



*helping families*

## **PRESCHOOL ACTIVITIES**

### **AUCKLAND WIDE**

#### **Interacting theatre, a disability arts theatre company**

Community classes in drama, film making, song writing and other performance arts related themes. Two new links: One is about Interacting community classes <https://youtu.be/KFF6Mb00PrM> and the other the latest film from the Nathan homestead make a film project Sherlock Who Episode 2. Interacting Promo Video <https://youtu.be/K6UMBAQdkPE>

#### **Jump Sensory Sessions**

Available at North Shore, Avondale and East Tamaki. Please contact or look at their website for more details

#### **Rhymetime for pre-schoolers**

18 months – 3 years. Free. Rhymetime is a fun, free session that provides music, songs, movement and finger rhymes to pre-schoolers. Available in most libraries across Auckland so contact the libraries directly to find your time

#### **Storytime across Auckland Libraries**

At various times, Kids 3-5 years old, Free. The highly popular storytimes are sessions of stories read by librarians and occasionally by authors or other guests. These are ideal for kids aged 3 - 5 years. Some libraries offer regular storytimes in languages other than English, and we often tailor our sessions to incorporate school holiday themes or major celebrations such as Christmas, Chinese New Year, Diwali and Matariki, the Māori new year. [Find out more about our multilingual storytimes.](#)

#### **Wriggle and Rhyme at Auckland Libraries**

Babies 0 - 2 years, Free. Wriggle and Rhyme is a fun, free programme that provides positive movement experiences to stimulate development of both the brain and body for babies 0 - 2 years. Over the holidays, contact your library directly for the pre-school Christmas and New Year schedule. Find a Wriggle and Rhyme session at a library near you: During school term time only.

# CENTRAL AUCKLAND

## [Active Music and Movement – Oranga](#)

With Zelda, come along to our toddler music and movement session for structured learning through music. 5years and under, Oranga Community Centre, 52c Waitangi Road, Fergusson Domain. Tuesdays 10-11.30am, gold coin donation.

## [Artful Splodgers Ponsonby](#)

In our preschool classes you and your child will experience a variety of sensory, explorative and creative activities each week. Preschool sessions are perfect for bringing out the creative genius in your child. Our Artful Splodger session will encourage your child to develop the following skills: Problem Solve, Analyse, Be Brave and Explore new techniques, Develop Fine Motor skills, Improve hand and eye Coordination, Develop Creative thinking, Aids Self Expression, Persevere. 3-5 years, Saturdays 2-3pm, Ponsonby Community Centre, 20 Ponsonby Terrace, 12<sup>th</sup> Aug-30<sup>th</sup> Sept. Please book [here](#)

## [Baby Sensory Classes Epsom](#)

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Theosophical Centre, 4 Warborough Ave, Epsom, Wednesday 10.45am-11.45am (two to thirteen months) Saturday 9.45-10.45am (three to thirteen months) call Kay Kho, 021 027 06767 to book and for prices or email [aucklandcitywestnz@babysensory.com](mailto:aucklandcitywestnz@babysensory.com)

## [Baby Sensory Classes Grey Lynn](#)

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Grey Lyn Community Centre, 510 Richmond Road, Grey Lynn, Monday 11.50am-12.50pm (newborn to seven months) 12.50-1.50pm (three to thirteen months) call Kay Kho, 021 027 06767 to book and for prices or email [aucklandcitywestnz@babysensory.com](mailto:aucklandcitywestnz@babysensory.com)

## [Baby Sensory Classes Mt Eden](#)

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Mt Eden Village Centre, 449 Mt Eden Road, Mt Eden, Tuesday, 9.30-10.30am (newborn to eight months) 10.30-11.30am (seven to thirteen months), 11.30-12.30pm (newborn to thirteen months) call Kay Kho, 021 027 06767 to book and for prices or email [aucklandcitywestnz@babysensory.com](mailto:aucklandcitywestnz@babysensory.com)

## [Baby Sensory Classes Ponsonby](#)

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Leys Institute Hall, 20 St Marys Road, Ponsonby, Thursday, 10-11am (newborn to eight months) 11am-12pm (three to thirteen months), call Kay Kho, 021 027 06767 to book and for prices or email [aucklandcitywestnz@babysensory.com](mailto:aucklandcitywestnz@babysensory.com)

## [Ball Skills for Preschoolers – Remuera](#)

Developing hand/eye coordination, teamwork and agility 3-4year olds, Tuesday and Wednesday 9.30-10.30am. Ph 021 589 707, College Rifles Haast St, Remuera

