3b Olive Road, Penrose
North Auckland - Wednesday 27th September 6.30-
9.30pm. Yes Disability Resource Centre, 3 William
Laurie Place, Albany
South Auckland - Thursday 26th October 6.30-9.30pm
Clover Park Community House, 16 Israel Ave, Clover
Park

[Transition](#)

Central Auckland - Thursday 31st August 12-2pm
Disability Connect premises, 3b Olive Road, Penrose
North Auckland - Wednesday 20th September 7-9pm
Yes Disability Resource Centre, 3 William Laurie Place,
Albany
West Auckland - Tuesday 17th October, Oaklynn
Special, School, 20 Mayville Ave, New Lynn
South Auckland - Tuesday 31st October 7-9pm
Otahuhu Town Hall, 10-16 High Street, Otahuhu

[Work and Income](#)

Central Auckland - Wednesday 25th October 12-2pm
Disability Connect, 3b Olive Road, Penrose
West Auckland - Tuesday 7th November 7-9pm
Hub West, 27 Corban Avenue, Henderson

LINKS TO VALUABLE INFORMATION PAGES

[Activities – Preschool](#)

[Activities – School Age](#)

[Activities – Age 18 +](#)

[Activities - All age activities](#)

[Conferences / Events outside of Auckland](#)

[Counsellors](#)

[Disability / Mental Health Related Events](#)

[Disability Sector Project Information and
research](#)

[Discounted Activities across Auckland](#)

[Employment Opportunities and Positions](#)

[General Health Related](#)

[Other organisations information](#)

[Support Groups](#)

*Please click on the above section links to see more
information and providers*

Please look on our [Useful Links](#) section of our
website for more services / organisations

UPCOMING SEMINARS / TRAININGS / CONFERENCES EVENTS AND ACTIVITIES

A-OK NZ Tour

ASIST is for everyone 16 years old and older - regardless of prior experience - who wants to be able to provide suicide first aid. Shown by major studies to significantly reduce suicidality, the ASIST model teaches effective intervention skills while helping to build suicide prevention networks in the community. Developed in 1983 and regularly updated to reflect improvements in knowledge and practice, ASIST is the world's leading suicide intervention workshop. During the two-day interactive session, participants learn to intervene and help prevent the immediate risk of suicide. Over 1,000,000 people have taken the workshop, and studies have proven that the ASIST method helps reduce suicidal feelings for those at risk. Learning Goals and Objectives: Understand the ways that personal and societal attitudes affect views on suicide and interventions, Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs, Identify the key elements of an effective suicide safety plan and the actions required to implement it, Appreciate the value of improving and integrating suicide prevention resources in the community at large, Recognize other important aspects of suicide prevention including life-promotion and self-care South Auckland 24-25th August, book online [here](#)

Advanced Strategies for Success Workshop

27th October, 9.30am-3.30pm, North Harbour Life Development Centre, 40 Bronzewing Terrace, Unsworth Heights \$95 professionals \$50 families (couples \$75) email admin@fragilex.org.nz to register Internationally respected education and behaviour specialist Dr Marcia Braden is coming to NZ! Don't miss this opportunity to learn advanced strategies in both education and behaviour from an educational psychologist with specialist knowledge of both Autism and Fragile X syndrome.

ASIST Suicide Prevention Course

We will be coming to South Auckland with these workshops, in the next couple of weeks. Please check out www.1degreeworkshops.co.nz/a-ok for city stops and dates. Our workshops are highly recommended for communities, first responders and professional helpers and most importantly for people who CARE and want to build suicide SAFER workplaces, schools and communities. We bring workshops that are evidence-based, highly-evaluated, internationally and nationally recognised, safe and proven to help. Check out the link www.livingworks.net

Asian Health and Wellbeing Day

Time to get to know the NZ Health system and the role of your family doctor. Wednesday 13th September, 10am-1pm, Western Springs Garden Community Hall, 956 Great North Road, Western Springs. Useful information available and accessible health and wellbeing services in your community. Interpreting services, Asian services, child and mental health services, lifestyle health services, health services for older people, mental health services,

disability services, carer services and primary care services. To register please contact TANI on 09 815 2338 or email Samuel.cho@asiannetwork.org.nz or lily.xu@asiannetwork.org.nz. View fliers in [English](#), [Chinese](#) or [Korean](#)

Bubble Weekend

Welcome to the wonderful world of bubbles at MOTAT on 9 & 10 September! Get hands-on with some fun bubble science! The exciting variety of activities on offer include: A UV bubble display, touchable bubbles and a chance to make your own giant bubbles. To come along and learn some interesting bubble facts, check out the Science in a Van Bubble Show and fill your day with loads of... you guessed it... bubbles! Motat, Great North Road, Western Springs. 10am-4pm.

