



helping families

## SCHOOL AGE ACTIVITIES

### AUCKLAND WIDE

#### Art / Craft / Games

##### [Arts 4 Us - For children on the Autism Spectrum & related disorders including ADHD, Anxiety, PDD and Developmental Delays](#)

*Arts 4 Us Specialty Art Therapy Group* - Program activities include art making with the aim to support social skills, emotional literacy, friendship skills and sensory integration. Contact Dance Therapy NZ [info@dancetherapy.co.nz](mailto:info@dancetherapy.co.nz), 09 636 3029

##### [Māpura Studios](#)

Māpura Studios are accepting enrolments for children, teens and adults with diverse abilities, including visual art, movement and art, cartooning, creative music group, and two new creative art classes for Teens in Takapuna, and Pukekohe. Enrol now. Contact Māpura Studios for more information 09 845 5361 or [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz)

#### Dance/Drama/Music

##### [Dance Therapy NZ - For children on the Autism Spectrum & related disorders including ADHD, Anxiety, PDD and Developmental Delays](#)

*STARS Dance Movement Therapy Groups*: Program activities include dance, movement, music, play and body awareness with a focus on developing social skills and emotional literacy. Onehunga, Mt Albert, Northcote and Pakuranga.

##### [Helen O'Grady Drama Academy](#)

Our classes are for children aged 5-17 years. We welcome any child who is able to join in at our classes, to enjoy themselves and who are able to follow our simple rules without assistance. We do not have any specific training and are not qualified to help people with special needs. But we have a number of children attending who have dyspraxia, autism and asperger's for example, they join in and have fun and grow in confidence and self-esteem. The classes are less suitable for children with mobility issues, as they are highly physical and the child tends to miss out. However we welcome applications and assess the suitability to the needs of the child on a case by case basis. Please email [enquiries@helenogrady.co.nz](mailto:enquiries@helenogrady.co.nz) or 0800 161 131. Classes are all over Auckland.

##### [Interacting theatre, a disability arts theatre company](#)

Community classes in drama, film making, song writing and other performance arts related themes. Two new links: One is about Interacting community classes <https://youtu.be/KFF6MbO0PrM> and the other the latest film from the Nathan homestead make a film project Sherlock Who Episode 2. Interacting Promo Video <https://youtu.be/K6UMBAQdkPE>

##### [National Youth Theatre Company](#)

Our OnStage programme, for young people aged 7-21, is an All-Access programme in which we strongly believe any child who wants the opportunity to participate in the performing arts should be able to. We work with many different young people and accommodate everyone's needs as best we can. We have had a student in a wheel-chair in our shows, as well as students with Autism, Aspergers and similar learning difficulties or intellectual disabilities. Our programme is based around the process of creating a full-scale musical production, so our students generally need to be able to be onstage under bright lights (often for sustained periods of time) without aid, and able to be part of the cast of a show. However, we would be delighted to talk with any family who might be unsure about the suitability of our programme to see how we can best serve the needs of the particular student. For more details email [info@nytc.co.nz](mailto:info@nytc.co.nz)

##### [StarJam](#)

They are a not-for-profit organisation that empowers young people with disabilities through music and performance. They have places available now in their singing, dancing, drumming and guitar workshops for young people with disabilities. Workshops are a safe environment, supported by a tutor and volunteers to learn new skills, have loads of fun, make friends

and experience the belief that anything is possible. Contact [info@starjam.org](mailto:info@starjam.org) or call 0800 4 STARJAM to find out more! [Click here](#) for flier.

## Holiday Programmes

### [Spectrum Care Holiday Programme](#)

Run a holiday programme for students aged 5-16 with physical and/or intellectual disabilities (including profound disability) in north, south and west Auckland, at each set of school holidays. Referral is only via Taikura Trust. Accepted students receive 2-3 days at the programme per holidays. For more information contact - Caroline Leong - Team Leader – Child, Youth and Respite, ph 09 634 9805 or email [caroline.leong@spectrumcare.org.nz](mailto:caroline.leong@spectrumcare.org.nz)

### [YMCA Holiday Programmes Holiday Programmes in Auckland](#)

These run at the following centres: Auckland City, Ellerslie, Panmure, Lynfield, Massey, Mt. Albert and Onehunga (Please contact centres directly). YMCA offers day trips around the city to arts and crafts projects, from sports competitions and outdoor games to week-long camps. Day programmes operate Monday to Friday. Holiday camps run from 4-6 days in length at one of our three picturesque locations around the Auckland region and offer your child the chance to experience independence, self-reliance, and an opportunity to make great friends. To ensure the safety of children all YMCA staff are trained and qualified and undergo police checks. YMCA programmes are CYF audited and approved. WINZ subsidies are available to approved families.

## Recreation

### [Halberg All Sports](#)

The Halberg Disability Sport Foundation's community programme to enhance the lives of physically disabled young people by enabling them to participate in sport and recreation.

### [Jump Sensory Sessions](#)

Available at North Shore, Avondale and East Tamaki. Please contact or look at their website for more details

### [Junior Athletics and Swimming Development Programme](#)

11 weeks alternating athletics and swimming, weekends, venues across Auckland. 8-21 year olds with visual and physical impairments. Expert coaches with guest appearances from Paralympic athletes and a fun, friendly environment. We are hoping to develop life-long participation amongst our youth generation. \$107 programme fee which includes 10 coaching sessions, JDG entry, Wheel black game tickets, payment plan or lump sum accepted with online registration. To find out more go to [www.parafedauckland.co.nz/jdpg](http://www.parafedauckland.co.nz/jdpg). Frequently asked questions [here](#).

### [Parafed - launching a new youth Wheelchair Basketball programme](#)

Wheelchair Basketball is New Zealand's biggest sport for the physically disabled – you don't need to be a wheelchair user to participate. It is ideal for anyone with a locomotive impairment, including amputees, those with Cerebral Palsy and Spinal Impairments. For information contact: Hamish Meacham, Parafed Auckland, 09 270 2503 or 027 324 1976 [hamishm@parafedauckland.co.nz](mailto:hamishm@parafedauckland.co.nz) website [www.parafedauckland.co.nz](http://www.parafedauckland.co.nz)

### [Parafed Auckland Junior Programme](#)

For 5 years+, make friends, have fun, keep fit and healthy. Sun 29<sup>th</sup> Oct, 3<sup>rd</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 10<sup>th</sup> March, 7<sup>th</sup> April. Whanau welcome, first 2 sessions free. Catering for visually impaired participants, and a range of physical impairments. To register and find out more info go to [www.parafedauckland.co.nz/junior](http://www.parafedauckland.co.nz/junior) or email [emma@parafedauckland.co.nz](mailto:emma@parafedauckland.co.nz)

### [Primary Schools No Exceptions Training – All sports Halberg Trust](#)

Increase the participation of physically disabled young people in sport and physical education at primary school. No Exceptions Training empowers teachers and coaches to adapt sport, physical education and recreation activities to include physically disabled young people at primary school to increase their participation. For more information please contact your local Halberg Disability Sport Advisor via website [www.allsports.org.nz/contact](http://www.allsports.org.nz/contact)

### [Recreate Trust](#)

Runs Adventure, Recreation, Social and Education programmes: Address: 48 Windmill Road, Epsom ph 09 638 5364 or email: [info@recreate.org.nz](mailto:info@recreate.org.nz).

### [Special Olympics Training Opportunities Programme](#)

Special Olympics sports training sessions are held weekly in most areas, except Public Holidays, and school holidays in some areas. Groups break around the first week in December and resume in early February. Please ensure you contact the Coordinator before attending a training session to ensure there haven't been any changes to the timetable. Activities include Ten Pin Bowling, Swimming, Equestrian, Basketball, snow Sports, Football, Basketball, Golf, Indoor sports, Table tennis, Powerlifting, Athletics, Indoor bowls, Boccia in different areas. Run in Hibiscus Coast, Greenhithe, North Harbour, Waitakere, Central Auckland, Howick/Pakuranga, Manukau, Pukekohe, Mangere, Tamaki, Papakura. Click on above link for the contact details or each area.

## **Youthtown**

Our Holiday Programmes operate within key communities right across New Zealand, giving you convenience as well as peace of mind. Most of our Holiday Programmes are MSD (Ministry of Social Development) certified OSCAR Holiday Programmes. This means that if you're eligible for a WINZ (Work and Income NZ) subsidy, you could pay nothing. We also offer a FREE Holiday Programme for secondary school students. Drop in for selected days or come for the whole time and let the highly qualified, Youthtown team support your child towards achieving their developmental goals. Every school holiday programme is designed to build young peoples' self-esteem and confidence through participation in an amazing choice of day and overnight trips as well as activities and workshops. The programme is specifically designed to cover a range of physical, creative and social activities for each specific age to enjoy. Have a look at the incredible experiences your primary, intermediate or secondary school child can have! Locations – Hillcrest - North Shore, Takapuna, Albany, Forrest Hill, Auckland Girls Grammar location, Freemans Bay, Ponsonby, Pakuranga, Panmure, Avondale, Massey, Karaka and Rosehill - Papakura

## **Other**

### **Child's Play O.T.**

Child's Play OT Ltd is a privately run Occupational Therapy practice catering for children, adolescents and their families. We strive to enable children and adolescents to reach their development potential through working with the child, their families, educators, and any other parties involved. We aim to provide the highest possible level of intervention to our clients. We deal with a range of needs including (but not limited to): Attention Deficit Disorder (ADD)/Attention Deficit and Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), Developmental Coordination Disorder (DCD)/Dyspraxia, Developmental Delay, Gross and Fine Motor Skill development, Prewriting and Handwriting development, Visual Perceptual Skill development, Sensory Processing/Integration Disorder, Social Skills, Behaviour and Emotions, we follow a child-centred and family-centred theory of practice. Contact details ph 027 469 5884 or 09 300 6324, PO Box 302612, North Harbour 0751

### **Discovery for Teens age 14-18 years**

The Discovery Foundation exists to give young people the skills, tools and strategies that enable them to get the best out of life and to deal effectively with life's challenges. The Discovery programmes are designed to promote self-esteem and to encourage children and teenagers to reach their full potential. The programmes have a ratio of 1:4 which enables them able to accommodate children who have learning and or physical difficulties. This is a live in camp held this year in October 8-14<sup>th</sup>, in Henderson

### **Discovery for Years 7-8 (10-13 years)**

The Discovery Foundation exists to give young people the skills, tools and strategies that enable them to get the best out of life and to deal effectively with life's challenges. The Discovery programmes are designed to promote self-esteem and to encourage children and teenagers to reach their full potential. The programmes have a ratio of 1:4 which enables them able to accommodate children who have learning and or physical difficulties. These encompass weekends away with the next one 3-5 Nov 2017 Have a look at their brochure [here](#).

### **"Ice-Breaker" Anti-Bullying Workshops for Young People**

A workshop designed by *The Cube and Yes Disability* delivered by six young leaders from within the disability sector. Have a look at the [flier](#) for contact details.

