



helping families

COUNSELLORS

Alongside you

Gabi Zundorf is a counsellor who is now offering support to parents with special needs children. She wants to "walk alongside the family" at a time of need. Her own experience with raising two children with special needs means she will bring a lot of empathy when meeting you. She will meet you wherever it is easiest for you. Call her on 027 489 8819 or email gabi@alongsidedisability.nz. You can also find on her Facebook page "Alongside You". Click on title link to view website.

Counselling Service - Ellerslie

Trisha Glover is a Psychosynthesis Counsellor offering counselling services for family members who have a family member with a disability. Trisha is also currently working in the Disability Sector. She holds clinics in Marua Road, Ellerslie. Please phone Trisha 021 142 3851 or email tglover@ihug.co.nz for more information or to book a session.

Counselling Service – South

Kim Gregory is a counsellor who has had personal experience with disability. She has a son who is on the Autism Spectrum and has worked in the Disability Sector in various capacities over the past few years. Click here for more information about Kim, or contact her on 09 296 7587 or email her on ian.kimg@orcon.net.nz.

Counselling - Waterview

Natasha Delgarno is a qualified counsellor working with adults with Asperger Syndrome/High Functioning Autism, their spouses and families. She also has knowledge and experience with ADHD, Tourette's Syndrome and other neurodivergence.

Home and Family Counselling

Are a community-based service providing professional counselling to individuals, couples and families. They also deal with disabled people and their families. Their services are affordable and accessible to all. They work with children, teenagers and adults. They have three branches: North Shore, Hibiscus Coast and Mt Eden. For information please go to <http://homeandfamily.org.nz/contact-us/>.

John Hibbs

An experienced counsellor specialising in work with children, people with Asperger's and people with an intellectual disability. He also operates a general counselling practice working with a wide range of clients with issues including grief, trauma, male identity and sexuality, anxiety and stress. Ph 09 575 6091 or email john@johnhibbs.co.nz.

Man Alive Youth

Offer one on one counselling or family counselling for male youth that have issues or struggling with things. Suffering anger, violence, abuse, low self-esteem, relationship issues, loneliness, bullying, loss and grief, stress, depression, addictive behaviours and phobias. They do amazing work in the community and have offices in Panmure, Henderson and Highland Park

Specialised Counselling – Celia King

It's all about you! For Adults, Older Adults, Children, Teens, Families, Couples, Deaf, NZSL, Special Needs and Carers. Based in West Auckland, She can meet you in other areas of Auckland. I can also Skype for counselling at a time that suits you both. Contact: 021 170 2874 or email info@specialisedcounselling.co.nz.

Talking Works Counsellor - Tom Didovich

Tom is a well qualified NZAC Registered Counsellor, Coach and Mentor based in New Lynn, Auckland. He has worked with young adults on the autism spectrum and with mental health challenges. He specialises in anger management, emotional regulation and working with a wide range of issues including grief & loss, stress, anxiety and depression. He also works with couples, and facilitates therapeutic groups for men living without violence. Tom is a qualified pianist/musician and can bring musical elements into therapy, as well as drawing on his many years of experience working with animals. Contact Tom at tomdidovich@gmail.com