Children's Autism Term 3 Workshops

Dealing with Anxiety, 31st August Tuesday, 7-9pm, Manutewhau Community Hub
Dealing with Change and Transitioning, 19th September, Tuesday, 7-9pm, North Shore
Children's Autism Facilitators – Arletta van den Bosch – Family and Child Counsellor, Gera Verheul – Service Manager, Christine Farquharson – Occupational Therapist, Joline Zwart – Family Consultant and Lisa Martin – Disability Connect. For information and registration contact enquiry@autism.org.nz or 09 415 7406.

Community Development Workshops

Maungakiekie-Tāmaki Local Board have created this opportunity for local individuals, groups and organisations that are aspiring to grow their capability! Rākau Tautoko will be coordinating eight workshops starting early August and continuing through to the end of November. The workshops are on Tuesday morning from 10am to 12pm and will cover: Social Enterprise, Business Planning, Volunteering, Financial Literacy, Community Led Development, Writing funding applications, Health and Safety Legislation, Network Development. We have some amazing speakers coming and have made sure that the workshops will be based in both Maungakiekie and Tāmaki. The Tāmaki ones will be in Te Oro, with Tara Moala and I will be at the Maungakiekie workshops. If you're interested, please register via email on this same email jo@rakautautoko.com and I will be able to email you an outline of each workshop and all of the dates. Look forward to seeing you there, and if you know of any inspirational people/ groups that could grow with this opportunity, please pass this email onto them! Deaf Wellbeing Society is going to these workshops and the council have provided NZSL interpreters for us. The workshops are for organisations, could be sports or community groups that would like help with Budgets, volunteers, health and safety, business planning, filling out application forms etc etc

Cornwall Park Spring Festival

Cornwall Park, Greenlane Road, Epsom, 3rd September, 1-3pm, Free. Come welcome and celebrate spring (and father's day) at Cornwall Park! Join us on our spring trail, where you'll discover spring at Cornwall Park - including seeing new calves/lambs, flowers in full bloom, nods to our

history, and some hidden gems. Start, end or skip the trail with music and games in the arboretum (think Connect 4, sack races, croquet, badminton... even a bit of BYC). We'll have seeds and more to give away.

Dayspring Art Class

Our Creative Art Classes are suitable for all levels. Each participant will receive a starter pack that includes a Visual Art Diary and a range of pencils. All paints and canvas paper will be provided. Working together in a group provides the opportunity to learn and be inspired by others. Our facilitators will guide you through your journey, showing you basic skills and techniques and helping you find your own style. Facilitators Leao Tildsley and Jo Marshall. Term 3: Monday 24 July - Monday 25 September, 10am-1.30pm, Dayspring Trust, 2 Seabrook Avenue, New Lynn. Cost: \$80 creche available for 0-5's for \$1 per session while you attend art. Please phone Karen 09 827 6321 to register for more [information](#). Please note fees to be paid at time of booking. Fees are not refunded if you withdraw within 48 hours before commencement. All courses need a minimum number of enrolments. If the course does not have the required numbers, we regret that we will need to cancel. You will be contacted 2-3 days prior to scheduled start date and we will refund your money.

Disability Trial Day Tri Star Gymnastics

Does your child want to jump on a trampoline? Swing on bars? Swim through a foam pit? Do they love to run and play and move? Disability Open Day 16th September for those in Auckland Disability Community to try an age based, one hour structured gymnastics lesson. Children can have a parent/caregiver/support person or have a go on their own for only \$5. Class times 3-5yo 2.30-3.30pm, 6-9yo 3.30-4.30pm, 10-13yo 4.45-5.45pm and 14+ yo 5.45-6.45pm. Limited spaces available. Keith Hay Park, Mt Roskill. 09 625 4354. Contact Leigh at leighdawson@tristar.org.nz

Duchenne Awareness Day

9th September, 9am-12pm, Blockhouse Bay Primary. A family day to raise awareness of Duchenne Muscular Dystrophy. Sausage Sizzle and more, face painting, balloon twisting, live music and much more.

Ellerslie Fairy Festival and Pirate Parade

10th September, Ellerslie Town Centre, Main Highway, Ellerslie. 10.30am-12.30pm, Free. The festival includes a Welcoming Party on Sunday 10th September from 10:30am - 12:30pm with roaming fairies and pirates, a Peter Pan show, free activities for the kids, including face painting and a General Collective Kids Market which will offer beautiful handmade wooden toys, clothing, linen, kids home wares and take home craft activities. The Market runs from 9:30 am - 1 pm and is a collaboration between the Ellerslie Spring Fairy Festival and The General Collective. Throughout the Festival, fairies and pirates will roam the main street of Ellerslie and will be available for photos. Dress up your little ones (girls and boys!) and come down for a magical morning of fun and entertainment. To make the magic last, from the 10th September until 1st October, kids also will be able to come to Ellerslie to walk our Fairy Door and Pirate Treasure Trail. Beautiful fairy doors and pirate treasure will be hidden throughout businesses and the

Ellerslie Town Centre just waiting to be discovered. Selected cafes will be offering fairy morning teas, and the fairies have also left a mail box for you to write to them while they are here.