## **CENTRAL AUCKLAND**

### **Art / Craft / Games**

#### **Art Classes for Children**

Concept lead, skills based programme for 7 year old plus. Professional Visual Art tuition. Fully equipped art studio. Monday 3.45-5.15pm, \$200 for 10 week term, Tuesday art class, St Lukes and with special provision for children on the autism spectrum or with special needs. See all programmes at [www.mapurastudios.org.nz](http://www.mapurastudios.org.nz) Mapura Studios, Rocky Nook Ave, Fowlds Park, St Lukes. Materials provided. Ph 09 845 5361 or email [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz)

#### **Art Classes for Teens**

Teens on the spectrum or with special needs – Tuesdays in Pukekohe, Thursdays in St Lukes. Mapura Studios, carer support can be used for fees. See all programmes at [www.mapurastudios.org.nz](http://www.mapurastudios.org.nz) Mapura Studios, Rocky Nook Ave, Fowlds Park, St Lukes. Materials provided. Ph 09 845 5361 or email [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz)

#### **Arts 4 Us Therapy**

Weekly speciality art classes for children and teenagers on the autism spectrum and related disorders. Register [info@dancetherapy.co.nz](mailto:info@dancetherapy.co.nz). Orakei Community Centre, 156 Kapa Road, Orakei

**Artist in Movement Classes** Māpura Studios has openings in their Artist in Movement class (Mondays 12.30-2pm) for adults with disabilities and their Kids' Open Studio class for children aged 5-12 with ASD and other special needs (Tuesdays 4- 5.30 pm). Enrolments are also open for Creative Music Group with the new time of Thursdays 1-2.30pm Contact [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361

### **Board Game Club Remuera Library**

Tuesdays, 3-5pm, 429 Remuera Road, Remuera. Free. Bored after school? Join us for a round or two of your favourite boredom busting board games. We have some great games, including Monopoly, Battleships, UNO, checkers, Guess Who, Chess, playing cards, Pick-Up Sticks, and more. Can you beat the librarians? All ages welcome

### **Chess for Success – Avondale Library**

Every Friday, 3.30pm - 5pm, during term time only, 93 Rosebank Road, Avondale, Free. Come along to our weekly chess club to improve your skills and make new friends. Chess is the hot game at the moment - it's fun, educational and will improve your problem-solving and tactical skills. Learn to play and share your skills with others. This event is suitable for all levels of ability from beginners to skilled players. Ages 7 and up. All welcome. Chess boards provided, plus a GIANT chess set is available.

### **Children's Art Class – Blockhouse Bay**

3.15-5.15pm, Blockhouse Bay Community Centre, 524 Blockhouse Bay Road, Blockhouse Bay, Fine Young Artists, Ph 09 634 1995 or 021 222 7761 T4 Starts 25/10/17, [enquiries@fineyoungartists.co.nz](mailto:enquiries@fineyoungartists.co.nz)

### **I Am – Visual Arts Glen Innes**

Visual arts class that explores culture and identity in a fun and creative environment with a public exhibition at the end. Tuesdays 3.30pm, Te Oro, 98 Line Road, Glen Innes, 09 890 8560, [info@teoro.org.nz](mailto:info@teoro.org.nz)

### **Imaginative Worlds - Art Auckland**

1 Ponsonby Road, Auckland, 7-12yo, Tuesdays 4-5.30pm, term time \$155. Class size max 10. Learn observational drawing techniques to create fictional worlds. Explore the foundations of drawing such as line, form, perspective, figures, texture and tones then incorporate them into creative projects. For more information [info@studioone.org.nz](mailto:info@studioone.org.nz) or 09 376 3221

### **Kids Boxing classes – Panmure**

Now available. Ages 10-14 years old. Begins 16th January - Tuesdays & Thursdays at 4.30pm, 36-44 Lagoon Drive, Panmure. Email [veronica@boxfit.co.nz](mailto:veronica@boxfit.co.nz)

### **Kids Open Studio**

An open studio art group for children of all abilities aged 5 plus, particular provision is made for children with autism and other special needs. The art therapist and facilitators encourage each child to make their own decisions and to follow their own topic of interest. The tutors assist them by suggesting ideas and demonstrating techniques, encouraging them to try different themes and mediums. May 2<sup>nd</sup>-July 4<sup>th</sup>, July 25<sup>th</sup>-September 26<sup>th</sup>, October 17<sup>th</sup>-December 12<sup>th</sup>. [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361 Alex McPherson. \$250 for 10 weeks, fees include all materials and a 45 min individual art therapy pre assessment. Fees can be made with carer support.

### **Makerspace at Panmure Library**

For teens: weekdays, 3-5.30pm, For adults and groups: book at the desk or call 09 574 6140, Pilkington Road, Panmure , Free. Makerspace is our DIY digital studio where you can edit photos and videos, and record music. For teens, makerspace is open 3pm to 5.30pm every week day during the school term. For adults and groups, book at the front desk or call 09 574 6140. All you need is a library card or ID. Bring along a USB or CD to save your work. Suitable for kids 13 years and up. What equipment and software is there? 2 microphones, 5 Linux AV computers with loads of software such as Audacity (recording), OpenShot (film editing), Hydrogen (beat maker) and Gimp (photo editing).

### **Makerspace at Waiheke Library**

Every Sunday, 10.30am-12pm, Free. Makerspaces are places to play, tinker and explore using a range of resources and technologies provided. Come along on Sundays mornings and have fun discovering all sorts of cool things such as: Robotics, Programming, Augmented Reality, Paper Crafts, Video Games, MaKey Makey kits, Game Making, 3D Printing ...and more! Recommended for ages 5-13.

### **Minecraft Club Avondale Library**

Every Friday 3.30-5.30pm, 93 Rosebank Road, Avondale. Free. Play Minecraft collaboratively in Avondale's Minecraft Club. Bring your own device and Minecraft account to join in the realm. Suitable for kids and teens.

### **Minecraft club at Mt Albert Library**

Every Wednesday, 3.30pm - 5pm, 84 St Lukes Road, Mt Albert, Free. Come along to our weekly Minecraft sessions, meet other like-minded gamers and swap tips and tricks. This is an opportunity for young Minecrafters to get together and have an hour of play in a safe environment. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net).

### **[Minecraft club at St Heliers Library](#)**

32 St Heliers Bay Road, St Heliers. Every Thursday 4pm to 5pm Free, Attention all Minecrafters! Come down to St Heliers Library to build amazing worlds. Complete fun challenges with other Minecrafters and make new friends! Please bring your own device (ie. Laptop, iPad, Android) with Minecraft or Minecraft Pocket Edition installed.

### **[Teen Open Studio](#)**

An open studio art group for teenagers of all abilities aged 12 years plus, particular provision is made for teens with autism and other special needs. The art therapist and facilitators work to progress art making abilities and to extend group held, collective themes of interest on which to base subject matter for creative projects. A safe environment is provided for teens to form supportive relationships with one another and to share and explore their creative ideas. July 27<sup>th</sup>-September 28<sup>th</sup>, October 19<sup>th</sup>-December 14<sup>th</sup>. [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361 Alex McPherson. \$250 for 10 weeks, fees include all materials and a 45 min individual art therapy pre assessment. Fees can be made with carer support

### **[Teen Art Workshop Auckland Central](#)**

Year 9 upwards, Thursdays 4-6pm, term time, \$225 including all materials. Immerse yourself in the practice of art making and art thinking where the focus is on developing ideas through exploration of media and techniques. 1 Ponsonby Road, Auckland For more information [info@studioone.org.nz](mailto:info@studioone.org.nz) or 09 376 3221

### **[The Wild West - Art Auckland](#)**

1 Ponsonby Road, Auckland, 7-14yo, Wednesdays 4-5.30pm, term time \$185. Class size max 12. Choose your favourite landscape and characters to be inspired. You will shape soft clay into a plant container adorned with 3d applications and colourful slips, which tell the story of your wild west heroes. A pottery wheel is waiting for you to experience clay throwing. For more information [info@studioone.org.nz](mailto:info@studioone.org.nz) or 09 376 3221

### **[Young artist club Mt Roskill Library](#)**

Third Friday of every month, 3.30-4.30pm, 546 Mt Albert Road, Mt Roskill, Free. Do you love making and creating? Come and join us for a fun filled afternoon of creating. Learn to think like an artist and create some cool original artworks. RSVP is recommended, call 09 374 1317 to book your child's place.

### **[Unplugged Gaming Club – Waiheke Library](#)**

Last Saturday of the month, 1.30–3.30pm, Free. An afternoon of fun and interesting board games at Waiheke Library. Want to play a variety of cool tabletop board games, meet new people and have an overall great time? Come along to Waiheke Library on the last Saturday of the month and join in our unplugged gaming club! Some of the games on offer include Catan, Codenames, Forbidden Desert, Camel Up and Hanabi. If your board gaming experience is limited to Monopoly and Snakes & Ladders, you need to try playing our games – you will not be disappointed! Open to ages 12 and over. Get in touch with Jamie on (09) 374 1325 or [Jamie.ward@aucklandcouncil.govt.nz](mailto:Jamie.ward@aucklandcouncil.govt.nz) for more information.

### **[Zine and Comic Creations Auckland](#)**

1 Ponsonby Road, Auckland, Year 12 upwards, Wednesdays 4-5.30pm, term time \$175. Class size max 10. Enjoy the art of comic and zine creation with mixed media and see the ideas you have come to life on the pages you create. We will be experimenting with comic and cartoon imagery and design layout to come up with you own finished comic or zine featuring your own characters, stories and ideas. For more information [info@studioone.org.nz](mailto:info@studioone.org.nz) or 09 376 3221

## **Dance/Drama/Music**

### **[B boy and B girl Jam 8 year plus Glen Innes](#)**

Fridays 4.30pm, Te Oro, 98 Line Road, Glen Innes, Free. A weekly jam session for learning the art of breakdance. Come and discover the positive vibe that hip hop culture celebrates. Experienced B boys and B girls offer mentoring to less experienced dancers, building a safe and productive learning environment, where participants can learn foundation techniques, power moves, flow and musicality. 09 890 8560, [info@teoro.org.nz](mailto:info@teoro.org.nz)

### **[Breakdance for Children – Waiheke Island](#)**

Wednesdays, 5:30-6:30pm, Main Hall, 115 Ocean View Road, Oneroa, Waiheke Island. Delyth Morgan-Coglan, [del@letmeout.co.nz](mailto:del@letmeout.co.nz)

### **[Cook Island Dance 7 year plus Glen Innes](#)**

Wednesdays 4.30pm, Te Oro, 98 Line Road, Glen Innes, Free. Students are guaranteed to have lots of fun learning the art of Cook Islands dancing and drumming in this energetic class. Participants should wear comfortable clothes to dance in and bring a sweat towel and water bottle. No experience required. 09 890 8560, [info@teoro.org.nz](mailto:info@teoro.org.nz)

### **[Dance 4 Everyone - Dance and movement for all ages and abilities](#)**

Dance4everyone provides specialist dance programmes to special schools, day centres and community groups in Auckland, New Zealand. Their dedicated staff are committed to ensuring dance is accessible and enjoyable for people of all ages. Dance4everyone provide recreational dance classes for students with special learning needs. Classes are held outside of school hours and are carefully designed to suit the ability of each student. We offer fun, educational classes, encouraging social interaction and holistic development. Each term we choose a theme to explore through movement. We adopt a creative dance approach to allow all students to contribute to the process. Students also have the opportunity to learn

specific dance styles and performance skills. Our recreational classes provide students with special needs a supportive environment to learn new skills, be a part of a team, and build confidence in their ability. Please [contact us](#) for more information about our recreational programmes and for enrolment details. Wednesday 4-5pm, Rosehill Special School, Papakura and Thursday 3.30-4.30pm (school age) and 4.30-5.30pm Teenage and young adult both at Orakei Community Centre, 156 Kapa Road, Orakei

### **Fusion Dance – Onehunga**

83 Church St, Onehunga, An alternative new class for young people between the ages 11-13yo. Classes will teach the basics of dance movement by local tutors and will include hip hop and contemporary techniques. Ph Nur 020 411 72636

### **Hip Hop Dance 'Koanga' (7-9year olds) Glen Innes**

Tuesdays 4.45pm, Te Oro, 98 Line Road, Glen Innes, Free. his class teaches the building blocks on which hip-hop crews build their award-winning routines. No experience is necessary, but clothing that lets the body move to extremes is essential. 09 890 8560, [info@teoro.org.nz](mailto:info@teoro.org.nz)

### **Hip Hop Dance 'Koanga' (10-13year olds) Glen Innes**

Tuesdays 5.30pm, Te Oro, 98 Line Road, Glen Innes, Free. his class teaches the building blocks on which hip-hop crews build their award-winning routines. No experience is necessary, but clothing that lets the body move to extremes is essential. 09 890 8560, [info@teoro.org.nz](mailto:info@teoro.org.nz)

### **Instrument Petting Zoo**

RMTC clients are invited to come and visit their favourite instruments over the holidays! Families are invited to book in for a 30 minute visit to our Instrument Petting Zoo between 9am and 5pm on either Tuesday 3rd or Thursday 12th October. One of our staff will be available to join your child and his or her friends and family in a hands on exploration of a variety of instruments in our large therapy room. Please contact Rachel at [info@rmtc.org.nz](mailto:info@rmtc.org.nz) by Thursday 28th September, to arrange a convenient time to come and visit the instruments. Suggested koha is \$25 per half hour of zoo time.