## [Community Playgroup Panmure](#)

A place where parents/caregivers and children under 5 can relax, discover, learn and have fun. Every Tuesday 9.30-11.30am, Panmure Community Centre, 7-13 Pilkington Road, Panmure \$2 per family

## [Drama Queens](#)

\$5 per family, locations across Auckland – Orakei Community Centre, 156 Kepa Road, Orakei, Monday 11am-12.15pm, Tuesday 10-11.15am, Friday 11am-12.15pm. Western Springs – Western Springs Community Hall, 956 Great North Road, Western Springs, Wednesday 10-11.15am and Mt Wellington – Mt Wellington Community Church, 5a Waipuna Road, Mt Wellington, Thursday 10-11.15am. No bookings required.

## [Fitness Fun Class](#)

We have a range of activities to get children active, help upper body/arm strength, co-ordination, balance and agility. We have a variety of activities which we change around as the term goes along. We also adapt each task to suit the child and their level, so your child works on tasks to suit their needs. The class will be limited to 8 children so that they can all get access to equipment and the instructors can get around helping everyone. When we get more than 8 children we will start another class and group the children according to their development level rather than their chronological age. This will be hold on Sundays during term time. For any child with special needs or learning difficulty. Bookings: Please email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz). You will be sent an invoice to be paid before the class starts and a T&C sheet to sign. Please also include a description of what your child struggles with and what they can do well so that we can match

PO Box 13385 Onehunga Auckland 1643

P: (09) 636 0351 F: (09) 636 0354 E: [admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz) W: [www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)

activities to their needs. This will be held at Lynfield YMCA, or at a different venue in Green Bay. \$160 a term or if you have carer support, then every 8 weeks you could claim \$87.40.

### **GlowKids - Sensory Kindy**

Have you heard about Glowkids? It is an Auckland based service providing assessment, advice, early childhood education and therapy for children. They are now offering sensory Kindy sessions, [click here](#) to view flyer.

### **Gymnastics Preschool – Waiheke**

Gym with Tenaia, Mondays, 9-11am, Main Hall, 115 Ocean View Road, Oneroa, Waiheke Island

### **HillsPlay – Playgroup**

A free playgroup based programme and morning tea for parents and caregivers of children under 5. Every Wednesday during term time, 9.30-11.30am, Hills Church, 179 Hillsborough Road, Hillsborough. 09 625 5656.

### **Little Gems Playgroup**

Hi everyone, my name is Lorena. I'm a mother of a gorgeous 6 years old boy, his name is James. My little man was formally diagnosed with autism when he was 3. I know firsthand how difficult it can be for parents looking to do their best after their child diagnosed. I decided to create a playgroup for children up to the age of five (or six if they haven't started school), would be based on free play. The playgroup would also allow parents who faced the same experiences with children with autism to share advice and frustrations. Siblings are welcome. Every Tuesday from 7<sup>th</sup> March, 10am-12pm, 192 Parnell Road, Parnell, Parnell plunket rooms. Gold coin donation. Contact Lorena 022 307 9263 or Annalee 021 264 2668

### **Music for Children Mt Albert**

Interactive music sessions at St Lukes Church, 704 Great North Road, Mt Albert, Wednesdays during term time at 10am. Sessions include puppets, props, actions and movement. Ph 09 846 3023.

### **One Tree Hill Playgroup**

Join us every Tuesday between 9.30-11.30am with your under fives. Open rain or shine – there's lots of activities and toys for any weather. No need to book. One Tree Hill Playgroup, Jack Dickey Hall, 174 Greenlane West

### **Playgroup for special needs – Remuera**

For children with special needs and their families. Every second Wednesday, Community of St Luke, 130 Remuera Road, Remuera. Children aged 18months – 5 years welcome. Contact Margaret Davidson – [nzmargaret@gmail.com](mailto:nzmargaret@gmail.com)

### **Playgroup – Remuera**

Tuesday and Thursday 9.15-11.15am, A wonderful environment for preschool children and their carers. Located at the back of St Paul's Church, 12 St Vincent St, Remuera. \$3 per family. Contact Annalee 021 246 2668

### **Playgroup St Heliers**

Every Monday, Tuesday, Wednesday and Friday, 9.30-11am, babies to pre-schoolers welcome. Join us for music, morning tea and crafts. Run by local mums on a volunteer basis. Contact Rhian on 022 019 8568, Johnston Hall, 100 St Heliers Bay Road, St Heliers

