## Disability Connect Parent Support Group July 2022

Sexuality and Intellectual Disability : For Whaanau/Caregiver (1)



• A charge of \$50.00 pp will apply for any disability sector professionals attending

## **Topics included:**

- · What sexuality is and how it fits into our holistic wellbeing
- How to create a positive and safe learning environment for loved ones with an intellectual disability to explore their sexual identity and wellbeing
- Exploring the unique challenges faced by people with intellectual disabilities regarding their sexuality and providing tools to navigate these
- Exploring personal values and attitudes towards sexuality and how these might impact a person with a disability
- Practice responding to questions and tricky situations
- Activities and ideas for learning about sexuality concepts
- Recommended resources, educational guides, and organisations for ongoing support
- Some of the themes and topics addressed in this course include: consent, relationships, puberty, masturbation, LGBTTQIA+ identities, safer sex, vulnerabilities, and online issues.

## disability connect.



**Registration is Essential:** 



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