



## Parents' Support Group Meeting-March

**Topic - Empowering the disabled and keeping them safe**

**Speaker (Fiona Bryan - National Executive Director, Empowerment Trust)**

**Wednesday 11 March (5.30pm - 8pm)**

Mt Richmond School  
30 Albion Road, Otahuhu, Auckland

***Free entry and free car parking  
Complimentary light supper included***

### **Programme for the evening**

5.30 pm	Welcome! Tea, coffee, and light supper
6.00pm	Presentation: Empowering the disabled and keeping them safe
7.00 pm	Questions and answers
8.00pm	Finish

### **Dear families, caregivers and Whānau**

Thank you to all the parents, siblings, family and whanau who are part of this ongoing support group.

Fiona from Empowerment Trust will discuss how we may empower our children, young people and adults with disabilities who are differently abled, and vulnerable. For parents and caregivers keeping them safe is always a big concern.

### **About Empowerment Trust**

Empowerment Trust has provided People Safety programmes in NZ for the past 27 years. The Fullpower Healthy Relationships is a programme developed with and for teens and adults with intellectual disabilities. It provides practical tools to build resiliency and to prevent bullying, violence and abuse. The programme covers all practical aspects of healthy relationships. It is full of resources as to where and how to get help.

Please come and join in the conversation and share your experiences.

*Disability Connect ethos is based on promoting cultural cohesiveness and inclusivity towards building a supportive community. Our services are offered cross-culturally. We welcome all families caring for a person with a disability to attend this support group. Children are welcome, provided they are supervised by a family member.*

Email Disability Connect ([admin@disabilityconnect.org.nz](mailto:admin@disabilityconnect.org.nz)), phone 09 636 0351 or text Asoka at 027 457 8571 or email ([asoka@disabilityconnect.org.nz](mailto:asoka@disabilityconnect.org.nz)) to register. Click [here](#) for a map link to the venue. **NB-There is a charge of \$50.00 for professionals who wish to attend this meeting.**