### **Preschool Play Group / Parents Group – Panmure**

Bring along your pre-schoolers, babies, toddlers and enjoy a relaxed morning of play with other Mums. This is a great way to make friends and for your little people to interact with others. Monday mornings, 10am to 11.30. 50c for tea/coffee. Please bring snacks for your own child. Ph Tracey, 570 5539, Dunkirk Road Activity centre, 50 Dunkirk Road, Panmure, [dunkirk@xtra.co.nz](mailto:dunkirk@xtra.co.nz) for more information

### **Mini Sports Club Panmure**

Mini Sports for Toddlers, Active and Educational. Each term Mini-Sports focus on a different sporting activity. Soccer and basketball, rugby plus lots of fun games and activities for pre-schoolers with a qualified coach and equipment made for little people. Friday mornings. For enrolment and more information contact [www.minisports.co.nz](http://www.minisports.co.nz), Dunkirk Road Activity Centre, 50 Dunkirk Road, Panmure, ph Dean 021 905230 or email [deanminisports@gmail.com](mailto:deanminisports@gmail.com)

### **Montessori Playgroup Auckland**

The Montessori Playgroup in Glendowie provides an introduction to the Montessori philosophy for both the parent and child. Here, children from birth to six years, develop cognitive, social, independence and self-help skills in a warm, caring and nurturing environment. This leads to growth of their confidence, self-esteem and love of learning. Find us in the Rainbow Room, Glendowie Community Centre. Mondays 9.30 – 11.45am Tuesdays and Thursdays 9.30 – 11.30am. For further information, come in and see us or contact Michelle on 575 0681 or 027 297 0973 [montessorisplaygroupremuera@gmail.com](mailto:montessorisplaygroupremuera@gmail.com)

### **Social Skills 4 All**

A group therapy course targeting specific social communication skills. Would benefit people with Autism, Asperger's syndrome, High-Functioning Autism, people with difficulty with social interactions and/or those wanting to develop social skills to improve social communication. Term 3 spaces available on Saturdays. \$40/1hr session. Based in One Tree Hill, Auckland. For more information please contact Samantha McGillivray (Speech Language Therapist) [info@speech4all.co.nz](mailto:info@speech4all.co.nz)

**Self-Expression Group: The dancing Soul – Saturdays 10.30-11.30am, St Heliers Community Centre**

Dance and movement Therapy for kids with special needs. [Click here](#) to view flyer.

**Tune In “Speech and Music Co-Therapy Group”**

Fun filled group sessions led by a music therapist and a speech therapist that use musical activities to develop social and functional language skills. The groups are organised around themes to help children develop their vocabularies and language comprehension, while allowing for plenty of opportunities for development of social skills and friendship through peer engagement and musical games. Preschool group age 2-5yo with caregivers, Monday 1.45-2.30pm, School age group 6-10yo with or without caregivers Monday 3-3.45pm. Raukatauri Music Therapy Centre, \$30 per session. Starts 1<sup>st</sup> May.

For more information contact Jen Ryckaert, [Jennifer@rmtc.org.nz](mailto:Jennifer@rmtc.org.nz) or 09 360 0889.

**Yoga Playgroup! Auckland**

ACPC (Auckland Chinese Presbyterian Church) Hall, 105 Vincent Street. Wednesday 10.30-11.30am, A lovely relaxing yoga session for parents and under 5's. Yoga mats, toys, secure space for free play, and morning tea all provided. This is a great opportunity for families in Auckland City to meet and make new friends.

# **SOUTH AUCKLAND**

## **Adapted Gymnastics Papatoetoe**

Gym City Papatoetoe 12.30 till 1.30 preschool class for children 0-5 with a disability Cost \$84 per term. Gym Fun class for children aged 5-12 with a disability starting Wed 15th Feb 3.30 till 4.30 Cost \$18 per term.

## **Ambury Park Centre – Riding for Disabled**

Modern riding therapy embraces a holistic approach to riding, taking from riding what we need - recreation, sport, rehabilitation, physical and psychological therapy. Riding provides a gentle, rhythmical, symmetrical exercise in a healthy atmosphere. It is challenging and above all, enjoyable. For someone physically impaired either at birth or as a result of an accident, muscle groups cease to function normally. The regular, rhythmical movement of the horse enables the rider to work all the muscles, and in particular those muscles that provide balance for sitting and walking. The riders, mostly children, attend these courses usually once a week during the school term. The Intensive Programme. The Intensive Therapy programme offers clients physiotherapy with a difference, working one-on-one with a qualified physiotherapist, occupational or conductive therapist. The rider participates in a 30-minute session that focuses on physical, cognitive, psychological, behavioural or perceptual areas - (Ambury Park Centre has an affiliation with NZRDA). The Remedial Programme - The Remedial Therapy programme is intended for those with more moderate physical or intellectual disabilities. The one-hour session is led by a qualified therapist or coach, and involves up to four riders at a time. Areas of focus include communication, language development, social interaction, body movement, co-ordination, improved balance, self-awareness and self-confidence.

