

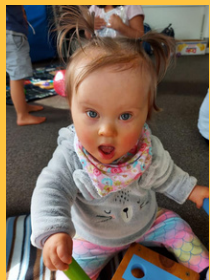
MUSIC & FUN

Support group for under 5's & their carers

Designed for children with additional needs

What to expect

- The session is 90 minutes. The session starts with 1/2 hour of free play to allow the children to get used to the environment, followed by welcome music, morning tea and more active music activity.
- The room is in a safe, carpeted space - which is warm and inviting. Fenced, free parking.
- Songs incorporate many sensory activities - lycra, puppets, drums, ribbons or shakers, actions, movement and parachute.
- The routine is the SAME each time so this builds familiarity for everyone.
- Makaton is used to encourage communication as well as songs that encourage vocalisation.
- Parents & carers are expected to participate and support their child.
- The ladies who run this group do this entirely on a volunteer basis because they LOVE helping these children.



Benefits of this group - from participants

- This is a great way to meet other parents from the disability community.
- Margaret, Susan, Judy and Margaret have such a wealth of knowledge and experience! They fill us with confidence.
- The room is comfortable, secure and fenced. The parking is easy, and free.
- We feel cared for and seen and this simple activity fills out buckets with joy.
- Our children get to know each other.
- The volunteers genuinely love our children - and see the best in each of them. There is no judgement.



Organisers, location & time

Music & Fun is on fortnightly during term time, at 130 Remuera Road, Community of St Luke, Courtyard Room. We ask for a gold coin donation when you attend. This covers a small donation for venue and the cost of tea & coffee.

Time: 9.45am - 11:15am. Dates 2025 are:

12 Feb, 26 Feb, 12 March, 26 March, 8 April, 30 Apr, 14 May, 28 May, 11 June, 25 June, 16 Jul, 30 Jul, 13 Aug, 27 Aug, 10 Sep, 8 Oct, 22 Oct, 5 Nov, 19 Nov, 3 Dec

This group is run by a group of amazing ladies:

Margaret Davidson; a retired Neurodevelopmental Physio who loves music; **Susan Boswell** - retired Pediatric Physio with a special interest in children with Down syndrome; **Judy Stewart**, a retired GP and **Margaret Blakeley** who loves playing with children and singing. What a great crew!

Please contact Margaret Davidson: email nzmargaret@gmail.com or phone **021 293 3009** if you would like to attend.