### **Mt Albert Weekly Drama Sessions**

Drama for young people with a disability. These fun classes take place weekly at Mt Albert YMC and the opportunity to make new friends. Classes are \$10 per session. Call 09 849 5595

### **RYZ Kidzone – Mt Roskill**

Every Friday 3.30-5pm, If your kids are into sports, art, games or just want to be loud, then the kidzone is the place to be. For 5-12yo, Roskill Youth Zone, 740 Sandringham Road Ext, Mt Roskill. For more information contact Wini 021 052 8776

### **Self-Expression Group: The dancing Soul**

Saturdays 10.30-11.30am, St Heliers Community Centre Dance and movement Therapy for kids with special needs. [Click here](#) to view flyer.

### **Siva Samoa Dance – Avondale**

Learn the basics of Samoan dance, cultural chants and calls in Samoan. For 3-16yo, free. 4.15-6pm, Wednesdays, Avondale community Centre, 99 Rosebank Road, Avondale, for more information contact [SUPA.CentralWest@gmail.com](mailto:SUPA.CentralWest@gmail.com)

### **Te Riri O Te O Dance Group –Avondale**

Teaches the Cook Island culture through dance. We have over 100 members starting as young as 3yo right through to Mama's and Papa's. Avondale community Centre, 99 Rosebank Rd, Avondale, Wednesdays 6-8.30pm, 021 085 24705

### **Touch Compass Inclusive Dance Grey Lynn**

Develop new skills in dance that will encourage coordination, confidence and connection with others, through movement and improvisation exercises. Open to ages 13-24. Grey Lynn Community Centre Hall, 510 Richmond Rd, Grey Lynn, \$120 (Carer support available)

### **Touch Compass Community Class Grey Lynn**

An established class run by the highly experienced Sue Cheesman. Participants will gain experience in contemporary / improvisation techniques plus composition in a playful and supportive environment. It is open to new applicants 13+. Volunteer support dancer roles available. Saturdays, 1.30-3.30pm, Grey Lynn Community Centre Hall, 510 Richmond Rd, Grey Lynn, \$150 (Carer support available)

### **Tune In "Speech and Music Co-Therapy Group"**

Fun filled group sessions led by a music therapist and a speech therapist that use musical activities to develop social and functional language skills. The groups are organised around themes to help children develop their vocabularies and language comprehension, while allowing for plenty of opportunities for development of social skills and friendship through peer engagement and musical games. Preschool group age 2-5yo with caregivers, Monday 1.45-2.30pm, School age group 6-10yo with or without caregivers Monday 3-3.45pm. Raukauri Music Therapy Centre, \$30 per session. Starts 1<sup>st</sup> May. For more information contact Jen Ryckaert, [Jennifer@rmtc.org.nz](mailto:Jennifer@rmtc.org.nz) or 09 360 0889.

## Holiday Programmes

### [Avondale Community Centre Holiday Programme](#)

99 Rosebank Road, Avondale. For information about this ring Auckland Council on 09 301 0101.

### [Blockhouse Bay Community Centre Holiday Programme](#)

The School Holiday Programme activities vary each term and are suitable for 5 to 13 years. 524 Blockhouse Bay Road Ph 626 4980 [info@bhbaycommunitycentre.co.nz](mailto:info@bhbaycommunitycentre.co.nz) or [www.blockhousebaycentre.co.nz](http://www.blockhousebaycentre.co.nz)

### [Find Your Beat Holiday Programme](#)

A dynamic group drumming circle offering fun and engaging activities using hand drums and allowing participants to experience a variety of cultural influences and to express themselves creatively. Our drumming group, run by music therapists Yair and Olly, is designed for our adolescent and young adult clients, as well as their friends and family members, who want to engage in a fun, energetic activity together. Find Your Beat, suggested for ages 10+, will be offered from 3:30-5pm on Wednesday 4th October and Monday 9th October. Participants are welcome to join for one or both sessions at a cost of \$20 per session. Please contact Rachel [info@rmtc.org.nz](mailto:info@rmtc.org.nz) by Thursday 28th September, to register for a session. Participation is limited to 8 drummers.

### [Holiday Programme Dunkirk Road Activity Centre, Panmure](#)

Our programmes are open to ALL children, including those with special needs or disabilities (we just ask that you talk to us about them so we can make sure our programme will be a good experience for your child), and those whose parents are working as well as at home. Parents, caregivers or agencies working with children should note that we are able to negotiate our fees if there is an issue regarding payment. We are fortunate to have received funding from Mt Wellington Foundation Ltd to assist us in providing holiday programmes for families who are struggling. Please talk to Tracey about this opportunity. Dunkirk Road Activity Centre, 50 Dunkirk Road, Panmure. For more information please contact us at [dunkirk@xtra.co.nz](mailto:dunkirk@xtra.co.nz), phone 570 5539

### [Holiday Programme Glendowie](#)

Offers structured Holiday Activities during the four main school holiday periods. We offer 2 programmes both based at Glendowie Centre (Megazone 8 years plus ) (Kidsown 5-8 years) Our programmes operate from 7.30am with last collection at 6pm. Breakfast is offered to all children arriving before 8am, there is no additional charge for this service. Our programmes are approved by Child Youth and Families, allowing parents to access WINZ subsidies. Ratios for holiday programme activities are 1:10 for centre based activities and 1:8 for day trips. Any activities involving swimming or open water will be at the ratio of 1:5. Programmes will be made available 1 month prior to each holiday period. 83 Crossfield Road, Glendowie Ph 09 575 6098 / 021 118 6241 Email: [vees@sthelierscentre.org.nz](mailto:vees@sthelierscentre.org.nz)

### [Kelston Community Hub Holiday Programme](#)

Limited spaces and contact, 09 813 9670 or [info@kelstonhub.org.nz](mailto:info@kelstonhub.org.nz) 68 St Leonards Road, Kelston

### [Meadowbank Holiday Programme](#)

We offer two programmes each primary school holiday, 5-9 years and 9+ years. Our programme's seek to provide, fun, 'cool' and exciting activities with trips and outings as well as Centre based activities. [mcc.oscar@xtra.co.nz](mailto:mcc.oscar@xtra.co.nz) 29 St Johns Road, Meadowbank.

### [Sibling Group Holiday Programme](#)

Siblings of our clients bring their own unique experience of growing up with a brother or sister with special needs. Our Sibling Group, run by music therapists Angela and Tori, is a place where our clients' siblings can share their experiences, explore the instruments that their brothers and sisters enjoy each week and have fun making music. The October sibling programme, suggested for ages 4-10, will meet on the 10th and 11th October, from 9:30-11:30am. The price is \$60 for the first sibling and \$40 for each additional child which covers the cost of both sessions (children are expected to attend both days). To sign up please complete the enrolment form, which can be downloaded via the link below, and send it through to [info@rmtc.org.nz](mailto:info@rmtc.org.nz).

## Recreation

### [Active Families Programme Glen Innes](#)

Active Families is a free physical activity and nutrition based programme for inactive children 5-12 years of age. Every Tuesday 4-5.30pm, from 7<sup>th</sup> February, Tamaki Recreation Centre, 60 Elstree Ave, Glen Innes. Nutrition workshop and fun family events. Dietician and Physical Activity Support for family. Weekly Activity Sessions. Speak to your GP or Nurse to be referred or go online to self refer [www.sportauckland.co.nz](http://www.sportauckland.co.nz) . Active Families, Sophie Pearce, 09 623 8560 / 022 043 1295, [sophie@sportauckland.co.nz](mailto:sophie@sportauckland.co.nz)

### [After School Access Glen Innes](#)

Free time in the sports hall for any young person currently at school, adults or over 18 years, \$3 per visit, Sportshall Tamaki Recreation Centre, Elstree Ave, Glen Innes [reception@tamaki.ac.nz](mailto:reception@tamaki.ac.nz) , 3-5pm each weekday

### **Fitness Fun Class**

We have a range of activities to get children active, help upper body/arm strength, co-ordination, balance and agility. We have a variety of activities which we change around as the term goes along. We also adapt each task to suit the child and their level, so your child works on tasks to suit their needs. The class will be limited to 8 children so that they can all get access to equipment and the instructors can get around helping everyone. When we get more than 8 children we will start another class and group the children according to their development level rather than their chronological age. This will be held on Sundays during term time. For any child with special needs or learning difficulty. Bookings: Please email [info@improvinglifeoutcomes.org.nz](mailto:info@improvinglifeoutcomes.org.nz). You will be sent an invoice to be paid before the class starts and a T&C sheet to sign. Please also include a description of what your child struggles with and what they can do well so that we can match activities to their needs. This will be held at Lynfield YMCA, or at a different venue in Green Bay. \$160 a term or if you have carer support, then every 8 weeks you could claim \$87.40.

### **Have a Go at Lawn Bowls Mt Eden**

Every Saturday, 12.30pm, we'll show you how to play, then join in a couple of games and finishing around 3pm. Ages 12 up, Balmoral Bowls Club 14 Mont Grand Road, Mt Eden.

### **Junior Table Tennis Epsom**

Contact Shane Warbrooke, Ph 520 2291 or 027 270 3166, [aucklandtt@xtra.co.nz](mailto:aucklandtt@xtra.co.nz). Monday 5-6.30pm. \$5.00 per session, FREE for stadium keyholder members, Auckland Table Tennis stadium, 99a Gillies Ave, Epsom. For players under the age of 19. The resident Auckland coaches organise training for beginners through to competitive junior table tennis players. Lots of fun, and prizes to be won!