## **Baby Sensory Classes Manurewa**

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Manurewa Baptist Church, 9 Lupton Rd, Manurewa, Wednesdays, 9.45-10.45am (newborn to six months) 11am-12pm (six to thirteen months) call Rea Clark 021 065 7578 to book and for prices or email [mankauz@babysensory.com](mailto:mankauz@babysensory.com)

## **Artful Splodgers Pukekohe**

In our preschool classes you and your child will experience a variety of sensory, explorative and creative activities each week. Preschool sessions are perfect for bringing out the creative genius in your child. Our Artful Splodger session will encourage your child to develop the following skills: Problem Solve, Analyse, Be Brave and Explore new techniques, Develop Fine Motor skills, Improve hand and eye Coordination, Develop Creative thinking, Aids Self Expression, Persevere. 3-5 years, Friday 11.15am, Old Borough Building 22 Edinburgh St, Pukekohe, 4<sup>th</sup> Aug-22<sup>nd</sup> Sept. Please book [here](#)

## **Incredible Years Pukekohe**

A 14 week programme for parents of children 3-8 years. Please contact [admin@familysupport.org.nz](mailto:admin@familysupport.org.nz)

## **Kea Kids Childcare**

New Centre Open Now, willing to take special needs children with moderate needs, 6 months-5 years old. 55 Vine St, Mangere East 09 270 3781 or [vineCM@keakids.net.nz](mailto:vineCM@keakids.net.nz)

## **Manurewa Playcentre**

Very welcoming environment to all with disabilities. Free to attend (a donation is welcome but not asked for) Age 0-6yo. There is a great outdoor play area as well as warm engaging indoor space. They celebrate and welcome all cultures and families. You are able to come along to 2 mornings a week or more. This is parent based so you must attend with your child/children. 7 Lupton Road, Manurewa 9am-12pm, Monday- Friday.

## **Papakura Plunket Asian Playgroup**

Papakura Library, 209 Great South Road, Papakura, 10am-12pm. Due to the cultural differences and language barrier, some Asian parents feel quite isolated and lack of support. This support group is to improve their family wellbeing and establish community linkage. Contact Lucy [Lucy.Liu@plunket.org.nz](mailto:Lucy.Liu@plunket.org.nz)

## **Parent and Child Playgroup – Otahuhu FREE**

Lower conference room, Otahuhu Town Hall, 10-16 High St, Otahuhu, 0-5year olds, Monday-Friday. Creative play, trip days, sensory learning, safe and fun environment. Great way to be involved and make new friends. Tea and coffee provided for parents. Contact Shabnam, 021 173 8178. Registration is required

## **Preschool Music and Movement – Papakura**

Harvest Christian Church, 3 Beach Road, Papakura hosts a music and movement session every Thursday 9.30am during term time. Cost is \$2 per family. All welcome 09 299 9394

## **Safari Multicultural Playgroup**

They welcome families from all cultural backgrounds living locally, as well as former refugee families Safari Henderson – Henderson Baptist Church, 321 Great North Road, Henderson and Safari Lynfield – YMCA Lynfield, 16 Griffen Rd, Lynfield,

Safari Papatoetoe – PACT building, 311 Great South Road, Papatoetoe. Time 9.30am-12pm. Contact Cherie at [cherieb@arms-mrc.org.nz](mailto:cherieb@arms-mrc.org.nz) or 09 973 2852

### **Singalong Mangere Town Centre Library**

Holds Singalong storytime for toddlers and young children every Friday 10.30-11.30am, Bader Drive, Mangere. Phone 09 275 9294

### **Smalltalk Therapy**

Have some sessions available with a speech language therapist who have specialist skills in paediatric disability. They cover East and South Auckland.

