



## News & Events

Kia ora Kath

A very Happy New Year! We trust you had a relaxing break with friends and whānau over the holiday season. We are looking ahead to another year filled with connection, learning and support, and bringing the community together.

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### Round the Bays

Are you joining us on **2<sup>nd</sup> March**? We are getting excited, only 4 weeks to go! If you're not entering, how about showing your support for someone who is? There's still time to sign up, before next price increase on 17th February.



[Join our team!](#)

### MS Auckland's revised Constitution

MS Auckland's Board has reviewed and revised our Constitution, largely in accordance with requirements of the 2022 Incorporated Societies Act. Please visit our [website](#) for background and to download a copy of the draft constitution, and share any feedback by

end February. We encourage all members to engage in this process and look forward to hearing from you.

[See our website](#)

### Webinar 11 February

Have you considered embarking on an adventure and seeing what you can achieve? In this webinar we outline Oceans of Hope, Mastering Mountains and Outward Bound. Both from people with MS who have completed challenges, and from the organisations themselves.



**CONQUERING NEW HEIGHTS**   

With Duncan Grant, Debbie Thomas & Kevin Miller  
And representatives from  
Oceans of Hope, Mastering Mountains & Outward Bound

 **Free Webinar**  **Tuesday 11th February 7pm**

[Register here](#)

### Gibbs Farm, 11 April - Save the Date.

Thanks to the generosity of Gibbs Farm Trustees, We have a fundraising day at this unique sculpture park on 11 April.

The sculpture park is approx. a 6-7 km loop, and we have permission for a vehicle onsite to drive those with **mobility issues**, who aren't able to walk the loop.



*GIBBS FARM*  
WITH MS AUCKLAND  
**SAVE THE DATE**  
**Friday 11th April**  
\$95 per person/per entry

[Kath, interested in attending? Enquire here.](#)

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## Disability Support Services (DSS) review

Following the changes to disability funding and the Independent Review, DSS are tasked to recommend to the Government changes to disability support services. They want to consult with the community who will be directly impacted around how disabled people are assessed and funded.

[More information](#)

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The old adage of ‘you don’t know what you don’t know’ rings true and our Community Advisors are experts at all stages of the MS journey and finding solutions to make your daily life a little bit easier. Book in today for a review (free of charge) in-person, via phone or video call.



[Contact a CA today!](#)

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## Join us, whānau

Did you know that if someone close to you has MS, you can join MS Auckland as a Whānau Member? We welcome family members and friends; anyone whose life is personally affected by multiple sclerosis.

Membership is **free-of-charge** and means that:

- You have an official voice within the Society; we answer to our members. This includes voting rights at our AGM and invitations to provide feedback
- Members are consulted on issues affecting people with MS
- Members can access our specialised services, such as the Community Advisors, free of charge

[Sign up!](#)



### Fundraiser of the month

Our wonderful Community Advisor Penelope Butler, fundraised over \$380 with her family in support of Round the Bays. They sizzled sausages and sold cold drinks outside Mitre 10 Henderson on Sunday. Thanks, Butler whānau!

[RTB pages](#)

### Can you help during 2025?

We rely on generous, community-minded people to donate their time, energy and skills.

Can you help? We are currently seeking some superstar volunteers:

**Book Fair volunteers:** to help with the collection, sorting and selling of books up to and at the Rotary



Kaipātiki & MS Auckland Book Fair in July. Note, many of these tasks are quite physical.

[Sign up here](#)

**Support Volunteers:** to help coordinate support groups in Botany and Kumeu.

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February is already here! Support groups start up this month and if you don't have a group to connect with, reach out to our Community Advisor team and they will be able to advise you.

Ngā mihi nui,

The Team at Multiple Sclerosis Auckland

**Let's be friends**

If you use social media, make sure to follow us!



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