### **Tristar Gymnastics for all ages**

Is your child wishing to jump on the trampoline? Swing on the bars? Gain confidence on the playground? Why not check out Tri Star Gymnastics Disability Programme for an opportunity to learn gymnastic skills in a personalised setting, while also improving coordination, strength, balance and motor skills. With our personalised approach we are able to adapt to any age or ability and create a class around the athlete's individual needs and goals. Our classes are a great way to build self-confidence and physical literacy in a fun and safe environment. If you are interested in more information or would like to pursue private lessons for your child or yourself please contact: Leigh Dawson, Disability Gymnastics Coordinator [leigh.dawson@tristar.org.nz](mailto:leigh.dawson@tristar.org.nz)

### **Youth Nights – Panmure**

Every Tuesday 4-8pm, Wednesday 4-7pm, Panmure Community Hall, Pilkington Road, Panmure, Graffiti wall, food, volleyball, creative space, arcade games, free wi-fi, chill, table tennis, b-ball. Free for youth 13+

## **Other**

### **After school homework Help – Glen Innes**

Every Monday, Tuesday, Wednesday, Thursday and Friday 3- 5pm, free, Please note this event isn't held during school and public holidays. We are one of several libraries in Auckland to offer homework help as a free service. Come along to Glenn Innes Library to get help and guidance with homework questions and activities, whether you need to type up an assignment on the computer or find the perfect books to help research an assignment. Homework help may include: Learning how to search the internet safely and easily, Help with printing your homework, Finding out about useful library resources you can use or borrow, Learning how to access the libraries eResources like World Book, Using Microsoft Office programmes like Word and Publisher to make your work look great.

### **After School Homework Help – Onehunga**

85 Church St, Onehunga, Every Monday, Tuesday and Wednesday 3-5pm Free, Please note this event isn't held during school and public holidays. We are one of several libraries in Auckland to offer homework help as a free service. Come along to Onehunga Library to get help and guidance with homework questions and activities, whether you need to type up an assignment on the computer or find the perfect books to help research an assignment. This service is for students in years 7-8. Homework help may include: Learning how to search the internet safely and easily, Help with printing your homework, Finding out about useful library resources you can use or borrow, Learning how to access the libraries eResources like World Book, Using Microsoft Office programmes like Word and Publisher to make your work look great.

### **After School Homework Help – Panmure**

Pilkington Road, Panmure, Every Monday, Tuesday, Wednesday, Thursday, Friday 3-5pm Free, Please note this event isn't held during school and public holidays. We are one of several libraries in Auckland to offer homework help as a free service. Come along to Onehunga Library to get help and guidance with homework questions and activities, whether you need to type up an assignment on the computer or find the perfect books to help research an assignment. This service is for students in years 5-8. Homework help may include: Learning how to search the internet safely and easily, Help with printing your homework, Finding out about useful library resources you can use or borrow, Learning how to access the libraries eResources like World Book, Using Microsoft Office programmes like Word and Publisher to make your work look great.

### **Drop in Programme – Oranga**

Wednesday, Thursday and Friday 3.30-5.30pm, Oranga Community Centre. 52c Waitangi Road, Fergusson Domain



### **Raise Up Panmure – Youth workshops / events**

Age 12-18yo, Free. Tuesdays, 4pm, Te Oro, 98 Line Road, Glen Innes, Events and workshops run for youth, by youth. The Raise Up Panmure Crew meets regularly at Te Oro, 98 Line Rd Glen Innes, every Tuesday 4-6pm during the school term. The crew is made up for young people 13-18 years from all the schools in the local area. The Raise Up Panmure crew is passionate about providing quality opportunities for our local youth community. We run many different events decided upon by the Raise Up crew. Events include youth talent contests, Zorb football, paintball, quiz nights and pool parties to name a few. The crew also come up with ideas for workshops including cupcake making, cooking classes, first aid, dance classes, and learner driving workshops. Finally, each Thursday 4-6pm the Raise Up crew has a youth drop in day where all young people can utilise the Leisure centre play table tennis swim or participate in the weekly youth Boxing classes. 09 890 8560, [info@teoro.org.nz](mailto:info@teoro.org.nz)

### **Social Skills 4 All**

A group therapy course targeting specific social communication skills. Would benefit people with Autism, Asperger's syndrome, High-Functioning Autism, people with difficulty with social interactions and/or those wanting to develop social skills to improve social communication. Term 3 spaces available on Saturdays. \$40/1hr session. Based in One Tree Hill, Auckland. For more information please contact Samantha McGillivray (Speech Language Therapist) [info@speech4all.co.nz](mailto:info@speech4all.co.nz)

### **Social Skills Program**

Child's Play OT will be commencing weekly, one hour, Group Social Skills Program/Curriculum, from term 4 2017. This program is derived from L E Shapiro (PH.D), designed to teach social skills to children with various needs. The program is intended to help children in every aspect of their social development such as: how to relate to their peers, parents and teachers. 7- 12 year old, Wednesdays 3.30pm to 4.30pm, \$30 per hour, Child's Play OT Clinic, 125 Grafton Road, Unit 6, Ground Floor. Book email [accounts@childsplayot.co.nz](mailto:accounts@childsplayot.co.nz) Further Information Qualified and experienced staff, 6 children in a group. This program is aimed at children who have difficulties with social problems who do not require 1:1 sessions. All programs are run by an Occupational Therapist.

### **Sommerville Special School After School Support Programme**

Based at Sommerville's Tamaki Campus, the after school programme is run by disability support provider Spectrum Care and staffed by trained teacher aides from within Sommerville Special School. Contact Sommerville 09 570 9787 or Spectrum Care 09 634 3790 or email [ray.finch@spectrumcare.org.nz](mailto:ray.finch@spectrumcare.org.nz). For more information click [here](#).

### **Speech4all Speech Therapy**

My name is Samantha McGillivray. I am a Speech Language Therapist working part time at Sunnydene Special School and part time as a private therapist at Speech4all. I have worked a lot with children with complex communication needs and have completed my masters research examining the language use in children with ASD. Email [info@speech4all.co.nz](mailto:info@speech4all.co.nz)

### **Study Squad – Panmure**

Every Tuesday 4-7pm, Panmure Community Hall, Pilkington Road, Panmure, Need help with study, study tips, NCEA assessments, exam prep, tutorials, home work centre, free for all youth. Food and games after.

### **The Chat and Chill Group**

A social skills group for students and young adults with Asperger Syndrome between 14-22years old. \$20 per week payable on arrival. Located in Royal Oak. Please contact Samantha McGillivray 021 069 2506 email [info@speech4all.co.nz](mailto:info@speech4all.co.nz)

## **SOUTH AUCKLAND**

### **Art / Craft / Games**

#### **Anime Club at Mangere Town Centre Library**

Bader Drive, Mangere, Every second Thursday, 4-6.30pm, Free. Do you love anime characters and movies? Reading manga and graphic novels? Hearing about series that others have enjoyed? At our fortnightly Anime Club that meets after school we do just that! Come along and meet up with others who have the same passion for anime, manga and movies. Pop into the library and ask for Kyle. Upcoming dates: August 10, 24. September 7, 21. Please note: This club only takes place during school term time.

#### **Art Junior (5-8 years) - Manurewa**

Wednesday, 3.45-5pm, Tutor: Toni Mosley, \$75 (materials included) Explore the wonders of art and enjoy creating with paint, print, sculpture, collage and more! You can express yourself with a range of media and have loads of fun getting inspired to create your own unique artworks. Nathan Homestead 70 Hill Road, Manurewa

#### **Art Intermediate (9-14 years) - Manurewa**

Wednesday, 5.15-6.45pm, Tutor: Toni Mosley, \$90 (materials included) Develop your technical and imaginative skills as you work with a range of media including drawing, painting, printing, collage and more. Nathan Homestead 70 Hill Road, Manurewa

### **Arty Yarns**

Learn the art of visual storytelling. Come along with your favourite story, nursery rhyme or dark tale as your inspiration and learn how to illustrate and create imagery that supports the story. NZ's multitalented and award winning illustrator and animation director Raymond McGrath will guide you through his process of creating illustrations that tell a story – after all a picture is worth a thousand words. Your favourite personal image will be framed at the end of the course. The course is for anybody and everybody interested in this field of creativity. No artistic or writing experience is necessary and the only requirement is to come in and have a go at something new and exciting. 7-12 years, Home Studio, 29 Roulston St Pukekohe, Saturday 5<sup>th</sup> Aug-23<sup>rd</sup> Sept, 10-11am. 12-16 years, Home Studio, 28 Roulston St, Pukekohe, Saturday 5<sup>th</sup> Aug-23<sup>rd</sup> Sept, 11am-12pm. Please book [here](#)

### **Chess Club – Papatoetoe**

Meets Wednesday, Papatoetoe Bowling Club 84 Cambridge Terrace, Papatoetoe, Juniors 6+, 6.15pm. Seniors 7.30pm. All abilities welcome \$2 per night. John 278 4520

### **Children's book club at Māngere Bridge Library**

Fourth Friday of each month, 3.30pm - 4.30pm, 5-7 Church St, Mangere Bridge, Free. Part of our Funtastic Fridays programme. A book club for school-aged kids with fun activities and books galore. Each time will have a specific focus so be ready for a lively discussion!

### **Come Knit with Us Te Matariki Clendon Library**

Every Monday, 3pm - 4.30pm, 17 Palmers Road, Clendon, Free. Come along to our friendly knitting and craft group. Learn new skills and get creative.

### **Gamer Friday Te Matariki Clendon Library**

Every Friday, 3.30pm - 5pm, 17 Palmers Road, Clendon, Teens area, Free, Have a jam, and see if you can be the champion gamer in our library. Suitable for 11 years+. Bring your student ID for R16 games.

### **KASA Games at Papatoetoe Library**

Every Friday during term time, 3.30-4.30pm, 30 Wallace Road, Papatoetoe, Free. Come along and enjoy educational and fun games for children aged 5 - 12 years. KASA is our kids' after-school activities club. Please note: This event only takes place during school term time.

### **KASA (Kids' after-school activities)**

Every Wednesday during term time, 3.30-4.30pm, 30 Wallace Road, Papatoetoe, Free. A weekly library club that runs fun activities for children aged 5 - 12 years.

### **Kidzspace storytime Manukau Library**

Every Saturday, 11am - 12pm, 3 Osterley Way, Manukau, free. A session for school-aged children to share their love of books and join in with story and craft activities. This club meets on the ground floor of the Manukau Library and Research Centre, Manukau Library.

### **Manukau Library Sunday Game On!**

Every Sunday, 1.30pm - 2.30pm, Manukau Library, Free. Come test your gaming skills and experience new technologies in a variety of different activities. Join us for weekly fun and competitive youth events aimed at those between 12- 16 years. Every week will have a different theme, as below: 1st week, Console gaming Sunday: Xbox and Wii. 2nd week, Make it yourself Sunday: Create different games and challenges. 3rd week, PC or Tech Sunday: PC games or digital technologies. 4th week, Masters of the mind Sunday: Brain teasers and board games.

### **Minecraft Club at Mangere Bridge Library**

Third Friday of each month, 3.30pm - 4.30pm, 5-7 Church St, Mangere Bridge, Free. Part of our Funtastic Fridays programme. Come along to our weekly Minecraft sessions, meet other like-minded gamers and swap tips and tricks. This is an opportunity for young Minecrafters to get together and have an hour of play in a safe environment. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net).

### **Pimp My Tee Junior (5-8 years)**

Monday 3.45–5.15pm. Tutor: Renee Bevan, \$6,bring own t-shirts, all other materials included. Nathan Homestead, 70 Hill Road Manurewa

### **Pimp My Tee Intermediate (9-14 years)**

Monday, 5.30–7pm, Tutor Renee Bevan, \$6 (bring own t-shirts, all other materials included) Pimp your own T Shirts just like the professionals do! With the support of local Hillpark business Cuz Wear NZ our new arts tutor Renee Bevan will host a brand new course in which students will customise, design and create their own t-shirts. A fun and fresh approach to 'collage' using industry heat press technology, students will leave the class wearing their creations. Nathan Homestead, 70 Hill Road Manurewa

### **SKOOB**

First Tuesday of the month, 3.30-4.30pm, The Centre, 12 Massey Road, Pukekohe, Free. SKOOB is a group for kids aged 7 years and up who love reading and sharing their thoughts about what they read with others. Children will also get the chance to check out the newest books and take part in a fun activity each session.