### **Sutton Park Community Playgroup**

A safe place with an atmosphere that is warm, accepting and welcoming for parents and children to meet on a regular basis and get to know each other. We aim to provide a range of activities to foster children's learning and development towards their independence and prepare them for transition into primary school. 89 Vine St, Mangere East, Special needs welcome with parent or caregiver. Phone 09 276 4560

### **Tots Dance (3-4 years) Manurewa**

Tuesdays, 4.15-5pm. Tutor: Heather Holland, \$60. An introduction to dancing by learning the basics feet positions, skipping and rhythm! As well as co-ordination, facial expressions and eventually working towards a short routine, all the while gaining confidence and social skills in a group situation. Nathan Homestead, 70 Hill Road, Manurewa

### **Wriggle and rhyme for Daddy and me – Sir Edmund Hillary Library Papakura**

First Saturday of each month, 10-10.30am, 209 Great South Road, Papakura, Free. Join us for a special wriggle and rhyme session for dads and their toddlers at Sir Edmund Hillary Library. Wriggle and rhyme is a regular programme that promotes active movement for early learning in children aged 2 years and under.

## **EAST AUCKLAND**

### **[Au Pair Link Playgroup Pakuranga](#)**

Thursdays 9-11.30am, Anchorage Park Community House, 16 Swan Cres, Pakuranga, 09 309 4444, World leading educational programmes that make a difference to the lives of kiwi kids

### **[Baby Gym Howick](#)**

Bring along your wee one for an introductory gymnastics programme. We use music, colours, textures and spatial exploration in keeping with our weekly gymnastics skill. 6-18 months, Thursday 11.15-11.45am, \$54 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[Baby Sensory Classes Botany](#)**

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Eastview Church, 559 Chapel Road, Botany, Tuesdays, 9.30-10.30am (newborn to six months) 10.45am-11.45am (six to thirteen months), 12-1pm (birth to thirteen months), 1.15-2.15pm (birth to thirteen months) call Rea Clark 021 065 7578 to book and for prices or email [mankaunz@babysensory.com](mailto:mankaunz@babysensory.com)

### **[Baby Sensory Classes Pakuranga](#)**

You and your baby will experience different sensory activities designed to support your baby's sensory development every week and you are welcome to join at any time. Baby Sensory is an extremely popular Baby Development activity and many of our classes are fully booked, it is advisable to book early. Baby sign language, massages and more. Te Tuhi, 13 Reeves Road, Pakuranga, Thursday, 9.45-10.45am (newborn to six months) 11am-12pm (six to thirteen months) call Rea Clark 021 065 7578 to book and for prices or email [mankaunz@babysensory.com](mailto:mankaunz@babysensory.com)

### **[Barnardos Kidstart Pakuranga](#)**

Wednesdays 10-11.30am, Ph 625 0560, Home-based early childcare. Anchorage Park Community House, 16 Swan Cres, Pakuranga

### **[Block building Lego club at Botany Library](#)**

Third Sunday of the month, 3-4.30pm, Botany Town Centre, Free. Get creative with block building. Meet some new friends and discover what you can create and build. Recommended age: 3-12 years.

### **[Catch, kick throw Pakuranga](#)**

A Fun way to introduce your pre-schooler to ball handling fundamentals. Parental involvement required. Monday 4.40-5.20pm, 3-6yo, \$54 per term. Pakuranga Leisure centre, 13 Reeves Road, Pakuranga 09 261 8391

### **[Get Set Go Howick](#)**

Get Set Go is a new programme initiated by Athletics NZ that is aimed at providing young children with the fundamental movement skills to participate in sport. Tuesday 9.45-10.25am, Thursday 10.30-11.10am, 3-5year olds, \$54 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[Gym Fun Howick](#)**

Our stadium will be filled with gymnastic gear, soft play equipment and more. Bring your preschooler down to have some free play fun. All children must be supervised. Friday 9.45-10.45 am, 1-5year olds, \$4 per child, \$3 extra child. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[Jump, Jiggle, Jive - Pakuranga Library](#)**

Every Monday, 11.15-11.45am, Pakuranga Shopping Centre, Free. A fun music, story and rhyme session to get your toddler moving and grooving.

### **[Marhaba Pakuranga](#)**

Anchorage Park Community House, 16 Swan Cres, Pakuranga, Saturdays 11.30-2.30pm, Hoda 09 575 0457. Teaching Arabic language, arts and crafts for 2-5 year olds.