Engaging Pasifika Cultural Competency

Le Va will be delivering a Engaging Pasifika Cultural Competency workshop to disability support service workers in Auckland. Engaging Pasifika is New Zealand's Pacific cultural competency training programme focusing on better engagement between health and disability services and Pasifika people and their families. It has been developed primarily for non-Pacific or mainstream health and disability workers employed at a Ministry of Health funded service such as DHB's, non-government organisations, and support services. The programme is appropriate for people at all levels including frontline workers, administrators, clinicians, managers and leaders. The programme focuses on the essential cultural skills and knowledge required to work effectively with Pacific people and their families, and includes three key components: *EP Online* – an engaging, interactive online module which all learners are required to successfully complete in order to participate in live training, *EP Live* – a full day cultural immersion workshop facilitated by a team of expert Pacific knowledge holders, *EP Ethnic Specific* – Post online training support via specific online modules Thursday 28th September, 9am-4pm, Harakeke House, Rangitoto Room, 15 Ronwood Ave, Manukau City. Express your interest by emailing your name, role and which workshop you would like to attend to engagingpasifika@leva.co.nz Information regarding online registration will be emailed to you. Spaces are limited so get in quick! Check out the following website for more information <https://www.leva.co.nz/training-education/engaging-pasifika>

Enhancing Community Disaster Resilience

Be involved in enhancing resilience, safety and connectedness of communities throughout Auckland. Come along to visioning workshops to explore how we can work together to create stronger and safer communities. These workshops are open to everyone. Light snacks will be provided. Please RSVP resiliencecdem@aucklandcouncil.govt.nz Tuesday 29th August, 7-8.30pm, Auckland Council Civic Building, 31-33 Manukau Station Road, Manukau Thursday 31st August, 7-8.30pm, Clevedon Community Hall, 1 Papakura Clevedon Road, Clevedon Thursday 7th September, 7-8.30pm, Warkworth Town Hall, 21 Neville St, Warkworth Tuesday 12th September, 7-8.30pm, Hubwest, 27 Corban Ave, Henderson

Family Fun Day

Western Springs Hall, 956 Great North Road, Western Springs. 9am-2pm, a day of fun for families and friends. Free activities and event brought to you by Wellbeing Charitable Trust

Father's Day Picnic

Sunday 3rd September, 11am-4pm, Ambury Farm, Ambury Road, Mangere Bridge. Free. Every year we celebrate Fathers day with a free event for all families. Any questions info@fatherandchild.org.nz or 09 525 1690.

Fun Day Out for our Special Kids

3rd September, 11am-3pm, North Shore Events Centre, Free. Specialist Informational Stalls, Food stalls, fun for all the family. In [English](#) and [Chinese](#). An opportunity for our communities to engage with our services & gain information about what's available to them in our sector - Free entry to all, Plenty of parking, Fully accessible venue, Giveaways, Plenty of free food stalls, Free activities for children, facepainters, Balloon artists, Free information stalls (that's you!), Free rock climbing wall, Free circus classes, Entertainment, Plus lots more.....

Interact 2017

Corban Estate, Henderson. 25-27th October. Contact Paula, interactfest@gmail.com or ph 09 849 5595 or check out our website www.interacting.org.nz. Have you produced art work? Dance, music, Kapa Haka or performance pieces? Wearable art for the parades? You don't have to prepare something new, it may be something you have already performed but would love to share it with all the people who come to InterACT. It takes 2 mins to fill out this link and it's the first step to being part of this exciting event. <https://tinyurl.com/interactfest>

It's All About Me

Free 1 Day Programme for girls attending Intermediate and High Schools - Self defense, Positive body image, Social media safety, Healthy Relationships. 9th October (Intermediate Girls), 10th October (High School Girls), 9am-4pm, Takapuna Community Hub, Mary Thomas Centre, 3 Gibbons Rd, Takapuna. For more information ring 09 444 4618 or www.nzwomenscentre.co.nz

Making Rights Real Webinar

Two webinars for supporters of people with intellectual disabilities in paid and unpaid roles. PPR & R Act, Financial and Medical Decisions. These webinars focus on the human rights of people with an intellectual disability. There are limited numbers of places for each webinar. To register click on the following [link](#). 30th November, 12.30-2.30pm. We hope you will welcome the opportunity to take part in this exciting learning opportunity. For further information please contact us at community.advocacy@ihc.org.nz.

