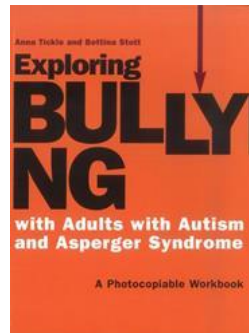
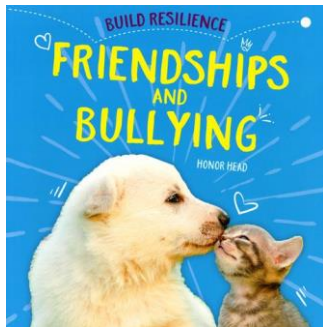
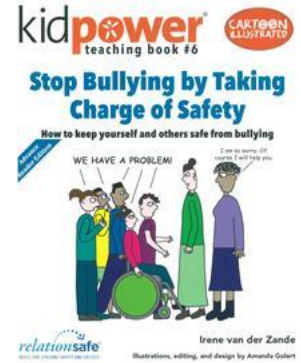
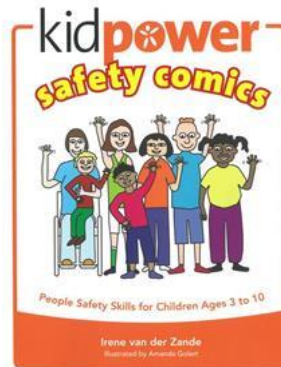
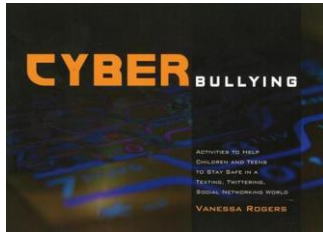
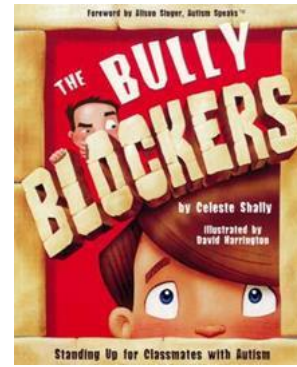
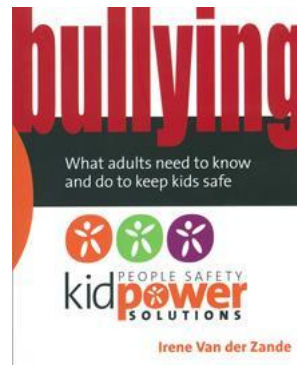
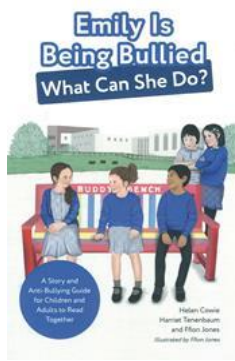


## IHC Library Update

### **Pink Shirt Day!**

Friday 17th May is [Pink Shirt Day](#). The day started in Canada in 2007 and the NZ Mental Health Foundation has run this campaign since 2012 to highlight bullying and what you can do about it. The website has useful information explaining [what bullying is and what do do about it](#), [what cyberbullying is](#), and [what to do if you're being bullied](#).

We know that bullying is an important topic for IHC Library members, and the library has a range of resources that members have used and recommended. These include [picture books to help children understand and deal with bullying](#), as well as [games](#).