### **Space Out South Art Classes**

Mapura Studios have started up Open Studio Art Classes for Special Needs Teens 4-5.30pm, Tuesdays 25<sup>th</sup> July-26<sup>th</sup> September, Pukekohe Youth Centre, 1 Roulston St, Pukekohe. For more information contact Alex 022 045 3961 or Sylvia 021 160 7641 or [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz) 09 845 5361.

### **Tutubugs kids club Te Matariki Clendon Library**

Every Tuesday, Wednesday, Thursday during term time, 3.30-4.30pm, Free. Join us for a variety of exciting afterschool activities including science experiments, arts, creative writing and much more. Attend 10 sessions and earn yourself a prize!

### **Yarn with Kids Mangere Bridge Library**

Second Friday of every month, 3.30pm - 4.30pm (February - December), 5-7 Church St, Mangere Bridge, Free. Part of our Fantastic Fridays programme. Join us as we get out the yarn to make some pretty awesome things!

## **Dance/Drama/Music**

### **Dance Junior - (5-7 years) Manurewa**

Thursday, 4-5pm, Tutor: Hayley Tekahika, \$60, Come along and build confidence and creativity through our fun packed Junior Dance class. In this exciting class, you will learn modern dance routines and movement steps to awesome pop songs while having lots of fun and making new friends. Nathan Homestead, 70 Hill Road Manurewa

### **Dance Intermediate (8-13 years) Manurewa**

Thursdays, 5-6pm, Tutor: Hayley Tekahika, \$60. This course is specially designed to take your dance skills to the next level by introducing even more exciting dance moves and steps. Each week our experienced Hip Hop dancer will show you up to date Hip Hop and Street Dance combinations to create new and energetic routines. No experience is necessary. Nathan Homestead, 70 Hill Road, Manurewa

### **Dance 4 Everyone - Dance and movement for all ages and abilities**

Dance4everyone provides specialist dance programmes to special schools, day centres and community groups in Auckland, New Zealand. Their dedicated staff are committed to ensuring dance is accessible and enjoyable for people of all ages. Dance4everyone provide recreational dance classes for students with special learning needs. Classes are held outside of school hours and are carefully designed to suit the ability of each student. We offer fun, educational classes, encouraging social interaction and holistic development. Each term we choose a theme to explore through movement. We adopt a creative dance approach to allow all students to contribute to the process. Students also have the opportunity to learn specific dance styles and performance skills. Our recreational classes provide students with special needs a supportive environment to learn new skills, be a part of a team, and build confidence in their ability. Please [contact us](#) for more information about our recreational programmes and for enrolment details. Wednesday 4-5pm, Rosehill Special School, Papakura and Thursday 3.30-4.30pm (school age) and 4.30-5.30pm Teenage and young adult both at Orakei Community Centre, 156 Kapa Road, Orakei

### **Drama - Junior (5-7 years) Manurewa**

Monday, 4-5pm, Tutor: Anapela Polataivao, \$80. A fantastic opportunity for you to explore and stretch your imagination through our action packed drama programme. Specially designed to build confidence and encourage creativity, you will experience the joys of drama and performance in a fun and safe environment while making new friends and having lots of fun too. Nathan Homestead, 70 Hill Road, Manurewa

### **Drama - Intermediate (8-11 years) Manurewa**

Monday, 5-6pm, Tutor: Anapela Polataivao, \$80. Develop your performance skills, build your confidence and learn more about acting on stage. This fabulous drama course involves classes in building a character, self-expression, voice, movement, working with other young actors to create a scene, script reading and enjoyable drama games. Come along and join the fun! Nathan Homestead, 70 Hill Road, Manurewa

### **Drama - Young Teens (12-16 years) Manurewa**

Monday, 6-7.30pm, Tutor: Anapela Polataivao, \$100, Explore the exciting world of performance through improvisation, script-reading and fun acting games and exercises. Gain skills in communicating, working with other young actors to create a scene, taking direction, developing a character, self-expression and stagecraft. This course will help you develop your creativity and grow in confidence as a performer. Nathan Homestead, 70 Hill Road, Manurewa

## **Holiday Programmes**

### **Kaleidocare School Holiday and after school programmes**

Kaleidocare is the vision of Karen & Rebecca. Based in Pukekohe. It was established in July 2014, growing from an idea to develop a high quality service in Franklin that would support & engage young adults with high and complex needs with the

community. We aim to provide fun and meaningful activities for our clients to make life inclusive and enjoyable. They also run a day programme for young adults with high and complex needs. Email [office@kaleidocare.co.nz](mailto:office@kaleidocare.co.nz)

### **Mangere Mountain Kids Day out at the Volcano**

8-26<sup>th</sup> January, Monday-Friday 10am-3pm, \$10 per child, Loads to create, explore, guided walks, games, treasure hunts, face painting, volcanic eruptions etc. [www.mangeremountain.co.nz](http://www.mangeremountain.co.nz) 100 Coronation Road, Mangere

### **PACT Holiday Program - Papatoetoe**

For 7-13 year olds, this programme caters for 50 young people during a week of each of the holidays. Up to 30 volunteer leaders provide fun, activities, crafts and trips for energetic children. 311 Great South Road, Papatoetoe. 09 279 8340

## **Recreation**

### **Adapted Gymnastic Classes**

Gym City Papatoetoe's new disabled programmes. These are great opportunities for disabled young athletes to learn gymnastic skills. Preschool classes are held Mondays 1-2pm \$84 per term and Gymfun (5-12year olds) Wednesdays 3.30-4.30pm, \$18 per term (Kiwisport funding confirmed). To register contact Gymcity Manager Rowena 09 279 9400.

### **Boxing / Fitness Training - Papatoetoe**

PACT is running a Boxing and Training programme every Monday and Wednesday mornings at 6.30 am for Papatoetoe High and Intermediate students. If you're interested in enrolling for this contact the office for more details. A great opportunity to positively work out! 311 Great South Road, Papatoetoe

### **Disability Gymnastics Papatoetoe**

Gym City Papatoetoe 12.30 till 1.30 preschool class for children 0-5 with a disability Cost \$84 per term. Gym Fun class for children aged 5-12 with a disability starting Wed 15th Feb 3.30 till 4.30 Cost \$18 per term.

### **Halberg Events and Classes**

[Gymcity Papatoetoe Classes](#). Preschool classes are Monday 1-2pm, \$84 per term. 5-12yo, Wednesdays 3.30-4.30pm, \$18 per term. [Papatoetoe United Adapted Football](#). Saturdays 1-2pm, Kolmar Centre, off Sutton Cres, Papatoetoe, \$85 per year.

### **ICONZ Adventure / Xtreme Papatoetoe**

Adventure based activities, for boys meeting Monday nights. ICONZ Adventure runs for years 5-7, and ICONZ Xtreme for years 8-10. 311 Great South Road, Papatoetoe, 09 279 8340

### **Kids Fit Class – Pukekohe**

Wednesday \$5, 9-14yo, Franklin Leisure Centre, 29 Franklin Road, Pukekohe, Awesome fitness programme for kids that want to keep fit and healthy while still having a blast. Great way to meet new friends and an awesome way to introduce kids into the fitness industry. For more information regarding enrollments, payments etc. feel free to email Sione at [fplstadiums@belgravialeisure.co.nz](mailto:fplstadiums@belgravialeisure.co.nz).

### **Kiwi Games Papatoetoe**

On most Saturday mornings, 5-9 year olds get together for fun activities designed to encourage skill and team work. Parental support and involvement is welcome. 311 Great South Road, Papatoetoe, 09 279 8340

### **Otahuhu Town Hall Activities**

A variety of different activities during the week. For all information and other programmes [click here](#). There is also after school, before school and holiday programmes available.

### **PACT Youth – Papatoetoe**

Adventure based activities, for boys school years 9-13, meeting Tuesday nights. 311 Great South Road, Papatoetoe. 09 279 8340

### **Papatoetoe United Adapted Football Programme**

A great opportunity to learn football or enhance your skills under Papatoetoe United Football Club coaches! The programme runs for 8 weeks and is open to young people 5+ with a physical impairment who are either ambulant or use a walker or sticks for mobility. Saturdays 11<sup>th</sup> February, 9.30-10.30am. Kolmar Centre (Hockey turf) off Sutton Crescent. Cost \$85 for the year. Contact Paul Ralph, 021 456 534 or [paulralph@advancemarketing.co.nz](mailto:paulralph@advancemarketing.co.nz). Funding may be available via Halberg Disability Sport Foundation Ability Fund, contact Maia Lewis [maia@halberg.co.nz](mailto:maia@halberg.co.nz) 021 995 951

### **Soccer Academy - Papatoetoe**

PACT is running a Soccer Academy for 5 -14 years every Wednesday after school during the 4th term to help kids develop their talents. We have excellent equipment and excellent coaches who are here to run the programme. Contact the office if you are interested on enrolling your child. 311 Great South Road, Papatoetoe, 09 279 8340

## Other

### **Ambury Park Centre – Riding for Disabled**

Modern riding therapy embraces a holistic approach to riding, taking from riding what we need - recreation, sport, rehabilitation, physical and psychological therapy. Riding provides a gentle, rhythmical, symmetrical exercise in a healthy atmosphere. It is challenging and above all, enjoyable. For someone physically impaired either at birth or as a result of an accident, muscle groups cease to function normally. The regular, rhythmical movement of the horse enables the rider to work all the muscles, and in particular those muscles that provide balance for sitting and walking. The riders, mostly children, attend these courses usually once a week during the school term. The Intensive Programme. The Intensive Therapy programme offers clients physiotherapy with a difference, working one-on-one with a qualified physiotherapist, occupational or conductive therapist. The rider participates in a 30-minute session that focuses on physical, cognitive, psychological, behavioural or perceptual areas - (Ambury Park Centre has an affiliation with NZRDA). The Remedial Programme - The Remedial Therapy programme is intended for those with more moderate physical or intellectual disabilities. The one-hour session is led by a qualified therapist or coach, and involves up to four riders at a time. Areas of focus include communication, language development, social interaction, body movement, co-ordination, improved balance, self-awareness and self-confidence.

### **Incredible Years Pukekohe**

A 14 week programme for parents of children 3-8 years. Please contact [admin@familysupport.org.nz](mailto:admin@familysupport.org.nz)

### **Skids After School Programmes**

Runing out of Bairds Mainfreight Otara, Mayfield, Nga Iwi, Randwick Park, Robertson Road, Sutton Park after school quality programmes and are able to cater for some special needs children. Can provide most times a free service. Have arts and crafts, technology, cooking, movie day, fun day, sports and more. Provides healthy nutritious food and physical activity every day. Check out the above flier. For more information contact Ajneeta 027 627 5001 or email [ajneeta.skids@outlook.co.nz](mailto:ajneeta.skids@outlook.co.nz)

## **EAST AUCKLAND**

### **Art / Craft / Games**

#### **Arts NOT crafts for kids Botany Library**

Second Sunday of the month, 3-4pm, Free. Think like a great artist and be inspired to create some awesome projects. Explore and experiment with some cool and fun art activities. Recommended age: 5-12 years.