Mental Health First Aid – Asian Community

A 2 day workshop 9am-4pm, and lunch will be provided both days. Learn skills to support a person with a mental health problem or in a mental health crisis. Learn a five step action plan to support a person until the crisis settles or professional support is received. The workshop is open to any adult 18 years and over that lives within the Counties Manukau DHB, Howick, Level 1, Fencible House, 18 Fencible Drive, Howick. 3rd and 10th September. Register [here](#) or 0800 338 356 Also will be happening in Manukau 17th and 24th September and Papakura 29th October and 5th November.

Mind and Body Free Youth Resources Launched

Mind and Body and www.rethink.org.nz are delighted to announce the release of the new Like Minds, Like Mine youth resource Conversations for Change, which

is available online now for free download! It aims to encourage young people to reach out for support and to include and support each other. The resource contains comprehensive facilitator's guides to five group activities which challenge stigma and discrimination and generate safe conversations about mental distress. Discussions encourage critical thinking about the impact and origin of different attitudes toward mental distress and encouraging empathy. Conversations for Change is part of the Like Minds, Like Mine Community Partnership Fund. The first two activities are compulsory and involve young people considering what mental illness "is" and then confronting the impact of some common negative attitudes toward mental health conditions. Each activity is about an hour in length and ideal to be used in classrooms, youth groups or other community settings. The three additional pick-n-mix activities encourage empathy and critical thinking in the areas of hearing voices, eating issues and holistic wellbeing.

Motat Live Day

See MOTATs operational collection come to life every third Sunday of the month with a great range of family activities included as part of your normal MOTAT admission. This September we are highlighting our Aviation collection on top of all the usual Live Day experiences. 17th and 18th September, 10am-5pm Motat, 805 Great North Road, Western Springs.

Nature's Treasures Unearthed

6-8th October, 9am-5pm Friday and Saturday, 9am-4pm Sunday. Live dinosaur appearances at 11am, 1 and 2.30pm. Entry \$5 adults, \$2 children and \$10 family. Meteorites, kids section, crystals, fossils, dinosaur bones, displays, paintings and artwork, gems. See the largest dinosaur bone found in NZ. Crafts and raffles. For more info <http://www.northshoreroockclub.co.nz/>

Razamatazz Tickets

Tickets available Saturday 16th September 12pm and 3pm, also Sunday 17th September 12pm and 3pm. 1 Ticket per person, 5 tickets maximum per family and will be allocated to people who haven't requested tickets this year. You MUST be able to attend and if you cannot please do not request due to low numbers of attendances in the past to this event.

Quality Employment Services

An opportunity for providers in the supported employment area to reflect on their services and how they might improve the quality of service delivery for people with a learning disability or mental illness. Auckland – 5th September, Sudima Auckland Airport

Peerzone Workshops

PeerZone is a series of three hour face-to-face workshops facilitated by and for people with experience of mental distress and/or addiction, where people explore recovery and whole of life wellbeing. They are free for people who participate in them. We have developed twenty fun and interactive workshops under five themes. After groups have completed the three workshops in the 'Understanding Ourselves' series they can pick and choose any or all of the optional workshops in the other series.

Available in North Shore – To be confirmed location and date, West Auckland – Walsh Trust, 8 Hickory Ave, Henderson, 6th September, 11.30am-2.30pm, contact Amy 09 837 5240 or Lisa – 027 655 2788. Also Pasifika Peerzone – for more info contact Kristina 0800 825 282. Course are free. For more information click [here](#) or contact Hayley 09 630 5909

PHAB Deaf Club Interest

Phab are Auckland's leading disability social and recreational organisation. We are currently looking at setting up a PHAB for Deaf club for young people with disabilities aged 16 - 30 to meet up regularly for social events and activities in Auckland. Days, times and location to be confirmed once interest has been registered. To register your interest in a PHAB For Deaf social club please email Miranda on: office@phab.org.nz.

South Auckland Green Prescription (Auckland and Counties Manukau)

Green Prescription is a referral based health and wellness programme for adults 18 years and over who would like support and motivation to get active and improve their lifestyle. Available in Auckland ADHB [click here](#) Glen Innes, Panmure, Mt Albert, Mt Roskill, Onehunga, Otahuhu, Avondale and Counties Manukau DHB [click here](#) - Clendon, Pukekohe, Pakuranga, Mangere, Otara, Papakura. For contact details for all these For clients who are not able to speak in English or have limited English proficiency and residing in the Auckland and Counties Manukau districts, a free translator for the initial consultation will be arranged. Fact sheets are available in [English](#), [Chinese](#) (Traditional), [Hindi](#), [Korean](#) and [Punjabi](#) languages. For more information: Contact: 0800 ACTIVE or 0800 228 483

NOTICES

Access4all

ACCESS4ALL is a New Zealand-wide Accommodation and Activity Guide specifically designed for anyone, young or old, who has mild to major mobility difficulties. It is mainly visual so travellers and their support team can see and decide for themselves whether accommodation and/or activities in a particular destination might suit – because they are the experts. We do have some knowledge of this field as we have a few mobility impairments ourselves. Contact Richard 09 479 7702.