### **[Mainly Music Bucklands Beach](#)**

10am Wednesdays at St Johns Church 245 Bucklands Beach Road, Interactive music programme for parents, caregivers and children to five years to enjoy, followed by morning tea and play. Ph Lorraine 09 534 2305

### **[Nestlings Preschool - Pakuranga](#)**

Tuesdays 10am-12pm, Jenny 021 166 1587. Anchorage Park Community House, 16 Swan Cres, Pakuranga. Fun and educational activities 0-5yo, [kiryth@nestlings.co.nz](mailto:kiryth@nestlings.co.nz)

### **[Playgroup for pre-schoolers with ASD / Aspergers / ADHD - & Siblings](#)**

Every Wednesday during school term 12.30-2.30pm (BYO lunch). St Columba Presbyterian Church Pakuranga playgroup and crèche area. Cost \$2 per family. 480 Ti Rakau Drive, Botany (next to the ice rink) Contact Talita De Lange 021 132 8697 or email: [specialkids.families@gmail.com](mailto:specialkids.families@gmail.com)

### **[Plunket Playgroup Pakuranga](#)**

Anchorage Park Community House, 16 Swan Cres, Pakuranga, Jacqui 021 202 7496, A friendly and informal coffee group for parents with pre-school children. Gold coin donation per family. Weekly from 9.30-11.30am Fridays

### **[Preschool Gym Howick](#)**

Join us in the stadium as we use gymnastics to develop locomotor skills, spatial awareness and manipulative skills. Your preschooler will improve their balance, coordination and confidence using some of our larger equipment. Tuesday 11.30am-12.15pm, Tuesday 1.30-2.15pm, Friday 11.30-12.15pm, Saturday 11-11.45am, 3-5year olds, \$54 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[Preschool Gym Pakuranga](#)**

Enhance your preschooler's physical and social development. Gymnastics improves balance, co-ordination and confidence. Parental involvement required. Wednesday 1-1.45pm (3-5yo), Thursday 9.30-10.15am (2-3yo) \$54 per term. Pakuranga Leisure centre, 13 Reeves Road, Pakuranga 09 261 8391.

### **[Russian Community Playgroup - Pakuranga](#)**

Multilingual playgroup 0-5yo, Music and movement, arts and crafts. All welcome, Monday, 10am-1pm, Jenny 021 166 1587. Anchorage Park Community House, 16 Swan Cres, Pakuranga

### **[Smalltalk Therapy](#)**

Have some sessions available with a speech language therapist who have specialist skills in paediatric disability. They cover East and South Auckland.

### **[Saturday stories at Highland Park Library](#)**

Every Saturday, 10.30am - 11.30am, 16 Highland Park Drive, Highland Park, Free. Start your Saturday with super stories, stupendous songs and sensational shimmie shaking!

### **[Toddler Gym Howick](#)**

Enhance your little one's physical and social development. Gymnastics improves balance, co-ordination and confidence. Parental involvement required. Tuesday 10.30-11am, Wednesday 10-10.30am, Thursday 10.30-11am, Saturday 9.45-10.15am, 1-2year olds, \$54 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[Tumble Tots Gym Howick](#)**

Further enhance your toddler's physical and social development. Gymnastics improves balance, co-ordination and confidence. Parental involvement required. Tuesday 9.45-10.25am, Wednesday 10.40-11.20am, Thursday 9.45-10.25am, Friday 9.45-10.25am, Saturday 9-9.40am, 2-3year olds, \$54 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[Wicked Wheels Howick](#)**

Bring your bikes, trikes, scooters or anything with wheels and come and get active with us indoors during the cold winter months. Friday 2-3m, 1-5year olds, \$2 per family. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436



## **WEST AUCKLAND**

### **Baby Sensory Classes Henderson**

10 week programme of baby sign language, massages and more. Westwave, 20 Alderman Cres, Henderson, Wednesday 10.15am-11.15am (birth to seven months), 11.30am-12.30pm (six to thirteen months) call Tania 021 306 675 to book and for prices or email [waitakerenz@babysensory.com](mailto:waitakerenz@babysensory.com)

### **Baby Sensory Classes Hobsonville**

10 week programme of baby sign language, massages and more. Hobsonville Hall, 397 Hobsonville Road, Hobsonville. Friday 10.15am-11.15am (birth to seven months), 11.30am-12.30pm (six to thirteen months) call Tania 021 306 675 for prices and to book or email [waitakerenz@babysensory.com](mailto:waitakerenz@babysensory.com)

### **Baby Sensory Classes Te Atatu Peninsula**

10 week programme of baby sign language, massages and more. The Chapel, 75 Beach Road, Te Atatu Peninsula, Thursdays 10.15am-11.15am (birth to seven months), 11.30am-12.30pm (six to thirteen months), call Tania 021 306 675 for prices and to book or email [waitakerenz@babysensory.com](mailto:waitakerenz@babysensory.com)