#### **Block building Lego club at Botany Library**

Third Sunday of the month, 3-4.30pm, Botany Town Centre, Free. Get creative with block building. Meet some new friends and discover what you can create and build. Recommended age: 3-12 years.

#### **Block party Howick Library**

Last Friday of the month, 3.30-5pm, 25 Uxbridge Road, Howick, Free. Using blocks (Lego) to inspire creativity and foster literacy in children.

#### **Building Blocks Pakuranga Library**

Sunday Lego Party, suitable for all children, 1.30-2.30pm, Pakuranga Shopping Centre, Free

#### **CHAOS club at Pakuranga Library**

Every Thursday, 3.30-4pm, Pakuranga Shopping Centre, Free. Use your imagination and everyday materials to make, build, do! Every Thursday during term time, come and join us for fun and exciting STEM (Science, Technology, Engineering and Math) activities.

#### **Home School Painting Power Pakuranga**

Discover the magic of painting as you experiment with watercolour, gouache, acrylics, inks, glitter and salt. This fun filled class will develop students painting skills they mix colours, create washes, mask, layer all while discovering imaginative worlds within. Monday 9-10.20am 4-8yo. Monday 10.30-12pm 8-14yo, \$130 per term. Te Tuhi, 13 Reeves Road, Pakuranga 09 577 0138

#### **Kids' funtime at Pakuranga Library**

Second Sunday of the month, 1.30-2.30pm, Pakuranga Shopping Centre, Free. Get crafty and creative with us at our kids zone!

#### **Lego in the library at Highland Park**

Last Sunday of each month, 10am-3pm, 16 Highland Park Drive, Highland Park, Free. Drop in at any time between 10am and 3pm and have fun building and creating with Lego bricks

### **[Minecraft Club at Pakuranga Library](#)**

Second and fourth Tuesday of every month, 3-4.30pm, Pakuranga Shopping Centre, Free, Participants must own a copy of Minecraft Pocket Edition, Are you ready to build your very own blocky world? Come along on an exciting adventure with some new friends at the Pakuranga Library Minecraft Club! Go exploring in forests or caves, make a rollercoaster, or design your very own castle. Be sure to bring along your own device with an up-to-date copy of Minecraft Pocket Edition loaded onto it.

### **[S.T.E.M Tween Club Botany Library](#)**

4th Sunday of the month, 3-4pm, Botany Shopping Centre, Free. Interact, share and discover! Tweens can sign up for this interactive science, technology, engineering and math (STEM) club, where we inspire them to build on their natural curiosity by teaching STEM concepts through hands-on learning in a fun and innovative way. Interact, share and discover.

Recommended age: 8-12 years.

## **Dance/Drama/Music**

### **[Head Held High Speech and Drama](#)**

Will catering for children with disabilities and special needs. They have one teacher who has a lot of experience and keen interest with working with students with disabilities. Based in Pt Chevalier contact Kate 021 366 102 or

[kate@headheldhigh.co.nz](mailto:kate@headheldhigh.co.nz)

## **Holiday Programmes**

### **[Lifekidz after school and holiday programmes](#)**

Catering for special needs as well as able children. LifeKidz is an exciting holiday programme for both boys and girls!! We provide a safe, fun and exciting environment designed for, but not limited to children with disabilities. Youth workers of the highest calibre are chosen to provide the best care for your precious child. Our carefully selected buddies (youth workers) bring enthusiasm and fun. They have a strong desire to work with kids and many return for each programme! We provide a wide range of activities both indoors and out. We have large, secure, safe indoor and out door play areas including our own playground as well as more confined carpeted rooms, ensuring we can cater for all our kids needs, whatever the weather conditions. Most of the kids who attend our holiday programmes return time after time; their parents speak highly of our buddies who look after their children, ensuring they have exciting, fun filled days whatever their needs may be. Our programmes are getting so popular we often have to turn kids away (something we do not like doing) because of numbers... So get in quick and book your space early!

### **[Lifekidz after school and holiday programmes](#)**

Catering for special needs as well as able children. We have an exciting holiday programme as well as after school care. Contact Deearna on 09 533 6360 or email: [deearna@lifekidz.org.nz](mailto:deearna@lifekidz.org.nz). Lifekidz is based at Lloyd Elsmore Park, Pakuranga.

### **[Masada Charitable Organisation](#)**

Established in 2003, Masada is actively working to make a difference for kids and teens with and without special needs in New Zealand. Masada's focus is on the recreational activities that stimulate and activate meaningful interaction and play for children and young teenagers through improving their abilities, self esteem and confidence. Masada's mission is to build a brighter future for children. Masada is a certified holiday care facility catering for kids and teens from 5 years of age. With accreditation through Child Youth and Family and Oscar approval, Masada's service delivery is a professional one where the care of your child is paramount. Staff are trained through Oscar and continual training and upgrading is part of their employment. Masada is the only centre where young people with and without special needs come together and achieve their very own abilities through constructed learning and recreational activities. Programmes are age appropriate and tailored to the need of the individual. Call 09 576 5229 or 021 258 2405.

## **Recreation**

### **[Active Yoga for Kids Botany Library](#)**

First Sunday of the month, 10.30 -11am, Botany Shopping Centre, Free. Let the kids get active and fit with yoga with a twist! Facilitated by Poopalasingam Pratheepan. Recommended age 3-7 years.

### **[After School Gymnastics Howick](#)**

In these sessions your child will be graded and placed in a small group with their own coach. They will rotate to different apparatus where they will learn and practice different gymnastics skills. Tuesday 3.45-4.45pm 5-7yo Level 1 and 2 only, Tuesday 4.45-5.45pm, 5-12yo. Wednesday 3.45-4.45pm 5-12yo, Wednesday 4.45-5.45pm 5-12yo, Level 2 only, \$59 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### **[After school Gymnastics Pakuranga](#)**

Enhance your child's physical and social development with our experienced instructors. Gymnastics improves balance, co-ordination and confidence. All abilities welcome. Thursdays 3.30-4.30pm, 5-10yo, 4.30-5.30pm, 8-12yo (Level 3+), 59 per term. Pakuranga Leisure centre, 13 Reeves Road, Pakuranga 09 261 8391

### [After School Kiwee Sports Howick](#)

Each term your child will develop skills and game awareness with focus on a different sport every second week. Monday 3.30-4.30pm, 5-8yo, \$59 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### [After School Kiwee Sports Pakuranga](#)

An introduction to a variety of different sports. Each term your child will develop skills and game awareness with a focus on a different sport every second week. Wednesday 3.45-4.45pm 5-8yo, 59 per term. Pakuranga Leisure centre, 13 Reeves Road, Pakuranga 09 261 8391

### [Crossfit Power Station](#)

We have been running a program in Howick integrating kids and teens on the spectrum to movement, strength, agility, co-ordination for 2 years. More recently we have developed a program to help children and teens integrate into other sports, and/or learn valuable skills that will help them with confidence, co-ordination, timing, strength and agility. We have 3 trainers in the group and work on a 4:1 ratio, and the children also have an opportunity to work 1:1 with a trainer on specific skills. For 5-16 year olds. The sessions run Wednesdays 4.30 - 5.30pm and cost \$20/week (10 week program). Phone Cathy Halferty 027 335 0450

### [Gymnastics Te Puru Beachlands](#)

Gymnastics, 954R Whitford Maraetai Road, Beachlands, 09 536 5360, Monday 3.30-4.30, 5-6yo, \$110 a term

### [Gymnastics Te Puru Beachlands](#)

Gymnastics, 954R Whitford Maraetai Road, Beachlands, 09 536 5360, Monday/Thursday 4.30-5.30, 7-8yo, \$110 a term

### [Gymnastics Te Puru Beachlands](#)

Gymnastics, 954R Whitford Maraetai Road, Beachlands, 09 536 5360, Monday 5.30-6.30, 9+yo, \$110 a term

### [Gymability Howick](#)

Designed for children with special needs. Teaches the fundamental skills of gymnastics in a friendly, social setting. Tuesday 3.45-4.45pm, 5-14yo, \$59 per term. Howick Leisure Centre, 563 Pakuranga Road, 09 261 8436

### [Home School Kiwee Sports Pakuranga](#)

Kiwee sports activities by our trained staff for children who are home schooled. For more details talk to our staff. Tuesday 10.30-11.30am 5-8yo, 11.30am-12.30pm, 9yo +. Pakuranga Leisure centre, 13 Reeves Road, Pakuranga 09 261 8391

### [Junior Fitness Pakuranga](#)

A great way for your child to get fit and enjoy exercise by doing fun and creative training. Monday 4-4.45pm 5-8yo, 4.45-5.30pm 9-13yo, 59 per term. Pakuranga Leisure centre, 13 Reeves Road, Pakuranga 09 261 8391

## **Other**

### [Smalltalk Therapy](#)

Have some sessions available with a speech language therapist who have specialist skills in paediatric disability. They cover East and South Auckland.

### [Thamil Group Pakuranga](#)

Anchorage Park Community House, 16 Swan Cres, Pakuranga. Saturdays 2-4pm, Saci: 021 118 3666, Members of the Thamil Society to learn the Thamil language

## **WEST AUCKLAND**

## **Art / Craft / Games**

### [Craft Group Henderson Library](#)

Every Thursday morning from 10am, Ratanui St, Henderson, Free. Come and craft with us! Come and give it a go and enjoy a cup of tea and a bikkie while learning and sharing. Suitable for adults and children 12 years and up.

### [Creative Art Space for Youth - Free After School Programme](#)

Studio MPHS is a free after-school programme for young people aged 8-18 years old. At the studio, members are encouraged to explore their own interests, develop skills, and build projects through the use of digital technology. Hubwest Building, 27 Corban Ave, Henderson 3-6pm, Monday to Friday. 09 838 4820, [info@mphs.org.nz](mailto:info@mphs.org.nz)

### [Cosplay Meetup - Te Atatu](#)

We are opening up the Creative Lab Makerspace to the Cosplay community! This is an opportunity to meet and greet and check out the equipment we have available in the makerspace that could be useful for cosplay. We have 3d printers, vinyl cutting, electronics, soldering and all sorts of other equipment. No need to register just come along! This currently a fortnightly event that will take place on Mondays from 6-9pm. It is free to attend. If you are using Tap Lab resources we

appreciate a Koha to go towards keeping resources available for everyone. Fortnightly on Mondays, 595 Te Atatu Road, Te Atatu

### **Glen Eden Makerspace Club**

Glen Eden Library, 12-32 Glendale Road, Glen Eden. Tuesdays 3-30-4.30pm, Makerspaces are areas where you can make all sorts of things, like robots, apps, digital music and 3D printing. Try something new and connect with people who have similar interests. Equipment available: Robotics, Electronics, Stop motion, Game making, Sphero robotic balls, Makey, makey kits, Illusions. Recommended for ages 6-14.

