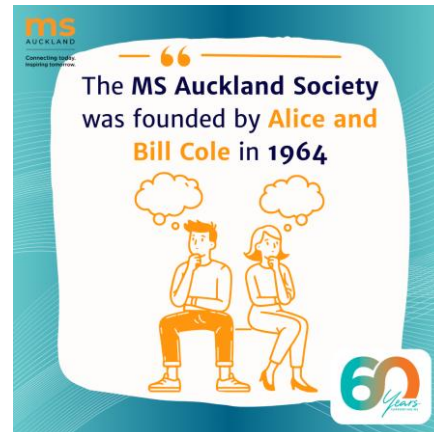


Kia ora Kath

As the seasons shift, we turn our focus to two significant calendar events. **On 30 May**, we will observe World MS Day with a series of digital programmes, creating opportunities for engagement and awareness. Then, on **7 June**, we will gather at Uxbridge Arts & Culture for our most anticipated event of the year - our 60th commemoration, a milestone worth celebrating.



60 Years with MS Auckland!

Join us for an inspiring afternoon from **4–7pm on Saturday 7 June at Uxbridge Arts & Culture**. Reflect on six decades of impact, explore

our interactive exhibition, and hear from guest speaker, acclaimed futurist Dave Wild. Connect over light refreshments, browse our silent auction and raffle, and recognise the incredible people who have contributed so much.

Free entry for you and a guest – register now, spaces are limited!

Transport options available, as per registration form.

[Register here](#)

Webinars

Tuesday 13th May, 7pm

In next week's free webinar, Sarah Hopkins, Neuro Physiotherapist, will give an overview of balance issues, falls and dizziness with MS. What causes them, and what can be done to manage these common symptoms?



[Register here](#)

If you missed **Brain Health and MS**, put aside an hour to watch this informative talk.

[Watch it here](#)



Tuesday 10th June: save the date for, **Speech, language & swallowing with MS** webinar, with Dr Anna Miles

World MS Day

30 May marks World MS Day and the theme is 'diagnosis'. Join MS Auckland's World MS Day activities: Follow us on [Instagram](#), [Facebook](#) and [LinkedIn](#) for some World MS Day entertainment. Our Ambassador Sam Smith takes to the streets spreading awareness of Multiple Sclerosis and World MS Day.

Donate a butterfly for World MS Day on behalf of a loved one. It's wonderful to read your messages of support, gratefulness and camaraderie.



[Dedicate a message](#)

The Multiple Sclerosis International Federation is launching a free online course focused on understanding MS symptoms and diagnosis, In support of the World MS Day theme "My MS Diagnosis". Registrations are now open, but be quick—enrolments close on **12th June!**



[More information](#)

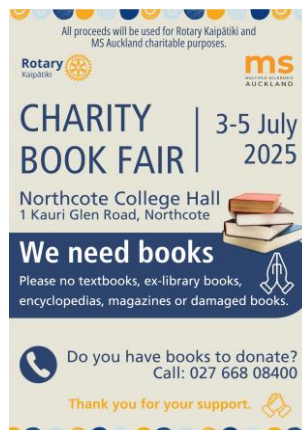
Ocrelizumab progress

We are delighted that sub-cutaneous version of ocrelizumab (Ocrevus) has been approved by MedSafe. Thanks to MSNZ for advocating for this change, and to [Graham Walker](#) of MS Taranaki for representing our cause with the media! The next stage is approval by Pharmac and we will keep you informed with any way you can assist this change.

[More information here](#)

Call for Book Donations

We are seeking high-quality books in excellent condition for our upcoming Book Fair. If you have suitable books to contribute, please contact 027 668 08400 or contact Leah at events@msakl.org.nz. Pickup may be arranged depending on your location.



Total Mobility – taxis

From **28 May**, there are important changes to the way taxis are used with TM card. There will be technology onboard the approved taxis to register your card, but it must be presented prior to the taxi trip, otherwise you will be charged full fare.

Fundraiser of the month

A big thanks to everyone who helped us raise more than **\$13,000** at our Gibbs Farm fundraiser! Especially Paul and Zoe, art experts from Uxbridge, and our wonderful bakers and volunteers Sharon, Stana, Emily, Andrew, Yolanda and Natasha.



Master your maunga

Mastering Mountains is a charitable trust which helps people with MS or FND to accomplish a self-directed adventure in the outdoors. You can listen to [Duncan's experience](#) and if you want to put yourself forward, **apply before 31 May.**



[Apply here](#)

AGM

A big thanks to everyone who took the time to attend MS Auckland's Annual General Meeting. The new constitution was passed as circulated. Longstanding Member Judith Herbert was thanked as she stepped down from the Board. A full Board of ten was elected, take the chance to meet them at our upcoming events!

[Board profiles](#)

Seeking Events & Admin Coordinator (part time)

We are seeking an Events & Administration Coordinator to join our wonderful team.

[More information](#)





Future dates for your diary

MS Webinar: Falls & Dizziness Tuesday 13th
May 7pm

World MS Day: Friday 30th May

Book Fair: Thursday 3rd - Saturday 5th July

Hot Rods in Howick: Saturday 20th & Sunday
21st September

Life Buoy for MS: Sunday 19th October

We look forward to sharing reflection, inspiration, laughter and community spirit at our 60th commemoration.

Let's be friends

If you use social media, make sure to follow us!



Ngā mihi nui,

The Team at Multiple Sclerosis Auckland

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www.msakl.org.nz

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