

# How we can help

In Auckland North Shore/West/Central/Tāmaki Makaurau our skilled and experienced staff provide a range of services and programmes that are tailored to suit the challenges of families in the region – with a primary focus on care and well-being of our children and their families.

Our services and programmes are designed and delivered in ways that deal with challenges that can affect anyone. We also offer more specific services tailored to the needs of the children and families here in the Auckland North Shore/West/Central/Tāmaki Makaurau region.

## About Barnardos

Barnardos is New Zealand's leading children's charity. We are here for all children, their families and whānau.


Our reach is nationwide and we work with children and the communities they live in to build brighter futures.


Our experience and expertise mean our social services make a long-lasting and positive difference to children's lives.

## Get in touch

Contact us to make an appointment.

**AUCKLAND NORTH SHORE/WEST/  
CENTRAL/TĀMAKI MAKĀURAU**

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Te Atatu South, Auckland

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## Auckland North Shore/ West/Central/ Tāmaki Makaurau

Services to support children  
and families



 Kia eke ai te hunga taitamariki  
ki ngā rangi tūhāhā

## Working as a team

Every day our professional and dedicated staff working together and with others, help build and support communities where children are nurtured and supported to achieve their potential.

Our wraparound services are community responsive. We provide tailored support helping individual families when they need it.

## The services we offer

### LEAP

LEAP is a service for children and families facing multiple challenges with the aim of keeping vulnerable children safe so they can reach their potential and flourish. We work with each family to develop a plan and a range of supports that are unique to them and tailored to their children's needs.

### Children's Safety Programme

Our programme for children aged 3 - 16 who have witnessed or experienced family harm. It comprises two main components - a safety programme assessment (including actions to increase children's safety) and programme sessions that use education, information and support to help children make sense of the violence they may have experienced or witnessed and stay safe.

### Paiheretanga

Paiheretanga is a 4-to-6-week intensive home-based support service. It is specifically for families and whānau who are involved with Oranga tamariki or who are at risk of being

referred to them. The program is designed to promote child wellbeing by helping families develop a more stable family and home environment.

### Parenting plus

Parenting Plus is an in-home parenting support package that uses toolbox methods developed by the Parenting Place. It helps families build their parenting capabilities and learn to manage difficult situations in a way that is most comfortable for them.

Our trained social workers visit clients in-home to determine their needs then provide a suite of tools tailored to them. The programme is available to families with children of all ages but is particularly focused on preparing families for parenting teenagers.

### Toolbox Parenting Programme

A 6-week parenting programme for parents and caregivers that can be delivered in both group and individual settings. Ideal for parents or caregivers wanting to build on their skills and prepare themselves as whānau to build strong parent-child relationships.

### Triple P Positive Parenting Programme

Group sessions and customised parenting support for families that provides the opportunity to get information and learn new skills in a supportive environment. You will learn about understanding your children's behaviour, strategies to manage behaviour in a positive way and creating positive family relationships.

## Women's Safety Programme

This is our programme for women who are experiencing family harm. It comprises two main components - a safety programme assessment (including actions to increase safety) and programme sessions that use education, information and support to help protect women from domestic violence.

## Parenting Through Separation

This is a free course for parents who are currently separating or have recently separated. It can also help grandparents and other family members/whānau who have responsibilities around a child's care.

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Alongside these programmes we deliver a number of national services on behalf of government agencies including providing facilitators for the Ministry of Education's Intensive Wraparound Service and the Family Breakdown Assessment Service for the Ministry of Social Development. Access to these services is via the respective Ministries.

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