### **Green Bay Magic Card Club**

Friday 3.30-5.30pm, \$2 Bring your own pack, Green Bay Community House 1 Barron Dr, Green Bay, email [qbcommunityhouse@gmail.com](mailto:qbcommunityhouse@gmail.com)

### **Introduction to Robotics – Te Atatu**

mBots are robots that are easy-to-programme and fun to use. Come along to learn how to programme them, complete an obstacle course and have some fun. Upstairs in the Creative Lab. Ages 7+, Tuesdays 2-4pm, 595 Te Atatu Road, Te Atatu

### **Kids After School Art Classes Green Bay**

Wednesdays, 3.30-5.30pm, A creative art class for kids, students will explore their own expressive ideas and learn fun skills with different art materials and techniques. Contact: Louise - [artwithlouise@gmail.com](mailto:artwithlouise@gmail.com), 1 Barron Dr, Green Bay 09 827 3300

### **Kids Craft Classes Henderson**

7 years plus (5-7year olds with adult assistance) Tuesday 3.30-4.30pm, learn different skills and crafts. Sturges Bay Community House, 58 Summerland Drive, Henderson. \$65 for 8 weeks. Ph Dorothy 09 818 3747 or 021 034 5690

### **Lego Club – West Harbour**

Thursdays 3.30-4.30pm, lego club is an afterschool program for the ages of 5+. Games and activities for the children to join in on with afternoon snack provided, registration is required with a gold coin donation. Manutewhau Community Hub, 74b Oreil Ave, West Harbour, 09 416 9397 / 027 722 1144

### **Make: Build: Do at Te Atatū Peninsula Library**

Every Saturday, 11am - 12 noon ,595 Te Atatu Road, Te Atatu Peninsula, Free. What can you construct or create in one hour? Join our group of 9 to 12-year-olds at Te Atatū Peninsula Library to find out if you're up for the challenge! All resources provided, just turn up and make, build, do.

### **Makerspace for Kids at Glen Eden Library**

Every Tuesday, 3.30-4.30pm, 12-32 Glendale Road, Glen Eden, Free. Makerspace is our DIY digital studio where you can try out game making, robots, and other digital gadgets. Come along and have fun discovering all sorts of things, including: Robotics, Electronics, Stop motion, Game making, Sphero robotic balls, Makey, makey kits, Illusions. Have fun tinkering. Ages 6-14 years old.

### **Maker Space at Titirangi Library**

Every Wednesday, 3.30-4.30pm, 500 South Titirangi Road, Titirangi, Free. Come on down to Titirangi Library for our weekly free-flow Makerspace sessions. We have Cubelets, LEGO, Makey-Makey kits and basic electronics. Recommended for ages 8-14. Term time only. No need to RSVP, just come along.

### **Minecraft Club at Titirangi Library**

Thursdays, 3.30pm - 4.30pm, 500 South Titirangi Road, Titirangi, Free. Come along to our weekly Minecraft sessions, meet other like-minded gamers and swap tips and tricks. This is an opportunity for young Minecrafters to get together and have an hour of play in a safe environment. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net). Novices welcome! Please note: This club does not run during the school holidays.

### **Tap Lab: Weekly Hack and Sack – Te Atatu**

Learn about 3D printing, Arduinos & electronics or work on your pet project - you decide. Hack n Snack is an open night in a supportive environment with peers and experts on hand to help out. Would you like to create a party jacket that lights up when someone approaches? How about a planter box that sends you an email when it needs watering? Are intelligent robots or internet connected light bulbs more your thing? All this is could be possible as the amazing world of electronics is now within your grasp. Hack n Snack caters for people at all levels; 1) Absolute beginners. Welcome! learn the basics of circuits, make things blink under computer control. 2) Using Arduino to read sensors for beginners. There will be a number of sensors to try. Making electronics aware of the world around them is the key to creating interactive gadgets. We will introduce you to creating gadgets using the Arduino and breadboard prototyping techniques (no previous electronics knowledge or soldering required) 3) Hack session for intermediate level and beyond. Bring along your current or stalled project to tinker with the help and advice of others. Donation. A \$5 recommended donation would really be appreciated (it helps us buy more materials). Some kit will be available for purchase - no obligation. Refreshments and finger food are provided. Children under 16 to be accompanied by a responsible adult. At times, members will be unavailable on a given week, in which case the event will be cancelled. So please ensure you view the website below to ensure that you are kept up to date. Upstairs in the Te Atatu Peninsula Creative Lab Contact: [teatutupeninsulacc@aucklandcouncil.govt.nz](mailto:teatutupeninsulacc@aucklandcouncil.govt.nz) Tuesdays 7pm



### **Teens Learn to Sew**

Mondays and Thursday 4pm-5.30pm. Learn basic machine sewing skills and unleash your creativity. Please book. Green Bay Community House 1 Barron Dr, Green Bay Contact: Jo 021 0259 9387 or email [funkyforms@gmail.com](mailto:funkyforms@gmail.com)

### **ThinkLab at Ranui Library**

Every Wednesday, 3.30pm - 4.30pm, Cnr Swanson and Armada Drive, Ranui, Free. ThinkLab is the event that lets you experiment, get digital, tinker and think outside the square! Children use real materials, tools, and equipment that encourage creative curiosity through discovery and play. This event takes place during term time only. Best suited for ages eight and over.

## **Dance/Drama/Music**

### **Hip Hop for Teens - Ranui**

Contact 09 833 6280, Tuesdays 7-8am, 474 Swanson Road, Ranui

### **Hypermusic Studio – Guitar Lessons**

Kyle has no experience in teaching people with disabilities but is willing to offer if people are interested. Children must be over 8 years old. He teaches Acoustic and Electric Guitar. Based in West Auckland, email [hypermusic44@gmail.com](mailto:hypermusic44@gmail.com) or 021 073 3737.

### **Saintz Up Performing Arts – New Lynn**

SUPA offers music, dance, drama and choir programmes for all children aged 3 years to 16 years. For more information, please contact the team on [SUPA.CentralWest@gmail.com](mailto:SUPA.CentralWest@gmail.com), Mondays 4-7pm, 45 Totara Ave, New Lynn

## **Holiday Programmes**

### **Breakaway Holiday Programme – Henderson**

Our free holiday program for 11 – 17 year olds run during the term holidays. Come along and participate with other young people from within your community and make lasting friendships. The program includes trips, team orientated activities, art, music, food packed with laughter and fun. Our programs run from Monday to Friday except during public holidays. Hubwest, 27 Corban Ave, Henderson, 09 838 4820, [info@mphis.org.nz](mailto:info@mphis.org.nz)

### **Glen Eden Community House Holiday Programme**

13 Pisces Road, Glen Eden 09 818 2194, [manager@glenedencommunityhouse.co.nz](mailto:manager@glenedencommunityhouse.co.nz)

### **Kids at School Care – Holiday Programme**

School Holiday Programme based at AGC Sunderland, 6 Waipareira Ave, Henderson. Contact [nanettecarillo@yahoo.com](mailto:nanettecarillo@yahoo.com). Events all cost \$45 and include Space Exploration at Motat, Mexican Party, Super Hero and Villains day, Movie day and Bubble soccer challenge. 021 026 3242

## **Recreation**

### **Active Families West Auckland**

Active Families is a FREE programme that offers families an awesome opportunity to socialise and participate in fun physical activity and recreation. Our family-based programme offers children in need of entry level physical activity, an awesome opportunity to socialise and play sports. It offers something different each week, from modified sports to traditional Māori/cultural games and much more. We also offer basic nutrition advice in a fun and relaxed format. The only requirements for the programme are that children are between the ages of 5 – 14 years old, they have challenges with physical activity and healthy nutrition and have at least 1 caregiver/whanau member with them, who is willing to actively participate in the activities provided. Your GP can refer you or you can download the referral form. For more information ph Charmaine Baker 09 390 4367 or email [Charmaine.Baker@sportwaitakere.co.nz](mailto:Charmaine.Baker@sportwaitakere.co.nz)

### **Badminton Te Atatu - Free**

For intermediate and high school students. Te Atatu Peninsula Community Centre, Mondays 3-5pm, school term only, equipment provided, all abilities welcome. [www.teatatucentre.org.nz](http://www.teatatucentre.org.nz)

### **Boxtec Community Boxing class Green Bay**

Wednesday, 6-7pm, and Saturday 7.30-8.30am, Gold coin for ages 8-11 years, 1 Barron Dr, Green Bay 09 827 3300 [qbcommunityhouse@gmail.com](mailto:qbcommunityhouse@gmail.com)

### **Dancefit Glen Eden**

Every Thursday for teens and adults. 6.30-7.15pm, low impact workout, 7.15-7.45pm, introduction to Jazz. St Andrews Hall, 8 Clayburn Rd, Glen Eden. Gold coin donation. Call Debbie 09 818 4449

### **Fit Club Henderson**

Monday to Thursday during term time, boxing and boot camp for kids and youth. Maximus Fitness 96 Swanson Road, Henderson, 4.15pm, free to attend. Call Jordan 021 052 8100

### **Move It Youth New Lynn, Henderson Holiday Activities**

For youth wanting to stay active during the holidays can come along to Move It. It is free for 11-17yo in West Auckland, Programme includes sport and physical activities like basketball, turbo touch, dodgeball and more. To find out more please contact Ilai, [Ilai.manu@sportwaitakere.nz](mailto:Ilai.manu@sportwaitakere.nz) 022 639 0619

### **REC New Lynn**

A free space for young people, aged 12-24yo. Join us for sport, food and music! Wednesdays 3-6pm, 45 Totara Ave, New Lynn.

### **Sport Waitakere**

MoveIt Youth holiday [programme](#) and [registration](#). Contact Venus Rangi 09 390 4624 / 022 658 0988 or email: [venus.rangi@sportwaitakere.co.nz](mailto:venus.rangi@sportwaitakere.co.nz).

### **Workout Class Glen Eden**

Every Monday during term time, Stretch and flex classes for teens and adults. 7-7.45pm. St Andrews Hall, 8 Clayburn Rd, Glen Eden. \$5 per class, call Andrea 027 477 6014

### **Unicycle Green Bay**

Mondays (during school term) 3.30-5.30pm \$2 unicycles available to use. Green Bay Community House 1 Barron Dr, Green Bay, email [gbcommunityhouse@gmail.com](mailto:gbcommunityhouse@gmail.com)

## **NORTH AUCKLAND**

### **Art / Craft / Games**

#### **3D printing workshop Glenfield Library**

Every Thursday, 3.45-5pm, 90 Bentley Ave, Glenfield, Free. Come along to Glenfield Library and have a go at 3D printing. This workshop covers the basics of 3D printing using Tinkercad to build a simple object. These objects can then be printed to take home. The workshops are aimed at school aged children. There is no need to book a place, simply turn up after school and have a go.

#### **After School Club – Devonport**

Running alongside the After School Club we have Drama, Art, Sewing, Computer. The After School Club has been running at the Community house since 1999. With passionate staff, this Service continues to run daily from 3pm to 6pm. We are able to pick your child(ren) up from local Devonport Schools and they have a choice of what activities they would like to be involved in or they can just chill out. The After school club modifies its programmes to ensure everyone has a great time. [www.enrolmy.com](http://www.enrolmy.com) Devonport Community House at 32 Clarence Street, Devonport.

#### **After School Art – Browns Bay**

East Coast Bays Community, 2 Glen Road, Browns Bay, Ph Eion 483 6703 [eion@eionbryant.com](mailto:eion@eionbryant.com)

#### **Code Club Aotearoa at Albany Village Library**

Every Saturday, 10am - 11am, Kell Drive, Albany, Free. To help Kiwi kids get a jump-start into modern IT and the new Digital Technologies curriculum, a group of IT professionals have formed a not-for-profit called Code Club. Code Club is offering free basic software training to children in years 5-8. This course will cover the core concepts of computer programming, software design and small-scale Internet of Things projects using Netduino and external sensors. Kiwi kids now have a chance to create web and mobile apps quickly and offer them to a global market instantly. With a basic understanding of programming, design and a big imagination, the world can be your oyster.