## Awhi ngā Mātua

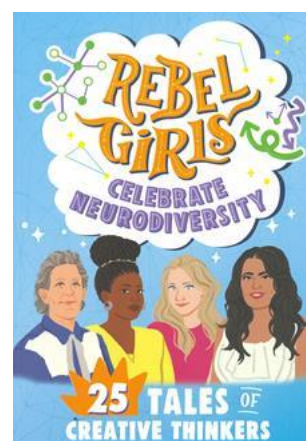
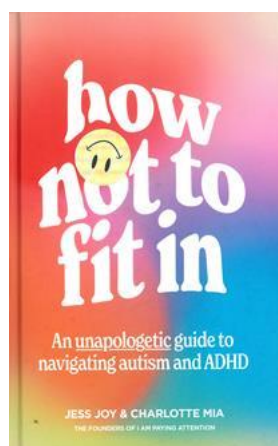
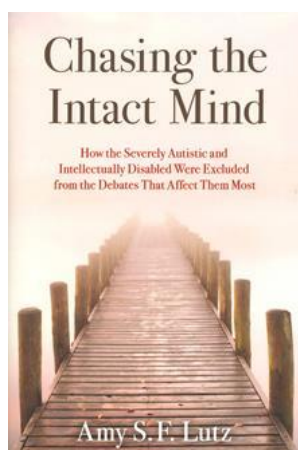
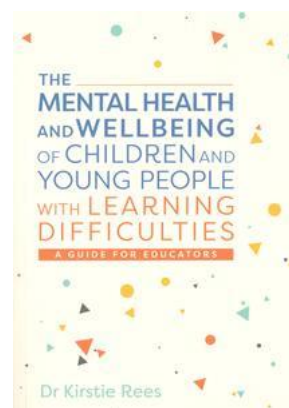
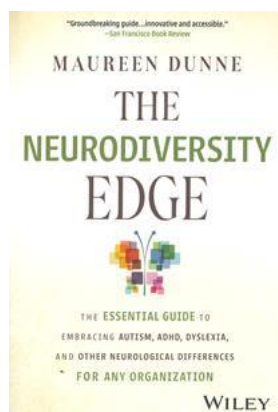
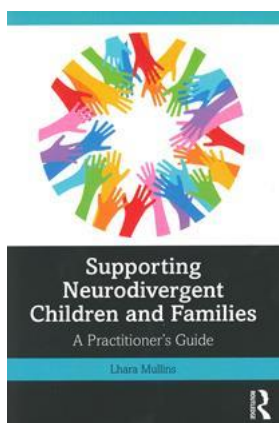
Our friends at Awhi ngā Mātua have some helpful articles on bullying

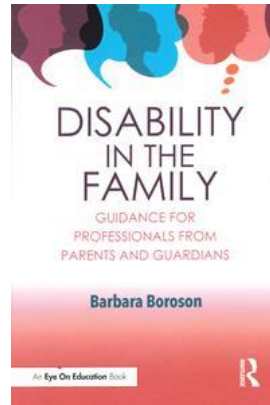
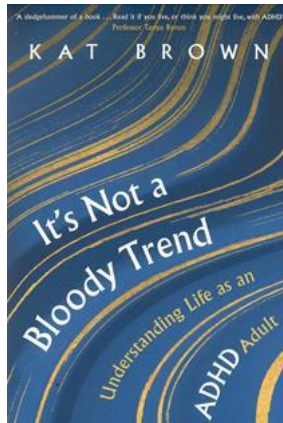
- [Autistic children are more likely to be bullied - Here's what to do about it](#)
- [Help! My child is being bullied and I don't know what to do!](#)
- [How do I keep my disabled child safe online?](#)

## Latest New Books and Resources

The covers and links below highlight the range of resources the IHC Library holds and that you can borrow. These range from picture books suitable for young children, information for parents and caregivers, and reading for professionals. The links below give a flavour of what we've received in the past two weeks.

Clicking onto the image will take you to the library catalogue record, where you can place holds on books or download the e-books using your library login details. If you are not sure what they are, please do not re-register but email us and we will help you.





## Journal and magazine articles latest issues and links

Articles are a great way to get specific up-to-date information on a topic. A summary of each article is added to the catalogue, and you can request one by placing a hold or linking through to the full article if available. Here's a [quick video explainer](#).

### Magazine Articles

In addition to research articles, the library also has summaries of articles from magazines. Magazine articles are often aimed at parents or caregivers and, while often based on up-to-date research, they present the information and ideas in a more user-friendly style.

The library has summaries of nearly 4,500 magazine articles available through our catalogue. In keeping with Pink Shirt Day, here's a link to [magazine articles we have on bullying and what to do about it](#).

## Showcased Research Journal

### Disability & Society

*Disability & Society* is an international disability studies journal providing a focus for debate about such issues as human rights, discrimination, definitions, policy, and practices. It appears against a background of constant change in the ways in which disability is viewed and responded to.

The journal publishes articles that represent a wide range of perspectives, including the importance of the voices of disabled people. [from publisher website]

The journal covers research on all disabilities, but there are a significant number of articles on

- [intellectual disability and inclusion](#)
- [advocacy](#)
- [friendship and relationships](#)
- [quality of life](#)
- [education and employment](#)
- [families](#)
- [wellbeing](#)
- [policy](#)
- [rights](#)
- [profound and multiple learning disabilities/additional needs](#)
- [autism](#)

Click the links above to see the articles held by the IHC Library from the journal



FINALIST OF THE  
NZ HI-TECH AWARDS 2024



Stand Tall is a free budgeting game that teaches you how to manage your money. Choose where to focus your finances and learn how to live independently.