### **Glen Eden Playgroup**

We are a local community group who get together so that our children can interact and the parents and caregivers can socialise and meet others. We aim to provide a safe, fun and stimulating environment in which pre-school children and their parents/caregivers have fun while assisting with their development. Our funding is supplemented by the Early Childhood Development Unit to help provide equipment and supplies. Monday, Wednesday and Friday 9.15-11.45am during school terms only at Glen Eden Community House, 13 Pisces Road' Glen Eden

### **Green Bay Community Playgroup**

9.30am-11.30am, \$4 per family, Under 6 months free, All welcome, please come along! Green Bay Community Centre, 1 Barron Road, Green Bay

### **Hand to Hand Playgroup**

First Wednesday morning of each month from 10am to 12pm. A casual coffee morning where parents with children with a disability of any kind can meet other parents and families – next playgroup date is September 6. The age group catered for is 0-5 years old, but if your child hasn't started school at 5 they are still welcome to come along. Siblings are also welcome. The group is run by two trained child care therapists and is held in a large hall with a trampoline, climbing frame and appropriate toys for different ages. There are also musical instruments with a sing along for the last half hour of the group. If you would like to know more about the group or register your interest, you can email Sian at

[Sian.Lyness2@waitematadhb.govt.nz](mailto:Sian.Lyness2@waitematadhb.govt.nz).

### **Hip Hop Preschool – Ranui**

Contact 09 833 6280, Friday 9.15-9.45am, 474 Swanson Road, Ranui, \$5 per class

### **Little Monkeys Playgroup – Te Atatu**

Little Monkeys Playgroup is a parent run playgroup that operates during term time. It runs on Wednesdays from 9.30-11.30am. The cost is \$3 per child or \$4 per family and please also bring a piece of fruit (cut up if possible) to share for morning tea. Tea and coffee is also available for parents. Playgroup is open to all preschool children and we also have a baby area. Come along and meet other mums and engage with your child in a safe and fun learning environment, 595 Te Atatu Road, Te Atatu

### **Playgroup Glen Eden**

Every Monday, Wednesday and Friday during term time, 9.15-11.30am. Glen Eden Community House, 13 Pisces Road, Glen Eden. First session free, \$2 per family after that. Ph 09 818 2194 for more information.

### **Plunket Group New Lynn**

Join us for a fun morning of play, learning and socialising! Morning tea included. \$3 per child. For more info contact Kimiyo: call 021 913 446 or email [kimiyo.yamasaki@plunket.org.nz](mailto:kimiyo.yamasaki@plunket.org.nz) Thursdays 9.30am,-12pm, 45 Totara Ave, New Lynn

### **Safari Multicultural Playgroup**

They welcome families from all cultural backgrounds living locally, as well as former refugee families Safari Henderson – Henderson Baptist Church, 321 Great North Road, Henderson and Safari Lynfield – YMCA Lynfield, 16 Griffen Rd, Lynfield, Safari Papatoetoe – PACT building, 311 Great South Road, Papatoetoe. Time 9.30am-12pm. Contact Cherie at [cherieb@arms-mrc.org.nz](mailto:cherieb@arms-mrc.org.nz) or 09 973 2852

### **Saintz Up Performing Arts – New Lynn**

SUPA offers music, dance, drama and choir programmes for all children aged 3 years to 16 years. For more information, please contact the team on [SUPA.CentralWest@gmail.com](mailto:SUPA.CentralWest@gmail.com), Mondays 4-7pm, 45 Totara Ave, New Lynn

### **Te Kerehana Playgroup Kelston**

Kelston Community Hub, 68 St Leonards Road, Kelson, 9.30am-12:30 pm A great place to make friends, have a cuppa and let the kids play with other local children. Playing to empower children's learning. Young families meeting and sharing. Growing and learning together with Te Kerehana Playgroup!

# NORTH AUCKLAND

## **4-up: Getting ready for school Takapuna Library**

Every Friday, 11am - 12 noon, 9 The Strand, Takapuna, Free. A fun, one-hour session designed to help your 3-4 year old learn the alphabet. Join us each week as we learn, read, listen and write alphabet sounds and letters through stories, handwriting tasks, and craft activities. Aimed at strengthening your child's reading comprehension and social engagement in preparation for school. For more information, please contact Lisa Dam on 09 890 4917, or come and see us - we're here every Friday morning at 11am.