Access Matters

You can sign this open letter as a supporter of Auckland Disability Law (ADL) if you have experienced or know about the barriers Disabled People and Deaf People encounter doing every day activities just like everyone else. If we all have the right tools, then everyone can participate. You already know that access matters to all of us! The Access Matters Campaign aims to build the support of people like you to create the political will to introduce accessibility legislation in the next parliamentary term. We need more voices telling our leaders that Access Matters. Please sign this open letter to the leaders of the New Zealand Political Parties urging them to show

leadership this election by committing to Access for All. Sign the open letter [here](#). For the easy read version click [here](#). For the large font version click [here](#). To print copies of Access Matters Open letter print version click [here](#).

AT HOP accessible concession process

Auckland Transport are reviewing the AT HOP accessible concession process and would like to hear your feedback, about any issues/problems you have experienced or anyone you know in terms of getting the card. Anna Haggerty is the lead. Can you please contact Anna email Anna.Haggerty@at.govt.nz. Anna will contact you about the next steps.

Bloom

Bloom is a social enterprise for youth and individuals with learning disabilities. We offer meaningful activities based on horticulture for our vulnerable people, a connection to our greater community through markets and projects. We aim to provide life skills, social interactions and a sense of well being for all participants. We are based at the Tui Glen nurseries alongside Te Whangai Trust. We are open for students and plant sales on Monday to Friday, 9am to 12pm. Feel free to contact us for more information. Jessica griffin 021 932 499 or bloompukekohe@gmail.com.

Brainwave Review

An insight into adolescence. Adolescence is often portrayed as a time of difficult and challenging behaviours. Yet it's possible to view adolescence in a much more positive light. Recent research may help adults understand and appreciate the remarkable changes that are taking place. To read the review click [here](#).

Care Matters

Care Matters is a ground-breaking carer learning and wellbeing resource service, designed in New Zealand by carers specifically for carers in the disability community. Phone 0508 236 236

Community Liaison Coordinator – IHC – Counties Manukau

I am the new Community Liaison Coordinator at IHC and its service arm IDEA Services in Counties. At IHC, supporting people with intellectual disabilities and their families/Whānau is what we are passionate about and we are pleased to be offering this free service to the community. I am here to help you with navigating and accessing agencies, services, and supports. If you need information and assistance, I will guide you through the process of diagnosis to linking into Ministries for additional support. The other important function of the community liaison is advocacy. It is about ensuring people's rights are being respected and that they have support when navigating agencies. Please do not hesitate to phone, email, or visit our friendly office if you would like support for yourself or a loved one. Iris Philip Community Liaison Coordinator IHC IDEA Services Counties Mob: 022 010 8243 Ph 09 529 8714. Iris.philip@idea.org.nz

[Disability Support Guide](#)

We have now have the pdf document of our very popular resource in [English](#), [Chinese](#), [Korean](#) and [Arabic](#) for you to download.

[Elections – How to vote](#)

Election Day is Saturday 23 September and voting begins on 11 September. The Electoral Commission wants every eligible New Zealander to enrol and vote. Let's work together to make that happen. Hundreds of thousands of New Zealanders aren't ready to vote: perhaps they don't know they are eligible to vote; perhaps they forget to enrol and vote; or perhaps they don't think their vote will make a difference. Help your community enrol & vote. We've created a handy guide with links to content that you can use and share in a variety of ways – on social media, on your website, in newsletters or direct communications, or as display materials at your office, workplace or community centre. [Help Spread the Word- Resources for Communities to Share](#) (PDF, 1.8MB) You can also find out more – and order resources – [via our website](#) Together, we can make sure all of us get to have our say in this year's general election.

[Hand to Hand Playgroup](#)

First Wednesday morning of each month from 10am to 12pm. A casual coffee morning where parents with children with a disability of any kind can meet other parents and families – next playgroup date is September 6. The age group catered for is 0-5 years old, but if your child hasn't started school at 5 they are still welcome to come along. Siblings are also welcome. The group is run by two trained child care therapists and is held in a large hall with a trampoline, climbing frame and appropriate toys for different ages. There are also musical instruments with a sing along for the last half hour of the group. If you would like to know more about the group or register your interest, you can email Sian at Sian.Lyness2@waitematadhb.govt.nz.