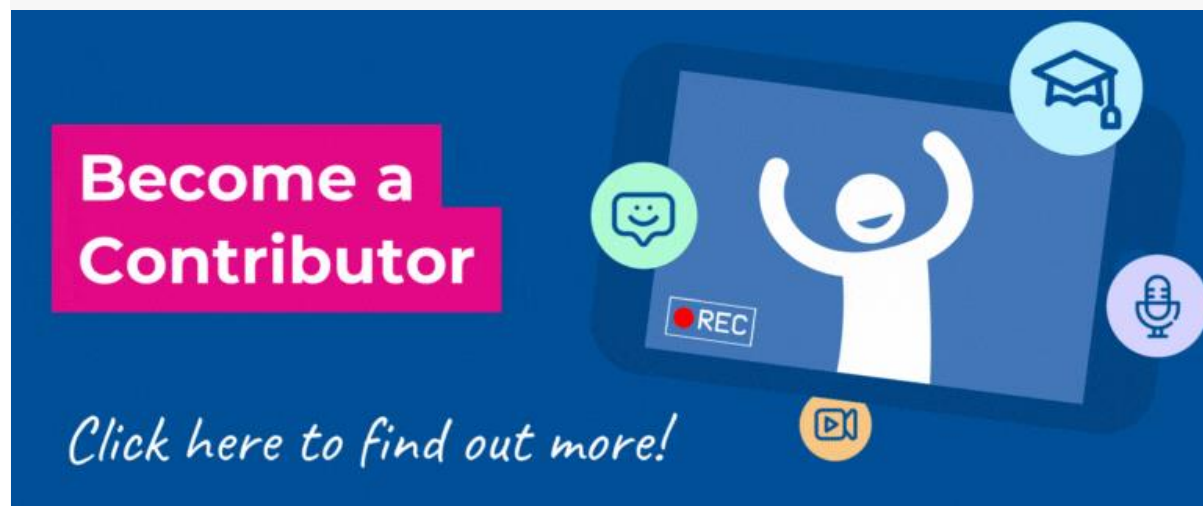
There are bills to pay, food and travel to budget for, plus loads of fun things to spend your money on. Get it right and your happiness will soar, but spend too much and you'll have a financial headache!

The game is available now to [play online](#) or download from [Google Play](#) or the [Apple App Store](#).

<https://www.ihc.org.nz/how-we-can-help/stand-tall-money-gam>

## IHC Media

IHC Media is a digital platform designed for individuals with intellectual disabilities to showcase their creativity in a safe environment. Our goal is to empower individuals to express themselves through various forms of content and to have their say within our community.



Please contact us with queries on any topic you would like resources on. We look forward to hearing from you.

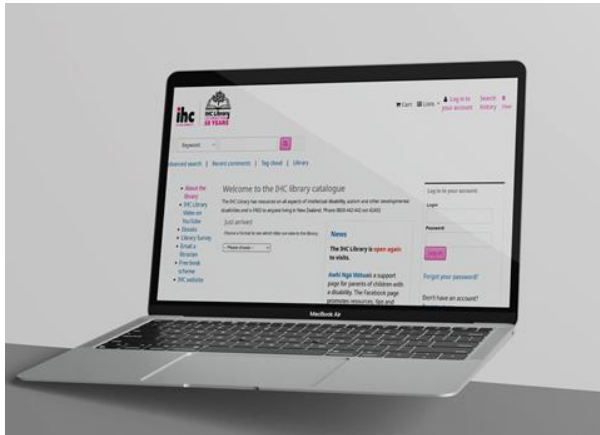
Please call us on **0800 442 442** or email [librarian@ihc.org.nz](mailto:librarian@ihc.org.nz) if you prefer.  
We aim to get back to you within 1–2 working days.

[Visit our website](#)



Feedback Form

Get a Free Book



## The IHC Library Catalogue

Visit our [online catalogue](#) where you can search and request resources or information no matter where you are in New Zealand.

## Library Hours

**Mon - Fri: 8.30am – 5.00 pm Weekends :**

**CLOSED**

**Statutory holidays: CLOSED**



### IHC Library

Level 14, 57 Willis Street, Wellington. P.O.

Box 4155, Wellington 6140.

0800 442 442 [librarian@ihc.org.nz](mailto:librarian@ihc.org.nz)



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