

Free workshops - ŌTEPOTI AND
WAIHŌPAI - Neurodiversity, Taonga
Takiwātanga, Aroreretini

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Kia Ora, Everyone!

It takes a village to raise our tamariki ! No one can do it alone.

Mind Over Manner will be presenting a FREE Takiwātanga / Aroreretini / Neurodiversity workshop in Invercargill and Dunedin

Tuesday 25th November @ Corinthian Centre, Invercargill Workingmen's Club, 154 Esk Street.

Wednesday 26th November @ Te Whare ō Rukutia, 20 Princes Street, Dunedin.

Please spread the word to anyone in these areas or smaller towns close by , who may find this helpful or interesting.

Anyone you know who " does not know what to do next "

Whānau , friends, neighbours, educators, health and wellbeing professionals, social , first response and justice workers, locals at the public interface. - who may happen to come across a young person who feels anxious or isolated.

We all need to come together.

Please assist Mind Over Manner to gather the people

Big Big Thanks to Sutherland Self Help Trust for their full support.

mind over manner.

Is coming to Waihopi Invercargill and Ōtepoti Dunedin to deliver Neurodiversity Workshops for Whānau, all Community, and Iwi-based Organisations.

ABOUT

Mind Over Manner workshops use the power of theatre to introduce participants to an alternative way of understanding so many people who sense and learn differently - often diagnosed (or not diagnosed) with Neurodiversity (Autism, ADHD, Dyslexia, Dyspraxia, Oppositional Defiant Disorder, and others).

Alternatively, we call it **Takiwātanga - those who live in their own space and time, and Aroreretini - attention to many things.**

Our experienced team of actors show how a person's sensory overwhelm and cognitive relationship to the world can often result in rude, shut-down, or confused behaviour.

We will bring several charged scenarios to life, then work with you, our participants, to unpack, bring our collective learnings, and re-evaluate our responses to the difficult situations that often arise.

While this workshop focuses on those 12 years and under, the key tenets of the work can be applied to people of all ages.

These workshops are relevant to all people who live alongside or work with people who are anxious, who may have behavioural, sensory, and learning differences.

We encourage whanau, professionals, and ALL members of the community to engage in these intriguing and eye-opening workshops.



INVERCARGILL

Tuesday 25 November
2-5pm
Corinthian Centre

DUNEDIN

Wednesday 26 November
6-9 pm
Te Whare ō Rukutia

COST

FREE of charge

"I wasn't sure what to expect but this has been the most captivating and interesting workshop I've ever been to" (Parent)

"I believe this kaupapa should be shown to everyone in Aotearoa" (Teacher)

Sutherland Self Help Trust

— GIVING SINCE 1962 —

[Click here to register for Invercargill](#)

[Click here to register for Dunedin](#)

"This workshop was life changing!"

"Tonight, Mind Over Manner have allowed some deep learning to happen and I'm so grateful. I hope that this kind of thing can continue to happen so that the kids of this generation can continue to blossom and grow, Kia Ora."

"I am HUGELY invested, as I'm the dad of a 14-year-old boy with ASD and as yet an undiagnosed 12-year-old girl. I am also an

Accessibility Advisor at a University. I support many many neurodiverse students. Your passion and knowledge in this area is amazing. The teaching coupled with the theatre examples really tied things together well."

It would be amazing for all schools and for all teachers currently training at schools and universities to do this workshop".

[Click here to get in touch for Customised Neurodiversity Workshop with Mind Over Manner Facilitator - Susan Haldane](#)

[Click here for more information about our other Neurodiversity Workshop Options \(Live with the team of Actors or Online\)](#)

**mind
over
manner.**

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