[Halberg Junior Disability Games are coming!](#)

A national three day sports tournament open for 8-21 year olds with a physical or vision impairment. Friday 6-8th October, Kings College Auckland. Participate in ambulant football, athletics, blind cricket, Boccia, cycling, equestrian, goalball, powerchair football, rowing, swimming, triathlon, wheelchair basketball, wheelchair tennis. For registration visit www.juniordisabilitygames.org.nz

[Halberg Events and Classes](#)

[Gymcity Papatoetoe Classes](#). Preschool classes are Monday 1-2pm, \$84 per term. 5-12yo, Wednesdays 3.30-4.30pm, \$18 per term. [Papatoetoe United Adapted Football](#). Saturdays 1-2pm, Kolmar Centre, off Sutton Cres, Papatoetoe, \$85 per year.

[Hydrotherapy Swimming Sessions](#)

Monday afternoons 3pm – 4pm. Available to children between 12 months and 21 years of age. Sessions are 20 minutes duration with a registered physiotherapist Barbara Rijnbende. We are full for this term, but are compiling a waiting list for next term and hope to be able to increase our pool time next year to enable more children access to hydrotherapy. For enquiries

or registration, please contact Carol White, 09 485 3461 www.wilsonhometruster.org.nz

[Junior Athletics and Swimming Development Programme](#)

11 weeks alternating athletics and swimming, weekends, venues across Auckland. 8-21 year olds with visual and physical impairments. Expert coaches with guest appearances from Paralympic athletes and a fun, friendly environment. We are hoping to develop life-long participation amongst our youth generation. \$107 programme fee which includes 10 coaching sessions, JDG entry, Wheel black game tickets, payment plan or lump sum accepted with online registration. To find out more go to www.parafedauckland.co.nz/jdpg. Frequently asked questions [here](#).

[Lifekeepers National Suicide Prevention Training](#)

What is it? LifeKeepers is a new, national suicide prevention training programme, created especially for New Zealand communities. You can think of it like first aid training, giving people the skills to recognise and support those at risk of suicide. LifeKeepers combines an internationally proven, evidence-based approach with local knowledge and experience, to provide a programme that is community focussed, clinically safe, and culturally responsive. Who's it for? LifeKeepers will be available, nationwide and free of charge, to New Zealanders who are 18 years and over, and who are likely to interact with people at risk of suicide. The programme is designed especially for those of us who work in communities or in frontline community roles, such as: support workers, sports coaches, emergency service personnel, church leaders, school counsellors, youth workers, Māori wardens, caregivers, Kaumatua and community leaders etc. Manukau Workshop, 15th September, full day workshop

[Making things easier for MSD Clients](#)

We've been working to make it easier for our clients to see us when they apply for a benefit. In most of our service centres we're now running a 'new business window' for clients coming in for their application appointment. We're letting clients know they can come in when it suits them over a window of time, e.g. between 9am-11am on a particular day. This makes it easier for people to work around other commitments such as getting children to school and means they don't have to worry if they can't make a specific appointment time.

Save time and reduce hassle by signing up to [MyMSD](#). We're adding more and more services to [MyMSD](#) so clients can get things done for themselves, quickly, easily, and at a time that suits them. MyMSD has become a really popular way for our clients to keep on top of things without having to come into a service centre or call us. Since we launched MyMSD we've had over 130,000 address or accommodation cost changes made by clients online, and 62% of clients now tell us their wages each week in MyMSD. Doing these things online saves clients from having to call or visit us. Soon clients will be able to do even more in MyMSD. From 25 September clients will be able to use MyMSD to: Apply for help from us, read and sign their obligations when applying for assistance, view and work through their application steps, like reading and agreeing to obligations, booking appointments, etc, reapply for Temporary

Additional Support. MyMSD already makes it easy for clients to: tell us what they earned, apply for help with food, school uniform, school stationery and emergency dental costs, tell us about a change in phone number, address or accommodation costs, tell us about a relationship change, check their next appointment, book, change and cancel some appointments, view their payment details, view debt details, view, save, print or email most of their letters check their payment card transactions - in near real time.

New services are regularly added to MyMSD so you can do more online in future. No data? No problem. If you're on the Spark, Vodafone, 2degrees or Skinny mobile networks you can use our website and online services at little or no cost from your mobile phone or digital device.

Mapura Studios – Outsider Art

Opening next Friday - Outsider Art at the Waiheke Art Gallery. What could be more pleasant than a day on Waiheke, then calling into the gallery for the 6pm opening. The show features contributions from Mapura Studios, local artists and Awhina Mai Tatou Katoa. If you can't make the opening, Outsider Art until Sunday 17th September - at the Waiheke Community Art Gallery, 2 Koroka Rd, Oneroa is on.