#### **iPad Club Wellsford Library**

Every day, 3pm-5pm, Free. iPads for kids. Children can borrow one of the Wellsford Library iPads to use in the library. iPads are available most days (outside of school hours). Ask at the desk to find out how to join in!

#### **Maker Lab at Birkenhead Library**

Second and fourth Fridays of every month, 3.30pm - 5pm (school term only), Neil Fisher Reserve, Hinemoa St, Birkenhead Free. Come play, tinker, explore and create with tools like the 3D Pen, MaKey MaKey invention kit, Snapcircuits, littleBits electronics, Scratch game making software, and iPads, PrintrBot PLayer 3D printer, Windows 7 Laptop. Suitable for kids and adults aged 8+.

#### **Make: Build: Do at Kumeu Library**

296 Main Road, Huapai, Every Thursday, 3-4.30pm, Free. What can you construct or create in one hour? Join our group of 9 to 12-year-olds at Kumeu to find out if you're up for the challenge! All resources provided, just turn up and make, build, do. The types of activities will include: Lego nijago - make your own ninjas and ninja stress balls, Construction challenges -

bridge-building and tower building with basic supplies such as popsicle sticks, Dinosaur fossil hunt and making, Please note: This event takes place during school term time only.

#### **[Minecraft Club at Birkenhead Library](#)**

Third Friday every month, 3.30-5pm, Neil Fisher Reserve, Hinemoa St, Birkenhead, Free, Come along to our weekly Minecraft sessions, meet other like-minded gamers and swap tips and tricks. This is an opportunity for young Minecrafters to get together and have an hour of play in a safe environment. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net). Please note: this club will not run during the school holidays.

#### **[Minecraft Club at Devonport Library](#)**

Every Thursday, 3.30-4.30pm, 2 Victoria Road, Devonport, Free, Come along to our weekly Minecraft sessions, meet other like-minded gamers and swap tips and tricks. This is an opportunity for young Minecrafters to get together and have an hour of play in a safe environment. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net). Please note: this club will not run during the school holidays.

#### **[Minecraft Club at East Coast Bays Library](#)**

Every Thursday, 3.30-4.30pm, Bute Road, Browns Bay, Free, Come along to our weekly Minecraft sessions, meet other like-minded gamers and swap tips and tricks. This is an opportunity for young Minecrafters to get together and have an hour of play in a safe environment. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net). Please note: this club will not run during the school holidays.

#### **[Minecraft Club at Glenfield Library](#)**

Every Sunday, 2pm - 3pm, 90 Bentley Ave, Glenfield, Free. Come along to our weekly Minecraft sessions for papercraft, block and device Minecraft. Meet other like-minded gamers and swap tips and tricks. Please bring your own device (laptop, iPad, iPod, Android, etc) as library computers will unfortunately be unavailable. You will require your own Minecraft registration and login. This is available from [minecraft.net](http://minecraft.net).

#### **[Minecraft Club at Mahurangi East Library](#)**

Every Friday, 3.30pm - 4.30pm, 21 Hamatana Road, Snells Beach, Free. Come along to our exciting Minecraft club and get together with other crafters in a safe, friendly library environment. Learn new tricks and tips. Try out new strategies. Download the app from [minecraft.net](http://minecraft.net) and bring your own device (laptop, iPad, iPod, Android etc). If you are new to the Minecraft experience you might like to take a turn on our Xbox version. New Minecraft activities will be offered each week for your enjoyment. See you there!

#### **[Minecraft Club at Takapuna Library](#)**

Every Monday, 3.30pm - 4.30pm, 9 The Strand, Takapuna, Free. Come along to our weekly Minecraft Club+ sessions! We meet after school every Monday to swap Minecraft tips and tricks and complete building challenges. Or simply brag about your latest building achievement! Bring your own device (laptop, iPad, iPod, Android, etc) or share our library iPad. Got a new game? Hook up to our smartTV and share it with us too! And for those without devices, join in with crafts and games. Each week there's something different: 1st Monday of the month: Papercraft or Origami, 2nd Monday of the month: Board game fun, 3rd Monday of the month: Mindful colouring, 4th Monday of the month: XBOX! With four controllers, to battle each other on the big screen. See you here!

#### **[North Shore Teens Art Group](#)**

An open studio art group for teenagers of all abilities aged 12 years plus. Particular provision is made for teens with autism and special needs. The arts therapist and facilitators work to progress art making abilities, and to extend group-held, collective themes of interest on which to base subject matter for creative projects. A safe environment is provided for teens to form supportive relationships with one another and to share and explore their creative ideas. These sessions run on a weekly basis during term time and are ongoing. Cost \$250 for 10 weeks. Fees include all materials and a 45 min individual art therapy pre-assessment. Fees can be paid with carer support. Phab Takapuna Club Rooms, 8 Auburn St, Takapuna. Ph 09 845 5361 or email [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz)

#### **[Pippins Sunnynook](#)**

for 5 and 6 year old girls (part of Guiding New Zealand) - 4.15pm to 5.30pm - Tawa Room, Sunnynook Community Centre, Cnr Sycamore and Sunnynook Drive, Sunnynook . A not-for-profit organisation helping girls develop skills, knowledge, values and a sense of adventure (school terms only). Phone: 0800 22 22 92

#### **[Teen Tech Robotics Birkenhead Library](#)**

First Friday of month during term time, 3.30pm, Hinemoa St, Birkenhead, Free. Come along and learn about the in's and out's of robotics. In this monthly workshop for teens and tweens you will have the chance to build and program robots with our friends from Sminks Labs

### **Tuesday Teens Art Class**

For teens with special needs, Tuesdays Term 3, 25<sup>th</sup> July-26<sup>th</sup> September, 4-5.30pm, Phab, 8 Auburn St, Takapuna. Alex McPherson 022 454 391, 09 845 361, [info@mapurastudios.org.nz](mailto:info@mapurastudios.org.nz)

### **Young at Art Beach Haven**

5 yrs+ 3.30-4.30pm and (8yrs+) 4.45-5.45pm. We teach our students tried and tested skilled techniques in drawing, painting, printing sculpture and many other mediums, always encouraging our students to explore their creativity. Beach Haven Community House, 130 Beach Haven Road, Beach Haven [www.youngatart.co.nz](http://www.youngatart.co.nz)

### **Stillwater Kids Craft Group**

Every 3<sup>rd</sup> Sunday of the month, 2-4pm, 5-12yo. Kids love to do things themselves, sculpting, making toys, painting, we help kids make things they are interested in which teaches them craftsmanship skills allowing them to be creative. Classes are generally \$5. You must register to attend, [nonavee.dale@downer.co.nz](mailto:nonavee.dale@downer.co.nz) 027 707 9947

## **Dance/Drama/Music**

### **Dancing in the Dark Birkdale**

8-9pm Wednesdays. Birkdale Hall, 136 Birkdale Road, Beside Birkdale House, Join us for fun and fitness with the lights turned off every Wednesday \$5 Per Adult \$3 per student. Email [dancinginthedarkbirkdale@gmail.com](mailto:dancinginthedarkbirkdale@gmail.com)

### **Fame Dance Classes**

Based in Stanmore Bay. We are a standard preschool and after school care service, and are not set up specifically for people with special needs, although our centre is fully accessible and we do have some children with high needs. Our philosophy is to be as inclusive as possible, and we consider any special requirements for new enrolments with our ability to care for all our children. For more information email [info@fame.net.nz](mailto:info@fame.net.nz) or 09 428 5048

## **Holiday Programmes**

### **Devonport Community House Holiday Programmes**

32 Clarence St, Devonport, for more information contact Mana 027 271 8961

### **Hangout with Mates - Holiday Programs**

For ages 4 to 6 years (mini mates) and 7 to 12 years (mates). The programs aim to provide goal directed, specific indoor and outdoor, occupational therapy supported activities, using sensory integration and motor skill development theory. They are designed for children with mild to moderate needs, to enable greater engagement and participation in everyday play and school activities. Please register your interest by contacting [info@everydayot.com](mailto:info@everydayot.com). We also offer individualised aquatic occupational therapy programs at the Tepid Baths in Auckland and school based support on the North Shore. Aquatic Occupational Therapy programs for individuals and groups. These programs offer water based occupational therapy to families who wish to extend the leisure and play skills of their children while incorporating sensory integration and motor skill development activities. Adventure Day Camps. The day camps are designed to help children prepare for Education Outside The Classroom (EOTC) days and school camp plus have fun trying new activities. They will include goal directed, specific indoor and outdoor, occupational therapy supported activities, using sensory integration and motor skill development theory. Like the holiday programs, they are designed for children with mild to moderate needs, to enable greater engagement and participation in everyday play and school activities.

## **Recreation**

### **Hydrotherapy Swimming Sessions**

Monday afternoons 3pm – 4pm. Available to children between 12 months and 21 years of age. Sessions are 20 minutes duration with a registered physiotherapist Barbara Rijnbende. We are full for this term, but are compiling a waiting list for next term and hope to be able to increase our pool time next year to enable more children access to hydrotherapy. For enquiries or registration, please contact Carol White, 09 485 3461 [www.wilsonhometruster.org.nz](http://www.wilsonhometruster.org.nz)

### **Kelly Sports run after school sports programmes**

From 3.10-4.10pm at the following schools: Long Bay Primary, Glamorgan Primary, Torbay Primary, Browns Bay Primary, Murrays Bay Primary, Mairangi Bay Primary, Forrest Hill Primary and Campbell's Bay Primary; and after school cares 7am-8.30am and 3pm-6pm at Long Bay Primary and Bayswater Primary. To book the children go on-line to [www.kellysports.co.nz](http://www.kellysports.co.nz) for the sports and [www.kellyclub.co.nz](http://www.kellyclub.co.nz) for the after school care.

### **Northern Arena Disabled Swimming**

Northern Arena learn to swim school believes all children should be given the opportunity to learn to swim and be safer in the water. Our philosophy is to mainstream disabled children where this is possible. We extend all children so they reach their potential and believe anything is possible if you persevere. At Northern Arena our staff including swim teachers have

been trained in the No Exceptions Training programme from the Halberg Trust and we treat all our children as potential swimmers.

### **Zumba Devonport**

Devonport Community House, 32 Clarence St, Devonport, The most awesome workout ever! Dance to great music with great people and burn a ton of calories without even realising it. It's fun, energetic and make you feel amazing. 5\$ per class, contact Ani 022 188 6959

## **Other**

### **After school Homework Help – Glenfield**

90 Bentley Drive, Glenfield, Every Monday, Tuesday, Wednesday and Thursday 3.20pm to 5.20pm Free, Please note this event isn't held during school and public holidays. Come along to Glenfield Library to use the computers for homework or print some school work (for school-aged children). Homework sessions are after school Monday to Thursday and on Saturdays at 11am-1pm.

### **Chinese Language Club**

Wednesday weekly 15.45–17.45pm, Albany House, 575 Albany Hwy, Albany [albanyhousesnz@gmail.com](mailto:albanyhousesnz@gmail.com) Welcome all school aged kids join Yvonne for a charming Chinese language class!! Every Wednesday from 3:30PM to 5:30PM Contact Yvonne Phone: 022 353 6298 Email: [yvonne@yantch.co.nz](mailto:yvonne@yantch.co.nz)

### **Phab Social Groups for Teens/Adults with a Disability**

There are locations across Auckland. For more information please contact Chewy [chewy@phab.org.nz](mailto:chewy@phab.org.nz)

**This information has been updated until 5<sup>th</sup> February, please double check if there are changes prior.**

**Please look on our [Useful Links](#) section of our website for more services / organisations**