## **Baby Sensory Classes Birkenhead**

9 week programme of baby sign language, massages and more. Rawene Centre, 33 Rawene Road, Birkenhead, Thursdays 9.45am-10.45am (birth to seven months), 11am-12pm (six to thirteen months), 12.15-1.15pm (four to ten months) call Dominique 022 480 818 to book and for prices or email [northshorenz@babysensory.com](mailto:northshorenz@babysensory.com) Also have Saturday Dad's Classes

## **Baby Sensory Classes Mairangi Bay**

9 week programme of baby sign language, massages and more. Windsor Park, 542 East Coast Road, Mairangi Bay, Friday 12-1pm (six to thirteen months), 10.45-11.45am (birth to seven months), 9.30am-10.30am (four to ten months) call Dominique 022 480 818 to book and for prices or email [northshorenz@babysensory.com](mailto:northshorenz@babysensory.com) Also have Saturday Dad's Classes \$25 per session

## **Big Teddy Fridays Whenuapai**

New playgroup for children 3months – preschool. Whenuapai Village Hall, Waimarie Road, Whenuapai. 9.30-11.30am. See Big Teddy Fridays Facebook page

## **Big Teddy Thursdays**

Weekly Thursdays 9.30-11.30am, Albany House, 575 Albany Highway, Albany. Connect with parents, stories, music and play! Enjoy a beverage with a gold coin donation! Contact Christine 09 448 5363 or 027 4155 205  
[www.albanycommunity.org.nz](http://www.albanycommunity.org.nz)

## **Devonport Community House Playgroup**

Wednesdays 9.30-11am, Devonport Community House, 32 Clarence St, Devonport Pre-School Play Group. Join us in the hall for morning tea and a play session with our abundant array of toys. \$5 per session. No enrolment, loads of fun and meet new friends. Come along or Ph Ines Gereda 021 110 0605

## **Hand to Hand Playgroup**

First Wednesday morning of each month from 10am to 12pm. A casual coffee morning where parents with children with a disability of any kind can meet other parents and families – next playgroup date is September 6. The age group catered for is 0-5 years old, but if your child hasn't started school at 5 they are still welcome to come along. Siblings are also welcome. The group is run by two trained child care therapists and is held in a large hall with a trampoline, climbing frame and appropriate toys for different ages. There are also musical instruments with a sing along for the last half hour of the group. If you would like to know more about the group or register your interest, you can email Sian at [Sian.Lyness2@waitematadhb.govt.nz](mailto:Sian.Lyness2@waitematadhb.govt.nz).

## **Hangout with Mates - Holiday Programs**

For ages 4 to 6 years (mini mates) and 7 to 12 years (mates). The programs aim to provide goal directed, specific indoor and outdoor, occupational therapy supported activities, using sensory integration and motor skill development theory. They are designed for children with mild to moderate needs, to enable greater engagement and participation in everyday play and school activities. Please register your interest by contacting [info@everydayot.com](mailto:info@everydayot.com). We also offer individualised aquatic occupational therapy programs at the Tepid Baths in Auckland and school based support on the North Shore. Aquatic Occupational Therapy programs for individuals and groups. These programs offer water based occupational therapy to families who wish to extend the leisure and play skills of their children while incorporating sensory integration and motor skill development activities. Adventure Day Camps. The day camps are designed to help children prepare for Education Outside The Classroom (EOTC) days and school camp plus have fun trying new activities. They will include goal directed, specific indoor and outdoor, occupational therapy supported activities, using sensory integration and motor skill development theory. Like the holiday programs, they are designed for children with mild to moderate needs, to enable greater engagement and participation in everyday play and school activities.

## **Hydrotherapy Swimming Sessions**

Monday afternoons 3pm – 4pm. Available to children between 12 months and 21 years of age. Sessions are 20 minutes duration with a registered physiotherapist Barbara Rijnbende. We are full for this term, but are compiling a waiting list for next term and hope to be able to increase our pool time next year to enable more children access to hydrotherapy. For enquiries or registration, please contact Carol White, 09 485 3461 [www.wilsonhometruster.org.nz](http://www.wilsonhometruster.org.nz)

## **Preschool Play – Belmont**

Toddler time to play with big toys, be active and meet new friends. Tuesday 9.30-11am, June 13<sup>th</sup> – October 24<sup>th</sup>, the Rose Centre, School Road, Belmont. Free 09 445 9533 or [maria@devonportpeninsulatruster.nz](mailto:maria@devonportpeninsulatruster.nz) for more information

**This information has been updated until 25<sup>th</sup> September, please double check if there are changes prior.**

**Please look on our [Useful Links](#) section of our website for more services / organisations**