PHAB

PHAB have spaces in their fun, interactive, engaging and empowering groups all over Auckland. These groups are aimed towards people with disabilities aged 16 and over. The groups run in the early evening and are a great place to meet people, make friends, gain life skills and develop independence. If you're interested please contact Chewy on 09 488 7490 or email chewy@phab.org.nz

Spirit of Gold Annual Mufti Day

8th September, Together lets celebrate 6 months to go until the PyeongChang 2018 Paralympic Winter Games. You and your business/school are encouraged to wear gold and bring a donation to support Paralympics New Zealand. For more information visit. www.paralympics.org.nz

Student currently looking for an accessible flat

(2 bedrooms minimum) or to share a current house/flat close to central Auckland for study next year 2018 and beyond. Uses electric wheelchair and has own support team. Contact details to my email or phone in the first instance and I will pass on for the student to contact them directly. Please email Marian Galvin, Marian@realworldliving.co.nz 09 299 5304

Takaro - Investing in Play and Playground Refurbishments Questionnaire

Auckland Council is developing an investment plan addressing how it invests in play: Tākaro – Investing in Play. The plan is a scheduled piece of work arising from the Parks and Open Spaces Strategic Action Plan 2013. The purpose of the plan is to clarify why, how and where the council should invest in play. Providing guidance on these questions will make it easier for the council to identify which types of investment will best meet the current and future needs of Auckland's diverse communities. The plan will cover all types of

public outdoor play. This includes play which takes place in city parks, at the beach or in the bush, on streets and in civic spaces. It includes capital expenditure on physical play infrastructure, as well as operational expenditure on temporary play 'activations' such as pop-up playgrounds and facilitated play programmes. It excludes organised sport. We would like to notify you of upcoming opportunities to advise the council on how it invests in outdoor public play areas and play programmes. Here are the questions:

1. Where do you play the most? At home? On in street? At the park? What stops you from playing in public spaces?
2. How can the council provide play spaces that welcome and accommodate all?
3. What types of play opportunities would be more inviting to people with disabilities?
4. What kinds of ancillary facilities make a playground visit more enjoyable?

[Here is a link to the document](#)

Te Rito Community Lifestyle Centre

This centre enables people with disabilities to get out and participate in the community, as well as learn a new skill or connect with others. Te Rito offers a range of activities and classes throughout the week – Monday to Friday, 7 Piki Thompson Way, Otahuhu 09 270 0342

Transitional Housing - Social Housing Assessment Changes

As of 03 July 2017, we started offering a phone appointment for all social housing assessments, as experience confirms this works well for the majority of our clients. It also means that if your organisation is acting as an agent on behalf of a client, they can complete the appointment with you, from your office or at an agreed meeting place. A client will be able to sign-off the obligation page of their Assessment Summary by either going into one of our local offices, or the Assessment Summary can be sent to a client by post and returned to us using a postage-paid envelope that will be provided. If a client would like a face-to-face appointment at a local service centre, this can still be arranged when booking the assessment appointment. **Tenancy Reviews** - Since July 2014, the Ministry of Social Development (MSD) has been conducting tenancy reviews to understand if people living in social housing still need it, and if they do, that the house continues to meet their needs. There have been some great outcomes for clients, including home ownership and greater independence into long-term sustainable accommodation in the private market. There's also [information for clients about tenancy reviews](#) on MSD's housing website. The information is available as a printable factsheet in Burmese, Chinese, English, Maori, New Zealand Sign Language, Samoan and Tongan and in a more accessible Easy Read format. **Transitional Housing** - MSD supports clients into a range of housing options. Transitional housing is one of those options, where clients are provided warm, secure short-term accommodation for around 12 weeks, along with tailored social support while they're there. We've enclosed a new factsheet for more information. **2015 Social Housing Valuation** - MSD has published the first social housing valuation, a first step towards a social investment approach for housing. It's based on 2015 figures, providing the benchmark for future

valuations. MSD already takes a social investment approach with its welfare services. Extending that knowledge will help MSD focus effort on areas that make the biggest difference to our clients. You can read the report [here](#). **Social Housing Quarterly Report and Social Housing Register** - The latest Social Housing Quarterly Report (June 2017) and the figures for the Social Housing Register (June 2017) have just been published. The [Social Housing Quarterly Report \(June 2017\)](#) provides a full picture of the progress we're making to bring on additional supply and support people with their housing needs. The [Social Housing Register \(June 2017\)](#) is published at the same time as the quarterly report. It contains a breakdown of information for the Housing and Transfer Registers by region. **Social housing newsletter** - MSD now produces a monthly Social Housing update. You can subscribe to the newsletter [here](#). You can also read the previous newsletters at www.socialhousing.govt.nz.

West is Best – Zumba Master Class

Zeal Centre, 20 Alderman Drive, Henderson, 9th September, Doors open 1pm, Zumba 2-3.30pm, Finish time 5pm. \$10 per ticket. Best dress and raffle prizes, canteen. Contact Mac 020 488 7532

Whats New in the CCS Library

All sorts of new and a variety of different books, resources, videos, autism specific, cerebral palsy, diabetes, OCD self-care, children's books and a lot more. All free to access.

WFDYS Children Camp 2018 – Applications Open

Deaf Aotearoa is looking for two young deaf people aged 9 to 12 to represent Deaf Aotearoa and New Zealand at the WFDYS Children Camp in Buenos Aires, Argentina. We are also looking for a Leader aged 21 to 30 to accompany the young people and help facilitate at the camp. If you are interested in this amazing opportunity or would like to find out more, please see the application form [here](#).

Youth Workers wanted

PHAB currently have 5 positions available for Youth Workers in Auckland. The role is to support people with disabilities in fun social groups. All these positions are for 1 evening a week for 3 hours. We need two people in Takapuna on a Wednesday evening, two people in South Auckland on Wednesday/Thursday evenings and one as a cover person for all of Auckland. Experience is preferred but not necessary. Please contact Chewy on 09 488 7490 or email chewy@phab.org.nz to find out more.

Youth Enterprise - Opportunities for Young People- Funding open

In 2017/18, a total of \$190,000 is available under the Youth Enterprise Fund - Opportunity for Young People for individuals and/or groups of young people who have a new and innovative enterprise project or idea and need support to progress it. This funding initiative is targeted at individuals and/or groups of youth (aged 12-24) who have a new and/or innovative enterprise project or idea, and need knowledge, skills, competencies or mentoring to help them execute their project or idea. The Ministry of Youth Development

(MYD) will support initiatives which demonstrate - innovation and viability of enterprise project, potential for sustainability and growth, potential of social and/or environmental impact, value for money and learning impact. MYD is currently seeking expressions of interests from young people, which closes on 17 August 2017. More information can be found on our [website](#). Could you please share this through your networks or pass it on to any young people you know who would be eligible. If you have questions or would like more information please get in touch and contact Sarah Freer – sarah.freer005@msd.govt.nz

Articles of interest:

[The Chase Anne Hegerty reveals secret battle autism](#)

[IHC New Zealand pays tribute to Colin Meads](#)

[Can I play to? Free resources](#)

[Goalball sporting solution](#)

[People loving this boy's reaction every time his sister picks him up](#)

[Disability kiwis face long fight for equality](#)

[The next phase of inclusive fashion: Designing for the disabled](#)

[Is your anxiety ruling your life?](#)

[What you think having a toddler will be like vs what is actually like](#)

[Sensory backpacks and other sensory products](#)

[Emotion Duplo](#)

[The reason I don't eat](#)

[In order to keep informed about important issues, seminars and changes to any seminars it is important that you LIKE us on Facebook !](#)

[Please visit our Facebook page here and 'like' us. You can follow us on Twitter here](#)

NEWSLETTERS

[Altogether Autism](#) – Issue 2 2017

[Auckland Down Syndrome Association](#) – August 2017

[Be Accessible](#) – July 2017

[Brainwave](#) – July 2017

[Cald Newsletter](#) – August 2017

[Carers NZ](#) – July 2017

[Changing Minds](#) – August 2017 [Changing Minds](#) – 15 August 2017

[Children's Autism Foundation](#) – August 2017 [Children's Autism Foundation](#) – 22nd August

[Communitycations](#) – 29 August 2017 [Communitycations](#) – 22 August 2017 [Communitycations](#) – 16 August 2017

[Dance Therapy](#) – July 2017

[Deaf Aotearoa August 28](#) [Deaf Aotearoa 21 August](#) [Deaf Aotearoa 14 August](#) [Talking Hands Magazine](#)

[eCald News](#) – August 2017

[Epilepsy NZ](#) – July 2017

[Every Kiwi Counts](#) – July 2017

[Health Link North](#) – August 2017

[Health Quality & Safety Commission E-update](#) – August 2017

[Improving Life Outcomes](#) – July 2017

[Independent Living Services](#) – August 2017

[Kia Maro Enable New Zealand](#) – June 2017

[Numicon](#) – July 2017

[NZDSN Newsletter](#) – August 2017

[On the Radar \(Rare Disease Advocacy and Research\)](#)

[Parent to Parent newsletter](#) – August 2017 [Magazine](#) – July 2017 Parent to Parent [info](#)

[Plunket](#) – July 2017

[Raeburn House Training Workshops](#) - July-Dec 2017

[Raukauri Newsletter](#) – Winter 2017

[Recreate NZ newsletter](#) – Term 3 2017

[Te Ata Newsletter](#) – Term 2 2017

[The Asian Network Newsletter \(TANI\)](#) – Winter 2017

[Violence Free Communities](#) – August 2017

[Whanau Marama](#) – August 2017

[Wise Newsletter](#) – 16 August 2017 [Wise Newsletter](#) – 9 August 2017

[Young Carers Newsletter](#) – August 2017



helping families

From the Disability Connect Team

Lisa, Virginia, Robyn, Sanny, Angela and Asoka

www.disabilityconnect.org.nz

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